

PERSONAL STATEMENT

Journalism and Media Professional with proven experience in reporting, feature writing, and multimedia content creation, including BFI London Film Festival press accreditation. Expertise in documentary production (WorldWrite) , investigative reporting, and digital journalism. Strong critical thinking, communication, and teamwork skills , committed to impactful narratives and social inclusion

WORK HISTORY

Independent Media Experience

Oct 2025 - current

Mind in Hillingdon and Hillingdon Vision

Uxbridge, HIL
Sept 2025 - current

Worldwrite

Lower Clapton, HCK
June 2025 - current

Independent Blog Platform

Online
Jan 2025 - current

Hillingdon Vision

West Drayton, HIL

Independent Media & Festival Involvement

- **Accredited as official press** for the BFI **London Film Festival**.
- **Covered BFI screenings, industry panels, and press events**, producing feature articles and filmmaker interviews.
- **Selected as a Student Juror** for the **Water Sprite Film Festival**, evaluating international short films for storytelling and social impact.

Community Club Volunteer

- **Assist with creative wellbeing workshops** organised by MIND at St. Andrew's Church, supporting participants through **arts-based activities** that encourage expression and connection.
- **Deliver Wenzel's Bakery food donations** to members of the church's mental health support group, helping **promote community wellbeing and social inclusion**.

Documentary Production Intern

- **Contribute to the production** of a documentary exploring the **complexities of free speech in modern society**.
- **Trained in professional camera operation**; actively contribute to pre-, on-set, and post-production workflows.
- **Film interviews** and assist with both **pre- and post-production workflows**.
- **Collaborate with the editorial team** on narrative development and visual storytelling.
- **Filmed four debates** at the prestigious *Battle of Ideas* festival, held at **Church House, Westminster (18–19 October 2025)**, as part of the documentary's coverage.

Founder & Content Creator

- **Run a personal blog** focused on **critical analysis** of culture through the lenses of **psychology and philosophy**.
- **Research, write, and publish original long-form essays, critiques, and cultural commentary**, engaging a growing niche audience.
- **Oversee all aspects of content creation**, including **SEO optimisation, website management, and social media engagement** across multiple digital platforms.
- **Manage audience engagement** and foster an interactive community through comments, shares, and cross-platform promotion.

Intern Journalist

Nov 2024 - current

- **Reported on local events**, including wrestling matches, charity fundraisers, VE Day, and community milestones.
- **Collaborated with photographers and editors** to enhance story quality and visual appeal.
- **Managed tight deadlines**, ensuring timely publication across digital platforms.
- **Drafted and distributed press releases**, managed media outreach, and maintained consistent messaging across digital platforms.
- **Built and maintained relationships** with journalists, influencers, and community stakeholders to enhance brand visibility and campaign impact.

The Hillingdon Herald

Uxbridge, HIL
Sept 2024 - current

Journalist and Photographer

- **Interviewed key figures**, including the Mayor of Hillingdon, Lord John Randall, and local community leaders.
- **Conducted vox pops and in-depth interviews**, producing engaging human interest stories.
- **Produced articles on politics, culture, and social issues**, with a focus on Hillingdon residents.
- **Managed tight deadlines**, ensuring timely publication across digital and print platforms.
- **Captured real-time, on-the-ground images** to support developing stories, providing timely and relevant visual content.
- **Edited photos promptly and professionally**, adhering to editorial guidelines and specific requests.

EDUCATION

Brunel University London

Uxbridge
Feb 2025 - Expected graduation Dec 2025

Diploma of Higher Education in NCTJ International Candidate

Relevant course

- Training in news reporting, media law, public affairs, and shorthand.

Awards and honours

- Nominated as Brunel University's official NCTJ representative.

Delhi University

New Delhi
Aug 2018 - June 2021

Bachelor of Arts: Philosophy Hons. in Philosophy

Relevant course

- Focus on critical thinking, analytical writing, and psychological perspectives in media narratives.
- Minored in Psychology and achieved a 2:1 (Upper Second-Class Honours) equivalent.
- Achieved First Division in core modules.

Brunel University London

Uxbridge
Sept 2024 - Oct 2025

Master of Science in Media and Communication

Relevant course

- Specialisation in digital journalism, media ethics, disinformation, AI & data journalism
- Hands-on experience in broadcast production and investigative reporting
- Dissertation: "Fathers, Films and Formation of Masculinity: Parental Film Viewing and Its Influence on Male Identity & Moral Growth"

Awards and honours

- Vice-Chancellor's Scholarship for Academic Excellence

SKILLS

- Media/Digital: Research , SEO optimisation, Website management, MS office.
- Critical thinking, Analytical skills, Time management, Organizational skills, Planning
- Communication & Relationship Management (Verbal, Interpersonal, Relationship building, Networking), Leadership & Conflict Resolution, Teamwork and collaboration