



Select All text on this page then copy & paste it into your Notes App of choice.

*** There is no right or wrong. This is for your personal growth. Just write what comes to mind.

REVIEW

How has this year gone?

What went well?

What went badly?

Why?

Lesson I learned:

What habit or system accounted for most of my success?

What is most important to me?

Did my time, energy, and decisions align with what I say matters most to me?

What brought me the most happiness?

How can I help these activities to happen more often?

Who are the 5 people that had the greatest impact on me?

How can I see and collaborate with them more?

How has my relationship with God deepened or weakened this year and why?

Who/What did God use this year to shape my character the most?

What are the least valuable ways I am spending my time?

How can I prevent myself from continuing to spend time in this way?

If next year looked exactly like this one, would I be satisfied? What must change?

MEMORIES OF 2025

Best Surprise:

Best Meal:

Coolest New Experience:

Favorite Weekend:

Favorite First Meeting:

Favorite New City:

Favorite New Friend:

Favorite Day:

Scripture that helped me this year:

PLAN AHEAD

What would 70 year old me wish I did more of?

What are the things I do to make my day go great?

What things make my days go terribly?

What do I think is productive, but isn't?

What do I want to do less of with my time?

What do I want to do more of with my time?

What conversations do I need to have?

What are the habits I'm committing to starting and stopping?

WRITE SOME THOUGHTS... HAVE A CONVERSATION WITH 70 YEAR OLD YOU.