

## James Ho, M.D.

1330 San Bernardino Road, Suite G, Upland, CA 91786 • (909) 755-0622 Fax: (909) 931-3627

### General Information

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_  
(last) (first)

Address \_\_\_\_\_ City, State \_\_\_\_\_ Zip \_\_\_\_\_

Male  Female  Married  Single  Divorced  Widowed

Phone ( ) \_\_\_\_\_ Mobile Phone ( ) \_\_\_\_\_

SS# - - DL# \_\_\_\_\_

Primary language \_\_\_\_\_ Do You Need an interpreter?  Yes  No

How Were You Referred To Our Office?  Physician  Friend  Insurance  Ad  Other

**Is your visit today related to an illness or injury from your work?**  Yes  No

Adjuster \_\_\_\_\_ Claim # \_\_\_\_\_

### Employment Information

Employer \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City, State \_\_\_\_\_ Zip \_\_\_\_\_

### Insurance/Billing Information

Responsible Party \_\_\_\_\_ Relationship \_\_\_\_\_ DOB \_\_\_\_\_

Employer of Responsible Party (if different from patient) \_\_\_\_\_

Insurance \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Address \_\_\_\_\_ City, State \_\_\_\_\_ Zip \_\_\_\_\_

Policy Holder \_\_\_\_\_ Relation to Patient \_\_\_\_\_

Insured SS# \_\_\_\_\_ Policy/Group# \_\_\_\_\_ Member ID# \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ Phone ( ) \_\_\_\_\_

### Patient Responsibility

Due to stringent rules adopted by the Federal Government (HIPAA-Health Insurance Portability and Accountability Act) with regard to patient confidentiality, the responsibility of delivery of medical testing results and medical records will be the responsibility of the patient. Many facilities will no longer provide a copy of your medical testing or records via fax or mail without an authorization signed by you on the date it is being requested. This is for your protection but our office is unable to obtain your testing results with a phone call. It is your responsibility to assure that the results of any testing from other facilities are faxed to our office in time for your next appointment.

I authorize James Ho MD Medical Corporation to obtain medical records, testing, x-rays or any pertinent information to assist in evaluation and treatment of my medical condition. This authorization shall remain in effect for 1 (one) year unless revoked by me in writing.

\_\_\_\_\_  
Responsible Party

\_\_\_\_\_  
Date

# CHILD HEALTH HISTORY

## HISTORY OF PREGNANCY WITH CHILD

During which month of pregnancy did you first see the doctor? _____ month		Where was baby born? _____	
How long was your pregnancy? _____ months		If baby was born at home, were blood tests for newborn screening done? <input type="checkbox"/> YES <input type="checkbox"/> NO	
Did you have any illnesses or problems during the pregnancy, including sexually transmitted or other communicable diseases?	YES NO	Did you use any non-prescribed drugs like tobacco, alcohol, "street drugs" or over-the-counter or home remedies?	YES NO
Did you take any medications prescribed by your doctor?	YES NO	Did the baby go home with you from the hospital?	YES NO
Did you have a difficult or abnormal delivery or C-Section?	YES NO	Was more than one baby born?	YES NO
Did the baby have any problems during the first week of life?	YES NO	Did the baby receive any shots for Hepatitis B?	YES NO

CHILD'S HISTORY:  MALE  FEMALE ADOPTED?  YES  NO

BIRTH WEIGHT: \_\_\_\_\_ POUNDS \_\_\_\_\_ OUNCES LENGTH: \_\_\_\_\_ INCHES

Has your child ever had any of the following?				
Measles, Chickenpox, Mumps, Rubella	YES	NO	Vomiting after eating or refusing to eat	YES NO
Tuberculosis or positive TB test	YES	NO	Muscle, joint or bone problems	YES NO
Tonsillitis or frequent Sore Throat	YES	NO	Skin problems	YES NO
Problems with Eyes or Vision	YES	NO	Headaches or Dizziness	YES NO
Problems with Ears or Hearing	YES	NO	Convulsions, Seizures, Epilepsy	YES NO
Difficulty Breathing or Snoring at night	YES	NO	Diabetes	YES NO
Heart problems	YES	NO	Thyroid problems	YES NO
Asthma, Bronchitis, Pneumonia	YES	NO	Allergies	YES NO
Anemia, Bleeding problems, Blood transfusions	YES	NO	Problems with Development or School performance	YES NO
Stomachaches	YES	NO	Serious Illness or Accident	YES NO
Diarrhea, Soiling self with stool	YES	NO	Surgery or Hospitalization	YES NO
Bladder or Kidney problems, Wetting self or bed	YES	NO	<b>GIRLS</b> - Has she started her periods?	YES NO
Constipation	YES	NO	<b>GIRLS</b> - Are there problems with periods?	YES NO

FAMILY HISTORY: Does child's mother(M), father(F), sister(S), brother(B), aunt(A), uncle(U), or grandparent(GP) have:

		Which Family Member?				Which Family Member?	
YES	NO	Diabetes		YES	NO	High Blood Pressure	
YES	NO	Epilepsy or Convulsions		YES	NO	Bleeding Disorder	
YES	NO	Mental Retardation		YES	NO	Tuberculosis	
YES	NO	Heart Disease		YES	NO	Allergy	
YES	NO	Cancer		YES	NO	Lung or Breathing Problems	
YES	NO	Kidney or Urinary disease		YES	NO	Eye disorder	
YES	NO	Bone or Joint problems		YES	NO	Ear disorder	

