



BEYOND BRINK A NONPROFIT ORGANIZATION
314 Chestnut Street
Mankato, MN 56001
507-779-7091 office
507-779-7092 fax
wecovery@beyondbrink.com
www.beyondbrink.com

Beyond Brink Recovery Housing Chestnut House Pre-Treatment Resident Agreement

314 Chestnut Street

Chestnut House is an establishment of Beyond Brink, a nonprofit organization located in Mankato, Minnesota. This mission of Beyond Brink is to assist individuals seeking to improve their lives through the process of recovery. The purpose of Beyond Brink is to empower individuals who desire to maintain long-term recovery by creating avenues to support recovery. This vision of Beyond Brink is to provide tools to promote whole wellness.

This mission of the Chestnut Pre-Treatment Recovery House is to provide safe, supportive, and sober housing utilizing Peer Recovery Support Services, for those who are seeking to improve their lives through the process of recovery. Our goal in Pre-Treatment housing is to offer support to those who are awaiting a treatment bed, for individuals to gain support in a safe environment during the “in-between” time. This program will provide support in a connection to recovery prior to admission to a treatment program.

This program includes 13 Pre-Treatment beds for both adult male and female participants. Offers communal living space, a telephone for local calls, and WiFi. Residents of this program will cook for themselves with food provided. Residents are to clean up after themselves as well as participate in upkeep of the housing program. A schedule of daily chores will be posted and will change daily. Residents with their own cell phones will have access to using their phones between 5:00 a.m. and 11:00 p.m. Due to limited space residents are asked to only bring two bags of clothing with them. Beyond Brink is not responsible for lost or damaged property. Residents store items at their own risk and discretion. TV's, furniture, small appliances and extension cords are prohibited.

What is Pre-treatment Housing?

“Pre-treatment Housing” is a safe and supportive board and lodge housing option for persons waiting to enter an SUD treatment program.

This housing option is meant for persons with a treatment plan in place, who are waiting for bed availability **OR** for persons who need a place to go while they get a CD assessment to begin the process of finding a treatment program.



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Admission Requirements

- ♻ Residents will need a qualifying diagnosis for Housing Support and treatment services prior to admission or within 24 hours upon admission to the program (Professional Statement of Need)
- ♻ Residents will need a Rule 25 or Comprehensive Assessment indicating Treatment Services AND peer recovery support services.
- ♻ Residents may be admitted from Detox, hospital or jail, who have been detoxed and medically cleared, or may enter from the community. Residents entering the program from the community ***may be*** asked to obtain medical services if withdrawal symptoms are present. Staff will help and work with all persons in need of additional services.
- ♻ Residents without an Assessment may be accepted into the program while we work with them directly to obtain a treatment recommendation when needed.
- ♻ Residents will need to complete paperwork for Housing Support and Medical Assistance if they have not done so prior to admission.
- ♻ A DRUG AND ALCOHOL TEST IS ADMINISTERED AT INTAKE
- ♻ Self-admission of a person with substance use disorder and self-motivated for recovery.
- ♻ Must be at least 18 years of age or older.
- ♻ Following all recommendations from treatment providers and/or probation, social services and/or health care providers to obtain and maintain complete whole health.

Overview of Housing Program

1. Beyond Brink is staffed by Certified Peer Recovery Specialists and Recovery Advocates.
2. Residents are not to leave the premises while in this program. They may attend legal requirements, work, attend medical appointments, and retrieve medications, as needed, but are not to leave for personal matters while waiting for their next step treatment bed.
3. Residents are required to follow all recommendations of treatment plan/summary, Rule 25 or Comprehensive Assessment, court orders, child protection case, probation / parole and/or health care professionals. Beyond Brink will hold all residents to these requirements and require Releases of Information to coordinate continuum of care.
4. All residents are required to meet all expectations outlined in this agreement.
5. All food, basic needs (toilet paper, etc.) and utilities are included in Program Fee and covered by GRH/Housing Support or Self Pay Fee. Utilities include electric, heat, water, garbage, a resident house phone and WiFi. Cell phones are allowed but will not be provided.
6. All residents have a shared bedroom. No resident is allowed to enter any other bedroom besides their own. No guest will be allowed in any bedroom at any time, for any reason.
7. Residents are expected to keep their rooms clean and clear of clutter. Beds should be made every morning. No clothing should be found on the floor but should be neatly put away. We DO NOT provide baskets for dirty laundry. Residents are asked to only bring what can be stored in their assigned living space. (2 bags of personal belongings are allowed).



