

PRODUCE MARKET

August 24th from
10am-12pm

Drive thru in the
Centerburg Church
of Christ parking lot.

ROOM HOURS FOR AUGUST

TUESDAY 9:30AM –
3PM

WEDNESDAY
9:30AM-2PM

THURSDAY 9:30AM-
3PM

***Centerburg Senior Services 119 S.
Preston St Rm 112 740-625-5056***

August 2021

We have been slowly reopening up the center and so far it's been going well. We plan on continuing to bring back more activities in August so here is what we have planned.

Tuesday's: 10am -Step Into Fitness

1pm – Cards (Euchre & 3-13)

(This will be the game 3-13 and the game of Euchre)

We have the space and tables.

Wednesday's: 11am – Cardio Drumming (very active exercise class). Movie day Aug 11th & 25th

Thursday: 10am – Gentle Yoga

1pm - Bingo

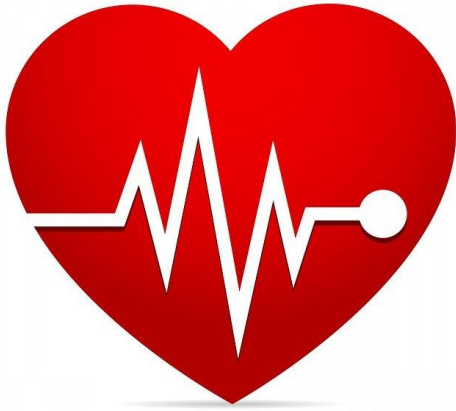
***Wednesday August 11th MOVIE DAY with
a light lunch STARTS AT 11:30AM***



Movie Wednesday – Aug 11th @ 11:30am

“It's 1966 and Carroll Shelby, a visionary car designer, teams up with Ken Miles, a fearless race car driver from Britain. Together they develop a car for the Ford Motor Company to challenge the dominant Ferrari team at the 24 Hours of Le Mans race.”

Released in November 2019



*****CARDIO DRUMMING***

NEW CLASS

We are starting a new exercise class every Wednesday morning at 11am starting Aug 11th. If our Tuesday and Thursday exercises classes are enough, come try Cardio Drumming with Missy! Drum Sticks, balls and tubs are all provided but if you have your own feel free to bring. Be ready to sweat and get your cardio workout in!



**AUGUST 24TH MID OHIO PRODUCE MARKET
10AM-12PM IN THE CENTERBURG CHURCH OF CHRIST
PARKING LOT**

AUGUST BINGO SPONSORS

**AUG 5TH – CENTERBURG POINTE
AUG 12TH – CENTERBURG RESPIRATORY
AUG 19TH – THE LAUREL'S OF MT VERNON
AUG 27TH – BRAD SHIELDS HER REALTOR**

THANK YOU ALL SO VERY MUCH FOR YOUR SUPPORT!

Meals on Wheels

If you are in need of a FREE meal and live in the Centerburg Village, Liberty, Milford or Hilliar Twp and are over the age of 60 you qualify! Please call us 740-625-5056 and we can set you up. Meals are prepared fresh daily at KCH. We deliver them to your door. We ask you either have a cooler at your door for us to leave the meal in or meet us at your door to say hello! We would like to see your smiling face 😊

Centerburg Senior Services is funded thru the Knox County Senior levy grant, along with donations. We are in partnership with United Way of Knox County that funds our exercise programs. Thank you, United Way!



Movie Wednesday – Aug 25th at 11:30am

An American expatriate, Rick Blaine, owns the hottest nightclub in Nazi-occupied Casablanca during the height of World War II. One night, a resistance leader from Czechoslovakia walks in with his wife Ilsa. But there's a problem: Ilsa happens to be Rick's former love. As Rick revisits his heartbreak, Ilsa and her husband ask for his help to escape French Morocco.



Released in January 1943