### PARENT INFORMATION:

Mother: Age \_\_\_\_\_ Height \_\_\_\_\_  
 Father: Age \_\_\_\_\_ Height \_\_\_\_\_

### HOUSEHOLD INFORMATION:

Number of people in home: \_\_\_\_\_  
 Are both parents living in the home?  Yes  No  
 Does anyone in the home smoke or use alcohol or drugs?  Yes  No  
 Do you live in a:  House  Apartment  Mobile Home  Shelter  Home  
 Language spoken in the home: \_\_\_\_\_  
 Do you or your child have a hearing impairment?  Yes  No  
 Are Interpreter Services needed? (Staff Use Only)  Yes  No

### PATIENT IDENTIFICATION:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Reviewer's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Insurance Benefit Assignment/Consent to Disclose Medical Information**

**Medicare - Authorization & Benefit Assignment**

I request that payment of authorized **Medicare** benefits be made to James C Ho, MD Medical Corporation for any services furnished to me by that physician/supplier. I authorize any holder of medical information about me to release to the Health Care Financing Administration and its agents any Personal Health Information needed to determine these benefits or the benefits payable to related services.

I understand my signature requests that payment be made and authorize release of Personal Health Information necessary to pay the claim. In Medicare assigned cases, the physician or supplier agrees to accept the charge determination of the Medicare carrier as the full charge and the patient is responsible only for the deductible, coinsurance, and non-covered services. Coinsurance and the deductible are based upon the charge determination of the Medicare carrier.

\_\_\_\_\_  
Name of Beneficiary

\_\_\_\_\_  
HIC (Medicare Number)

**Insurance - Authorization & Benefit Assignment**

I hereby authorize James C Ho MD Medical Corporation to furnish Personal Health Information concerning my illness and treatment to insurance carriers or other entity necessary to pay the claim, and I hereby assign to James C Ho MD Medical Corporation all payment for medical services rendered to my dependents or myself. I understand I am responsible for patient deductibles and any amount not covered by the insurance. Laboratory, radiology and other ancillary services provided in connection with physician's office will be billed separately. Co-pays must be made at the time of service and a fee of \$25.00 will be added to any returned check balances. I understand and agree to give at least 24 hours notice if I am unable to keep an appointment. Failure to do so will result in a "No-Show" charge of \$25.00 added to my account balance.

\_\_\_\_\_  
Responsible Party Signature

\_\_\_\_\_  
Date

**Consent to Treatment**

The undersigned consents to the treatment including emergency treatment or services which may include but are not limited to laboratory procedures, x-ray examination, medical or surgical treatment or procedures rendered to the patient under the general and specific instructions of the patient's physician.

\_\_\_\_\_  
Responsible Party's Signature

\_\_\_\_\_  
Date

**Consent To Treatment of a Minor**

I hereby consent to and authorize for my **minor child**:

\_\_\_\_\_  
Name of Minor Child

\_\_\_\_\_  
Minor's Birth Date

Diagnostic and/or therapeutic treatment including emergency treatment or services which may include but are not limited to laboratory procedures, x-ray examination, medical or surgical treatment or procedures rendered under the general and specific instructions of the physician. I am a legal guardian or parent with the legal authority to give consent to treatment.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Does the minor child live with you?     YES     NO    Your phone number if different from child: \_\_\_\_\_

If divorced, name of person with legal custody of minor child \_\_\_\_\_

**Patient's Rights**

You may refuse to give consent and may object to any part of this form. If so, please ask to speak with us about that. If you chose to give consent in this document, you may revoke your consent in the future, in writing. This right, and other rights that you have in regard to your Personal Health Information use and disclosure are detailed in our Privacy Notice. If you did not receive a copy of this Privacy Notice, please ask for one and read it carefully. We value you as a patient and strive to achieve the highest standards in our service to you.

Identification Verified by: \_\_\_\_\_

**JAMES C. HO, M.D.MEDICAL CORPORATION**

To Our Patients;

Your privacy is of utmost concern to us. Please take a moment to complete this information so that we only contact you and/or leave messages where you want.

	OK to contact you at this number To confirm, cancel or reschedule an appointment information?	Is it OK to leave a message?
1. _( ) _____ Home Phone	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
2. _( ) _____ Work Phone	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
3. _( ) _____ Cell Phone	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
4. _____ E-Mail Address	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
5. _( ) _____ Emergency Contact	Relationship: _____	

## YOU HAVE THE RIGHT TO MAKE DECISIONS ABOUT YOUR MEDICAL TREATMENT

A federal law requires us to give you information that explains your rights to make health care decisions and how you can plan what should be done when you can't speak for yourself.

Your doctor must tell you about your medical condition and about what different treatments are available to you. . Many treatments have "side effects". Often, more than one treatment might help you. Your doctor can tell you which treatments are available to you, but can't choose for you. That choice depends on what is important to you.

If you can't make treatment decisions, your doctor will ask your closest relative or friend to help decide what is best for you. Sometimes everyone doesn't agree about what to do. That's why it's helpful if you say, in advance, what you want to happen if you cannot speak for yourself. There are several kinds of "advance directives" that you can use to say what you want and who you want to speak for you.

