

| Level/Days                                   | Monday    | Tuesday   | Wednesday | Thursday  | Friday    | Saturday   | Hours/Week     |
|----------------------------------------------|-----------|-----------|-----------|-----------|-----------|------------|----------------|
| <b>Recreational Junior</b><br>2021 and older | 5:00-7:00 | 5:00-7:00 | 5:00-7:00 | 5:00-7:00 |           |            | 2hr-4hr-6hr    |
| <b>Interclub Junior</b><br>2017-2015         | 4:00-7:00 |           | 4:00-7:00 |           |           | 9:00-12:00 | 3hr+3hr        |
| <b>Interclub Advanced</b><br>2015 and older  | 4:00-7:00 | 5:00-8:00 | 4:00-7:00 | 5:00-8:00 | 5:00-8:00 | 9:00-12:00 | 3hr+3hr+3hr    |
| <b>ODP</b><br>2019-2018                      |           |           | 4:00-7:00 |           | 5:00-8:00 | 9:00-13:00 | 9hr+1hr ballet |
| <b>Provincial/National</b>                   | 4:00-8:00 | 5:00-9:00 | 4:00-8:00 | 5:00-9:00 | 5:00-9:00 | 9:00-14:00 | 12hr+          |

**Vaughan Sportsplex**

**Trio Sportsplex**