

MARCH 2026 Newsletter



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We meet on the second Wednesday in February, April, June, August, October, and December. Currently most of our meetings are held remote using the internet except for the August PICNIC Meeting which is normally held at the outdoor patio next to the cafeteria at the Adventist Health Portland, 10123 SE Market St, Portland, OR 97216

Schedule of Club Events

1 APRIL – Oregon City Walk
9:00am -9:30 Registration
Need 2 volunteers to help

8 APRIL – General Meeting - 7:00PM
Meeting will be held electronically via Jitsi.



Hazel Dell Sunset Nov 2026

2025 Club Officer Directory

Ed H., President
(360) 921-1909
opahainline49@gmail.com

Debbie E., Vice President
(503) 777-2717
Esmond1@hotmail.com

Carolyn S., Secretary
(971) 340-6049
carolyn.j.smith56@gmail.com

Jim W., Treasurer
(503) 641-0387
jimwolf@frontier.com

Dick B., Newsletter Editor
(360) 991-8806
dickbkr82@gmail.com

Heidi S., Webmaster
(360) 909-7917
hschurr@hotmail.com

Cheri S., Membership
(503) 502-7647
cstone8175@msn.com

**MAR 4 @ 9:40 to 9:55 AM (Wednesday)
WOOD VILLAGE, OR**

Theresa's, 22741 NE Park Lane, Suite E

If the weather is not raining registration will be in front of the Wood Village Fred Meyer, west end near Starbucks.

Salish Ponds Walk – YRE 1489

Walk through three distinct areas: the planned community of Fairview, Fairview Park which includes several larger-than-life carved statues, and then around Salish Pond.
5 and 10 km, rated 1B (easy)

**MAR 5 @ 9:45 TO 10:00 AM (THURSDAY)
SPRINGFIELD, OR**

The Pump Cafe, 710 Main St

Murals, Historic Houses and Nature (TGW)

Walk downtown has many noteworthy murals including the unique ones honoring Ken Kesey and the TV Simpsons. All 3 routes include the murals. The 10k also does the West D Street Greenway by the Willamette River and the residential Washburne Historic District. The 6k explores the murals and the Greenway. The 5k route also includes the residential Historic District.
5, 6 and 10 km routes all rated 1A (easy)



**Wed Walkers @ Ft Vancouver Visitor Center
– 28 Jan 2026**

**MAR 7 @ 9:00AM TO 10:30 AM (SATURDAY)
ENUMCLAW, WA**

Cumberland Fire Station 35431 Veazie
Cumberland Rd SE, park right on 354 St.
Register in corner of athletic field.

You will register in Cumberland and drive 2 miles to Kanasket Palmer State Park or drive 1 mile to Nolte State Park

Nolte–Kanasket Palmer State Parks - (TGW)

The walk is two 5km loops. Loop 1 is in Nolte State Park. The walk will circle Deep Lake, a summertime haven for locals. Loop 2 is in Kanasket-Palmer State Park. The trails explore the park. You will be walking along the Green River.

Both loops are rated 1B (Easy)

**MAR 11 @ 9:40 TO 9:55 AM (WEDNESDAY)
PORTLAND, OR**

West Coast Fitness
7522 N Lombard St.

St Johns Group Walk- YRE 73

Walk thru Pier Park with many Doug Fir Trees, Cathedral Park with views of the Willamette River and the St Johns bridge supports (looks like a Cathedral) and in the old downtown commercial district.

5 km rated 1A (easy) 10 km rated 2A (moderate)

**MAR 14 @ 9:30 TO NOON (SATURDAY)
BEAVERTON, OR**

Cedar Hills Crossing Mall - use main entrance next to new business, 3205 SW Cedar Hills Blvd

St Patricks' Day (Teddy Bear) Walk – event

Walk in Beaverton by heading west and north by Tektronix, skirt Commonwealth Lake and up into the West Slope neighborhoods. You'll come back through Cedar Hills Park. The 5km walk will miss the Lake and neighborhoods. Pets OK but not in Mall building; follow pick-up rules.* Full Fee required. This is our annual walk to collect Teddy Bears for donation to the Dougy Center
5 and 10 km - rated 1A (easy)



New Year's Day Walk post function – part of the 31 walkers that stayed for lunch 1 Jan 2026

Photo by Ed

**FEB 18 @ 9:40 TO 9:55 AM (WEDNESDAY)
WEST LINN, OR**

Willamette Coffee House, 2050 8th Ave. Suite D
West Linn Walk – YRE 2041

Walk takes you through the former town of Historic Willamette, now named West Linn. Walk has some hills. See a replica meteorite. You will see where the Tualatin River joins into the Willamette River on the 10 km route
5 and 10 km - rated 2A (moderate)



10 km Walkers @ MLK Walk 19 Jan 2026



5 km Walkers @ MLK Walk 19 Jan 2026

Photo by Dick

**FEB 25 @ 9:40 TO 9:55 AM (WEDNESDAY)
VANCOUVER, WA**

Parkrose Hardware. 8000 E Mill Plain Blvd.

Heights Neighborhood Walk – YRE 116

Walk through beautiful neighborhoods, magnificent views, nice neighborhood parks and seasonal flowers.

5 and 10 km Rated 1A (Easy)



Wed Walkers at the Kenton Walk 14 Jan 2026

Photo by Ed