



*Select All text on this page then copy & paste it into your Notes App of choice.*

\*\*\* There is no right or wrong. This is for your personal growth. Just write what comes to mind.

## **REVIEW**

How has this year gone?

What went well?

What went badly?

Why?

Lesson I learned:

What habit or system accounted for most of my success?

What is most important to me?

Did my time, energy, and decisions align with what I say matters most to me?

What brought me the most happiness?

How can I help these activities to happen more often?

Who are the 5 people that had the greatest impact on me?

How can I see and collaborate with them more?

How has my relationship with God deepened or weakened this year and why?

Who/What did God use this year to shape my character the most?

What are the least valuable ways I am spending my time?

How can I prevent myself from continuing to spend time in this way?

If next year looked exactly like this one, would I be satisfied? What must change?

### **MEMORIES OF 2025**

Best Surprise:

Best Meal:

Coolest New Experience:

Favorite Weekend:

Favorite First Meeting:

Favorite New City:

Favorite New Friend:

Favorite Day:

Scripture that helped me this year:

### **PLAN AHEAD**

What would 70 year old me wish I did more of?

What are the things I do to make my day go great?

What things make my days go terribly?

What do I think is productive, but isn't?

What do I want to do less of with my time?

What do I want to do more of with my time?

What conversations do I need to have?

What are the habits I'm committing to starting and stopping?

**WRITE SOME THOUGHTS... HAVE A CONVERSATION WITH 70 YEAR OLD YOU.**