



## Embracing Positive Intelligence with Grace and Biblical Discernment

### A Preview of the Conversation We're Building Together

As the PQ for Christians community continues to grow, many of us are discerning how Positive Intelligence® (PQ) aligns with the Christian faith, as a tool used by God. What started as honest questions has now become a Spirit-led journey into grace, clarity, and deeper transformation in Christ.

While we are still refining the full Exploring PQ with Biblical Wisdom Guide, this one-page reflection offers a preview of the heart behind the conversation. Our aim is to walk in God's wisdom, rooted in Scripture, guided by the Holy Spirit, and always pointing to Christ as the eternal source of transformation.

### 1. Approach with Prayer and Discernment

PQ is not a replacement for the Word or the Holy Spirit. It is a mental fitness tool that can help reduce internal noise, clarify thought patterns, and make space for intimacy with God. Use it prayerfully, always rooted in Scripture (Romans 12:2).

### 2. Christ Is the Transformer

PQ exposes the mental patterns (saboteurs) that block spiritual growth, and we believe it is Christ who heals, renews, and restores. The goal doesn't end with self-improvement and better performance—it is deeper surrender and formation in Christ's likeness (2 Corinthians 3:18).

### 3. Frame Conversations with Grace and Truth

Not everyone will see PQ the same way. That's okay. We are called to hold space for honest questions with compassion and unconditional love. This journey invites us to lead with humility, guided by Scripture and the fruit of the Spirit (Galatians 5:22-23).

Let us continue walking together—listening, learning, and loving—as we discern what God is doing in our lives and the lives of others through this shared journey.

For now, we wait with intention. And while the complete guide will be released at the right time, this moment is about remaining rooted in Christ, staying curious, and moving forward together in the grace of God. To listen to the special podcast episode centered on the introduction of the guide, scan the QR code.

