



The following Scriptures form the spiritual and theological backbone of the **ROOTED Coaching Model**. They reflect the heart of this movement: that we are not called to transformation through willpower alone but by being deeply rooted in Christ, firmly planted by God, and established in His love, truth, and grace.

These passages are more than references—they are invitations. Meditate on them slowly. Let them nourish your soul. Use them in your prayers, in journaling, or in times of reflection. Allow the Holy Spirit to anchor you in truth, and to form you into one who flourishes in every season.

For transformation that lasts must be rooted in God.

Here is a comprehensive list of **biblical scriptures** that reference the concept of being **rooted, planted, or established in God, Christ, or the Holy Spirit**. These verses align with the foundational principles of the **ROOTED Coaching Model** and the **ROOTED Global Movement**.

1. Rooted in Christ

- **Colossians 2:6-7** – *“So then, just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness.”*
- **Ephesians 3:16-17** – *“I pray that out of his glorious riches, he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love...”*
- **John 15:4-5** – *“Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me, you can do nothing.”*
- **Romans 11:17-18** – *“If some of the branches have been broken off, and you, though a wild olive shoot, have been grafted in among the others and now share in the nourishing sap from the olive root, do not consider yourself to be superior to those other branches. If you do, consider this: You do not support the root, but the root supports you.”*

2. Planted by God

- **Psalms 1:2-3** – *“But whose delight is in the law of the Lord, and who meditates on his law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither—whatever they do prospers.”*
- **Jeremiah 17:7-8** – *“But blessed is the one who trusts in the Lord, whose confidence is in him. They will be like a tree planted by the water that sends out its roots by the stream. It does not fear when heat comes; its leaves are always green. It has no worries in a year of drought and never fails to bear fruit.”*



- **Psalm 92:12-14** – *“The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God. They will still bear fruit in old age, they will stay fresh and green.”*
- **Isaiah 61:3** – *“They will be called oaks of righteousness, a planting of the Lord for the display of his splendor.”*
- **Matthew 15:13** – *“He replied, ‘Every plant that my heavenly Father has not planted will be pulled up by the roots.’”*

3. Established in the Lord

- **Proverbs 16:3** – *“Commit to the Lord whatever you do, and he will establish your plans.”*
- **2 Corinthians 1:21-22** – *“Now it is God who makes both us and you stand firm in Christ. He anointed us, set his seal of ownership on us, and put his Spirit in our hearts as a deposit, guaranteeing what is to come.”*
- **Psalm 37:23** – *“The Lord makes firm the steps of the one who delights in him.”*
- **Isaiah 40:31** – *“But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.”*
- **1 Peter 5:10** – *“And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.”*
- **Romans 16:25** – *“Now to him who is able to establish you in accordance with my gospel, the message I proclaim about Jesus Christ, in keeping with the revelation of the mystery hidden for long ages past...”*
- **2 Thessalonians 3:3** – *“But the Lord is faithful, and he will strengthen you and protect you from the evil one.”*

4. Firmly Built and Strengthened in Faith

- **Matthew 7:24-25** – *“Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock.”*
- **Isaiah 26:3-4** – *“You will keep in perfect peace those whose minds are steadfast, because they trust in you. Trust in the Lord forever, for the Lord, the Lord himself, is the Rock eternal.”*
- **1 Corinthians 3:11** – *“For no one can lay any foundation other than the one already laid, which is Jesus Christ.”*
- **2 Timothy 2:19** – *“Nevertheless, God’s solid foundation stands firm, sealed with this inscription: ‘The Lord knows those who are his,’ and, ‘Everyone who confesses the name of the Lord must turn away from wickedness.’”*
- **Hebrews 6:19** – *“We have this hope as an anchor for the soul, firm and secure. It enters the inner sanctuary behind the curtain.”*



Summary & Application

These scriptures reflect the core **ROOTED Coaching Model** themes:

1. **Reflect** – Recognizing that our lives must be rooted in Christ (*Colossians 2:6-7*).
2. **Own** – Trusting in God’s establishment and recognizing His planting (*Psalms 92:12-14*).
3. **Overcome** – Standing firm against trials, being established by grace (*1 Peter 5:10*).
4. **Transform/Renew** – Growing into spiritual maturity and renewal (*Romans 12:2*).
5. **Equip** – Becoming strong trees of righteousness, equipped to lead (*Isaiah 61:3*).
6. **Deploy** – Flourishing in our calling and bearing fruit in all seasons (*Psalms 1:2-3*).

These verses **reinforce the theological and spiritual foundation** of the **ROOTED Global Movement**.