

Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Primary Home Cell \_\_\_\_\_  
 Email: \_\_\_\_\_ (Mailing Address): \_\_\_\_\_ City State Zip \_\_\_\_\_  
**Health Insurance Information**  
 Has your Health Insurance Plan changed? Yes No (If yes, please provide us with your new Insurance cards)

***In Case of an Emergency***

Name: \_\_\_\_\_ Relationship Spouse Parent Grandparent Friend Other: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Are we able to disclose Medical Information with them? Yes No  
**Advanced Care Directives, Medical Wishes or Other Preferences**  
 Do you have a Living Will? Yes No Do you have a Power of Attorney/Health Care Surrogate? Yes No  
 Are you an Organ Donor? Yes No Name \_\_\_\_\_ Phone: \_\_\_\_\_  
 Do you have a DNR? Yes No

***Health and Social History***

Have you ever smoked/used tobacco products? Yes No (If Former smoker, when did you Quit?) \_\_\_\_\_  
 Do you currently smoke? Yes No (If you currently smoke, how many a day or week?) \_\_\_\_\_  
 Do you drink alcohol? Yes No (If yes, how often): \_\_\_\_\_ Currently use recreational drugs? Yes No  
 Do exercise regularly? Yes No (If yes, how often): \_\_\_\_\_ What type of exercise? \_\_\_\_\_  
 Nutritional Diets: Diabetic Diet Low Sodium Low Fat Low Cholesterol Other: \_\_\_\_\_  
 Do you have drug, environment or food allergies? Yes No (If yes, please list type and reactions) \_\_\_\_\_  
 Do you currently work? Yes No Are you Retired? Yes No Are you currently Disabled? Yes No

***Major Events Review***

Any Emergency Care/Surgeries or Hospitalizations in the last 90 days? Yes No (Please List Type/Date/Reason) \_\_\_\_\_

***General Health Update and Medical History***

Do you have any current health concerns that need further clarification? Yes No (If yes, please explain) \_\_\_\_\_

***Family History*** Mother Father Sibling Other

- Alcoholism \_\_\_\_\_
- Cancer \_\_\_\_\_
- Depression \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Heart Disease \_\_\_\_\_
- Heart Issues \_\_\_\_\_
- Hypertension \_\_\_\_\_

***Procedures or Testing (List the Year Completed)***

- Diagnostic Tests:**  
 Colonoscopy: \_\_\_\_\_  
 Bone Density: \_\_\_\_\_  
 Mammogram: \_\_\_\_\_  
 Chest Xray: \_\_\_\_\_  
 Chest CT: \_\_\_\_\_  
 EKG: \_\_\_\_\_  
 ECHO: \_\_\_\_\_  
 Stress Test: \_\_\_\_\_  
 AAA U/S: \_\_\_\_\_  
 Other: \_\_\_\_\_
- Last Labs: \_\_\_\_\_  
 Eye Exam: \_\_\_\_\_  
 Foot Exam: \_\_\_\_\_  
 Pap/Breast Exam: \_\_\_\_\_  
 Prostate Exam: \_\_\_\_\_
- Adult Immunizations:**  
 Flu: \_\_\_\_\_  
 Pneumonia 23: \_\_\_\_\_  
 Pevnar 13 (Booster): \_\_\_\_\_  
 TDap: \_\_\_\_\_  
 MMR: \_\_\_\_\_  
 Zoster (Shingles): \_\_\_\_\_  
 Hep A: \_\_\_\_\_ Hep B: \_\_\_\_\_

***Review of Symptoms or New Complaints***

**Head & Neck:**

- Headaches
- Dizziness
- Lightheaded
- Memory Loss

**Ears and Hearing:**

- Hearing Loss
- ringing in Ears
- Wax Buildup

**Respiratory:**

- Cough
- Shortness of Breath
- Wheezing

**Muscle/Joints:**

- Back Pain
- Sore Muscles
- Painful Joints
- Foot Pain
- Leg Pain

**Neurological:**

- Confusion
- Dizziness
- Seizures
- Numbness
- Tingling
- Tremors/Shaking
- Poor Balance
- Poor Coordination

**Eyes:**

- Blurred Vision
- Eye Pain
- Worsening Sight

**Nose & Throat:**

- Sneezing
- Nose Bleeds
- Runny Nose
- Sinus Issues
- Sore Throat

**Cardiac:**

- Chest Pain
- Blood Pressure
- Palpitations

**Urinary:**

- Burning
- Frequency
- Incontinence
- Hesitancy

**General Mood:**

- Anxiety
- Depression
- Mood Changes

**Oral:**

- Dry Mouth
- Loss of Taste

**Skin:**

- Rash/Hives
- Itching
- Bruising
- Abnormal Growth