

Pre-Meeting Planning Sheet

Use this worksheet to gather your thoughts, highlight your child's strengths, and clarify what you want to ask and achieve. Keep this in front of you during the meeting to stay focused and make sure your priorities are heard.

My Child's Strengths

(Top 3 things that stand out in learning, friendships, or activities)

1. _____
2. _____
3. _____

My Top Concerns

(What I'm noticing at home/school that worries me most)

1. _____
2. _____
3. _____

Questions I Want to Ask

(Use your Parent Prep Guide for inspiration)

1. _____
2. _____
3. _____

Desired Outcomes

(What am I hoping this meeting leads to: supports, next steps, clarity)

1. _____
2. _____
3. _____

Want help turning this notes into a concrete plan?

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