

**Closed for Labor
Day Monday
September 5th.
No activities, no
meals delivered.**

**Senior Resource
Day**

**Wednesday
September 21st**

**First Church of
the Nazarene**

**807 Coshocton
Ave Mt Vernon**

10a-1pm

Free admission

**Free rides-
(contact KAT)**

**Lots of
information &
freebies**

**Free lunch
provided**

**Chance to win
door prizes**

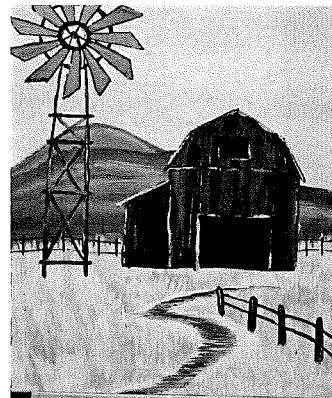
Centerburg Senior Services
182 W. Houck St Centerburg
740-625-5056 M-F 9am-3pm

September 2022 Newsletter



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Join us for a cookout FRIDAY SEPTEMBER 2nd at 12pm. Grilled hamburgers provided by Twist & Shake, hotdogs from CSS and cookies from The Burg's Scoops Café. This is a potluck, so please bring a side dish or dessert. Grab a yummy plate of food and make some new friends as you visit with one another! Summer is about over, lets enjoy!!



PAINTING CLASS IS TUESDAY SEPTEMBER 13th at 10:30AM

*****New day and time for September*****

Class is for anyone age 60 or over, cost is \$10.00
Please sign up if you would like to attend. Call us or stop
by to sign up.

Angie McCutcheon from Paint Parties for Fun is instructor.

Grandparents Day
Sunday
September 11th

Massages

September 19th

11a-1:30p

**Cost is \$10.00 for 15
 mins**

**If you sign up, please
 show up.**

Bingo sponsors

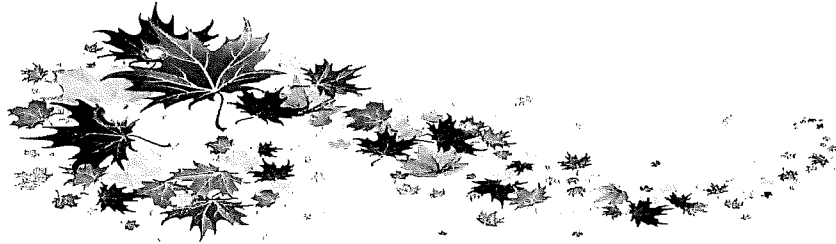
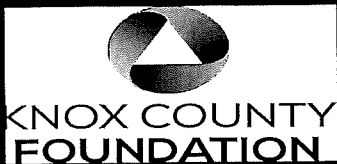
**1st – ReMax Peak
 Realty-Tyler Griffith**

**8th – CountryView
 Sunbury**

**15th – Laurels of Mt
 Vernon**

**22nd – Bouncin' Bean
 Roger Bishop**

**29th – CountryView
 Sunbury**



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FALL

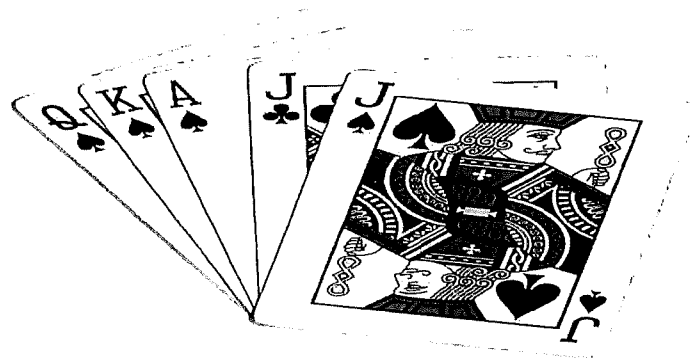
HARVEST PARTY w/ Humana **Wednesday September 14th 1pm-3pm**

Rachel Schultz, sales rep for Humana, is hosting a fun filled afternoon! There will be stations for fall crafts, pumpkin cookie decorating, pumpkin painting and trivia questions with prizes. Refreshments will be apple cider & pumpkin and fall treats. Please let us know if you are coming so we can plan accordingly! Call us 740-625-5056 or stop by and sign up!

GRANDPARENTS
fill the world
with LOVE

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**CARDS (3-13) TUESDAY 1pm & CARDS (EUCHRE)
 FRIDAY 1PM**



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FLU SHOTS FRIDAY

**Sept 30th
9:30 – 11:30am**

**PUBLIC EVENT
OPEN TO ALL
AGES**



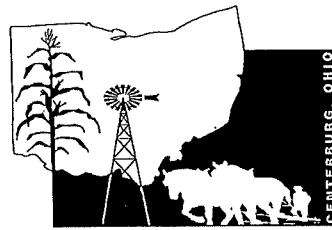
See the attached calendar for all our daily event or look us up at www.centerburgseniorservices.com for our calendar. Follow us on Facebook

CSS Staff:

- Lisa Wilson**
- Bonnie Rutherford**
- Lisa Keen**
- Patty McDowell**
- Amy Klugh**
- Emma Winings**

Funding is thru Knox County Senior Levy & Community donations. Grants for our exercise program come from the United Way of Knox County

United Way



Farming Festival September 17th & 18th at Memorial Park. Centerburg Senior Services will have a pie in the auction!

****NEW**HEALTH CHECKS Sept 1st**

First Thursday of every month, starting September 1st, COJFD will be in for health checks from 12pm-1pm (until Bingo starts) for those that want one. They can check BP, sugar, basic EKG, take oral temperatures and schedule in home checks if you wish.

