

## September 2026 Newsletter

### TRIP INFO

Reds Game Sept 2<sup>nd</sup>

If you signed up for  
the trip –

Meet at Centerburg  
Church of Christ, load  
bus 8:15 ish, bus leaves  
at 8:30am sharp!

Pit stop on the way  
down AND the way  
back from Cincinnati

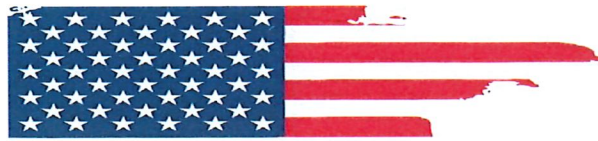
Arrive back at the  
Church around 7pm

Stadium is cashless, so  
pay with card.

You are responsible  
for your food and  
drinks at rest stop &  
stadium.

## Centerburg Senior Services

182 W Houck St, Centerburg OH 740-625-5056 M-F 9am-3:30pm



H A P P Y  
LABOR DAY

*Closed Monday September 7<sup>th</sup> to observe Labor Day*

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***DINNER IS OPEN TO THE COMMUNITY REGARDLESS OF AGE***

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We have all the noodles, cheese, bread sticks, salads donated by Capital City Hospice, Luminary Hospice, Johnstown Pointe, Country View of Sunbury, Country Club, Centerburg Pointe and Laurels of Mt Vernon.

**We are looking for donation of jars/cans of pasta sauce.** If we can have clients bring in jars of plain pasta sauce, we will mix them all together and add spices. Start bringing in jars/cans now.

## LOOK BELOW

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### Watts Restaurant AND Legend Hills Orchard

Did we get your  
attention??

TUESDAY Sept 15<sup>th</sup>  
@ 11AM

Come join us as we  
meet at Watts

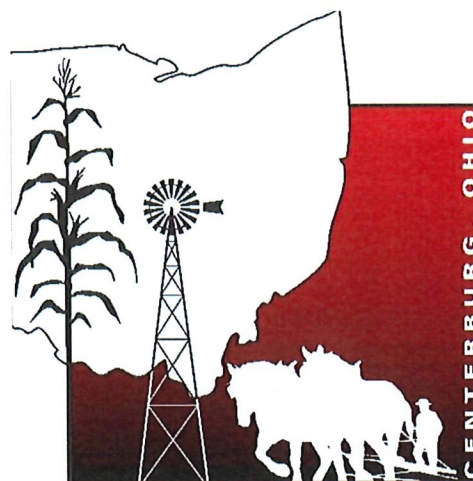
77 S. Main St Utica

We sit as a group,  
everyone pays their  
own way.

Find some friends to  
carpool!

After we eat, we are  
going to venture over  
to Legend Hills  
Orchard 11335  
Reynolds Rd Utica to  
shop locally!

While we are in Utica,  
stop in at Sugar and  
Spice if you want at  
50 W Columbus Rd  
for sweet treats!



## Oldtime Farming Festival September 19<sup>th</sup> & 20<sup>th</sup>

We will have our tent there with baked goods under it. **We are looking for bakers!** If you can help us, please do, the money we raise stays at the center! We put it towards activities, trips, parties etc. (fun stuff)!

Looking for any dessert that can stand being out in the heat. Variety of cookies, dessert breads, brownies, rice krispie treats, fudge, buckeyes, caramel corn etc. We will need everything starting Sept 14th no later than Sept 17<sup>th</sup> so we can bag and label items.

Let us know if you can help and what you can bake! We will have shifts available to work the tent as well. Look for sign up!

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### *Exciting news – We have a washer / dryer at the center*

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We purchased a front load washer and dryer to have at the center. It will be in the bathroom at the front of the building (new bathroom). We will use it to wash stuff at the center and for seniors to use to do a load of laundry. We will have a sign-up sheet. You will be responsible for your own detergent and fabric softener. We will have a waiver for you to sign once stating we the employees and the center are not responsible for any damaged or lost clothing. You will be expected to stay at the center while you have laundry running. Bring a book, watch TV or enjoy an activity. Washer and dryer will be available for use M-F during center hours starting September 8th.

## Senior Resource Day Wed Sept 16th

Senior Resource Day will be Wednesday September 16<sup>th</sup> at the First Church of the Nazarene. Open to all Knox County residents. Go and talk to home health companies, KCH, Mobility Management, funeral homes etc.