One kind of advance directive under California law lets you name someone to make healthcare decisions when you can't. This form is called a **DURABLE POWER OF ATTORNEY FOR HEALTHCARE**. You can choose an adult relative or friend you trust as your "agent" to speak for you when you're too sick to make your own decisions.

You can write down in the **DURABLE POWER OF ATTORNEY FOR HEALTHCARE** when you would or wouldn't want medical treatment. Talk to your doctor about what you want and give your doctor a copy of the form. Sometimes treatment decisions are hard to make and it truly helps your family and your doctors if they know what you want. **THE DURABLE POWER OF ATTORNEY FOR HEALTHCARE** also gives them legal protection when they follow your wishes.

If you don't want to have anyone make decisions for you, you can use another kind of advance directive to write down your wishes about treatment. This is often called a **LIVING WILL** because it takes effect while you are still alive but have become unable to speak for yourself. The California Natural Death Act lets you sign a living will called a **DECLARATION**. Anyone 18 years or older of sound mind can sign one.

When you sign a **DECLARATION** it tells your doctors that you don't want any treatment that would prolong your dying. All life-sustaining treatment would be stopped if you were terminally ill and your death was expected soon, or if you were permanently unconscious. You would still receive treatment to keep you comfortable, however.

The doctors must follow your wishes about limiting treatment or turn your care over to another doctor who will. Your doctors are also legally protected when they follow your wishes.

You can sign a **DECLARATION**, using any of the available **LIVING WILL** forms, a **DURABLE POWER OF ATTORNEY FOR HEALTHCARE** form, or you can just write down your wishes on a piece of paper. Your doctors and family can use what you write in deciding about your treatment. But living Wills that don't meet the requirements of the Natural Death Act don't give as much legal protection for your doctors if a disagreement arises about following your wishes. You can change or revoke any of these documents at any time as long as you communicate your wishes. Be sure to let your doctors, family, friends and any agent you may have appointed know if you decide to change or revoke your advance directive.

You do not have to fill out any of these forms if you don't want to. You can just talk with your doctors and ask them to write down what you've said in your medical chart. And you can talk with your family, but people will be clearer about your treatment wishes, and your wishes are more likely to be followed if you write them down.

If you don't have someone you want to name to make decisions when you can't, you can sign a **NATURAL DEATH ACT DECLARATION**. This **DECLARATION** says that you do not want life prolonging treatment if you are terminally ill or permanently unconscious.

We have provided you with this information concerning advance directives so that you can fully participate in planning your future health care decisions. We believe it is never too early to think about decisions that may be very important in the future, and to discuss these topics with your family, friends, and other interested people.

It is up to you to inform your primary care physician of whether or not you have completed an advance directive and provide a copy of it to them. Also, remember to bring a copy of your advance directive when you check into a hospital or other health facility so that it can be kept with your medical records.

To obtain an advance directive form, attend a workshop, or receive free assistance in completing an advance directive, you may call **California Health Decisions** at: **714 347-7921**



## NOTICE OF PRIVACY PRACTICES

### James Ho, M.D. Medical Corporation

1330 San Bernardino Road, Suite G, Upland, CA 91786 909-755-0622

#### Effective Date September 1, 2013

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. *We understand the importance of privacy and are committed to maintaining the confidentiality of your medical information. We make a record of the medical care we provide and may receive such records from others. We use these records to provide or enable other health care providers to provide quality medical care, to obtain payment for services provided to you as allowed by your health plan and to enable us to meet our professional and legal obligations to operate this medical practice properly. We are required by law to maintain the privacy of protected health information and to provide individuals with notice of our legal duties and privacy practices with respect to protected health information. This notice describes how we may use and disclose your medical information. It also describes your rights and our legal obligations with respect to your medical information. If you have any questions about this Notice, please contact our Privacy Officer listed above.*

#### A. HOW THIS MEDICAL PRACTICE MAY USE OR DISCLOSE YOUR HEALTH INFORMATION

This medical practice collects health information about you and stores it in a chart and on a computer. This is your medical record. The medical record is the property of this medical practice, but the information in the medical record belongs to you. The law permits us to use or disclose your health information for the following purposes:

**1. Treatment.** We use medical information about you to provide your medical care. We disclose medical information to our employees and others who are involved in providing the care you need. For example, we may share your medical information with other physicians or other health care providers who will provide services which we do not provide. Or we may share this information with a pharmacist who needs it to dispense a prescription to you, or a laboratory that performs a test. We may also disclose medical information to members of your family or others who can help you when you are sick or injured.

**2. Payment.** We use and disclose medical information about you to obtain payment for the services we provide. For example, we give your health plan the information it requires before it will pay us. We may also disclose information to other health care providers to assist them in obtaining payment for services they have provided to you.

