

Part

4

Additional Resources

Course Topics and Path List

Table 4 lists the required and optional topics for each path option. Make sure that students check with their respective agency or workplace to ensure that the course path fulfills their requirements. Note that Heartsaver Total, Heartsaver Basic, and Heartsaver Pediatric are targeted toward a broad audience.

Table 4. Topic List for Course Path Options

Topic	Heartsaver Total	Heartsaver Basic	Heartsaver CPR AED	Heartsaver First Aid	Heartsaver Pediatric First Aid CPR AED
Introduction	✓	✓	✓	✓	✓
Adult CPR AED: Compressions, Breaths, and AED*	✓	✓	✓	NA	Optional
Child CPR AED: Compressions, Breaths, and AED*	Optional	Optional	Optional	NA	✓
Infant CPR AED: Compressions, Breaths, and AED*	Optional	Optional	Optional	NA	✓
Adult Choking Relief	✓	✓	✓	✓	Optional
Child Choking Relief	Optional	Optional	Optional	Optional	✓
Infant Choking Relief	Optional	Optional	Optional	Optional	✓
Opioid-Associated Emergency	✓	✓	✓	✓	✓
Water Competency and Drowning	✓	✓	✓	✓	✓
Introduction to First Aid	✓	✓	NA	✓	✓
Responding to a First Aid Emergency*	✓	✓	NA	✓	✓
Personal Protective Equipment	✓	✓	NA	✓	✓
Breathing Problems and Asthma	✓	✓	NA	✓	✓
Allergic Reactions	✓	✓	NA	✓	✓
Heart Attack	✓	✓	✓	✓	✓
Fainting	✓	Optional	NA	✓	✓

(continued)

Topic	Heartsaver Total	Heartsaver Basic	Heartsaver CPR AED	Heartsaver First Aid	Heartsaver Pediatric First Aid CPR AED
Diabetes and Low Blood Sugar	✓	Optional	NA	✓	✓
Stroke	✓	✓	✓	✓	✓
Seizure	✓	Optional	NA	✓	✓
External Bleeding*	✓	✓	NA	✓	✓
Wounds: Eyes and Nose Injuries	✓	Optional	NA	✓	✓
Wounds: Mouth and Teeth Injuries	✓	Optional	NA	✓	✓
Penetrating and Puncturing Injuries	✓	Optional	NA	✓	✓
Amputation	✓	Optional	NA	✓	✓
Internal Bleeding and Shock	✓	Optional	NA	✓	✓
Head, Neck, and Spine Injuries	✓	Optional	NA	✓	✓
Broken Bones and Sprains, Splinting	✓	Optional	NA	✓	✓
Burns and Electrical Injuries	✓	Optional	NA	✓	✓
Bites and Stings	✓	Optional	NA	✓	✓
Heat-Related Emergencies	✓	Optional	NA	✓	✓
Cold-Related Emergencies	✓	Optional	NA	✓	✓
Poison Emergencies	✓	Optional	NA	✓	✓
Preventing Repetitive Stress Injuries and Overexertion	✓	Optional	NA	✓	NA
Recognizing Signs of Mental Health Crisis in the Workplace	✓	Optional	NA	✓	NA
Conclusion	✓	✓	✓	✓	✓

*Topic requires a skills test.