Knowledge is power!

Event is 10am -1pm  
Lunch is provided.  
Door prizes and lots of freebies!

First Church of the  
Nazarene  
807 Coshocton Ave  
Mt Vernon

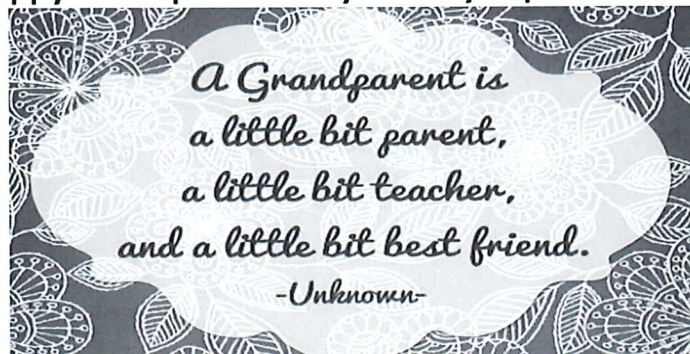
*Our center will remain  
open that day, business  
and activities as usual.*

## Painting class Monday September 14<sup>th</sup>



Time: 1pm, cost: \$10.00 per painter. Open to anyone 60 or over! Come give it a try, it isn't as hard as you may think!!

## Happy Grandparents Day Sunday September 13<sup>th</sup>!



## Pumpkin Puzzle Wall Hanger Craft

Tuesday Sept 29<sup>th</sup> 10:30AM

Cost \$5.00

Make a pumpkin out of puzzle pieces! Sign up and prepay so we can buy supplies in advance!



## FLU SHOTS

*Knox County Health Dept  
will be here again for their  
annual Flu Shot / Covid  
Shot clinic*

*Sept 30<sup>th</sup>*

*9:30am- 11:30am*

*Bring your insurance card.*

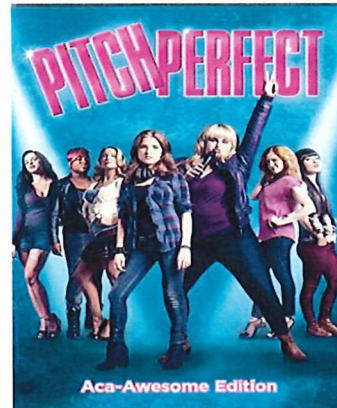
*All ages welcome!*

*No preregistration needed,  
just stop in.*

*This has no affiliation with  
CSS. We allow them to  
use our building and serve  
the community.*

*Our activities will go on as  
normal that day.*

Fun Friday movie – Sept 11<sup>th</sup> @ 11AM, donuts from Hometown



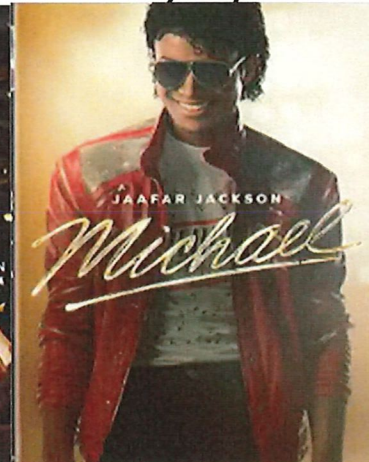
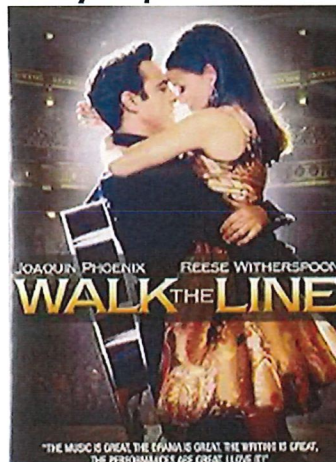
Arriving at her new college, Beca (Anna Kendrick) finds herself not right for any clique but somehow is muscled into one that she never would have picked on her own: alongside mean girls, sweet girls and weird girls whose only thing in common is how good they sound when they sing together.

### Monday Movies based on true stories

Lunch provided by Bennington Glenn

**Monday Sept 21<sup>st</sup> 1PM**

**Monday Sept 28<sup>th</sup> 1PM**



Walk The Line - The life of music legend Johnny Cash and his volatile relationship with June Carter take center stage in this musical bio.

