



DUKE OF CONNAUGHT Grades 1-8-HOT LUNCH MENU MARCH. 2024

MON. MAR	TUE. MAR	WED. MAR	THURS. MAR	FRI. MAR 1
				Grilled Cheese ___ Fruit/Veg Water/Milk
MON. MAR 4	TUE. MAR 5	WED. MAR 6	THURS. MAR 7	FRI. MAR 8
Frittata ___ Fruit/Veg Water/Milk (SC PIZZA LUNCH DAY)	Beef ___ or Veggie ___ Sloppy Joe Fruit/Veg Water/Milk	Mac & Cheese ___ Fruit/Veg Water/Milk	Chicken Drumsticks ___ or Tofu ___w/Rice Fruit/Veg Water/Milk	Grilled Cheese ___ Fruit/Veg Water/Milk
MON. MAR 11	TUE. MAR 12	WED. MAR 13	THURS. MAR 14	FRI. MAR 15
M A R C H		B R E A K 11-		15
MON. MAR 18	TUE. MAR 19	WED. MAR 20	THURS. MAR 21	FRI. MAR 22
Tuna/Cheese ___ Cheese ___ Melts Fruit/Veg Water/Milk	Beef ___ or Veggie ___ Chili Fruit/Veg Water/Milk	Spaghetti w/Tomato Sauce ___ Fruit/Veg Water/Milk	Teriyaki Chicken ___ or Tofu ___ w/Rice Fruit/Veg Water/Milk	Grilled Cheese ___ Fruit/Veg Water/Milk
MON. MAR 25	TUE. MAR 26	WED. MAR 27	THURS. MAR 28	FRI. MAR 29
English Muffin Pizza Fruit/Veg Water/Milk	Beef ___ or Veggie ___ Taco Salad Bowls Fruit/Veg Water/Milk	Cheese Ravioli ___ w/Tomato Fruit/Veg Water/Milk	Chicken Noodle ___ or Mushroom ___ Soup Fruit/Veg Water/Milk	GOOD FRIDAY NO SCHOOL

PLEASE NOTE: *Pizza Lunch is run by the SC.

REMEMBER TO MAKE A COPY OR TAKE A PHOTO!

If you wish to have your child participate in the Lunch Program, it is important that this form is signed and returned along with your payment. Your signature tells us you are giving us permission to provide your child with lunch. Please note, food will always be provided regardless of the situation.

Lunch can be purchased by pre-registering daily, weekly, or monthly. Lunch is \$3.50 per day, or \$52.50 for the month of March, payment can be made by cash or cheque ONLY, made payable to Duke of Connaught. Please ONLY check the days that your child will be having lunch, sign and return by Thursday February 29, 2024. It's always a good idea to make a copy of the menu so your child will know what is for lunch and you will have a record of the days you have signed up for. All Kindergarten lunches will be delivered to the classroom in a Bento Box, a choice of water or milk will be provided. A vegetarian option is available, this menu is Halal acceptable.

Please note: In addition to contributing to the cost of food, a portion of this month's payment may go towards the purchase of new equipment for the program if required.

Name of student _____

Teacher's Name _____ Room # _____

Allergies or Sensitivities _____ Vegetarian _____

Parent's Signature _____

Number of Lunches _____ x\$3.50= \$ _____

REVISED MENU



DUKE OF CONNAUGHT KINDERGARTEN LUNCH MENU MARCH 2024

MON. MAR	TUE. MAR	WED. MAR	THURS. MAR	FRI. MAR 1
				Grilled Cheese ___ Fruit/Veg Water/Milk
MON. MAR 4	TUE. MAR 5	WED. MAR 6	THURS. MAR 7	FRI. MAR 8
NO LUNCH SERVED (SC PIZZA LUNCH DAY)	Beef ___ or Veggie ___ Sloppy Joe Fruit/Veg Water/Milk	Mac & Cheese ___ Fruit/Veg Water/Milk	Chicken Drumsticks ___ or Tofu ___w/Rice Fruit/Veg Water/Milk	Grilled Cheese ___ Fruit/Veg Water/Milk
MON. MAR 11	TUE. MAR 12	WED. MAR 13	THURS. MAR 14	FRI. MAR 15
M A R C H		B R E A K 11-	15	
MON. MAR 18	TUE. MAR 19	WED. MAR 20	THURS. MAR 21	FRI. MAR 22
Tuna/Cheese ___ Cheese ___ Melts Fruit/Veg Water/Milk	Beef ___ or Veggie ___ Chili Fruit/Veg Water/Milk	Spaghetti w/Tomato Sauce ___ Fruit/Veg Water/Milk	Teriyaki Chicken ___ or Tofu ___ w/Rice Fruit/Veg Water/Milk	Grilled Cheese ___ Fruit/Veg Water/Milk
MON. MAR 25	TUE. MAR 26	WED. MAR 27	THURS. MAR 28	FRI. MAR 29
English Muffin Pizza Fruit/Veg Water/Milk	Beef ___ or Veggie ___ Taco Salad Bowls Fruit/Veg Water/Milk	Cheese Ravioli ___ w/Tomato Fruit/Veg Water/Milk	Penne Pasta w/Tomato ___ or Olive Oil ___ Fruit/Veg Water/Milk	GOOD FRIDAY NO SCHOOL

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Lunch can be purchased by pre-registering daily, weekly, or monthly. Lunch is \$3.00 per day, or \$42.00 for the month of March, payment can be made by cash or cheque ONLY, made payable to Duke of Connaught. Please ONLY check the days that your child will be having lunch, sign and return by Thursday February 29, 2024. It's always a good idea to make a copy of the menu so your child will know what is for lunch and you will have a record of the days you have signed up for. All Kindergarten lunches will be delivered to the classroom in a Bento Box, a choice of water or milk will be provided. A vegetarian option is available, this menu is Halal acceptable.

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Name of student _____

Teacher's Name _____ Room # _____

Allergies or Sensitivities _____ Vegetarian _____

Parent's Signature _____

Number of Lunches _____ x\$3.00= \$ _____

REVISED MENU