

**September 2025**

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Tailgate parties are back!

Join us at the center on a Friday evening as we live stream the Centerburg Football games when they are available.

Bring a snack to share and we will do a potluck! Door opens back up at 6:45pm, games start at 7pm.

Farming Festival  
September 20 & 21

We need bakers to make some bake goods for under our tent. This is a GREAT fundraiser for us! Please call us if you can help!

Sept 16<sup>th</sup>

Making buckeyes for the festival tent.

Two shifts 8-10am

Or 1-3pm

Can you help us?

# Centerburg Senior Services

**182 W Houck St, Centerburg**

**740-625-5056 Monday – Friday 9am – 3:30pm**



*Painting class Sept 8th @ 1PM*

*Cost is \$10.00, please pay when signing up.*



**COMMUNITY FUNDRAISER, Open to everyone!**

**Monday Sept 8<sup>th</sup> 4:30 – 6:30 pm.**

**Homemade Lasagna dinner for a donation made to the center! Dine-in OR carryout!**

## **FLU SHOTS**

Friday Sept 26<sup>th</sup>

9am – 11am

Open to the public!

## **Farmers Market**

Last day for senior tokens at the Farmers Market is Thursday September 4<sup>th</sup> in Centerburg.

Mt Vernon Farmers Market runs through October 4<sup>th</sup>

## **COLOR STREET NAILS**

September  
26<sup>th</sup>

10am – 12pm

Jessie Whitley comes in monthly and brings in Color Street nail packages for you to choose from for FREE. She will put them on for you!

Schedule your appointment now!

## **Grandparents Day potluck Friday Sept 5<sup>th</sup> 12pm -1 pm**

Come join us as we take time to celebrate Grandparents Day (Sept 7<sup>th</sup>) a little early! Hot dogs provided. Please bring a side or dessert! Take time to grab lunch with us. We will play Euchre at 1pm.

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### ***Bus trip coming up - October 29th***

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Sign up starting now. If you are 60 or over living in Knox County, come join us as we travel to Der Dutchman in Plain City for brunch. You are responsible for your cost of food. We will then head onto the National Museum of the Air Force in Dayton. On the way back from Dayton we will make a pit stop at a Sheetz to stretch and use restrooms. Feel free to grab a snack.

Knox County residents - bus cost FREE

Out of County residents can start signing up Oct 1<sup>st</sup>. Bus cost would be \$27.50 per person (bus seat cost)

Everyone will be responsible for their food cost.  
Airforce museum - Free. Cost of scooters Free.

### **How the trip will work:**

**Will have details soon on where we are loading bus!**

**Bus leaves at 9AM Sharp**

**Arrive at Der Dutchman 10AM**

**Leave Der Dutchman by 11:30AM, arrive in Dayton around 12:30PM.**

**We will leave Dayton 3PM**

**Stop at Sheetz in Springfield around 3:45PM (30 min stop)**

**Arrive at Centerburg 5:30PM**



## Movies in September

Monday Sept 15th 1PM

### "Welcome to Mooseport"

Released 2004

Starring Gene Hackman &  
Ray Raymano

Friday Sept 12<sup>th</sup> 11AM

### Live action "Stitch"

Released 2025

Monday Sept 29<sup>th</sup> 1PM

### "My Life in Ruins"

Released 2009

Starring Richard Dreyfuss  
& Nia Vardalos

Friday donut sponsor  
Hometown Market

Monday meal sponsor  
Brookdale Senior Living

## Mollie West is back!

We will go back to live classes starting in September! Mollie is excited to be back in action. We have noticed the videos on the large screen have been a hit so we will SWITCH that class to Wednesday at 10am. This will make four classes a week of exercises.

## Craft class with Judy Litzenberg

Monday September 22<sup>nd</sup> 1pm

Painting a gourd chicken.

BY DONATION.

This class is limited; 20 seats are available. Once class is full, it is full. Recommended \$15.00 donation. Pay when signing up.



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Closed Monday September 1<sup>st</sup> for Labor Day!  
Center is closed, no meals on wheels will go out.

Closed September 17<sup>th</sup> for Resource Day – meals WILL go out  
like normal!

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### Meals on Wheels

Available in Milford, Liberty, Hilliar Twp and inside the village. We deliver Monday – Friday. Meals prepared by KCH, all low sodium. We ask for a recommended \$3.00 donation per meal. If this puts you in a financial bind, please let us know! Call to sign up!