MICHAEL - Is the cinematic portrayal of the life and legacy of one of the most influential artists the world has ever known. The story recounts Michael's life beyond music, tracing his journey from the Jackson 5 to becoming the biggest entertainer in the world

| Mon                                                                                                                  | Tue                                                                                                             | Wed                                                                                                                                           | Thu                                                                                                                  | Fri                                                                                                        |
|----------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| <div>31</div> <div>9am - Train Dominio's</div> <div>10am - Cardio drumming BIG</div> <div>10:30am - Craft</div>      | <div>1</div> <div>10am - LIVE chair exercise</div> <div>1pm - Cards</div>                                       | <div>2</div> <div>Center Closed</div> <div>TRIP TO REDS GAME</div>                                                                            | <div>3</div> <div>10am - Gentle Yoga on Big</div> <div>12pm - COJFD health checks</div> <div>1pm - Bingo Remax</div> | <div>4</div> <div>10am - Cardio Drumming</div> <div>1pm - Euchre</div>                                     |
| <div>7</div> <div>Closed for Labor Day</div>                                                                         | <div>8</div> <div>10am - LIVE chair exercise</div> <div>1pm - Cards</div>                                       | <div>9</div> <div>9am - Hand &amp; Foot</div> <div>10am - Big screen exercise</div> <div>1pm - Canasta</div>                                  | <div>10</div> <div>10am - Gentle Yoga on Big</div> <div>1pm - Bingo - Country Club</div>                             | <div>11</div> <div>10am - Cardio Drumming</div> <div>11am - Fun Friday Movie</div> <div>1pm - Euchre</div> |
| <div>14</div> <div>9am - Train Dominio's</div> <div>10am - Cardio drumming BIG</div> <div>1pm - Painting Class</div> | <div>15</div> <div>10am - LIVE chair exercise</div> <div>11am - Watts/Legend Hills</div> <div>1pm - Cards</div> | <div>16</div> <div>9am - Hand &amp; Foot</div> <div>10am - Big screen exercise</div> <div>10am - Resource Day</div> <div>1pm - Canasta</div>  | <div>17</div> <div>10am - Gentle Yoga on Big</div> <div>1pm - Bingo - Laurels of Mt</div>                            | <div>18</div> <div>10am - Cardio Drumming</div> <div>1pm - Euchre</div>                                    |
| <div>21</div> <div>9am - Train Dominio's</div> <div>10am - Cardio drumming BIG</div> <div>1pm - Movie Monday</div>   | <div>22</div> <div>10am - LIVE chair exercise</div> <div>1pm - Cards</div>                                      | <div>23</div> <div>9am - Hand &amp; Foot</div> <div>10am - Big screen exercise</div> <div>1pm - Canasta</div> <div>5pm - Lasagna Dinner</div> | <div>24</div> <div>10am - Gentle Yoga on Big</div> <div>1pm - Bingo - Centerburg</div>                               | <div>25</div> <div>10am - Cardio Drumming</div> <div>1pm - Euchre</div>                                    |
| <div>28</div> <div>9am - Train Dominio's</div> <div>10am - Cardio drumming BIG</div> <div>1pm - Movie Monday</div>   | <div>29</div> <div>10am - LIVE chair exercise</div> <div>10:30am - Craft Day</div> <div>1pm - Cards</div>       | <div>30</div> <div>9am - Hand &amp; Foot</div> <div>9:30am - FLU Shots</div> <div>10am - Big screen exercise</div> <div>1pm - Canasta</div>   | <div>1</div> <div>10am - Gentle Yoga on Big</div> <div>12pm - COJFD health checks</div> <div>1pm - Bingo Remax</div> | <div>2</div> <div>10am - Cardio Drumming</div> <div>1pm - Euchre</div>                                     |

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**DIRECTIONS:**  
Find and circle the  
vocabulary words  
in the grid. Look  
for them in all  
directions including  
backwards and  
diagonally.

# HAPPY Grandparents DAY

## APPRECIATION

CARD

CHILDREN

COOKIES

FAMILY

FORGET-ME-NOT

GIFT

GRANDMA

GRANDPA

GRANNY

GUIDANCE

HERITAGE

HONOR

HUGS

## INFORMATION

MEMAW

MEMORIES

NANA

OMAH

PEEPAW

STORIES

STRENGTH

VISIT

WISE

