November 2026 Newsletter

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We meet on the second Wednesday in February, April, June, August, October, and December. Currently most of our meetings are held remote using the internet except for the August PICNIC Meeting which is normally held at the outdoor patio next to the cafeteria at the Adventist Health Portland, 10123 SE Market St, Portland, OR 97216

Schedule of Club Events

9 Dec – Annual Pizza General Meeting
- 5:00 to 7:00PM

Round Table Pizza (party Room),
SE 82nd Avenue & SE King Road
Pizza and drinks provided by our club

Agenda will look at 2027 events

2027 AVA SPECIAL PROGRAMS

Craft Beer – 01 Jan 2027 to 31 Dec 2029.
This program is intended to challenge walkers to pass breweries, taverns, tap rooms and restaurants - establishments that serve food and craft beers. Need 12 walks (two six packs) to qualify for the award. Award is a specially designed beer coaster.

Historic Places of Worship– 01 Jan 2027 to 31 Dec 2029. This program is intended to challenge participants to pass historic Places of Worship (church, mission, synagogue, temple, mosque, etc.) at least 100 years old or has some historical significance. Can be used for other purposes now. The award is a brightly embroidered 4" circular patch depicting a stained-glass window.

2026 Club Officer Directory

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NOV 4 @ 9:45 TO 10:00 AM (WEDNESDAY)
WASHOUGAL, WA
Pendleton Mill Factory Outlet,
2 Pendleton Way Parking Lot
Washougal Views – YRE 1968
Two 5 km loops – one 5km town loop in downtown Washougal, passing community artworks & a riverside park; a second 5km loop on flat dike trail beside the Columbia River
5 and 10 km loops rated 1B (easy)

NOV 4 @ 9:45 TO 10:00 AM (WEDNESDAY)
BEAVERTON, OR
Tualatin Hills Park and Recreation
50 NW 158th Ave. Athletic Center back of the parking lot
Waterhouse Boardwalk Walk - YRE 1439
Walk goes through wetlands, woods, parks, neighborhoods, and the Tualatin Hills Park & Recreation Center area. Enjoy nature while walking along scenic boardwalks and through neighborhood streets and connecting pathways. Also walk through Elmonica area and by Max Station. Heavy or prolonged rain can result in submerged or muddy sections.
5 and 10 km rated 1A (easy)

NOV 7 @ 9:30 TO NOON (SATURDAY)
TACOMA, WA
Eastside Community Center, 1721 E. 56th
Pipeline Trail Walk - EVENT
A group walk starts at 10am. Register and be ready to walk by 10am.The 10K will include the newest section of the Pipeline Trail that goes to Orangegate Park.
5 and 10 km rated 1B (easy)



Wed Walkers @ Tech Center -Vancouver - 7 Oct 2026

NOV 9 @ 9:15 to 9:30 AM (MONDAY)
PUYALLUP, WA
Grayland Park, 601 N. Meridian
Puyallup NW Neighborhoods – (TGW)
The walk route will wind through neighborhoods and include Sam Peach Park.
6 and 10 km rated 1A (easy)

NOV 11 @ 9:40 to 9:55 AM (WEDNESDAY)
GRESHAM, OR
Gresham Main City Park, 219 S. Main St.
Gresham Town and More – YRE 519
Two loops. The 5k -Downtown Loop takes you thru the downtown area and on the Springwater Trail and back to Main City Park and onto Tsuru Island. The 6k takes you to Bella Vista Park and thru the Civic Station Shopping Mall. 5 and 11 km rated 1A (easy)



Halloween 2026 Salmon Creek

NOV 11 @ 9:00 TO 10:00 AM (WEDNESDAY)
SEATLE, WA
Discovery Park, North parking lot
Honoring America's Veterans Walk - Event
A walk to commemorate our Veterans on Veteran's Day on a former military base (FT Lawton), now a city park (Discovery Park). A military cemetery, wooded trails, and panoramic Puget Sound views are highlights on this walk.
5km rated 1B (easy) and
10 km rated 2B (moderate)



Wed Walkers @ Vancouver Heights - 21 Oct. 2026

NOV 18 @ 9:40 TO 9:55 AM (WEDNESDAY)
TIGARD, OR
Starbucks Coffee, 16200 SW Pacific Hwy.
Cook Park Walk – YRE 534
Walk in nice neighborhoods on sidewalks and on paved and bark trails in Cook Park along the Tualatin River. One section can be muddy during very wet weather but the bark section can be detoured by using a paved pavement area in the park.
- 5km and 10 km rated 1A (easy)

No Wednesday Group Walk will be held on 25 Nov. as it is the day before THANKSGIVING and there is the Opt Out Walk on the following day 27 Nov at Frenchman's Bar

NOV 27 @ 9:00 TO 11:00 AM (FRIDAY)
VANCOUVER, WA
Frenchman's Bar Regional Park
9612 NW Lower River Rd
Opt Out Walk – Frenchman's Bar –TGW
At Frenchman's bar walkers will be able to see the Columbia River with lots of wildlife especially birds this time of year. You will then walk on a paved bike path to Vancouver Lake passing farms and wildlife areas. Thousands of geese are normally there. Currently the Canadian geese are there. The 5 km will turn back around before reaching Vancouver Lake
5 and 10 km rated 1A (easy)

NOV 28 @ 9:00 TO 10:30 AM (SATURDAY)
EDMONDS, WA
Edmonds United Methodist Church,
828 Caspers St. Edmonds
Turkey Trot Walk - Event
Enjoy this wonderful town on the coast. Lots of places to shop and eat. We will have a new 10K route walking on sidewalks and trails through Yost Park, and the Town of Woodway. Our traditional 5k walk will be through Edmonds includes passing by the Edmonds Ferry, Olympic Mountains, fun downtown shops in Edmonds. Bring non-perishable foods at the start location for our Edmonds Food Bank. They also accept cash donations
5km rate 1A (easy), 10 km rated 2B (moderate)



Wed Walkers @ Whipple Creek YRE- 28 Oct 2026

DEC 2 @ 9:40 TO 9:55 AM (WEDNESDAY)
LAKE OSWEGO, OR
Safeway grocery Store, 401 A Ave
Gallery without Walls Walk – YRE 1609
The walk will have two 5km loops. The first loop will be in the downtown area and will pass most of the sculptures that are in the downtown area. The second loop will cross Lakewood Bay and pass homes along the shore. The second loop will also pass some of the sculptures in the downtown area.
5 km & 10 km rated 1A (easy)