

DAY 37 – A LIFE OF WORSHIP

While he was in Bethany, reclining at the table in the home of Simon the leper, a woman came with an alabaster jar of very expensive perfume, made of pure nard. She broke the jar and poured the perfume on his head. Some of those present were saying indignantly to one another, “Why this waste of perfume?”

MARK 14:3-4

This verse is rich with symbolism and profound lessons. The woman who approaches Jesus represents an act of genuine, selfless worship. The alabaster jar, containing pure nard, symbolizes both great value and the total surrender she offers to Jesus. In that time, nard was an extremely expensive perfume, showing that her sacrifice was not only material, but also emotional and spiritual.

Moreover, the act of breaking the jar and anointing Jesus’ head is not just an act of worship—it is also a prophetic gesture, anticipating His death and burial. This act foreshadows the crucifixion of Christ, reminding us that His sacrifice is the cornerstone of the Christian faith. Here, we see that true worship often involves sacrifice and surrender.

This story invites us to reflect on our own relationship with Jesus. What sacrifices are we willing to make out of love for Him? The woman teaches us that true worship is not measured by what we give, but by the sincerity and sacrifice behind the act.

In a world that often values the material over the spiritual, this passage challenges us to examine our priorities and consider how our actions reflect our devotion to God. The criticism the woman receives also reminds us that following Christ may bring disapproval from others. Yet it is often in those very moments of opposition that our faith shines the brightest. The question is: Are we willing to be bold in our worship and challenge ourselves to give our very best to God?

As we meditate on this passage, may it inspire us to live a life of authentic worship—where every sacrifice becomes an act of love toward the Savior who gave everything for us.

REFLECTION QUESTIONS:

What sacrifices are we willing to make for Jesus?
How will we respond when people criticize our faith and devotion to God?