

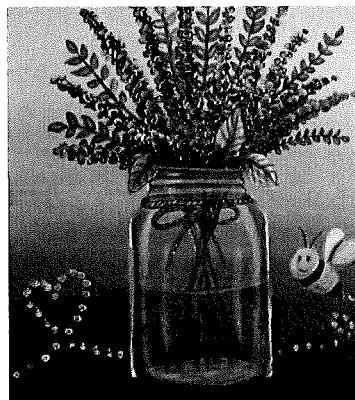
CENTERBURG SENIOR SERVICES
182 W HOUCK ST, CENTERBURG
740-625-5056 OPEN M-F 9AM-3:30PM

August 2025 Newsletter

DID YOU KNOW:

August is the eighth month of the year, named after Augustus Caesar, and is known for its warm weather, harvest celebrations, and unique holidays.

In August 1998, the American Cheese Society (ACS) dedicated the month of August to Goat Cheese with the intention of educating the public about the benefits of goat cheese



Painting class Monday Aug 4th @ 1pm

Come join us as we paint a jar of lavender with a buzzing bee circling it. Angie is a GREAT instructor. Whether you are a first-time painter or a monthly painter, she will coach you the whole way through! The cost is \$10.00 when you sign up!

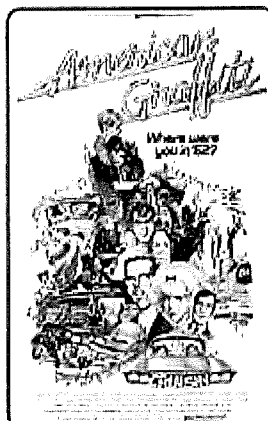
Movies in August

Speaker

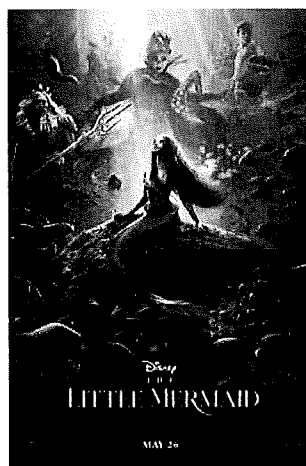
Aug 20th 10:30am

Gloria Parsisson

Discussing how Milford, Liberty and Hilliar Twps came about.



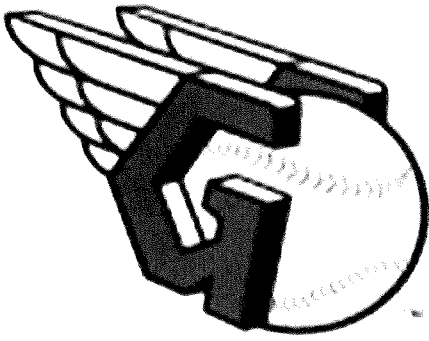
American Graffiti Monday Aug 11th 1pm – 1973 movie



Little Mermaid “Fun Friday” Aug 15th – 2024 live version



A Complete Unknown Monday Aug 25th – 2024, Bob Dillon story



AUGUST 27TH TRIP REMINDER

Just a reminder – if you signed up to go to the Cleveland baseball game here are the details:

Meet at Church of Christ 3830 Columbus Rd anytime after 9:30am. Bus will DEPART at 10am sharp. Both front row of seats on the bus is reserved for STAFF.

We will stop half way up for a pit stop. YOU are responsible for your own lunch at the game. Game starts at 1:10pm, ending roughly at 3-3:30.

Load bus after the game to head back home. One pit stop half way home. Arriving back to Centerburg roughly around 6:30pm



WE DO have another trip in the works

Plan now for Oct 29th. So far this is what we have planned. Eat brunch at the DerDutchman in Plain City, travel to Dayton to the Air Force Museum and do a pit stop on the way home. Sign up will start September 1st!

Nails with Jessie – Friday 22nd starting at 10am by appointment, call or stop by to be set up!



Snap Ed is BACK.....

