

APRIL 2026 Newsletter



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We meet on the second Wednesday in February, April, June, August, October, and December. Currently most of our meetings are held remote using the internet except for the August PICNIC Meeting which is normally held at the outdoor patio next to the cafeteria at the Adventist Health Portland, 10123 SE Market St, Portland, OR 97216

Schedule of Club Events

1 APRIL – Oregon City National Walking Day
9:00AM - 9:30AM Registration
Need 2 volunteers to help registration

8 APRIL – General Meeting - 7:00PM
Meeting will be held electronically via Jitsi.



Trillium Walk - 2024

2026 Club Officer Directory

Ed H., President
(360) 921-1909
opahainline49@gmail.com

Debbie E., Vice President
(503) 777-2717
Esmondd1@hotmail.com

Carolyn S., Secretary
(971) 340-6049
carolyn.j.smith56@gmail.com

Jim W., Treasurer
(503) 641-0387
jimwolf@frontier.com

Dick B., Newsletter Editor
(360) 991-8806
dickbkr82@gmail.com

Heidi S., Webmaster
(360) 909-7917
hschurr@hotmail.com

Cheri S., Membership
(503) 502-7647
cstone8175@msn.com

**APR 1 @ 9:10 TO 9:25 AM (WEDNESDAY)
OREGON CITY, OR**

Pioneer Community Center, 615 5th Street
Register in Gym

Oregon City Walk – (TGW)

The 5 km walk will be in the older part of Oregon City and will walk on the Promenade with great views overlooking the downtown area, Willamette Falls, and the Willamette River, The 10 km will also walk in the older part of town and will also go downtown and along the Willamette River. There will be some treats offered.

This walk is part of the Pioneer Community Center's National Walking Day for the Heart Association. Walkers will start at 9:30 as there is another activity that starts at 9:45 in the gym. 5 km rated 1A (easy), 10 km rated 2A (moderate)

**APR 4 @ 9:00 TO 10:30 AM (SATURDAY)
SEATTLE, WA**

Madison Valley Stormwater Greenbelt,
Intersection of E. Denny St. & 30th Ave E

Easter at the Arboretum - Event

Join us for a pretty springtime walk. The 6K route wanders through the beautiful Arboretum. The 10K route continues onward from there, exploring the newly opened landscaped lid over SR-520, through the Montlake neighborhood, past the Seattle Yacht Club, and returning to the start through the Arboretum, this time along lovely Azalea Way

6 and 10 km routes rated 2B (moderate)



Wed Walkers @ The Heights, Vancouver– 25 Feb 2026

**APR 8 @ 9:40 TO 9:55 AM (WEDNESDAY)
VANCOUVER, WA**

David Douglas Park
1016 N. Garrison Rd.

Trillium - Beaver Marsh Walk – (TGW)

Walk will go through nice older neighborhoods and on paved trail along Burnt Bridge Creek. The 5 km and 10 km routes will go into the Oakbrook Park and Beaver Marsh. Beaver Marsh should have 100's of Trilliums in bloom. Note -The 5 km route will have a remote start. Directions will be provided at the start.

5 km rated 1B (easy) 10 km 2B (moderate)



Wed Walkers- Salish Ponds –Wood Village 4 Mar 2026

**APR 9 @ 9:45 TO 10:00 AM (THURSDAY)
CARLTON, OR**

Ladd Park, 225 W Grant St

Carlton - Small Town in Wine Country-TGW

Walk on sidewalks, gravel & dirt pathways. Routes go through the small historic downtown, through two parks and residential areas.

5km rated 1A (easy), 10km rate 1B (moderate)

**APR 11 @ 9:00 AM TO 1:00 PM (SATURDAY)
JEFFERSON, OR**

United Methodist Church, 310 N. 2nd Street

Soup Walk - Event

Small town walk with great views of the surrounding area where you may spot wild Turkeys and a field of Emu's. Following the walk will be a wonderful get together to enjoy a variety of soups and other goodies. This walk celebrates the life of longtime resident Nancy Hamby. If possible bring can food or other non-perishable goods to donate to the Food Bank which Nancy was a volunteer.

5 and 10 km routes rated 2B (moderate)

**APR 11 @ 9:00 TO NOON (SATURDAY)
TACOMA, WA**

VFW Narrows Bridge Post,
4741 N. Baltimore St.

Tacoma vs Ruston:

Battle of Charm-n-views Walk – Event

Two loops - The Tacoma 5k loop with its historic homes or the Ruston 7k while enjoying the views of Commencement Bay and Puget Sound while walking through charming Pt. Ruston, Dune Park, Pt. Defiance Park gardens and beautiful neighborhoods of Ruston.

