

Centerburg Senior Services
182 W Houck St, Centerburg
740-625-5056 Open M-F 9am-3pm
October 2022 Newsletter



***** CLOSED Monday Oct 10th *****

Columbus Day. No meals, no activities.

Movie Monday – 2 movies in October!

“Going in Style” Oct 24 @ 1pm starring Morgan Freeman

Cheated out of their pensions, three lifelong friends hatch a plot to rob a bank.

Light lunch: Grilled Cheese and tomato soup

“Elvis” starring Tom Hanks Oct 31 @ 1pm We will serve some pizza for this movie, so please RSVP.

OCTOBER PUBLIC SPEAKERS MEDICARE & HUMANA

Medicare & Humana Speakers – Open to all adults in the public, water & coffee provided

- Doug Brandon will be here Oct 5th 12:30-2:30pm to discuss and answer questions regarding **Medicare and enrollment.**
- Rachel Schultz will be here Oct 12th 1-3pm to discuss and answer questions regarding **Humana and enrollment.**

**We encourage anyone eligible or close to being eligible to attend, take notes &
ASK QUESTIONS**



Painting class Monday October 3rd at 1pm with Angie! Class is \$10.00, please call to be added to the list!

October Bingo sponsors and schedule

Oct 6th – ReMax PEAK – caller Tyler Griffith.

**** ALSO OCT 6th - COJFD doing health checks from 12pm-1pm here ****

Oct 13th – Country View, caller Katherine

Oct 20th – Laurels of Mt Vernon, caller Gerry Geddie

Oct 27th – Humana, caller Rachel Schultz – HALLOWEEN DRESS UP!!!

~Massages with Katie Thomas~

Monday Oct 17th from 11am-1:30pm. Cost is \$10.00 for a 15 min massage. You will walk out feeling like a new person, Katie is wonderful!! You must sign up for an appointment, if interested just give us a call!

Activities every day at the center. We are open Monday-Friday 9am-3pm. Stop by for an activity or just a visit!

-Meals on Wheels –

We offer a hot meal delivered Monday through Friday for anyone living inside the village, Liberty, Hilliar or Milford Townships. We do ask for a recommended \$3.00 per meal donation. To make it easy you can mail a payment to us at 182 W Houck St OR just leave in your cooler or hand to our driver. Money needs sealed in an envelope with your name on the front. Amy will turn in envelopes to the center for you!

Staff members: Lisa Wilson, Bonnie Rutherford, Lisa Keen, Patty McDowell and Amy Klugh.

Board members: Terry Bumpus, Jeff Perry, Skip McWilliams, Todd Sands, Fred Altizer, Sarah Johnson, Janet Rogers

***THANK YOU, LUANNE MANLEY, FOR MAKING UP OUR CSS
WORDSEARCH FOR THIS MONTH!***

You asked for a trip – here it is!!

Where: Ohio Star Theater – Sugar Creek, OH

When: Tuesday Nov 29th bus leaves at 9:30am

Price per person is \$65.00 – check or cash

- **Price includes your bus ticket, meal ticket and show ticket. Bring extra money if you would like to shop at any of the gift stores on the property after the show!**

Expected ETA home: 5:00-5:30pm

The show we will see is:

“Our Christmas Dinner” the unexpected when an unlikely mix of strangers and kinfolk are thrown together in the middle of a snowstorm. Our Christmas Dinner is a hilarious look at family tradition, holiday expectations, and the real meaning of Christmas. A heaping scoop of humor, a slice of family memories, and some unexpected surprises all serve up The Most Wonderful Meal of the Year!

HOW THIS WILL WORK:

- **We will start taking names & money for the trip on Oct 10th.** We have roughly 45 seats available, once we have filled them, we are full, so it's first come first serve.
- Stop in to sign up and have your \$65.00. This will be paid up front and is nonrefundable. We will not sign up over the phone.
- Once bus is full, we will have an on-call list.
 - If you are not able to go and someone on the on-call list can fill your seat, then we will refund at that time. If no one can fill your seat, no refund.
- If you are need of help, you **MUST** have a caregiver come with you. Their cost will also be \$65.00.
- Bus arrives in the Centerburg Church of Christ parking lot (park in the back of lot towards the high school) at 9am Nov 29, we will be loaded and **LEAVING** at 9:30am sharp!
- Arrival time to Sugar Creek is 11am.
- We will off load, use restrooms & get seated so we can eat at 11:30am and will finish at 12:30pm
 - Family style serving roast beef & ham, green beans, mashed potatoes, stuffing, salad and dessert
- Show starts at 1pm lasts 90 mins (ending 2:30pm)
- Shop from 2:30-3:30pm – load bus and leave 3:45 or shortly after

