

**WE ARE
OPEN!!**

Open Monday- Friday

9am-3pm

**Daily coffee is on
starting at 9am.**

Bingo meal sponsor:

Feb 3rd Centerburg Pointe

**Feb 10th Centerburg
Respiratory**

**Feb 17th Laurels of Mt
Vernon**

**Feb 24th – Eggman's
Eatery**

Our service area includes:

Centerburg Village

Milford Twp

Hilliar Twp

Liberty Twp

**You must be age 60 or up
to join in activities at the
center. If you live
outside of our service
area you are still
welcome to come and
join us for daily activities.**

Centerburg Senior Services

182 W. Houck St, Centerburg

740-625-5056, M-F 9am-3pm

**Happy
Valentine's Day!**



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**Pancake breakfast February 14th 9:30am-
11am**

Come and go as you please from 9:30-11am and join us for
pancakes & coffee on Feb 14th. CSS will be making
pancakes, grab some along with a seat and meet someone
new! COJFD will provide cupcakes and will be helping us
serve!

**Closed on Monday Feb 21st for Presidents Day. Center will
be closed, and no Meals will go out. Please mark your
calendar now!**

Euchre on Friday's is back!!!!

Since the center is going back to 5 days a week now, we
have brought back Euchre on Friday afternoons. The more
the merrier! We have plenty of tables for multiple people.
Come as a team or as an individual and have fun.

Meals on Wheels

If you are over the age of 60 and live in our service area, you are eligible for free meals delivered to your door. All you must do is call us at 740-625-5056 to sign up!

We have welcomed AnnaMarie Smith back to our team, she is now the Meals on Wheels Manager! Our program has grown so much, we felt a manager for the program was needed so we could grow the center's activities even more! If you would like to join MOW, call the center and we will have AnnaMarie contact you immediately!

Snacks are always out along with coffee, hot tea, hot cocoa & water. Please drop a donation in and help yourself!

February 14th Painting class 1PM



Please call and sign up to be in our first painting class of the year! Angie McCutcheon is coming back! Just like before, painting cost is \$10.00 due at time of the painting to Angie. We will go back to once-a-month paintings. After your 5th painting with us, CSS will pay for your 6th painting if you are in our service area!

Midweek Movie Wednesday @ 12:30PM

We will show a movie and have a light lunch. If you would like to bring something to share, please feel free to do so.

Wednesday Feb 2nd we are showing "Queen Bees"

Serving grilled cheese & tomato soup

Wednesday Feb 9th – we are showing "What Women Want"

Serving Ham Salad Sandwich & potato Chips

Wednesday Feb 16th we are showing "Dodgeball"

Serving hotdogs & potato chips

Wednesday Feb 23rd – we are showing "First Man"

Lunch TBD

2022 Board Members

Terry Bumpus – President
 Jeff Perry – Vice President
 Skip McWilliams
 Todd Sands
 Fred Altizer
 Sarah Johnson
 Janet Rogers

2022 Staff members

Lisa Wilson- Director
 Crystal McElhaney- Asst.
 Director/ financial
 manager
 Bonnie Rutherford- room
 helper
 AnnaMarie Smith- Meals
 on Wheels Manager

MOW Drivers:

Amy Klugh
 Patty McDowell
 Dannette McKee

Coffee is on daily starting at 9am!
Weekly pre-set activities at the center

Tuesday's

10am strength chair exercises with Missy Lamp
 1pm Cards – game 3-13

Wednesday's

11am Cardio Drumming with Missy Lamp
 12:30pm Movie Wednesday (will eventually change to
 biweekly come Spring)

Thursday's

10am Yoga with Missy Lamp
 1pm Bingo/lunch

Friday's

1pm Euchre

We will have other activities worked in throughout the month, but these scheduled events are preset every month. Read the newsletters to know what all is going on.

If you want to try an activity, come on in, you won't know if you like it if you don't give it a try!

Centerburg Senior Services was awarded \$5,000 a winner of Knox County Foundation's "GivingBACKTuesday" campaign.

Thank you to everyone that nominated us! This money is going towards repairs at our new location!

THANK YOU, KNOX COUNTFOUNDATIONS!