**3. Health Care Operations.** We may use and disclose medical information about you to operate this medical practice. For example, we may use and disclose this information to review and improve the quality of care we provide, or the competence and qualifications of our professional staff. Or we may use and disclose this information to get your health plan to authorize services or services and audits, including fraud and abuse detection and compliance programs and business planning and management. We may also share your medical information with our "business associates," such as our billing service, that perform administrative services for us. We have a written contract with each of these business associates that contains terms requiring them to protect the confidentiality and security of your medical information. Although federal law does not protect health information which is disclosed to someone other than another healthcare provider, health plan, healthcare clearinghouse, or one of their business associates, California law prohibits all recipients of healthcare information from further disclosing it except as specifically required or permitted by law. We may also share your information with other health care providers, health care clearinghouses or health plans that have a relationship with you, when they request this information to help them with their quality assessment and improvement activities, their patient-safety activities, their population-based efforts to improve health or reduce health care costs, protocol development, case management or care coordination activities, their review of competence, qualifications and performance of health care professionals, their training programs, their accreditation, certification or licensing activities, their activities related to contracts of health insurance or health benefits, or their health care fraud and abuse detection and compliance efforts. *[Participants in organized health care arrangements only should add: We may also share medical information about you with the other health care providers, health care clearinghouses and health plans that participate with us in "organized health care arrangements" (OHCAs) for any of the OHCAs' health care operations. OHCAs include hospitals, physician organizations, health plans, and other entities which collectively provide health care services. A listing of the OHCAs we participate in is available from the Privacy Official.]*

**4. [Optional: Appointment Reminders.** We may use and disclose medical information to contact and remind you about appointments. If you are not home, we may leave this information on your answering machine or in a message left with the person answering the phone.]

**5. Sign In Sheet.** We may use and disclose medical information about you by having you sign in when you arrive at our office. We may also call out your name when we are ready to see you.

**6. Notification and Communication with Family.** We may disclose your health information to notify or assist in notifying a family member, your personal representative or another person responsible for your care about your location, your general condition or, unless you have instructed us otherwise, in the event of your death. In the event of a disaster, we may disclose information to a relief organization so that they may coordinate these notification efforts. We may also disclose information to someone who is involved with your care or helps pay for your care. If you are able and available to agree or object, we will give you the opportunity to object prior to making these disclosures, although we may disclose this information in a disaster even over your objection if we believe it is necessary to respond to the emergency circumstances. If you are unable or unavailable to agree or object, our health professionals will use their best judgment in communication with your family and others.

**7. Marketing.** Provided we do not receive any payment for making these communications, we may contact you to encourage you to purchase or use products or services related to your treatment, case management or care coordination, or to direct or recommend other treatments, therapies, health care providers or settings of care that may be of interest to you. We may similarly describe products or services provided by this practice and tell you which health plans we participate in. We may receive financial compensation to talk with you face-to-face, to provide you with small promotional gifts, or to cover our cost of reminding you to take and refill your medication or otherwise communicate about a drug or biologic that is currently prescribed for you, but only if you either: (1) have a chronic and seriously debilitating or life-threatening condition and the communication is made to educate or advise you about treatment options and otherwise maintain adherence to a prescribed course of treatment, or (2) you are a current health plan enrollee and the communication is limited to the availability of more cost-effective pharmaceuticals. If we make these communications while you have a chronic and seriously debilitating or life threatening condition, we will provide notice of the following in at least 14-point type: (1) the fact and source of the remuneration; and (2) your right to opt-out of future remunerated communications by calling the communicator's toll-free number. We will not otherwise use or disclose your medical information for marketing purposes or accept any payment for other marketing communications without your prior written authorization. The authorization will disclose whether we receive any financial compensation for any marketing activity you authorize, and we will stop any future marketing activity to the extent you revoke that authorization.

**8. Sale of Health Information.** We will not sell your health information without your prior written authorization. The authorization will disclose that we will receive compensation for your health information if you authorize us to sell it, and we will stop any future sales of your information to the extent that you revoke that authorization.

**9. Required by Law.** As required by law, we will use and disclose your health information, but we will limit our use or disclosure to the relevant requirements of the law. When the law requires us to report abuse, neglect or domestic violence, or respond to judicial or administrative proceedings, or to law enforcement officials, we will further comply with the requirement set forth below concerning those activities.

**10. Public Health.** We may, and are sometimes required by law to disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability; reporting child, elder or dependent adult abuse or neglect; reporting domestic violence; reporting to the Food and Drug Administration problems with products and reactions to medications; and reporting disease or infection exposure. When we report suspected elder or dependent adult abuse or domestic violence, we will inform you or your personal representative promptly unless in our best professional judgment, we believe the notification would place you at risk of serious harm or would require informing a personal representative we believe is responsible for the abuse or harm.

**11. Health Oversight Activities.** We may, and are sometimes required by law to disclose your health information to health oversight agencies during the course of audits, investigations, inspections, licensure and other proceedings, subject to the limitations imposed by federal and California law.

**12. Judicial and Administrative Proceedings.** We may, and are sometimes required by law, to disclose your health information in the course of any administrative or judicial proceeding to the extent expressly authorized by a court or administrative order. We may also disclose information about you in response to a subpoena, discovery request or other lawful process if reasonable efforts have been made to notify you of the request and you have not objected, or if your objections have been resolved by a court or administrative order.

**13. Law Enforcement.** We may, and are sometimes required by law, to disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order, warrant, grand jury subpoena and other law enforcement purposes.

**14. Coroners.** We may, and are often required by law, to disclose your health information to coroners in connection with their investigations of deaths.

