

## **December 2024 Newsletter**



### **Schedule of Club Events**

#### **11 Dec – General Meeting - 7:00PM**

Meeting will be held electronically via Jitsi.

**Membership dues are due in January 2025. A renewal form has been added as the last sheet. Please send your form and fees to Cheri.**

### **Index**

Page 1	General Club Info
Pages 2 - 4	Walks in December
Pages 5-6	OTSVA Meeting Minutes

*We meet on the second Wednesday in February, April, June, August, October, and December. Currently most of our meetings are held remote using the internet except for the August PICNIC Meeting which is normally held at the outdoor patio next to the cafeteria at the Adventist Health Portland, 10123 SE Market St, Portland, OR 97216*

### **2024 Club Officer Directory**

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**DEC 4 @ 9:40 TO 9:55 AM (WEDNESDAY)  
PORTLAND (SELLWOOD), OR**

Foot Traffic, 1260 SE Lambert St.

**Oak Bluff Trail – YRE 2113**

. You will walk along the Oaks Bottom Bluff Trail and into Sellwood Park. In wet weather, the Oaks Bluff Trail can be muddy, wear footwear accordingly.

6 and 10 km rated 1B (easy)



**Halloween Decorations on the Historic Irvington**

**DEC 5 @ 9:45 AM TO 10:00 AM  
SALEM, OR**

Safeway (North end), 5660 Commercial St SE

**South East Salem– (Event)** The walk is primarily in attractive newer residential areas. There is new commercial developments on Kuebler which the routes will pass by.  
5 rated 1A (easy) & 10 km rated 2A (Moderate)



**Walkers at start of Historic Irvington Walk – 30 Oct**

**DEC 9 @ 9:15 AM TO 9:30 AM (MONDAY)  
SUMNER, WA**

Parking Lot, 4711 142nd Ave. E

**Sumner Link Trail – (TGW)**

Easy Walk on the Sumner Link Trail along the White River. This will be an out-and-back route.  
5 and 10 km rated 1A (easy)



**Japanese Garden – End of Gresham City Walk -6 Nov**

**DEC 11 @ 9:40 TO 9:55AM (WEDNESDAY)  
MILWAUKIE, OR**

Parking Lot, SE 32<sup>nd</sup> Ave. and Llewellyn St.

**Milwaukie Group Walk – YRE 389**

Walk through the quaint town of Milwaukie, neighborhoods along the Willamette River and a park. Look for the Peace Poles –

5 and 10 km rated 1A (easy)



**DEC 14 @ 10:00 TO NOON (SATURDAY)  
OLYMPIA, WA**

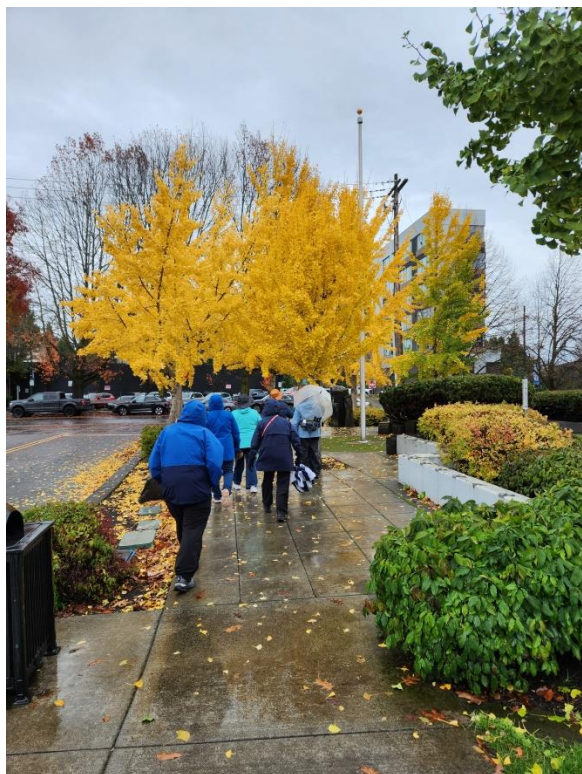
217 Thurston Ave. NW

**Holiday walk – Event**

Walk on sidewalks, boardwalks and well-groomed trails along the waterfront, through the Capitol Campus, neighborhoods and the Farmer's Market. Pets are not allowed in the Farmer's Market but can walk around the outside of it.



**Wed Walkers @ Lake Oswego Start – 20 Nov 2024**



**5km Walkers on Princess Ilchee walk – 13 Nov 2024**

**Dec 18 @ 9:40 to 9:45 AM (Wednesday)**

Portland Oregon

Good Sam Medical Center Parking #2,  
NW Marshall St between 21st and 22nd  
Registration at elevator on Level G

Ed will have parking passes so you can park in  
the garages for Good Sam Medical Center  
Christmas Celebration Walk – YRE 410

The walk will go into downtown and go by and  
into businesses decorated with holiday  
decorations. Highlights include Multnomah  
Athletic Club, Pioneer Plaza, Portlandia, and  
Benson Hotel.

5 km and 10 km routes- rated 1A (easy)

**DEC 21 @ 4:45 TO 4:55 PM (SATURDAY)  
PORTLAND, OR**

Providence Portland Medical Center,  
4805 SE Glisan, enter parking garage by taking  
49th off of Glisan. Enter Hospital on East end,  
ground floor, of the main building near security  
and the Social Room

**LAURELHURST (PEACOCK LN.) WALK - (TGW)**

Walk in residential districts and into beautiful  
Laurelhurst Park. Walk continues along Hawthorne  
Blvd. with unique shops, exotic restaurants and  
interesting people. Walk this day will highlight  
Peacock Lane known for their Christmas  
Decorations. Lights on Peacock Ln start at 6PM  
RECOMMEND YOU BRING A FLASHLIGHT  
5 and 10 km rated 1A (easy)



**Wed Walkers @ Ft Vancouver Visitor Center – 13 Nov 2024**





**5km walkers in Gresham- 6 Nov 2024**

**Dec 31 @ 9:00 to 10:00 AM (TUESDAY)  
PORTLAND (SELLWOOD), OR**

New Seasons Market (Outdoor Patio)  
1214 SE Tacoma St

**New Year's Eve Walk – (TGW)**

Two 5km loops- The West Loop will go through Sellwood Park then down to the Willamette River and through Sellwood Waterfront Park then return on the Springwater trail past the Puppet Museum to New Seasons Market. The East Loop will go through Westmoreland Park and residential and commercial areas of Sellwood. There will be random prizes of Champagne and Sparkling Cider awarded to some walkers. Both loops rated 1B (easy).



Photo by Ed H.

**Wed Walkers @ Cook Park – 27 Nov 2023**

**JAN 1 @ 9:30 TO NOON (WEDNESDAY)  
VANCOUVER, WA**

McMenamins East Vancouver,  
1900 NE 162nd Ave., B-107

**New Year's Day Walk - EVENT**

Celebrate New Year's Day in the morning walking with a choice of 3 different 5 km routes and one 6k routes. The **NW Loop** (rated 1B) will be in older nice residential areas and in a small wooded park with dirt trail. The **NE Loop** (rated 1A -6km) is on paved pathways near and in residential areas. The **SE Loop** (rated 1A) will mainly be in Pacific Community Park on paved or gravel trails and the **SW Loop** (rated 1A) will be in a newer area with some very nice homes. There will be random prizes of Champagne and Sparkling Cider awarded to some walkers.



**5km walkers passing Halloween decorations**

**30 Oct 2024**