

DAY 12 – THE HOLY SPIRIT HELPS US PRAY CORRECTLY

“In the same way, since our trust in God is weak, the Holy Spirit helps us. For we don’t know how we should pray to God, but the Spirit Himself intercedes for us in a special way that words cannot express.”

Romans 8:26 (NLT)

What does the Holy Spirit ask for on our behalf?

The answer is: He asks for things we don’t know how to ask for.

There are clues to this answer:

The Spirit asks for what we don’t know to ask because of our weakness, and He asks for things that are in line with the will of God (Romans 8:27).

This verse highlights the support that believers receive from the Spirit in times of difficulty, assuring them that they are not alone in their struggles.

The context of this passage emphasizes the broader theme of hope and redemption in Romans 8, encouraging believers to endure suffering with the confidence of future glory.

Why does the Holy Spirit pray for us?

Because He loves us and wants what is best for us.

The Holy Spirit is our advocate and intercessor, and He is always willing to help.

He helps us pray because we don’t always know how to do it ourselves.

He also helps us pray for the right things, according to God’s will.

And He helps us pray with faith, knowing that God hears our prayers.

When we pray with the power of the Holy Spirit, we can be confident that our prayers will be answered in alignment with God’s will.

The Spirit intercedes so that our prayers glorify God.

By consciously depending on God in our prayers, we acknowledge our need for His grace and power, which brings glory to His name.

REFLECTION QUESTIONS:

How can we allow the Holy Spirit to guide us to pray correctly and effectively?

Have you ever experienced being led by the Holy Spirit in prayer?

How did you recognize it was Him?