- 15. Organ or Tissue Donation.** We may disclose your health information to organizations involved in procuring, banking or transplanting organs and tissues.
- 16. Public Safety.** We may, and are sometimes required by law, to disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or the general public.
- 17. Proof of Immunization.** We will disclose proof of immunization to a school where the law requires the school to have such information prior to admitting a student if you have agreed to the disclosure on behalf of yourself or your dependent.
- 18. Specialized Government Functions.** We may disclose your health information for military or national security purposes or to correctional institutions or law enforcement officers that have you in their lawful custody.
- 19. Worker's Compensation.** We may disclose your health information as necessary to comply with worker's compensation laws. For example, to the extent your care is covered by workers' compensation, we will make periodic reports to your employer about your condition. We are also required by law to report cases of occupational injury or occupational illness to the employer or workers' compensation insurer.
- 20. Change of Ownership.** In the event that this medical practice is sold or merged with another organization, your health information/record will become the property of the new owner, although you will maintain the right to request that copies of your health information be transferred to another physician or medical group.
- 21. Breach Notification.** In the case of a breach of unsecured protected health information, we will notify you as required by law. If you have provided us with a current email address, we may use email to communicate information related to the breach. In some circumstances our business associate may provide the notification. We may also provide notification by other methods as appropriate. **[Note: Only use email notification if you are certain it will not contain PHI and it will not disclose inappropriate information. For example if your email address is "digestivediseaseassociates.com" an email sent with this address could, if intercepted, identify the patient and their condition.] [Add the following three activities, or any of the three, only if the organization engages or intends to engage in these activities.]**
- 22. Psychotherapy Notes.** We will not use or disclose your psychotherapy notes without your prior written authorization except for the following: (1) your treatment, (2) for training our staff, students and other trainees, (3) to defend ourselves if you sue us or bring some other legal proceeding, (4) if the law requires us to disclose the information to you or the Secretary of HHS or for some other reason, (5) in response to health oversight activities concerning your psychotherapist, (6) to avert a serious threat to health or safety, or (7) to the coroner or medical examiner after you die. To the extent you revoke an authorization to use or disclose your psychotherapy notes, we will stop using or disclosing these notes.
- 23. Research.** We may disclose your health information to researchers conducting research with respect to which your written authorization is not required as approved by an Institutional Review Board or privacy board, in compliance with governing law.
- 24. Fundraising.** We may use or disclose your demographic information, the dates that you received treatment, the department of service, your treating physician, outcome information and health insurance status in order to contact you for our fundraising activities. If you do not want to receive these materials, notify the Privacy Officer listed at the top of this Notice of Privacy Practices and we will stop any further fundraising communications. Similarly, you should notify the Privacy Office if you decide you want to start receiving these solicitations again.

## **B. WHEN THIS MEDICAL PRACTICE MAY NOT USE OR DISCLOSE YOUR HEALTH INFORMATION**

Except as described in this Notice of Privacy Practices, this medical practice will, consistent with its legal obligations, not use or disclose health information which identifies you without your written authorization. If you do authorize this medical practice to use or disclose your health information for another purpose, you may revoke your authorization in writing at any time.

## **C. YOUR HEALTH INFORMATION RIGHTS**

**1. Right to Request Special Privacy Protections.** You have the right to request restrictions on certain uses and disclosures of your health information by a written request specifying what information you want to limit, and what limitations on our use or disclosure of that information you wish to have imposed. If you tell us not to disclose information to your commercial health plan concerning health care items or services for which you paid for in full out-of-pocket, we will abide by your request, unless we must disclose the information for treatment or legal reasons. We reserve the right to accept or reject any other request, and will notify you of our decision.

**2. Right to Request Confidential Communications.** You have the right to request that you receive your health information in a specific way or at a specific location. For example, you may ask that we send information to a particular email account or to your work address. We will comply with all reasonable requests submitted in writing which specify how or where you wish to receive these communications.

**3. Right to Inspect and Copy.** You have the right to inspect and copy your health information, with limited exceptions. To access your medical information, you must submit a written request detailing what information you want access to, whether you want to inspect it or get a copy of it, and if you want a copy, your preferred form and format. We will provide copies in your requested form and format if it is readily producible, or we will provide you with an alternative format you find acceptable, or if we can't agree and we maintain the record in an electronic format, your choice of a readable electronic or hardcopy format. We will also send a copy to another person you designate in writing. We will charge a reasonable fee which covers our costs for labor, supplies, postage, and if requested and agreed to in advance, the cost of preparing an explanation or summary, as allowed by federal and California law. We may deny your request under limited circumstances. If we deny your request to access your child's records or the records of an incapacitated adult you are representing because we believe allowing access would be reasonably likely to cause substantial harm to the patient, you will have a right to appeal our decision. If we deny your request to access your psychotherapy notes, you will have the right to have them transferred to another mental health professional.

**4. Right to Amend or Supplement.** You have a right to request that we amend your health information that you believe is incorrect or incomplete. You must make a request to amend in writing, and include the reasons you believe the information is inaccurate or incomplete. We are not required to change your health information, and will provide you with information about this medical practice's denial and how you can disagree with the denial. We may deny your request if we do not have the information, if we did not create the information (unless the person or entity that created the information is no longer available to make the amendment), if you would not be permitted to inspect or copy the information at issue, or if the information is accurate and complete as is. If we deny your request, you may submit a written statement of your disagreement with that decision, and we may, in turn, prepare a written rebuttal. You also have the right to request that we add to your record a statement of up to 250 words concerning anything in the record you believe to be incomplete or incorrect. All information related to any request to amend or supplement will be maintained and disclosed in conjunction with any subsequent disclosure of the disputed information.

