

October 2025

SPEAKERS:

Gloria Parsisson-

Oct 15th @ 10:30am

**Discussing the
RAILROAD LINES**
that ran through
Centerburg and
beyond.

Doug Brandon-

**Oct 22nd 10:30a-
11:30a**

**MEDICARE
speaker**

**Come take notes,
ASK QUESTIONS,
stay afterwards to
talk to him one on
one.**

CLOSED

Monday Oct 13th

Columbus Day

**Center will be
closed, no meals
will be delivered.**

**Centerburg Senior Services
182 W. Houck St, Centerburg
740-625-5056 M-F 9a-3:30p**

October Newsletter 2025

Centerburg Senior Services is open to adults 60 years and over
living in Knox County.



Come join us Tuesday October 28th for our annual Halloween Party. Costume contest, snacks made by Nesa Adams, scary walk made by Wayne, spooky music by Robert & Bones and some new games. Please sign up in advance!

*COJFD Open House Oct 9th 5:30p-7:30p FREE hotdogs. Please go
support the men and women that support us!*

Center will be closed on Oct 29th for our trip! Meals on Wheels will be delivered by Serve the Burg

THANK YOU!

Just for fun dates in October

Oct 6th – National Noodle Day

Oct 12th – National Fossil Day

Folklore for the season:

When deer are in a gray coat in October, expect a hard winter

Much rain in October, much wind in December

A warm October means a cold February

Movie days

Fun Friday – Oct 10th 11am “Big”

1988 movie starring Tom Hanks.

An adolescent boy whose wish to be "big" transforms him physically into an adult.

new Movie DAY Monday Oct 20th TWO movies

1st movie- 9:30am 2008 movie “Made of Honor”

Starring Patrick Dempsey. “A lifelong playboy who falls in love with his best friend, only to have her get engaged. She asks him to be her maid of honor”

Breakfast sponsored by CSS

2nd movie- 12pm 2025 movie “F1”

“The film stars Brad Pitt as Formula One (F1) racing driver Sonny Hayes, who returns after a 30-year absence to save his former

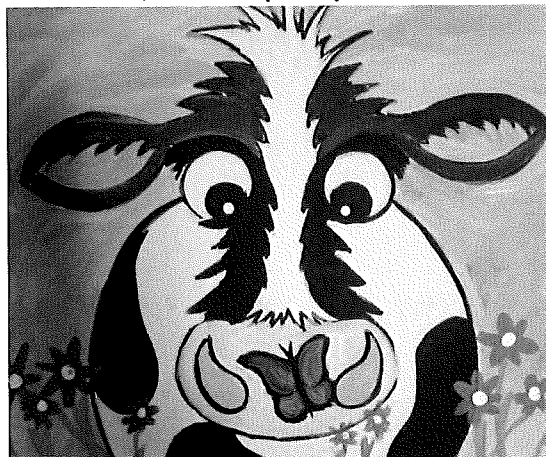
teammate's underdog team, APXGP, from collapse”

Lunch sponsor Doug & Tamara Flinn.

Painting class

Monday Oct 6th @ 1pm

OPEN to adults 60 and over regardless of county, cost is \$10.00 per painter



CSS Staff

Lisa Wilson

Executive Director

Patty Manley

Room Helper,

MOW Manager

Amy Klugh

MOW driver

Sandy Bell

Business Manager

We have many volunteers that help us inside the center. We would like to say a special thank you to Nesa Adams and Bonnie Beck for all you ladies do to help us!

October craft

Monday Oct 27th 1pm

Free for Knox County adults, \$5.00 for out of county



Come join us as we make a cute pumpkin out of a roll of TP. Cover in fabric, put a cinnamon stick in the center and have a cute decoration that smells good!

Call 740-625-5056 to be added to the class.

Change in staffing

Some of you are already aware, but Sandy Bell has joined our team! Sandy has been volunteering since precovid. We have made it official and put her on payroll. She is a huge asset to the center. You will see her working on Friday afternoons if you are at the center. She will be a great help to Lisa during grant season which is just around the corner!