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8. Shared washer and dryer on site for all residents. Residents are expected to be aware and considerate of time when using. All residents are expected to finish any laundry they start without leaving clothes in the washer or dryer. Detergent and dryer sheets provided.
9. All residents will be assigned a house chore to be completed daily.
10. All residents are expected to clean up after themselves in common areas. No personal items can be left in any other area besides a bedroom. Items found outside of your room may be confiscated.
11. Residents are to attend peer-led support meetings daily and all speaker meetings.
12. Residents who leave the program will be discharged and may be placed back on the waiting list after a 3-day period, given there is bed availability. Residents who leave the program a second time may be placed on the waiting list after a 30-day period.
13. Anything brought on to Beyond Brink property is subject to search. Refusal may result in immediate discharge.

Resident Program Expectations

1. Program fee

- A. **GRH/Housing Support Funding:** Beyond Brink accepts GRH / Housing Support. If you need additional information on GRH/Housing Support, please reach out to our staff. A Professional Statement of need is required prior to admission. It is at the responsibility of the resident to ensure they have been approved, their financial worker has proper paperwork and contact information for the resident. Residents are expected to contact their funding county within 24 hours of admission to ensure funding. Failure to do so will result in the resident's responsibility to cover GRH cost. If a resident is receiving housing support, and has a portion to pay, it is their responsibility to know what that amount is and make that payment on time. Failure to do so may result in immediate discharge from the program.
- B. **Self-Pay:** Residents who do not qualify for GRH funding (typically those on Social Security or with full time employment) will work with Beyond Brink staff to establish program fee. Amount will be based off 30% of a resident's income with a minimum of \$650. This program fee covers rent, utilities, food and all basic needs.
 - ⌚ If a resident moves in after the 1st of the month, the program fee will be prorated. If a resident moves out before the end of the month, no portion of the program fee will be refunded.
 - ⌚ Program fee is due on the 1st of every month. Every day the portion of the program fee is late after the 5th of the month, one dollar per day will be added to the amount due. If a resident is unable to provide their entire portion of the fee, they may make a written request for a payment plan, outlining a proposed schedule for review. If the request is granted, residents will enter into a separate agreement for payments.
 - ⌚ All residents will sign a separate agreement regarding GRH. The Self-pay Rate is calculated at \$31.80 per day; \$238.50 per week; \$954.00 per month.
 - ⌚ Programming fee includes all utilities.