**5. Right to an Accounting of Disclosures.** You have a right to receive an accounting of disclosures of your health information made by this medical practice, except that this medical practice does not have to account for the disclosures provided to you or pursuant to your written authorization, or as described in paragraphs 1 (treatment), 2 (payment), 3 (health care operations), 6 (notification and communication with family) and 18 (specialized government functions) of Section A of this Notice of Privacy Practices or disclosures for purposes of research or public health which exclude direct patient identifiers, or which are incident to a use or disclosure otherwise permitted or authorized by law, or the disclosures to a health oversight agency or law enforcement official to the extent this medical practice has received notice from that agency or official that providing this accounting would be reasonably likely to impede their activities.

**6.** You have a right to notice of our legal duties and privacy practices with respect to your health information, including a right to a paper copy of this Notice of Privacy Practices, even if you have previously requested its receipt by email.

If you would like to have a more detailed explanation of these rights or if you would like to exercise one or more of these rights, contact our Privacy Officer listed at the top of this Notice of Privacy Practices.

## **D. CHANGES TO THIS NOTICE OF PRIVACY PRACTICES**

We reserve the right to amend our privacy practices and the terms of this Notice of Privacy Practices at any time in the future. Until such amendment is made, we are required by law to comply with this Notice.

After an amendment is made, the revised Notice of Privacy Protections will apply to all protected health information that we maintain, regardless of when it was created or received. We will keep a copy of the current notice posted in our reception area, and a copy will be available at each appointment.

### **Complaints**

Complaints about this Notice of Privacy Practices or how this medical practice handles your health information should be directed to our Privacy Officer listed at the top of this Notice of Privacy Practices.

If you are not satisfied with the manner in which this office handles a complaint, you may submit a formal complaint to:

Region IX, Office for Civil Rights, U.S. Department of Health & Human Services, 90 7th Street, Suite 4-100, San Francisco, CA 94103

(415) 437-8310; (415) 437-8311 (TDD), (415) 437-8329 FAX [OCRMail@hhs.gov](mailto:OCRMail@hhs.gov)

The complaint form may be found at [www.hhs.gov/ocr/privacy/hipaa/complaints/hipcomplaint.pdf](http://www.hhs.gov/ocr/privacy/hipaa/complaints/hipcomplaint.pdf). You will not be penalized in any way for filing a complaint.

# Severity Measure for Depression—Child Age 11–17\*

\*PHQ-9 modified for Adolescents (PHQ-A)—Adapted

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: Male  Female  Date: \_\_\_\_\_

**Instructions:** How often have you been bothered by each of the following symptoms during the past 7 days? For each symptom put an "X" in the box beneath the answer that best describes how you have been feeling.

						Clinician Use
						Item score
		(0) Not at all	(1) Several days	(2) More than half the days	(3) Nearly every day	
1.	Feeling down, depressed, irritable, or hopeless?					
2.	Little interest or pleasure in doing things?					
3.	Trouble falling asleep, staying asleep, or sleeping too much?					
4.	Poor appetite, weight loss, or overeating?					
5.	Feeling tired, or having little energy?					
6.	Feeling bad about yourself—or feeling that you are a failure, or that you have let yourself or your family down?					
7.	Trouble concentrating on things like school work, reading, or watching TV?					
8.	Moving or speaking so slowly that other people could have noticed?  Or the opposite—being so fidgety or restless that you were moving around a lot more than usual?					
9.	Thoughts that you would be better off dead, or of hurting yourself in some way?					
<b>Total/Partial Raw Score:</b>						
<b>Prorated Total Raw Score: (if 1-2 items left unanswered)</b>						

Modified from the PHQ-A (J. Johnson, 2002) for research and evaluation purposes

# Pediatric ACEs and Related Life Events Screener (PEARLS)

TEEN (Parent/Caregiver Report) - To be completed by: **Caregiver**

Name:

Date:

At any point in time since your child was born, has your child seen or been present when the following experiences happened? Please include past and present experiences.

*Please note, some questions have more than one part separated by "OR." If any part of the question is answered "Yes," then the answer to the entire question is "Yes."*

## PART 1:

Please check "Yes" where apply.



1. Has your child ever lived with a parent/caregiver who went to jail/prison?
2. Do you think your child ever felt unsupported, unloved and/or unprotected?
3. Has your child ever lived with a parent/caregiver who had mental health issues?  
(for example, depression, schizophrenia, bipolar disorder, PTSD, or an anxiety disorder)
4. Has a parent/caregiver ever insulted, humiliated, or put down your child?
5. Has the child's biological parent or any caregiver ever had, or currently has a problem with too much alcohol, street drugs or prescription medications use?
6. Has your child ever lacked appropriate care by any caregiver?  
(for example, not being protected from unsafe situations, or not cared for when sick or injured even when the resources were available)
7. Has your child ever seen or heard a parent/caregiver being screamed at, sworn at, insulted or humiliated by another adult?   
Or has your child ever seen or heard a parent/caregiver being slapped, kicked, punched beaten up or hurt with a weapon?
8. Has any adult in the household often or very often pushed, grabbed, slapped or thrown something at your child?   
Or has any adult in the household ever hit your child so hard that your child had marks or was injured?  
Or has any adult in the household ever threatened your child or acted in a way that made your child afraid that they might be hurt?
9. Has your child ever experienced sexual abuse?  
(for example, anyone touched your child or asked your child to touch that person in a way that was unwanted, or made your child feel uncomfortable, or anyone ever attempted or actually had oral, anal, or vaginal sex with your child)
10. Have there ever been significant changes in the relationship status of the child's caregiver(s)?   
(for example, a parent/caregiver got a divorce or separated, or a romantic partner moved in or out)

