

Part 4

Additional Resources

Course Topics and Path List

Table 4 lists the required and optional topics for each path option. Make sure that students check with their respective agency or workplace to ensure that the course path fulfills their requirements. Note that Heartsaver Total, Heartsaver Basic, and Heartsaver Pediatric are targeted toward a broad audience.

Table 4. Topic List for Course Path Options

| Topic | Heartsaver Total | Heartsaver Basic | Heartsaver CPR AED | Heartsaver First Aid | Heartsaver Pediatric First Aid CPR AED |
|---|------------------|------------------|--------------------|----------------------|--|
| Introduction | ✓ | ✓ | ✓ | ✓ | ✓ |
| Adult CPR AED: Compressions, Breaths, and AED* | ✓ | ✓ | ✓ | NA | Optional |
| Child CPR AED: Compressions, Breaths, and AED* | Optional | Optional | Optional | NA | ✓ |
| Infant CPR AED: Compressions, Breaths, and AED* | Optional | Optional | Optional | NA | ✓ |
| Adult Choking Relief | ✓ | ✓ | ✓ | ✓ | Optional |
| Child Choking Relief | Optional | Optional | Optional | Optional | ✓ |
| Infant Choking Relief | Optional | Optional | Optional | Optional | ✓ |
| Opioid-Associated Emergency | ✓ | ✓ | ✓ | ✓ | ✓ |
| Water Competency and Drowning | ✓ | ✓ | ✓ | ✓ | ✓ |
| Introduction to First Aid | ✓ | ✓ | NA | ✓ | ✓ |
| Responding to a First Aid Emergency* | ✓ | ✓ | NA | ✓ | ✓ |
| Personal Protective Equipment | ✓ | ✓ | NA | ✓ | ✓ |
| Breathing Problems and Asthma | ✓ | ✓ | NA | ✓ | ✓ |
| Allergic Reactions | ✓ | ✓ | NA | ✓ | ✓ |
| Heart Attack | ✓ | ✓ | ✓ | ✓ | ✓ |
| Fainting | ✓ | Optional | NA | ✓ | ✓ |

(continued)

| Topic | Heartsaver Total | Heartsaver Basic | Heartsaver CPR AED | Heartsaver First Aid | Heartsaver Pediatric First Aid CPR AED |
|--|------------------|------------------|--------------------|----------------------|--|
| Diabetes and Low Blood Sugar | ✓ | Optional | NA | ✓ | ✓ |
| Stroke | ✓ | ✓ | ✓ | ✓ | ✓ |
| Seizure | ✓ | Optional | NA | ✓ | ✓ |
| External Bleeding* | ✓ | ✓ | NA | ✓ | ✓ |
| Wounds: Eyes and Nose Injuries | ✓ | Optional | NA | ✓ | ✓ |
| Wounds: Mouth and Teeth Injuries | ✓ | Optional | NA | ✓ | ✓ |
| Penetrating and Puncturing Injuries | ✓ | Optional | NA | ✓ | ✓ |
| Amputation | ✓ | Optional | NA | ✓ | ✓ |
| Internal Bleeding and Shock | ✓ | Optional | NA | ✓ | ✓ |
| Head, Neck, and Spine Injuries | ✓ | Optional | NA | ✓ | ✓ |
| Broken Bones and Sprains, Splinting | ✓ | Optional | NA | ✓ | ✓ |
| Burns and Electrical Injuries | ✓ | Optional | NA | ✓ | ✓ |
| Bites and Stings | ✓ | Optional | NA | ✓ | ✓ |
| Heat-Related Emergencies | ✓ | Optional | NA | ✓ | ✓ |
| Cold-Related Emergencies | ✓ | Optional | NA | ✓ | ✓ |
| Poison Emergencies | ✓ | Optional | NA | ✓ | ✓ |
| Preventing Repetitive Stress Injuries and Overexertion | ✓ | Optional | NA | ✓ | NA |
| Recognizing Signs of Mental Health Crisis in the Workplace | ✓ | Optional | NA | ✓ | NA |
| Conclusion | ✓ | ✓ | ✓ | ✓ | ✓ |

*Topic requires a skills test.