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2. **Drug and Alcohol Use:** This house is Drug and Alcohol free, both on the property or while a resident in the program. This includes **all prescription medications not prescribed by a doctor, Kratom, and CBD with THC, and any OUTDATE prescriptions no longer taken.** If a resident uses alcohol or other drugs, is in possession of alcohol or other drugs, or is suspected of using alcohol or other drugs, they will be asked to leave the program immediately. By signing this agreement, a resident acknowledges if found to be breaking this rule, they will be asked to leave at once. All residents are expected to report any use of drugs or alcohol to Beyond Brink staff.
3. **Drug and Alcohol Testing:** All residents are required to submit to random drug testing upon request by Beyond Brink. If a resident refuses to submit to a test upon request, it will be considered a failed test and they will be asked to leave the program. Residents will have one hour from the time they are asked to provide a sample. Failure to do so may result in discharge, unless there is a significant reason, they are unable to provide the requested sample. Residents will remain in eyesight and ear shot of the staff that has requested the sample until collected. Residents asked to leave the program will have one hour to do so.
4. **Medication:** All residents will enter an agreement as outlined in our Medication Watch List Program.
 - A. Beyond Brink does not dispense medication. Residents are responsible for their own medication, expected to take their medication as prescribed by a doctor as well as follow all doctors' orders and recommendations. Beyond Brink promises to hold all residents to this agreement for the protection and health of all residents.
 - B. **There is absolutely no medication sharing.**
 - C. Residents are required to keep their medications in their designated lock box in the medication closet. No medications are to be in any other area of the house. If a resident must take medications out with them for an appointment, they are to return those medications to the lock box immediately upon return to the house. ****Having medication outside of the designated area may result in a written warning or immediate discharge****
 - D. A list of prescribed medications must be provided to Beyond Brink to kept on file. Failure to report medications prescribed may result in termination from the program. A list may be from a doctor, pharmacy, or prior treatment facility.
 - E. Residents should not discuss the medications they take, the side-effects, or reasons with other residents. This is for the protection of all residents.
5. **Daily Peer Led Meeting:** All residents are required to attend daily peer-led meetings to participate in the program. These meetings include morning meditation at 9:00 a.m., group activity at 6:00 p.m., and recovery meeting at 7:00 p.m.



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- 6. Peer Recovery Support:** CPRS are available for all residents during the day hours Monday through Friday. Residents are encouraged to utilize CPRS on a daily basis, as they are available to help support and guide all residents. A one on one with a CPRS is available 8 a.m. to 5 p.m.

Monday through Friday. All staff working in this program is a Certified Peer Recovery Specialist or Recovery Advocate and are available throughout the day. Staff's purpose on sight is to provide support and guidance, as well as to help navigate early recovery. Residents are expected to be self-motivated, self-sufficient, and are encouraged to self-start. CPRS and RAs are not there to "babysit" or "handle" residents.

A RULE 25 INDICATING PEER SUPPORT SERVICES IS REQUESTED FOR THIS PROGRAM.

- 7. Personal Belongings:** Each resident is solely responsible and liable for their personal property. Participants are discouraged from keeping large sums of money or items of value in the house. Residents must keep all personal items in their assigned places. Residents may only have items that fit in their assigned living space. Residents may be asked to remove items that overflow this area. Residents are permitted to bring 2 bags of personal items with them at admission.
- 8. Sexual Activity:** No sexual activity or romantic relations are allowed between residents. Fraternalizing will not be tolerated and will result in immediate discharge from the program.
- 9. Weapons:** No weapons are permitted at any time. This includes pocketknives and utility knives.
- 10. Intimidation/Violence:** There is zero tolerance for intimidation or violence. These behaviors will result in immediate discharge.
- 11. Animals:** **No resident will bring in any animals at any time for any reason.**
- 12. Visitation:** Visitation is Wednesday and Friday evening from 6 p.m. to 9 p.m. and Saturdays from Noon to 7 p.m. Visitors are allowed in common areas including the living room, kitchen, recreation room, and use of the bathroom. Visitors are not to enter resident's rooms. ***Residents with children may visit from 8:00 a.m. – 7 p.m. Beyond Brink will ask for a weekly schedule or 24-hour notice and ask that residents share this schedule with all other residents.**
- 13. Vehicles:** Residents with vehicles on-site while in the program will be asked to leave keys with staff while in the program. Vehicles must have valid insurance and the resident must have a valid license to drive. All vehicle information must be reported to the house such as license plate number, make, and model. Residents are not permitted to borrow other residents' vehicles while in the program. Residents must submit a copy of their insurance, ID, and a current photo of the vehicle to staff upon checking in.
- 14. Smoking:** This is a non-smoking residence. Residents may smoke outside the building in the designated area and must discard cigarette butts in the butt can located outside. No resident will vape indoors at any time. **There is no smoking from 11:00 p.m. to 5:00 a.m.** Staff will follow standard 3-strike disciplinary procedure for violations of this rule.



