

## MARCH 2026 Newsletter



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*We meet on the second Wednesday in February, April, June, August, October, and December. Currently most of our meetings are held remote using the internet except for the August PICNIC Meeting which is normally held at the outdoor patio next to the cafeteria at the Adventist Health Portland, 10123 SE Market St, Portland, OR 97216*

### Schedule of Club Events

**1 APRIL – Oregon City National Walking Day**  
**9:00AM - 9:30AM Registration**  
Need 2 volunteers to help registration

**8 APRIL – General Meeting - 7:00PM**  
Meeting will be held electronically via Jitsi.



**Hazel Dell Sunset Nov 2025**

### **2026 Club Officer Directory**

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**MAR 4 @ 9:40 to 9:55 AM (WEDNESDAY)  
WOOD VILLAGE, OR**

Theresa's, 22741 NE Park Lane, Suite E

If the weather is not raining registration will be in front of the Wood Village Fred Meyer, west end near Starbucks.

**Salish Ponds Walk – YRE 1489**

Walk through three distinct areas: the planned community of Fairview, Fairview Park which includes several larger-than-life carved statues, and then around Salish Pond.  
5 and 10 km, rated 1B (easy)

**MAR 5 @ 9:45 TO 10:00 AM (THURSDAY)  
SPRINGFIELD, OR**

The Pump Cafe, 710 Main St

**Murals, Historic Houses and Nature (TGW)**

Walk downtown has many noteworthy murals including the unique ones honoring Ken Kesey and the TV Simpsons. All 3 routes include the murals. The 10k also does the West D Street Greenway by the Willamette River and the residential Washburne Historic District. The 6k explores the murals and the Greenway. The 5k route also includes the residential Historic District.  
5, 6 and 10 km routes all rated 1A (easy)



**Wed Walkers @ Ft Vancouver Visitor Center  
– 28 Jan 2026**

**MAR 7 @ 9:00AM TO 10:30 AM (SATURDAY)  
ENUMCLAW, WA**

Cumberland Fire Station 35431 Veazie  
Cumberland Rd SE, park right on 354 St.  
Register in corner of athletic field.

You will register in Cumberland and drive 2 miles to Kanaskat-Palmer State Park or drive 1 mile to Nolte State Park

**Nolte–Kanaskat-Palmer State Parks - (TGW)**

The walk is two 5km loops. Loop 1 is in Nolte State Park. The walk will circle Deep Lake, a summertime haven for locals. Loop 2 is in Kanaskat-Palmer State Park. The trails explore the park. You will be walking along the Green River.

This event is held inside a state park that has a required entrance fee.

Both loops are rated 1B (Easy)

**MAR 11 @ 9:40 TO 9:55 AM (WEDNESDAY)  
PORTLAND, OR**

West Coast Fitness  
7522 N Lombard St.

**St Johns Group Walk- YRE 73**

Walk thru Pier Park with many Doug Fir Trees, Cathedral Park with views of the Willamette River and the St Johns bridge supports (looks like a Cathedral) and in the old downtown commercial district.

5 km rated 1A (easy) 10 km rated 2A (moderate)

**MAR 14 @ 9:30 TO NOON (SATURDAY)  
BEAVERTON, OR**

Cedar Hills Crossing Mall - use main entrance next to new business, 3205 SW Cedar Hills Blvd

**St Patricks' Day (Teddy Bear) Walk – event**

Walk in Beaverton by heading west and north by Tektronix, skirt Commonwealth Lake and up into the West Slope neighborhoods. You'll come back through Cedar Hills Park. The 5km walk will miss the Lake and neighborhoods. Pets OK but not in Mall building; follow pick-up rules.\* Full Fee required. This is our annual walk to collect Teddy Bears for donation to the Dougy Center  
5 and 10 km - rated 1A (easy)



**Wed Walking @ Red Sunset Gresham- 4 Feb 2026**

**MAR 18 @ 9:40 TO 9:55 AM (WEDNESDAY)  
PORTLAND, OR**

Columbia Sportswear Factory Outlet  
1323 SE Tacoma St.  
Register in parking lot.

**Three Bridges Walk – YRE 873**

Walk along city streets, passing antique stores and specialty shops, along with numerous restaurants on SE 13th Ave. Walk over 3 different pedestrian bridges and along the Springwater corridor and in Westmoreland Park. The 10 km walks into the Eastmoreland beautiful homes area.

6 and 11 km rated 1B (easy)



**Wed Walk @ Bethany 11 Feb 2026**

**MAR 19 @ 9:45 TO 10:00 AM (THURSDAY)  
NEWBERG, OR**

Chehalem Cultural Center, 415 E. Sheridan St  
**Historic Newberg & George Fox Univ (TGW)**

Walk on paved pathways through 2 city parks, historic areas, Herbert Hoover boyhood home, George Fox Univ., newer residential areas & historic downtown

5 and 10 km are rated 1 A

**MAR 25 @ 9:40 TO 9:55 AM (WEDNESDAY)  
HILLSBORO, OR**

Peet's Coffee and Tea,  
10150 NE Cornell Rd.  
Register in parking area

**Rock Creek Trail Walk – YRE 0818**

Walk heads straight to Orchard Park with its boardwalk and along tree lined streets onto the Rock Creek Trail and neighborhoods in the Rock Creek area. The route continues to the new Orenco Woods Nature Park before returning. 6, 10, & 11 km rated 1A (easy)



**Wed. Walkers @ West Linn 18 Feb 2026**

**APR 1 @ 9:10 TO 9:25 AM (WEDNESDAY)  
OREGON CITY, OR**

Pioneer Community Center, 615 5th Street  
Register in Gym

**Oregon City National Walking Day – (TGW)**

The 5 km walk will be in the older part of Oregon City and will walk on the Promenade with great views overlooking the downtown area, Willamette Falls, and the Willamette River, The 10 km will also walk in the older part of town and will also go downtown and along the Willamette River. There will be some treats offered.

5 km rated 1A (easy), 10 km rated 2A (moderate)