

**QMA Annual Inservice Post-Test: Part 3**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Facility: \_\_\_\_\_

**Section 1: Mental Health Disorders**

1. What type of foods should be avoided in residents who take monoamine oxidase inhibitor (MAOI) antidepressants? \_\_\_\_\_  
\_\_\_\_\_
2. Consumption of foods listed in Question 1 in combination with MAOIs may lead to \_\_\_\_\_.  
\_\_\_\_\_
3. Hyponatremia (low sodium) may be a side effect of which class of medications?  
\_\_\_\_\_
4. A movement disorder characterized by repetitive, involuntary, and often jerky movements of the face, mouth, tongue, trunk, and/or limbs that may be caused by antipsychotic medications is called \_\_\_\_\_.  
\_\_\_\_\_
5. What is the biggest risk for those newly starting on antidepressant medications?  
\_\_\_\_\_
6. Effectiveness of which class of medications may not be apparent until 8 weeks after starting treatment? \_\_\_\_\_
7. Which vital sign(s) should be monitored in a resident taking an anxiolytic medication?  
\_\_\_\_\_

**Section 2: Documentation Guidelines**

1. The QMA's signature on an entry in the medical record means that...  
\_\_\_\_\_
2. Care that was not documented is legally considered to be care that was...  
\_\_\_\_\_

### Section 3: Review of Vital Signs

1. When measuring an apical pulse, the apical pulse should be counted for at least \_\_\_\_\_ seconds.
2. A systolic blood pressure of greater than \_\_\_\_\_ mmHg or a diastolic blood pressure of greater than \_\_\_\_\_ mmHg should be reported to the nurse immediately.
3. A systolic blood pressure of less than \_\_\_\_\_ mmHg or a diastolic blood pressure of less than \_\_\_\_\_ mmHg should be reported to the nurse immediately.
4. QMAs may apply oxygen during an emergency using which types of oxygen delivery methods?
  - a. \_\_\_\_\_
  - b. \_\_\_\_\_

### Section 4: Medication Administration Key Points

1. The Six Rights of Medication Administration should be checked a minimum of \_\_\_\_\_ times before a medication is administered.
2. When measuring a liquid medication, the medication amount should be read at \_\_\_\_\_ level.
3. When administering a nasal medication using an atomizer, the resident should be instructed to tilt their head slightly \_\_\_\_\_.
4. The tip of the atomizer pump should be pointed toward \_\_\_\_\_.
5. The QMA should notify the nurse if administration of an enema does not produce results after \_\_\_\_\_.
6. After administration of an inhaled medication, the resident should be instructed to \_\_\_\_\_.

### Section 5: Enteral Tubes

1. The feeding tube should be flushed with \_\_\_\_\_ mL of water before and after medication administration.
2. The feeding tube should be flushed with \_\_\_\_\_ mL of water in between administration of each medication.
3. The QMA should hold medications and notify the nurse if greater than \_\_\_\_\_ mL of gastric contents are aspirated while checking tube placement.

4. The resident's head of bed should remain elevated at least \_\_\_\_\_ degrees during administration of tube feeding.
5. After administration of an intermittent bolus feeding or medication administration, the resident's head of bed should remain elevated for at least \_\_\_\_\_ minutes.
6. True or false? Some medications may be crushed and mixed together for enteral tube administration. \_\_\_\_\_
7. True or false? The QMA may hang a new bag of tube feeding as long as no rate or dose adjustments are necessary. \_\_\_\_\_

### **Section 6: Wound Treatments**

1. To which type of wounds are QMAs allowed to apply treatments? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
2. In addition to notifying the nurse, what should the QMA complete in the event that a resident sustains a skin tear? \_\_\_\_\_

### **Section 7: Point of Care Tests**

1. What part of the finger should be stuck for a fingerstick blood glucose test? \_\_\_\_\_  
\_\_\_\_\_
2. What is a normal fasting blood glucose level? \_\_\_\_\_
3. What result would indicate a positive hemoccult test? \_\_\_\_\_  
\_\_\_\_\_

