Relationships as Easy as







Empowering Healthy Relationships! How Are Yours?

Are They...

Healthy?

Caring?

Mutually Respectful?

Learn how you can develop the Attitudes, Boundaries, and Communication skills to benefit a **Healthy Relationship**.



Where: People's Place (Across from the Fire Station)

72 City Hall Ave

Gardner, MA

When: 11 am—12pm

The First Saturday of the month

Questions? Call (978)230-6446 or email contact@voicesoftruthcenter.org

www.voicesoftruthcenter.org

Brought to you by Voices of Truth of Gardner, MA

(A nonprofit organization dedicated to improving life through healthy relationships.)