

Level	Hours	Monthly Payment	Admin Fee	GO Insurance
Recreational	2-4-6-8 hours/week (2h+2h+2h+2h)	\$180/\$280 \$360/\$430	No Fee	\$50
	6 hours/week (3h+3h)	\$360	\$150	\$150
Interclub Senior	9 hours/week (3h+3h+3h)	\$450		
ODP	9 hours/week (3h+3h+3h)	\$450	\$200	\$150
	12 hours/week (4h+4h+4h)	\$480	\$200	\$290
Provincial	16 hours/week (4hx4)	\$520		
	20 hours/week (4hx5)	\$550		
National	20 hours/week (4hx5)	\$550	\$200	\$400
	24 hours/week (4hx6)	\$570		