How many "Yes" did you answer in Part 1?:

Please continue to the other side for the rest of questionnaire →



**PART 2:**

Please check "Yes" where apply.



- 1. Has your child ever seen, heard, or been a victim of violence in your neighborhood, community or school?  
*(for example, targeted bullying, assault or other violent actions, war or terrorism)*

---

- 2. Has your child experienced discrimination?  
*(for example, being hassled or made to feel inferior or excluded because of their race, ethnicity, gender identity, sexual orientation, religion, learning differences, or disabilities)*

---

- 3. Has your child ever had problems with housing?  
*(for example, being homeless, not having a stable place to live, moved more than two times in a six-month period, faced eviction or foreclosure, or had to live with multiple families or family members)*

---

- 4. Have you ever worried that your child did not have enough food to eat or that the food for your child would run out before you could buy more?

---

- 5. Has your child ever been separated from their parent or caregiver due to foster care, or immigration?

---

- 6. Has your child ever lived with a parent/caregiver who had a serious physical illness or disability?

---

- 7. Has your child ever lived with a parent or caregiver who died?

---

- 8. Has your child ever been detained, arrested or incarcerated?

---

- 9. Has your child ever experienced verbal or physical abuse or threats from a romantic partners?  
*(for example, a boyfriend or girlfriend)*

How many "Yes" did you answer in Part 2?:



# Pediatric ACEs and Related Life Events Screener (PEARLS)

TEEN (Self-Report)- To be completed by: **Patient**

Name:

Date:

At any point in time since you were born, have you seen or been present when the following experiences happened? Please include past and present experiences.

*Please note, some questions have more than one part separated by "OR." If any part of the question is answered "Yes," then the answer to the entire question is "Yes."*

## PART 1:

1. Have you ever lived with a parent/caregiver who went to jail/prison?

---

2. Have you ever felt unsupported, unloved and/or unprotected?

---

3. Have you ever lived with a parent/caregiver who had mental health issues?  
*(for example, depression, schizophrenia, bipolar disorder, PTSD, or an anxiety disorder)*

---

4. Has a parent/caregiver ever insulted, humiliated, or put you down?

---

5. Has your biological parent or any caregiver ever had, or currently has a problem with too much alcohol, street drugs or prescription medications use?

---

6. Have you ever lacked appropriate care by any caregiver?  
*(for example, not being protected from unsafe situations, or not being cared for when sick or injured even when the resources were available)*

---

7. Have you ever seen or heard a parent/caregiver being screamed at, sworn at, insulted or humiliated by another adult?  
  
Or have you ever seen or heard a parent/caregiver being slapped, kicked, punched beaten up or hurt with a weapon?

---

8. Has any adult in the household often or very often pushed, grabbed, slapped or thrown something at you?  
  
Or has any adult in the household ever hit you so hard that you had marks or were injured?  
  
Or has any adult in the household ever threatened you or acted in a way that made you afraid that you might be hurt?

---

9. Have you ever experienced sexual abuse?  
*(for example, has anyone touched you or asked you to touch that person in a way that was unwanted, or made you feel uncomfortable, or anyone ever attempted or actually had oral, anal, or vaginal sex with you)*

---

10. Have there ever been significant changes in the relationship status of your caregiver(s)?  
*(for example, a parent/caregiver got a divorce or separated, or a romantic partner moved in or out)*

How many "Yes" did you answer in Part 1?:



Please continue to the other side for  
the rest of questionnaire →

**PART 2:**

Please check "Yes" where apply.



1. Have you ever seen, heard, or been a victim of violence in your neighborhood, community or school?  
*(for example, targeted bullying, assault or other violent actions, war or terrorism)*

---

2. Have you experienced discrimination?  
*(for example, being hassled or made to feel inferior or excluded because of their race, ethnicity, gender identity, sexual orientation, religion, learning differences, or disabilities)*

---

3. Have you ever had problems with housing?  
*(for example, being homeless, not having a stable place to live, moved more than two times in a six-month period, faced eviction or foreclosure, or had to live with multiple families or family members)*

---

4. Have you ever worried that you did not have enough food to eat or that food would run out before you or your parent/caregiver could buy more?