### **Section 8: QMA Procedures- Key Points**

1. How often should a colostomy appliance be changed when skin breakdown around the stoma is present? \_\_\_\_\_
2. What is the maximum amount of time that cold applications should be left in place? \_\_\_\_\_
3. Which procedure for choking should be followed? \_\_\_\_\_

## Section 9: Magnolia Health Systems Policies

### Medication Preparation, Administration, and Errors

1. During medication preparation and administration, when should handwashing be performed? \_\_\_\_\_  
\_\_\_\_\_
2. True or false? Medications may be handled without wearing gloves as long as hand hygiene is performed. \_\_\_\_\_
3. Medications should be administered within \_\_\_\_\_ of the scheduled administration time.
4. Who should the QMA immediately notified of a medication error? \_\_\_\_\_
5. Most medication errors occur as a result of \_\_\_\_\_  
\_\_\_\_\_

### Medication Return and Destruction, Medication Expiration, Drug Diversion

1. Drug disposition refers to... \_\_\_\_\_  
\_\_\_\_\_
2. True or false? QMAs may not participate in the destruction of narcotic medications.  
\_\_\_\_\_
3. What should the QMA do if a resident refuses a medication? \_\_\_\_\_  
\_\_\_\_\_
4. What is drug diversion? \_\_\_\_\_
5. If it is determined that an employee is involved in drug diversion, what are the potential consequences? \_\_\_\_\_  
\_\_\_\_\_

**Pharmacy Hours and Delivery Schedule, Medication Self-Administration, Leave of Absence**

1. True or false? Failure to reorder a medication in a timely manner which results in the need to hold the medication is considered a medication error. \_\_\_\_\_
2. True or false? Only a licensed nurse may receive medications delivered to the facility by the pharmacy. \_\_\_\_\_
3. True or false? A valid provider's order is required prior to removing a medication from the EDK. \_\_\_\_\_
4. If a newly ordered antibiotic is being removed from the EDK for a resident, how many doses may be removed at one time? \_\_\_\_\_
5. True or false? Residents have the right to self-administer medications if they are capable and have the desire to do so. \_\_\_\_\_
6. In preparation for a leave of absence, all medications due during the resident's leave of absence must be packaged according to... \_\_\_\_\_  
\_\_\_\_\_

**Charting and Documentation Guidelines**

1. Who is responsible for completing Medicare documentation? \_\_\_\_\_
2. What types of observations are considered objective? \_\_\_\_\_  
\_\_\_\_\_

**Choking, Burns, Hypoglycemia, Transfilling Oxygen**

1. True or false? The Magnolia Health Systems policy for choking includes back blows. \_\_\_\_\_
2. What should be done first if a resident reports or exhibits signs or symptoms of hypoglycemia? \_\_\_\_\_
3. What forms of treatment may be provided to a resident who is alert and oriented and experiencing a blood glucose level below specified parameters or below 60 mg/dL? \_\_\_\_\_  
\_\_\_\_\_

4. After administering a snack to resident with hypoglycemia, the blood sugar should be rechecked within \_\_\_\_\_ minutes of finishing the snack.

5. If the blood glucose level remains below specified parameters or below 60 mg/dL after the initial treatment for hypoglycemia what should the QMA do?

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6. If a resident experiencing hypoglycemia becomes unresponsive, what should the QMA do? \_\_\_\_\_

### **Section 10: The Survey Process**

1. True or false? Facility licensure surveys are conducted on an annual basis to ensure compliance with all regulations in order to maintain license to operate. \_\_\_\_\_

2. When should medication carts be locked? \_\_\_\_\_  
\_\_\_\_\_

3. When is it acceptable for medications to be left in a resident's room? \_\_\_\_\_

4. What types of medications should be labeled with the date on which they were opened?

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