A	C	S	S	A	L	C	G	N	I	T	N	I	A	P
M	E	A	L	S	O	N	W	H	E	E	L	S	B	C
D	N	E	R	G	O	H	S	I	J	K	I	L	M	N
O	T	P	Q	G	R	S	T	K	U	V	S	W	X	Y
Z	E	A	N	B	F	U	N	C	O	P	A	T	T	Y
D	R	I	E	F	G	H	I	J	K	O	W	L	M	N
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S	U	T	E	M	M	A	U	V	W	N	X	Y	Z	A
B	R	C	D	O	E	M	F	G	H	D	I	J	K	L
Q	G	P	O	V	N	Y	G	C	O	F	F	E	E	M
R	S	S	T	I	U	V	A	W	X	Y	Z	A	B	C
M	E	L	K	E	J	I	R	H	G	F	E	D	M	S
G	N	I	M	M	U	R	D	O	I	D	R	A	C	G
N	I	O	P	O	Q	R	E	S	T	U	S	B	V	A
Y	O	G	A	N	B	A	N	Z	Y	S	X	A	W	B
C	R	D	E	D	F	G	S	H	A	I	J	R	K	D
U	S	T	S	A	R	Q	P	G	O	N	M	R	L	R
V	E	W	X	Y	Y	Z	E	U	C	H	R	E	A	A
L	R	K	J	I	H	S	G	F	E	D	C	F	B	Z
M	V	N	O	P	Q	R	S	E	L	Z	Z	U	P	Z
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N	S	O	P	Q	R	S	T	F	R	I	E	N	D	S

AMY
 BARRE FUSION
 BINGO
 BLIZZARD BAGS
 BONNIE
 BOOKS
 CARDIO DRUMMING

CENTERBURG SENIOR SERVICES
 COFFEE
 EMMA
 EUCHRE
 EXERCISE
 FRIENDS
 FUN

GARDENS
 LISA K
 LISA W
 MESSAGES
 MEALS ON WHEELS
 MOVIE MONDAY

PAINTING CLASS
 PATTY
 POUND
 PUZZLES
 UNITED WAY
 YOGA

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>10am - "Pound" Exercise 1pm - Painting Class</p>	<p>4</p> <p>10am - Chair Strength Exercise 1pm - Cards</p>	<p>5</p> <p>10am - Cardio Drumming 12:30pm - Medicare Speaker</p>	<p>6</p> <p>10am - Gentle Yoga 12pm - CCJFD health checks 1pm - Bingo</p>	<p>7</p> <p>10am - Cardio Drumming 1pm - Euchre</p>
<p>10</p> <p>Columbus Day - Closed, No meet</p>	<p>11</p> <p>10am - Chair Strength Exercise 1pm - Cards</p>	<p>12</p> <p>10am - Cardio Drumming 1pm - Humana Speaker, Rachel</p>	<p>13</p> <p>10am - Gentle Yoga 1pm - Bingo</p>	<p>14</p> <p>10am - Cardio Drumming 1pm - Euchre</p>
<p>17</p> <p>10am - "Pound" Exercise 11:30am - Messages</p>	<p>18</p> <p>10am - Chair Strength Exercise 1pm - Cards</p>	<p>19</p> <p>10am - Cardio Drumming</p>	<p>20</p> <p>10am - Gentle Yoga 1pm - Bingo</p>	<p>21</p> <p>10am - Cardio Drumming 1pm - Euchre</p>
<p>24</p> <p>10am - "Pound" Exercise 1pm - Movie Monday</p>	<p>25</p> <p>10am - Chair Strength Exercise 1pm - Cards</p>	<p>26</p> <p>10am - Cardio Drumming</p>	<p>27</p> <p>10am - Gentle Yoga 1pm - Bingo</p>	<p>28</p> <p>10am - Cardio Drumming 1pm - Euchre</p>
<p>31</p> <p>10am - "Pound" Exercise 1pm - Movie Monday</p>	<p>1</p> <p>10am - Chair Strength Exercise 1pm - Cards</p>	<p>2</p> <p>10am - Cardio Drumming</p>	<p>3</p> <p>10am - Gentle Yoga 12pm - CCJFD health checks 1pm - Bingo</p>	<p>4</p> <p>10am - Cardio Drumming 1pm - Euchre</p>