

July Speakers

Gloria Parsisson

July 16th

10:30a – 11:30a

She will talk about
Cleveland, Akron and
Columbus RR and the
Toledo and Ohio Central
RR

Medicare fraud Bingo

Tuesday July 15th

11am -12pm

Jodi Roberts will be in to
discuss Medicare fraud
and make it fun by adding
her own spin on Bingo!

Hospice – Senior Discussion

July 29th 11am-12pm

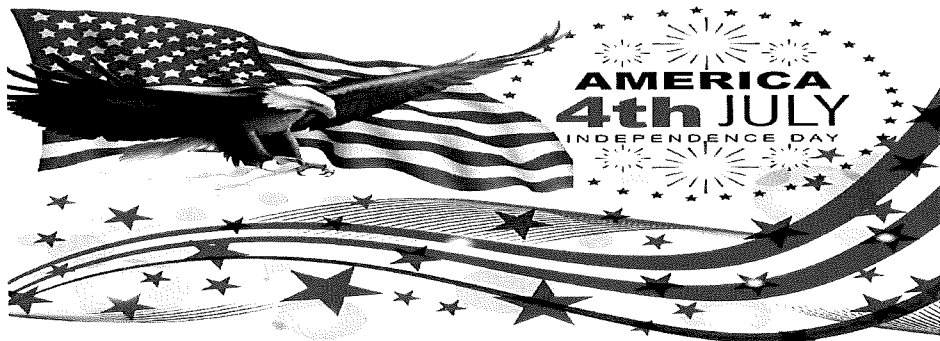
**Dreams Fulfilled:
Creating & Achieving
Your Bucket List**

You've heard the term
"Bucket List", come learn
how to create your own
list and pursue
your lifetime dreams one
at a time.

Centerburg Senior Services

182 W Houck St, Centerburg 740-625-5056

Open Monday – Friday 9am- 3:30pm



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We are closed July 4th to observe the holiday!

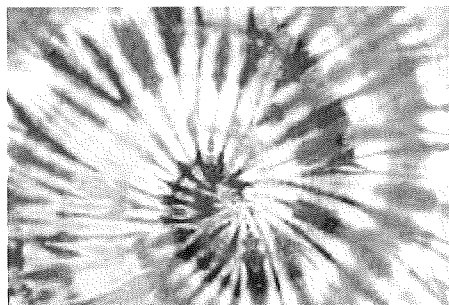
Tie-dye t-shirts are back as our July craft!

July 21st at 10am – must sign up before July 14th

Prepay – nonrefundable

Cost \$15.00

When signing up and paying, please provide us with a shirt size.



Centerburg Senior Services is recognized as a "cooling station" for seniors living in Knox County. Our building has central air and is nice and cool. Come in watch some tv, put together a puzzle, play games, read a book, or socialize while you cool off!

FARMERS MARKET EVERY THURSDAY – come get \$6.00 in senior tokens for fresh produce (includes honey) from 4:30-5p. Must have valid driver's license with you. At 5pm, you can get "Market Moolah" money from the HOBA table. This Moolah is for seniors with a Centerburg address and can be used towards anything at the market.

Bingo sponsors

7/3 ReMax PEAK

7/10 Country Club

7/17 Laurels of Mt V

7/24 Centerburg Pointe

7/31 Bennington Glen

July 24th Senior Day at the Knox County Fair!

Knox County Task Force for Older Adults puts on Bingo starting at 10:30am. Admission to the fair is free that day. Door prizes, lunch and entertainment will be provided.

YES....

WE WILL STILL HAVE BINGO AT CSS ON JULY 24th FOR THOSE NOT WANTING TO GO TO THE FAIR!

July Movies

Monday July 7 @ 1pm– “Greyhound” starring Tom Hanks

Not a true story but is inspired by real events in WWII

Released- Jul 9, 2020 · In a thrilling WWII story inspired by actual events, Captain Ernest Krause (Tom Hanks) leads an international convoy of 37 ships on a treacherous mission across the Atlantic to deliver soldiers and supplies to Allied forces.

Fun Friday movie July 18th at 11am – “Ferdinand”

FERDINAND tells the story of a giant bull with a big heart. After being mistaken for a dangerous beast, he is captured and torn from his home

Monday July 28th @ 1pm = “Gigi & Nate”

Inspired by a true story

A young man's life is turned upside down becoming quadriplegic. Moving forward seems near impossible until he meets his unlikely service animal, Gigi - a curious and intelligent capuchin monkey.

Monday movies are sponsored by Brookdale Senior Living in Mt Vernon. Kenzie delivers us a great lunch every time, feel free to ask her questions regarding Brookdale!

Fun Friday movies are sponsored by Hometown Market! Enjoy a donut while we watch an animated film! Check out the drive thru at Hometown – you can get milk and bread while staying in your airconditioned car!