5 km rated 1A (easy), 7 & 12km rated 2B (moderate)

**APR 14 @ 9:45 TO 10:00 AM (TUESDAY)
SWEET HOME, OR**

Weddle Covered Bridge at Sankey Park,
877 14th Ave

Covered Bridge Walk – (TGW)

This walk begins near the Weddle Covered Bridge. This bridge is now a pedestrian bridge that once spanned the Thomas Creek near Scio Oregon. The walk goes along a trail that was once a local rail system that served a local lumber mill. Outstanding views of the foothills of the Cascade Mountains along most of the trail.

5 and 10 km rated 2B (moderate)

**APR 15 @ 9:40 TO 9:55 AM (WEDNESDAY)
GRESHAM, OR**

The starting point for this walk this day only is Home Depot parking lot (near Burger King),
25101 SE Stark, Troutdale

Red Sunset Walk – YRE 687

Walk through several nice neighborhoods to Red Sunset Park with a nice duck/ geese pond.
5 and 10 km rated 1A (Easy)



Wed Walkers @ 3 Bridges, Sellwood 18 Mar 2026

**APR 17, 18 AND 19 @ 9:00 TO 10:00 AM
(FRIDAY, SATURDAY & SUNDAY)**

ELECTRIC CITY, WA

Steamboat Rock State Park,
51052 WA Highway 155

NORTHWEST HIKING WEEKEND 2026

Three different walks over 3 days

All hikers should carry water, food and dress appropriately. Hiking boots and poles are recommended. Pets permitted on leash only. Owners responsible for leash and cleanup laws. Directions to trail will be available at start table.

Old Wagon Road Walk

Walk on gravel road/trail to historic Old Wagon Road, which ascends the south wall of Northrup Canyon to summit above valley floor. The upper trail transverses the plateau rim with views of the valley, Steamboat Rock and Banks Lake.

10 km rated 3B

Northrup Canyon Walk

Northrup Canyon is a popular out-and-back hike on well-maintained dirt/gravel road and trails. 5K hikers will reach the old homestead farmhouse and turn around. This trail follows the valley floor and has only slight elevation gain (384 feet over the whole distance). 10K hikers will continue up to the small crater like Northrup Lake with total elevation gain of 700 feet. The trail climbs into the canyon, which holds the only native forest in Grant County. The forest is mostly pine (ponderosa and lodge pole), but some Douglas-fir also is in the mix

5km rated 2B (moderate) 10km rated 3C (hard)

**Steamboat Rock Guided Walk
SAT, APR 18TH, 2026 - 10 AM ONLY**

This is an extremely challenging hike-- the challenge is at the start and end (getting up and down Steamboat Rock--800 ft. gain in a short distance). The trail up is very steep and rocky, making for difficult footing, some scrambling, and slippery footing coming down. Meet at the State Park main parking lot (beyond the camping area) near the restrooms. Be there and ready to hike before the 10am start time.

5 and 10 km rated 4C (very difficult).



Wed Walking 5 km walkers 3 Bridges
 - on bridge at turnaround 18 Mar 2026

**APR 22 @ 9:40 TO 9:55 AM (WEDNESDAY)
 PORTLAND, OR**

Safeway Parking Lot, 4515 SE Woodstock
Reed College Walk – YRE 1192

The walk features the lovely Eastmoreland residential area, several city parks, and the Reed College Campus. The walk has a one km addition into the Crystal Springs Rhododendron Gardens. A fee is charged to enter the Gardens.

The group walk will not enter the Gardens. 5
 rated 1A and 10 km rated 1B (easy)

**APR 29 @ 9:40 TO 9:55 AM (WEDNESDAY)
 BATTLE GROUND, WA**

Safeway, 904 W. Main St.

Battle Ground Walk – YRE 398

There are two loops, a 5 km and 6 km loop that includes four parks, passing by several craft/resale/vintage/antique stores, an attractive Veteran's Memorial and several restaurants. There is a peace pole on the 6 km loop.
 5 and 6km rated 1A (easy)

**MAY 5 @ 9:45 TO 10:00 AM (TUESDAY)
 LEBANON, OR**

43170 McDowell Creek Drive

Water Falls Trail Walk (TGW)

Walk along the crystal clear waters of McDowell Creek with McDowell Creek Falls and be rewarded with the beautiful vistas of Royal and Majestic Water Falls from the bridges and viewing decks along the more than 3 miles of hiking trails of this lush green park. Exceptional scenery for hiking, nature, picnicking and pleasure.
 5 and 10 km rated 2B (moderate)



5 km Wed Walkers Rock Creek – 25 Mar 2026

**MAY 6 @ 9:40 TO 9:55 AM (WEDNESDAY)
 BEAVERTON, OR**

Tualatin Hills Park and Recreation
 50 NW 158th Ave

Athletic Center – back of parking lot

Waterhouse Boardwalk Walk – YRE 1439

Walk goes through wetlands, woods, parks, neighborhoods, and the Tualatin Hills Park & Recreation Center area. Enjoy nature while walking along scenic boardwalks and through neighborhood streets and connecting pathways. Heavy or prolonged rain can result in submerged or muddy sections.
 5 and 10 km walks rated 1B (easy)