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15. Personal Belongings upon Discharge: Beyond Brink is not liable for any personal belongings during or after the residents' discharge from the program. Beyond Brink will pack left items and contact the approved person designated on Release of Property form to pick up items.

After 15 days, all items will be disposed of unless other arrangements have been agreed upon.
Beyond Brink assumes no responsibility for the personal property of residents.

16. Mail: Residents are asked not to change their address with the post office to this address as this program is short term. If residents receive mail while in the program, they will receive it. Resident's mail will be returned to sender upon discharge from the program. No mail will be held or forwarded once a resident has left the program. Change of address forms are available on site for a resident to make the change with the post office upon discharge.

17. Walls: Residents will not install anything on the floor, walls, ceiling, windows, doors, or outside the home. Residents will not drill or attach anything to the walls. Residents will be allowed to put their own pictures frames and personal items on flat surfaces in their rooms.

18. Music: Please be respectful of your roommates by keeping your music and TV at a level that can be heard only by you. Headphones, AirPods, etc. are permitted.

19. Housekeeping:

A. Bedroom: The following are expectations regarding bedrooms. Failure to comply will result in a request to do so immediately, verbal warning and possible write up if issues continue.

- 🛏 Bedrooms are to be kept picked up and clear of clutter.
- 🛏 Beds should be made at the beginning of each day or by 10 a.m. at the latest.
- 🛏 Clothes are to be put away in a neat, clean, and orderly fashion, at all times, and not found on the floor.
- 🛏 Absolutely NO EATING in bedrooms.
- 🛏 Only UNOPENED food and drink may be stored in bedrooms. Once opened, must be stored in kitchen properly labeled with name and date opened.
- 🛏 ALL PERSONAL BELONGINGS ARE TO FIT ON OR IN THE AREA ASSIGNED TO ONE INDIVIDUAL. Residents are not allowed to store their belongings in another's space.
- 🛏 Residents should limit their belongings here in order to maintain a clean and clutter-free living environment. Residents may be asked to remove excess items from the house if overflow occurs.
- 🛏 Residents may hang items on the walls using poster board putty ONLY. Staff will supply putty upon request.
- 🛏 No appliances, TVs, monitors, or larger electronics are to be used in bedrooms. Fans are allowed.

B. House chores: Each resident is responsible for the upkeep of the program.



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- ♻️ Each resident will be asked to complete a daily task. These tasks will be in place every day (24 hours), at which time the chores will be rotated between the residents.
- ♻️ Each daily task is to be completed prior to 10 a.m., unless approved by staff for certain circumstances.
- ♻️ When a bed is not occupied, it is the responsibility of the residents to ensure the unassigned chore is completed each day.

C. Dishes: Residents are to wash their dishes **immediately after use**. Rinse & put in dishwasher. If dishes in dishwasher are clean, put them away and then load any dirty dishes. Anyone can start the dishwasher when it is full.

- ♻️ **No dishes are to be left in the sink at any time for any reason.** This is the responsibility of each resident and not the responsibility of the resident assigned to kitchen duty.
- ♻️ No dishes are to be removed from the property or left in any room outside of the kitchen.

D. Cleanliness:

- ♻️ Outside of the daily chores assigned, each resident is responsible to keep all common areas clear of clutter and picked up.
- ♻️ Personal items are to be kept and stored (or returned after use) in each resident's room. Items found outside of bedrooms may be confiscated.
- ♻️ Cleaning supplies will be provided to complete household chores.
- ♻️ Residents are not to remove household items such as lamps, tables, cleaning supplies, furniture, etc. from one area of the home and put in another. Example: A resident may not take a table from the living room and place it in their bedroom.
- ♻️ Residents are not to rearrange any room in the house unless discussed and agreed upon at a housing meeting.
- ♻️ Residents will not bring in large furniture items for personal use.