Nails with Jessi – no set date yet for October. Stay tuned!

Yoga class:

Mollie West has stepped down and is no longer our yoga instructor. She is wearing herself too thin and her family needs her. It was a difficult decision but one she had to make. We will keep Thursday's class at 10am and use the big screen. We wish her well!!

2025 Board of Trustees

Jeff Perry- chair
Todd Sands- vice chair

Terry Bumpus
Skip McWilliams

Fred Altizer
Sarah Johnson
Doug Flinn

Follow us on
Facebook or our web
site:

www.centerburgseniorservices.com

Monthly Bingo sponsors

ReMax PEAK
Country Club Rehab
and Rehabilitation
Laurels of Mt Vernon
Centerburg Point
Bennington Glenn
Nursing Facility

TRIP INFORMATION

We still have a few seats available for our trip Oct 29th

Free to Knox County adults 60 and over. (Out of county cost is \$27.50)

Park at Centerburg Church of Christ
Arrive 8:30-8:45am
Bus LEAVES at 9am sharp

We will eat at Der Dutchman around 10am
(YOU are responsible for your meal)

Arrival at the National Museum of the Air Force roughly
12:30pm
Free scooter rental

They do have a café on location if you get hungry.

Load bus to leave at 3pm (we understand this isn't a long time there, so go to the wings you want to see first!)

Stop at Sheetz 3:45pm to stretch and grab a snack if you wish

Return to church parking lot 5:30pm or shortly after.

All costs of food at any of the places we stop at, you are responsible for that cost.

This will be a FULL bus so if you SIGN up, SHOW up!

CSS Events

Oct 2025 (Eastern Time - New York)

Mon	Tue	Wed	Thu	Fri
29 9am - Cards/games 1pm - Movie	30 10am - Chair strength exercise 1pm - Cards	1 9am - Hand & Foot 10am - Big screen exercise 1pm - Canasta	2 10am - Gentle Yoga on Big 12pm - COJFD health checks 1pm - Bingo	3 10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate
6 9am - Cards/games 1pm - Painting	7 10am - Chair strength exercise 1pm - Cards	8 9am - Hand & Foot 10am - Big screen exercise 1pm - Canasta	9 10am - Gentle Yoga on Big 1pm - Bingo 5:30pm - COJFD Open House	10 10am - Cardio Drumming 11am - Movie - "BIG" 1pm - Euchre 6:45pm - Tailgate
13 Closed - Columbus Day	14 10am - Chair strength exercise 1pm - Cards	15 10am - Big screen exercise 10:30am - Gloria speaker- 1pm - Canasta	16 10am - Gentle Yoga on Big 1pm - Bingo	17 10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate
20 Movie Day 9:30am - Made of Honor 12pm - F1 movie	21 10am - Chair strength exercise 1pm - Cards	22 9am - Hand & Foot 10am - Big screen exercise 10:30am - Medicare Speaker 1pm - Canasta	23 10am - Gentle Yoga on Big 1pm - Bingo	24 10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate
27 9am - Games/cards 1pm - Craft Day	28 10am - Chair strength exercise 1pm - Cards 4:30pm - Halloween Party	29 Closed - Trip	30 10am - Gentle Yoga on Big 1pm - Bingo- Halloween dress	31 10am - Cardio Drumming 1pm - Euchre 6:45pm - Tailgate



FALL WORD SEARCH



H	J	N	I	F	I	P	J	K	R	F	H	R	E	T
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ACORN

FOOTBALL

NOVEMBER

SEPTEMBER

APPLES

HALLOWEEN

OCTOBER

SUNFLOWER

AUTUMN

HARVEST

PUMPKIN

SWEATER

CANDY

HAYRIDE

RAKE

THANKSGIVING

CIDER

LEAVES

SCARECROW

TURKEY