Movie Monday

September 12th 1pm

“The Bucket List”

Light lunch will be provided

Meals on Wheels – serving the Centerburg Village, Milford, Liberty & Hilliar township. Must be over age of 60. Recommended donation is \$3.00 per meal. If interested in more information, please contact us.

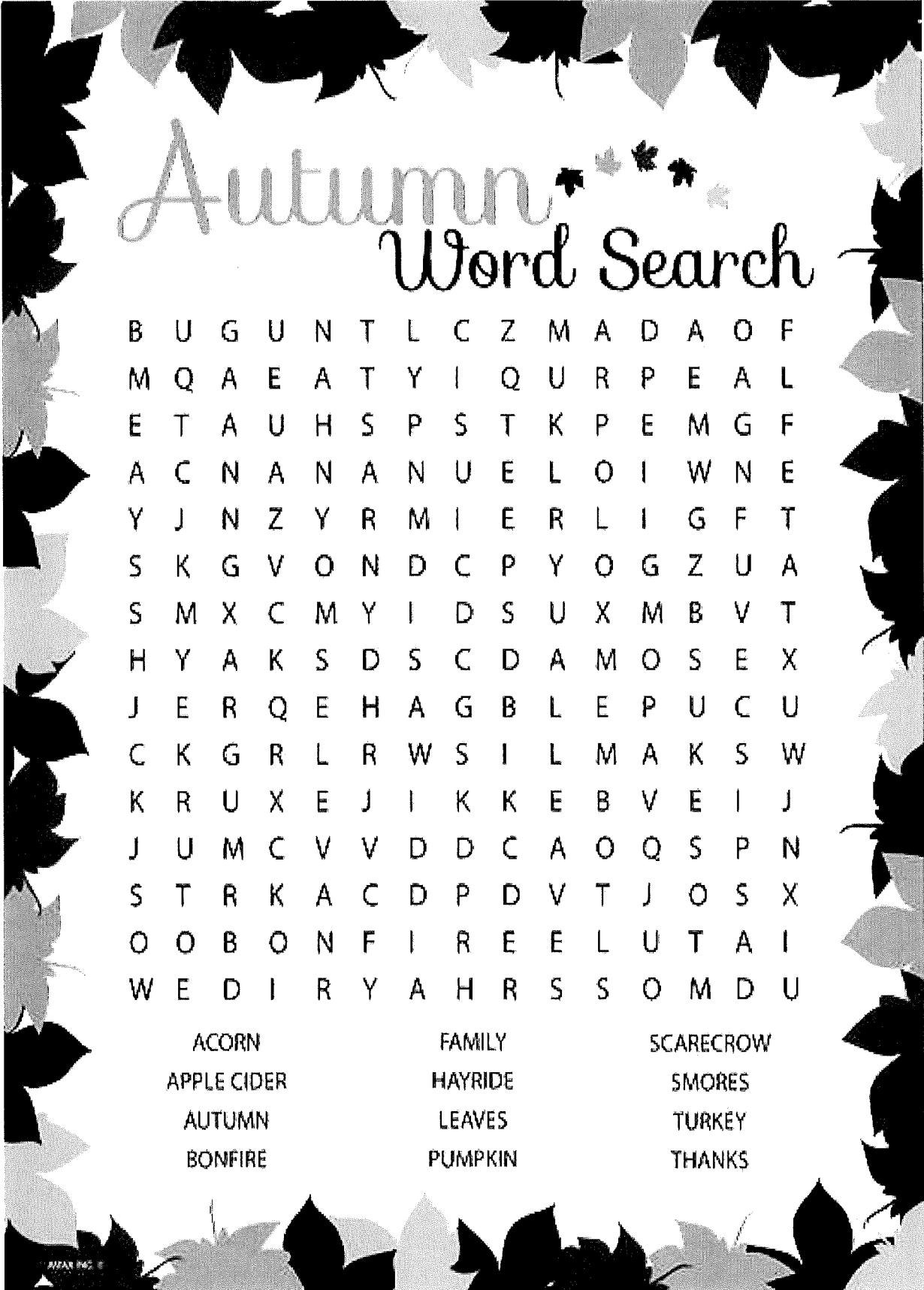
Change in our staff~

Anna Smith put in her notice and is working more at the Bouncin’ Bean in Croton. We wish her well, stop in and see her sometime! Bouncin’ Bean is a Bingo Meals sponsor on Sept 22nd.

In her place, we have brought back Patty McDowell. Patty delivered meals for us for a year. You will now see her helping at the center a day or two a week and she will be managing all the meals for our MOW routes. Please welcome her back!

2022 Board of Trustees

- Terry Bumpus, Jeff Perry, Skip McWilliams, Fred Altizer, Todd Sands, Sarah Johnson & Janet Rogers**



Autumn Word Search

B U G U N T L C Z M A D A O F
M Q A E A T Y I Q U R P E A L
E T A U H S P S T K P E M G F
A C N A N A N U E L O I W N E
Y J N Z Y R M I E R L I G F T
S K G V O N D C P Y O G Z U A
S M X C M Y I D S U X M B V T
H Y A K S D S C D A M O S E X
J E R Q E H A G B L E P U C U
C K G R L R W S I L M A K S W
K R U X E J I K K E B V E I J
J U M C V V D D C A O Q S P N
S T R K A C D P D V T J O S X
O O B O N F I R E E L U T A I
W E D I R Y A H R S S O M D U

ACORN
APPLE CIDER
AUTUMN
BONFIRE

FAMILY
HAYRIDE
LEAVES
PUMPKIN

SCARECROW
SMORES
TURKEY
THANKS