20. Food: Is provided to all residents.

21. Sleeping: Residents are not allowed to sleep anywhere but their assigned room. No sleeping in the living room. Residents are not allowed to enter another resident's room for any reason.

22. Telephones: A house phone is available for local calls only. Client line: 507-304-7009`

23. Cell phones: Cell phones will be allowed during specific hours 5 a.m. – 11 p.m. and must be locked in your med box at curfew.

24. Problem Resolution: If there are any problems between residents, staff, or with the program, it is expected that these will be discussed directly, openly, and honestly. Residents will not talk about each other behind backs or call the staff complain about each other. Residents should not talk about, complain about, or bad mouth the program, other participants, volunteers, staff, or the house. Problems will be resolved respectfully by each party stating their perspectives and feelings, with each party coming to some sort of resolution with the party directly. IF this approach does



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not solve the problem, it will be discussed with staff and with all individuals involved so a resolution can be agreed upon by all parties.

- 25. Notice to Vacate:** This is not a standard landlord/tenant agreement; this is a pre-treatment housing contract. Beyond Brink may, at any time and for any reason, ask any resident to immediately vacate the property. Typical reasons a resident may be asked to leave include use of mood-altering chemicals, nonpayment of program fee, lack of follow through on program rules and expectations, and violence toward self or others. Any intimidation towards others will result in immediate discharge.
- 26. Second Chances:** Residents who have been asked to leave the program for any reason may apply to re-enter the program after a period of 3 days. After 3 days, resident will be placed on the bottom of the waitlist and may re-enter the program at the next available bed. After 2nd discharge, there is a 30-day waiting period to be added to the wait list. If police are involved with the discharge, resident will be disqualified from our resident programs, but may still utilize CPRS services.

Dress Code

- 1. All residents are required to be fully dressed outside of their bedrooms. Shirts and bottoms must be worn outside of a bedroom and includes outside while on the property.**
- 2. Suntanning can be done with shorts and tank tops - no shirtless or swimsuits allowed while on the property.**
- 3. No resident is to be only dressed in a swimsuit.**
- 4. No mid-drift shirts are accepted. Shirts must cover the entire stomach.**
- 5. Shorts must be a minimum of 3 inches long or 6 inches above the knee.**

Please note Beyond Brink, and/or its Board members reserve the right to modify the above expectation and requirements at any time for whatever reason without notice.

I, _____ understand and agree to the following:

_____ **By signing this agreement, I am entering into a month-to-month lease agreement. I must provide Beyond Brink Recovery Housing a 30-day notice prior to the month I plan to leave the program.**

_____ **I will attend a minimum of (3) support meetings per week and provide verification of meeting attendance.**

_____ **I will attend a weekly house meeting, I will be on-time, I will have verification of meeting attendance, work/school/outpatient schedule, and participate.**



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_____ I agree to work with a Certified Peer Recovery Specialist.

_____ I will maintain my recovery by staying abstinent from all drugs and alcohol while in this program.

_____ I will pay my portion of the program fee on-time (if any).

_____ I will do my part to keep utility costs down and participate in the Reduce, Reuse, Recycle moto.

_____ Beyond Brink Recovery Housing will follow a '3 strike' rule, meaning if a resident receives 2 written warnings for breaking any of the house rules and expectations, upon receiving the third warning, I will be asked to leave the program.

_____ I will sign and participate in the Medication Watch Program and follow all the expectations outlined within that agreement.

_____ I will follow all recommendations for out-patient services, mental health services, and counseling services and understand that failure to do so may result in discharge from this program.

_____ I understand my rights and responsibilities to this program.

_____ I understand that Beyond Brink may add, alter, or change the house rules and expectations or requirements for participation in the program at any time, and that I will be notified of these changes by changes being posted in the house.

_____ (Signature)

_____ (Date)

I have read and understand the Resident Agreement for the Beyond Brink Recovery Housing, an establishment of Beyond Brink, a nonprofit organization, its policies, procedures, rules, and expectations and I am hereby making a commitment to follow them for the purpose of housing and recovery.