“Salads for Seniors” series will be a 3-part series with

Michelle Duffy from OSU Snap-Ed program

Tuesday Aug 12th 11am

Tuesday Aug 19th 11am

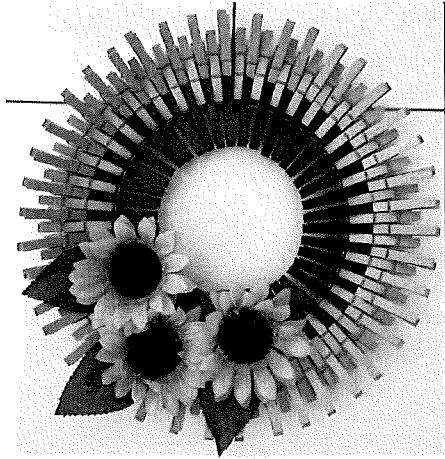
Tuesday Aug 26th 11am

August craft

Clothespin Sunflower Wreath

Monday August 18th @ 1pm

Cost is \$5.00, pay when signing up. Must sign up before Aug 11th.



CHANGE IN YOGA *FOR AUGUST*

Mollie West that teaches Yoga every Thursday, is out on medical leave. As of now, she is hoping to return sometime in September. We are going to try to stream an online yoga class on our large screen in the exercise room to substitute her class while she heals from her surgery.

Morning walks..... It has been SUCH A HOT summer that we have not been walking. We have taken it off of the schedule for now. If you want to walk, just stop in and we will still go.

Center is open 9am – 3:30pm M-F you can come in visit, watch tv, play a game, drink coffee. There doesn't need to be an activity happening for you to come in. Our center has great air-conditioning, come in and cool off!

***Watch social media or call and ask – football season starts Aug 22.
Pending weather and live stream availability, we may do some tailgating
and watch on the big screen. Stay tuned!***

CSS Events

Aug 2025 (Eastern Time - New York)

Mon	Tue	Wed	Thu	Fri
28	29	30	31	1
				10am - Cardio Drumming 1pm - Euchre
4	5	6	7	8
Senior Day at Hartford Fair 1pm - Painting Class	10am - Chair strength exercise 1pm - Cards	9am - Hand & Foot 1pm - Canasta	10am - Gentle Yoga 12pm - COJFD health checks 1pm - Bingo	10am - Cardio Drumming 1pm - Euchre
11	12	13	14	15
1pm - Movie Day	10am - Chair strength exercise 11am - Snap Ed 1pm - Cards	9am - Hand & Foot 1pm - Canasta	10am - Gentle Yoga 1pm - Bingo	10am - Cardio Drumming 11am - Fun Friday Movie 1pm - Euchre
18	19	20	21	22
1pm - Craft Class	10am - Chair strength exercise 11am - Snap Ed 1pm - Cards	10:30am - Speaker - Gloria 1pm - Canasta	10am - Gentle Yoga 1pm - Bingo	10am - Cardio Drumming 10am - Jessie Color Street 1pm - Euchre
25	26	27	28	29
1pm - Movie	10am - Chair strength exercise 11am - Sanp Ed 1pm - Cards	Center is closed Guardians game trip	10am - Gentle Yoga 1pm - Bingo	10am - Cardio Drumming 1pm - Euchre
1	2	3	4	5
	10am - Chair strength exercise 1pm - Cards			

FOOTBALL WORD SEARCH

X X P C D J T S Z Z J I C D I W N V R B
 K K G P L G S V X A T A C K L E Q T I W
 C Y A P L A Y E R R U N U A A B Q O D W
 K O T G J K K A I G V R D Z P B G U S R
 R A O C H A M P I O N S H I P B Z C L F
 H P R G Y H U D D L E Y F M Z J Y H I F
 H A A T F U O K P H A L F T I M E D J A
 I S D X R C F Q F U R E D Z O N E O W N
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 U S J E F K S L G E H X O X S W F F G Y
 M H A M N T E D G A A X T A D C L B N C
 B X W C G S U G O I M M B S L L E A P O
 L C H V K K E O C M T E A W L Y T A G A
 E W E M K J C A M Q Y S L S A F E T Y C
 N B Z U F L V L N V W I L Y J T V J W H
 E R S U P E R B O W L X L F I L W P F L
 D V B H U R P S F Q U A R T E R B A C K
 S E Y E R E F N W K A F E T P U C I K L

CHAMPIONSHIP

TOUCHDOWN

HALFTIME

DEFENSE

TACKLE

OFFENSE

PUNT

COACH

QUARTERBACK

SUPER BOWL

GATORADE

FANTASY

HUDDLE

TEAM

GAME

FIELD GOAL

FOOTBALL

REDZONE

PLAYER

FUMBLE

SAFETY

SACK

RUN

PASS