

September 2023

Vibin' Skin Spa

Get a jump start on peel season with a low-to-no downtime chemical peel treatment to address needs and/or wants such as discoloration, uneven skin tone, active acne, uneven skin texture, fine lines, wrinkles, pore size, and acne scarring.

Chemical peels in and of themselves aren't new but they also haven't been reassessed or reimaged in a very long time. That is until Linder Health came along and changed the game.

Traditional peels cause inflammation that irritate dying skin cells, causing them to peel off. This necrosis-trigger essentially causes cell injury that causes an inflammatory wound response in your skin. It is this cycle that makes pre- and post-care so strict.

Linder Health peels focus on what are called senescent cells – cells that release chemicals to trigger inflammation, weaken the function of nearby healthy cells, and inducing or accelerating visible damage to the skin (wrinkling, loss of volume and elasticity, discoloration, thinning of the skin, etc). This selective cell apoptosis (programmed cell death) causes a cell's contents to be digested by immune cells without causing inflammation. By targeting these senescent cells, results are both immediate and progressive in improving long-term health of your skin.

The Peels and Core 4 products that I use during my chemical peel treatments are designed to keep things as simple yet effective as possible without disrupting your normal routine. You don't need to do any special prepwork ahead of time. Just come in and I will analyze your skin and determine whether the Polite Peel, Hero Peel, or Spotless Peel is most appropriate (we can also use different peels in different areas of the face at one time):

Polite Peel – a gentle peel safe for hypersensitive skin, compromised skin, clients with rosacea, and anyone who needs to heal skin before treating it for other concerns

Hero Peel – a universal peel to treat visible aging, hyperpigmentation, melasma, other discoloration, and general skin health maintenance

Spotless Peel – an acne-focused peel to treat active acne, reduce follicular impactions, oil production, and blemishes

Because of the balanced pH, these peels are perfectly safe for all skin types, skin conditions, and skin tones (will not trigger PIH). Post-peel, you will likely not see your skin peeling off in sheets (nor will anyone else), but if you were to wear a black shirt, you would likely see the skin flakes as they shed. These peels can also be combined with any other treatment without restrictive downtime before or after (with the exception of laser treatments). Beyond that, you are good to return to regular activities – that is, you don't need to abstain from makeup, working out, sun exposure. As with any facial treatment, you'll want to skip exfoliating for the next day or two, keep your skin moisturized, and wear sunscreen daily – but again, that's sound advice for every day!

For the month of September, elevate the Peel Protocol without added cost.

The Chemical Peel special will include: custom cleanse*, Stellar cleanse, custom enzyme*, use of BT Micro*, Golden Honey Nourishing Facial Massage*, mask *, extractions*, PrepWork Exfoliation Solution, Linder Health Peel (Polite, Hero, and/or Spotless), HA Pep Smoothing Intensifier, BonusRound Retinol Treatment, body massage*, Lustre Moisturizer, and Castaway SPF. Starred items indicate added value not typically included in Chemical Peel Treatment.

September Peel Special: 75-minute booked time for \$150 (\$245 value)

September Lash/Brow Special: : Save \$10 on Lash Lift or Brow Lamination when booked with a tint