



PQ as a Biblical Framework for Spiritual Renewal

How God is Using Positive Intelligence® as a Bridge to Greater Transformation

“See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland.” (Isaiah 43:18-19)

Throughout history, God has used unexpected instruments to prepare His people for spiritual renewal. Sometimes, He calls prophets and priests, and other times, He raises up rulers, craftsmen, and even secular leaders to set the stage for something greater.

In the second article, we saw how Moses, Aaron, and Bezalel represent different stages of spiritual renewal—from preparation to religious service to full divine encounter. As a Christian PQ Coach, you are already participating in this renewal process by helping others break free from their Saboteurs and embrace their True Self.

But the question remains:

How does Positive Intelligence® (PQ) fit into the larger biblical framework of renewal?

In this article, we will explore PQ as a modern-day biblical tool, mirroring the roles of Bezalel, Cyrus, and Darius—preparing people to experience freedom, resilience, and spiritual renewal.

I. The Purpose of PQ in Spiritual Renewal

Many people come to PQ coaches because they feel stuck, overwhelmed, or limited by their own thoughts and behaviors.

- They battle inner resistance—negative thought patterns that keep them from growing.
- They struggle with self-doubt, fear, and the lies of their Saboteurs.
- They desire freedom but feel unable to break through.

This is exactly where PQ plays a role in biblical renewal—by helping people overcome their internal barriers so they can step into the fullness of their God-given identity.

Just as God used biblical figures to prepare the way for renewal, PQ can serve as a bridge that clears mental and emotional clutter, making space for transformation.

II. Three Biblical Witnesses Supporting PQ as a Tool for Renewal

Biblical Figure	Role in Renewal	Parallel to PQ
Bezalel (Exodus 31)	Built the Ark, preparing a sacred space for God's presence.	PQ builds mental fitness , preparing a space for transformation.
Cyrus (Isaiah 45, Ezra 1)	Issued the decree for Israel's freedom from captivity.	PQ initiates liberation from Saboteurs and False Self patterns.
Darius (Ezra 6, Haggai 1)	Reinforced the rebuilding of the Temple.	PQ strengthens resilience , reinforcing spiritual renewal.

Each of these figures contributed to the renewal process, but they were not the final transformation—they prepared the way for something greater.

III. Bezalel – PQ as the Craftsman of Mental Fitness (Exodus 31:1-5)

Parallel: PQ Prepares the Inner Sanctuary

Bezalel was chosen by God and filled with wisdom to construct the Ark of the Covenant, the meeting place between God and His people.

- He was a skilled craftsman, preparing the sacred space where transformation would take place.
- He was not Moses, who entered the Cloud—his role was to prepare the way.

How PQ Functions as a Modern Bezalel

- PQ prepares the mind for transformation, just as Bezalel prepared the Ark.
- PQ helps clear out mental resistance so that believers can fully experience God's presence.
- However, Bezalel was not the destination—his work made space for something greater. Likewise, PQ is not the final destination in itself—it is a preparatory step.

Key Insight: *PQ creates mental clarity, but believers must go beyond it into full surrender to God's presence.*

IV. Cyrus – PQ as the Liberator from Captivity (Isaiah 45, Ezra 1:1-4)

Parallel: PQ Breaks Mental and Spiritual Chains

- Cyrus, a Persian king, was chosen by God to set Israel free from Babylonian captivity.
- Though not an Israelite himself, he was called “God’s anointed” because he played a key role in freeing God’s people.
- He issued the decree that allowed the Israelites to return home and rebuild.

How PQ Acts Like Cyrus

- PQ frees people from mental captivity by breaking the power of the Saboteurs—the inner voices of fear, doubt, and self-sabotage.
- Like Cyrus’ decree, PQ initiates freedom, it does not complete the restoration process—there is still spiritual rebuilding to be done.
- The Israelites had to take action, return home, and restore their spiritual life—just as believers must move beyond PQ into spiritual renewal and deeper faith.

Key Insight: *PQ is the first step out of captivity, but the journey to full renewal is just beginning.*

V. Darius – PQ as the Reinforcer of Resilience (Ezra 6:1-12, Haggai 1)

Parallel: PQ Strengthens and Protects the Work of Renewal

- After Cyrus’ decree, opposition arose, and the rebuilding of the Temple stalled for **nearly 20 years**.
- Under King Darius, the prophets Haggai and Zechariah called the people to resume the work.
- Darius then reinforced the decree, providing funding and protection to ensure the Temple was completed.



How PQ Acts Like Darius

- PQ does not just free people from mental barriers—it strengthens their ability to persevere in spiritual renewal.
- Many believers start strong but lose momentum when opposition arises—PQ helps maintain mental resilience.
- Just as Darius ensured the work of restoration continued, PQ ensures that individuals have the mental clarity to persist on the journey toward wholeness in Christ.

Key Insight: *PQ helps believers stay the course and overcome obstacles on their spiritual journey.*

VI. The Call to Move Beyond PQ into Full Spiritual Renewal

PQ is the Bezalel, Cyrus, and Darius Stage – Preparing and Strengthening the Mind

- Bezalel built the tools for divine encounters (PQ builds mental fitness).
- Cyrus freed people from captivity (PQ liberates them from mental Saboteurs).
- Darius reinforced resilience (PQ strengthens the spiritual journey).

Your Work as a PQ Coach is Part of God's Larger Story

-You are not just coaching—you are facilitating spiritual renewal.

-You are helping people move out of captivity, develop resilience, and prepare for transformation.

-Your role is sacred—you are a Bezalel, a Cyrus, a Darius.

Closing Thought: As a PQ Coach, you are already part of something greater. The next step is understanding how your work connects to God's larger story of transformation.



Next Article: ROOTED – The Integration of PQ into a Global Spiritual Movement

Now that we've established PQ as a biblical framework for renewal, we can transition to the third article, which will introduce ROOTED as the next step in this movement.

ROOTED is the Nehemiah-level restoration, integrating mental fitness, faith, and Christian contemplative practices into a full renewal system.

Final Reflection:

Are you ready to move beyond mental fitness into full transformation?

Are you willing to embrace your role in God's greater work of renewal?