Printed Name of Resident: _____

Move in Date: _____

Signature of Resident: _____

Date: _____



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Signature of Witness: _____ **Date:** _____

Release and Hold Harmless

This is a legal and binding document. Please read it very carefully and apply your initials wherever indicated. By signing and dating this document, you claim to have read and understand this agreement in its entirety.

_____ (Initial) This Release and Hold Harmless Agreement is executed on _____ (date) between _____ (name) and Beyond Brink, a Nonprofit Organization.

_____ (Initial) In consideration of being permitted to use the grounds and other facilities of and to participate in Beyond Brink, a Nonprofit Organization, the undersigned, legal representatives, heirs, and assigns ("Participant") execute this Release and Hold Harmless Agreement.

_____ (Initial) Resident hereby waives and discharges Beyond Brink, its owners, its officers, employees, or advisors, from all liability to Resident for any and all loss or damage to Resident on account of injury to the Resident or the Resident's personal property, even injury resulting in the death of the Resident while the Resident is participating in any of the activities provided or living in the dwelling run by Beyond Brink, a Nonprofit Organization.

_____ (Initial) Resident is fully and adequately informed of the nature of the programs in which the Resident wishes to participate, and hereby assumes full responsibility for the risk of injuries, whether due to the negligence of Beyond Brink or otherwise, and agrees to indemnify Beyond Brink from any loss, liability, damage, or cost Beyond Brink may incur due to the injuries suffered by Resident. Resident further agrees to never institute a suit or action against Beyond Brink for damages, cost, expenses, or loss of services resulting from injuries.

_____ (Initial) Resident releases Beyond Brink from any claim whatsoever on accounts of first aid, treatments, or service rendered to Resident as a result of injury.

_____ (Initial) Resident agrees to be financially liable and responsible for any medical cost related to injuries.

_____ (Initial) By initialing this paragraph, I certify that I am empowered to act on my own behalf or on the behalf of the Resident.



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_____ (Initial) Resident expressly agrees that this Release and Hold Harmless Agreement be as broad and inclusive as permitted by the laws of the State of Minnesota, and that if any portion thereof is held invalid it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

_____ (Initial) In witness whereof, this release and Hold Harmless Agreement is executed in Mankato, MN.

I realize that this recovery/sober house to which I am applying for residency has been established in compliance with the conditions of 2036 Federal Anti-Drug Act of 1988, P.L 100-690 as amended which provides that the house require the house residents to:

1. Prohibit all residents from using alcohol or illegal mind-altering substances.
2. Expel any resident who violates such prohibition.
3. Share household expenses including the monthly program fees, among residents.
4. Utilize democratic decision making with the group, including inclusion and expulsion from the group.

_____ (Initial) I have been provided with a copy of, have read and fully understand the rules, regulations, and expectations of the Beyond Brink Recovery Housing program run by Beyond Brink, a Nonprofit Organization.

_____ (Initial) I agree that I am a participant in a program and not a tenant. I agree that I am not protected by, nor will I invoke any protections of local landlord/tenant laws. If it is found that local landlord/tenant law applies, hereby renounce any rights that I may or may not have relating to the same.

_____ (Initial) I specifically agree that if I violate any of the rules and regulations of Beyond Brink, I can be expelled from the property and forfeit any rights to my prepaid program fees. I agree that final determination for any disciplinary action will be made by Beyond Brink and may not be appealed.

_____ (Initial) I agree that if I am expelled from a property run by Beyond Brink, I forfeit my prepaid program fees.

_____ (Initial) I agree that if I default on any portion of this contract and Beyond Brink must go to any court to collect program fees; I am liable in full for the payment of these fees.

_____ (Initial) I hereby release and hold harmless Beyond Brink and its founder, Brandy Brink, or any employee, board members or employees from any and all lawsuits that may be brought by me, and/or any member of my family and heirs in perpetuity for any sort or action whatever.



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