**Knox County Task Force for Older Adults**

**Presents the**

**Sam Ingraham**

**Senior Resource Day**

**September 17th, 2025**

**10AM to**

**1PM**

**First Church of the Nazarene**

**807 Coshocton Ave**

**Mt Vernon, OH 43050**

**Lunch will be provided.**

**Door Prizes!**

*KAT is doing free round trip to this event. Call 740-392-7433 to schedule*

Mon	Tue	Wed	Thu	Fri
<div>1</div> <div>Labor Day</div>	<div>2</div> <div>10am - Chair strength exercise 1pm - Cards</div>	<div>3</div> <div>9am - Hand &amp; Foot 10am - Big screen exercise 1pm - Canasta</div>	<div>4</div> <div>10am - Gentle Yoga 12pm - COJFD health checks 1pm - Bingo 4:30pm - Last farmers market</div>	<div>5</div> <div>10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate</div>
<div>8</div> <div>1pm - Painting Class 4:30pm - Community dinner</div>	<div>9</div> <div>10am - Chair strength exercise 1pm - Cards</div>	<div>10</div> <div>9am - Hand &amp; Foot 10am - Big screen exercise 1pm - Canasta</div>	<div>11</div> <div>10am - Gentle Yoga 1pm - Bingo</div>	<div>12</div> <div>10am - Cardio Drumming 11am - Movie 1pm - Euchre 6:45pm - Tailgate</div>
<div>15</div> <div>1pm - Movie</div>	<div>16</div> <div>8am - Make buckeyes 10am - Chair strength exercise 1pm - Cards 1pm - Make buckeyes</div>	<div>17</div> <div>Senior Resource Day in Mt</div>	<div>18</div> <div>10am - Gentle Yoga 1pm - Bingo</div>	<div>19</div> <div>10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate</div>
<div>22</div> <div>1pm - Craft with Judy</div>	<div>23</div> <div>10am - Chair strength exercise 1pm - Cards</div>	<div>24</div> <div>9am - Hand &amp; Foot 10am - Big screen exercise 1pm - Canasta</div>	<div>25</div> <div>10am - Gentle Yoga 1pm - Bingo</div>	<div>26</div> <div>9am - Flu Shots 10am - Cardio Drumming 10am - Color Street Nails 1pm - Euchre</div>
<div>29</div> <div>1pm - Movie</div>	<div>30</div> <div>10am - Chair strength exercise 1pm - Cards</div>	<div>1</div> <div>9am - Hand &amp; Foot 10am - Big screen exercise 1pm - Canasta</div>	<div>2</div> <div>10am - Gentle Yoga 12pm - COJFD health checks 1pm - Bingo</div>	<div>3</div> <div>10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate</div>



# Labor Day Word Find Puzzle

Y O I B Y W J F R I P Z E T J Q Q Q D O F P U L J  
H E O W Q P P I Q Y R U N J R E B M U L P C U Z L  
S K E C R I L R N L A R D A W X X E U S T U T D G  
L U Q O R E I E Q O Q D S O Y M Y L Y T F R C B Z  
M R Q D T L A F V J I H R R C X S E D O Y N M P L  
K G U Y W G Q I Z M C T B O L S P C Z Q X O O T Z  
V U Q I U D P G Z G E J I K B G O T Z I O W K L A  
H N K A B Y S H H D E J A D O A F R E K N S K N W  
U N V X M O A T Z Q M N S M A Q L I L R A A G U I  
B A C H I E V E M E N T M W Z R N C R Y Y M G B U  
Q A U E X H R R U S R J L I H S T I Q W N T R R R  
S Q V K N K L I T C T T A P S V T A P Z S N L A O  
E N D U O T D A C U E A B V Q Y T N C B T K A J D  
C X U W T C M E O A O B O P R O S P E R I T Y P Q  
U O F D R D A N M A C K R M X A B B H M A N P W M  
R U J T I O Q T M I J D O A E A V E S R E E Z W X  
I W U N B M O H U J B O I O B L X M H Q X V Z A E  
T T X R U L K Z N N V L C U C I L X T J V W O C B  
Y I V Q T R F N I R J Q K U W U L Z W F S Z C M B  
F G C R E B M E T P E S I O Z D M Z Z O T I H O V  
T D K M R Q D O Y U W T F Z F Q N R G C O S R Z X  
T N C M N V B G P F Y F O Y E M P L O Y M E N T I

Labor  
Cookout  
Organize  
Barbecue  
Movement  
Community

America  
Tradition  
Labor Day  
Firefighter  
September  
Employment

Tribute  
Plumber  
Security  
Prosperity  
Electrician  
Achievement