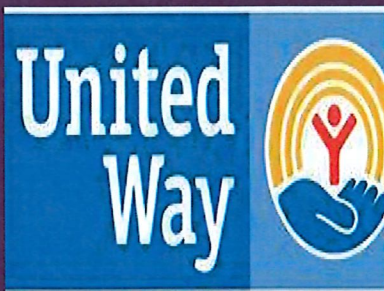
**KNOX COUNTY
 FOUNDATION**

*** NEW ***

We are starting up a new craft class with Angie McCutcheon!

**First craft class will be
Friday Feb 25th**

Cost is \$5.00 **IF YOU LIVE IN OUR SERVICE AREA**, because CSS will use some grant money to cover remaining cost. If you live outside of our service area cost is \$15.00 All money goes towards the materials and Angie teaching the class. Here is what we will make! Each month we will have a new craft. Please call if you would like to be added to the class!



Centerburg Senior Services has applied for a large grant with Knox County Foundation to do repairs such as electric needs, siding the building, basement drainage system and much more, and we are diligently working on the Knox County Senior Levy grant as well, due Feb 18th! Busy, busy, busy!!

CRAFT CLASS

Feb 25th at 1pm



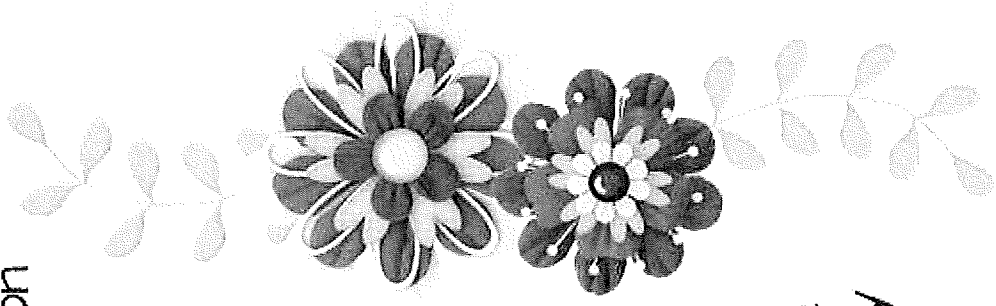
**THANK YOU, United Way of
Knox County for fulling funding
our 2022 exercise programs!!**

February

2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|---|---|---|----------|
| | | 1 Chair strength Exercise 10am 3-13 card game 1pm | 2 Cardio Drumming 11am Midweek Movie 12:30pm "Queen Bees" | 3 Yoga 10am Bingo 1pm Meal: Centerburg Pointe | 4 Euchre 1pm | 5 |
| 6 | 7 | 8 Chair strength Exercise 10am 3-13 card game 1pm | 9 Cardio Drumming 11am Midweek Movie 12:30pm "What Women Want" | 10 Yoga 10am Bingo 1pm Meal: Centerburg Respiratory | 11 Euchre 1pm | 12 |
| 13 | 14 Pancake breakfast 9:30-11am Painting class 1pm | 15 Chair strength Exercise 10am 3-13 card game 1pm | 16 Cardio Drumming 11am Midweek Movie 12:30pm "Dodgeball" | 17 Yoga 10am Bingo 1pm Meal: Laurels of Mt Vernon | 18 Euchre 1pm | 19 |
| 20 | 21 CLOSED Presidents Day | 22 Chair strength Exercise 10am 3-13 card game 1pm | 23 Cardio Drumming 11am Midweek Movie 12:30pm "First Man" | 24 Yoga 10am Bingo 1pm Meal: Eggman's Eatery | 25 Euchre 1pm (Big room) Valentine Craft 1pm (dining room) | 26 |
| 27 | 28 | | | | | |
| | | | | | | |

Ball Gown
 Boyfriend
 Cards
 Chocolate
 Conversation
 Hearts
 Crush
 Date
 Diamond
 Fairy Tale
 Girlfriend
 Heart
 Love Song
 Pink
 Proposal
 Red
 Romantic
 Serenade
 Slow Dance
 Strawberry
 Sunset
 Tuxedo
 Valentine



Happy Valentine's Day!

Chicken Scratch NY

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