---

5. Have you ever been separated from your parent or caregiver due to foster care, or immigration?

---

6. Have you ever lived with a parent/caregiver who had a serious physical illness or disability?

---

7. Have you ever lived with a parent or caregiver who died?

---

8. Have you ever been detained, arrested or incarcerated?

---

9. Have you ever experienced verbal or physical abuse or threats from a romantic partners?  
*(for example, a boyfriend or girlfriend)*

How many "Yes" did you answer in Part 2?:

# Staying Healthy Assessment 12 - 17 Years

Name (first & last)	Date of Birth	<input type="checkbox"/> Female <input type="checkbox"/> Male	Today's Date	Grade in School:
Person Completing Form	<input type="checkbox"/> Parent <input type="checkbox"/> Relative <input type="checkbox"/> Friend <input type="checkbox"/> Guardian <input type="checkbox"/> Other (Specify)			School Attendance Regular? <input type="checkbox"/> Yes <input type="checkbox"/> No

*Please answer all the questions on this form as best you can. Circle "Skip" if you do not know an answer or do not wish to answer. Be sure to talk to the doctor if you have questions about anything on this form. Your answers will be protected as part of your medical record.*

Need Interpreter?  
 Yes  No

<i>Clinic Use Only:</i>				
Nutrition				
1	Do you drink or eat 3 servings of calcium-rich foods daily, such as milk, cheese, yogurt, soy milk, or tofu?	Yes	No	Skip
2	Do you eat fruits and vegetables at least 2 times per day?	Yes	No	Skip
3	Do you eat high fat foods, such as fried foods, chips, ice cream, or pizza more than once per week?	No	Yes	Skip
4	Do you drink more than 12 oz. (1 soda can) per day of juice drink, sports drink, energy drink, or sweetened coffee drink?	No	Yes	Skip
Physical Activity				
5	Do you exercise or play sports most days of the week?	Yes	No	Skip
6	Are you concerned about your weight?	No	Yes	Skip
7	Do you watch TV or play video games less than 2 hours per day?	Yes	No	Skip
Safety				
8	Does your home have a working smoke detector?	Yes	No	Skip
9	Does your home have the phone number of the Poison Control Center (800-222-1222) posted by your phone?	Yes	No	Skip
10	Do you always wear a seatbelt when riding in a car?	Yes	No	Skip
11	Do you spend time in a home where a gun is kept?	No	Yes	Skip
12	Do you spend time with anyone who carries a gun, knife, or other weapon?	No	Yes	Skip
13	Do you always wear a helmet when riding a bike, skateboard, or scooter?	Yes	No	Skip
14	Have you ever witnessed abuse or violence?	No	Yes	Skip
15	Have you been hit, slapped, kicked, or physically hurt by someone (or have you hurt someone) in the past year?	No	Yes	Skip
16	Have you ever been bullied or felt unsafe at school or in your neighborhood (or been cyber-bullied)?	No	Yes	Skip
Dental Health				
17	Do you brush and floss your teeth daily?	Yes	No	Skip
Mental Health				
18	Do you often feel sad, down, or hopeless?	No	Yes	Skip
Alcohol, Tobacco, Drug Use				
19	Do you spend time with anyone who smokes?	No	Yes	Skip
20	Do you smoke cigarettes or chew tobacco?	No	Yes	Skip
21	Do you use or sniff any substance to get high, such as marijuana, cocaine, crack, Methamphetamine (meth), ecstasy, etc.?	No	Yes	Skip

22	Do you use medicines not prescribed for you?	No	Yes	Skip	
23	Do you drink alcohol once a week or more?	No	Yes	Skip	
24	If you drink alcohol, do you drink enough to get drunk or pass out?	No	Yes	Skip	
25	Do you have friends or family members who have a problem with drugs or alcohol?	No	Yes	Skip	
26	Do you drive a car after drinking, or ride in a car driven by someone who has been drinking or using drugs?	No	Yes	Skip	
Your answers about sex and family planning cannot be shared with anyone, including your parents, without your permission.					
27	Have you ever been forced or pressured to have sex?	No	Yes	Skip	Sexual Issues
28	Have you ever had sex (oral, vaginal, or anal)? <i>If no, skip to question 35.</i>	No	Yes	Skip	
29	Do you think you or your partner could have a sexually transmitted infection (STI), such as Chlamydia, Gonorrhea, genital warts, etc.?	No	Yes	Skip	
30	Have you or your partner(s) had sex with other people in the past year?	No	Yes	Skip	
31	Have you or your partner(s) had sex without using birth control in the past year?	No	Yes	Skip	
32	The last time you had sex, did you use birth control?	Yes	No	Skip	
33	Have you or your partner(s) had sex without a condom in the past year?	No	Yes	Skip	
34	Did you or your partner use a condom the last time you had sex?	Yes	No	Skip	
35	Do you have any questions about your sexual orientation (who you are attracted to) or gender identity (how you feel as a boy, girl, or other gender)?	No	Yes	Skip	
36	Do you have any other questions or concerns about your health?	No	Yes	Skip	

*If yes, please describe:*

<b><i>Clinic Use Only</i></b>	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
<input type="checkbox"/> Nutrition	<input type="checkbox"/> <b>Patient Declined the SHA</b>				
<input type="checkbox"/> Physical activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Dental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Mental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Alcohol, Tobacco, Drug Use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Sexual Issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
PCP's Signature:	Print Name:			Date:	
<b>SHA ANNUAL REVIEW</b>					
PCP's Signature:	Print Name:			Date:	
PCP's Signature:	Print Name:			Date:	
PCP's Signature:	Print Name:			Date:	
PCP's Signature:	Print Name:			Date:	