**Weekly set
activities:**

**Tues- Chair
strength exercise
and cards (313)**

**Wed – Hand &
Foot and Canasta**

**Thurs – Yoga and
Bingo**

**Fri – Cardio
Drumming and
Euchre**

Closed July 4th

**Knox County Fair
July 19th – 26th**

**Ohio State Fair
July 23rd -Aug 3rd**

**Hartford Fair –
August 2nd – 9th**

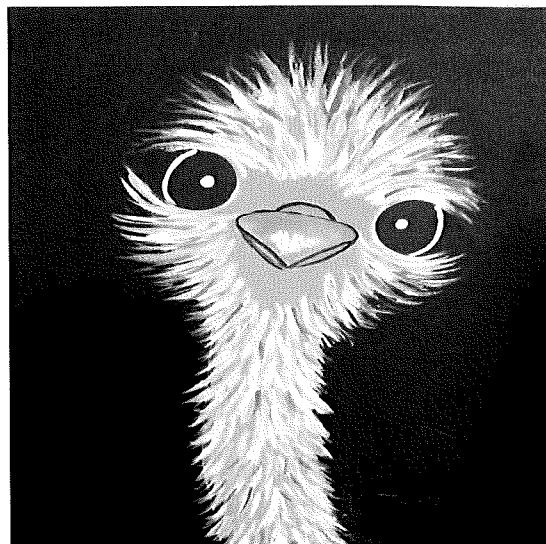
Nails with Jessie

Friday July 18th 11am-1pm by appt

Painting class Monday July 14th

PAY when you sign up! Cost is \$10.00

The class starts at 1pm with Angie McCutcheon



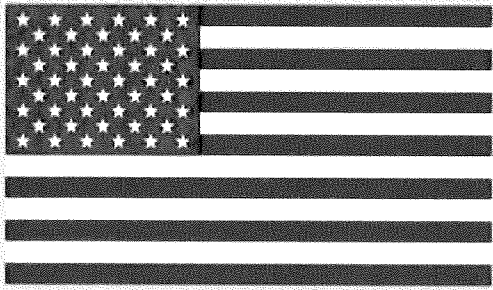
Food pantries:

- Centerburg Interchurch
740-625-5940
- Jacque Kids (Senior pantry) 419-560-5991

Transportation:

- Mobility Management, Joe Porter
740-392-2200 Ext 2218
Cell 740-485-5002
 - Station Break
740-397-2417

Mon	Tue	Wed	Thu	Fri
<div>30</div> <div>8:15am - Walk 1pm - Movie</div>	<div>1</div> <div>8:15am - Walk 10am - Chair strength exercise 1pm - Cards</div>	<div>2</div> <div>8:15am - Walk 9am - Hand & Foot 1pm - Canasta</div>	<div>3</div> <div>8:15am - Walk 10am - Gentle Yoga 12pm - COJFD health checks 1pm - Bingo</div>	<div>4</div> <div>Closed</div>
<div>7</div> <div>8:15am - Walk 1pm - Movie</div>	<div>8</div> <div>8:15am - Walk 10am - Chair strength exercise 1pm - Cards</div>	<div>9</div> <div>8:15am - Walk 9am - Hand & Foot 1pm - Canasta</div>	<div>10</div> <div>8:15am - Walk 10am - Gentle Yoga 1pm - Bingo</div>	<div>11</div> <div>8:15am - Walk 10am - Cardio Drumming 1pm - Euchre</div>
<div>14</div> <div>8:15am - Walk 1pm - Painting Class</div>	<div>15</div> <div>8:15am - Walk 10am - Chair strength exercise 11am - Medicare Fraud Bingo 1pm - Cards</div>	<div>16</div> <div>8:15am - Walk 9am - Hand & Foot 10:30am - Gloria - Railroads 1pm - Canasta</div>	<div>17</div> <div>8:15am - Walk 10am - Gentle Yoga 1pm - Bingo</div>	<div>18</div> <div>10am - Cardio Drumming 11am - Movie 11am - Nails 1pm - Euchre</div>
<div>21</div> <div>8:15am - Walk 10am - Craft Tie dye</div>	<div>22</div> <div>8:15am - Walk 10am - Chair strength exercise 1pm - Cards</div>	<div>23</div> <div>8:15am - Walk 9am - Hand & Foot 1pm - Canasta</div>	<div>24</div> <div>8:15am - Walk 10am - Gentle Yoga 1pm - Bingo</div>	<div>25</div> <div>8:15am - Walk 10am - Cardio Drumming 1pm - Euchre</div>
<div>28</div> <div>8:15am - Walk 1pm - Movie</div>	<div>29</div> <div>8:15am - Walk 10am - Chair strength exercise 11am - Hospice speaker 1pm - Cards</div>	<div>30</div> <div>8:15am - Walk 9am - Hand & Foot 1pm - Canasta</div>	<div>31</div> <div>8:15am - Walk 10am - Gentle Yoga 1pm - Bingo</div>	<div>1</div> <div>8:15am - Walk 10am - Cardio Drumming 1pm - Euchre</div>



July 4th

Word Search Puzzle

D E C L A R A T I O N Y Y C
C T J V K H I S T O R Y Z W
L H C T R X A F R E E D O M
L L I B E R T Y U O R N A X
H Y S C P R I D E I P S S X
W T V A Y A E N O K N W U R
S B M G N J U L Y D A U M G
E N E O F A M I L Y T G M F
F I R E W O R K S W I L E C
G R N I Y B V B J Q O O R D
H G A T M I M I N Z N D R I
Q T E P A T R I O T I S M E
I N D E P E N D E N C E G M
W Q D C B O O U U V E E L M

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FIREWORKS
HISTORY
JULY
PRIDE

LIBERTY
DECLARATION
FAMILY
INDEPENDENCE

NATION
SUMMER
PATRIOTISM
FREEDOM