LGBTQ+ COMMUNITY RESOURCES FOR FAMILIES AND YOUTH



LGBTQ Youth Space (Ages 13-25)

Youth groups, activities, support, and counseling www.youthspace.org | youthspace@fcservices.org 408-343-7940

HEART (Ages 18+)

Educational workshops and resource referrals for safe and healthy relationships

@heartprogramsantaclaracounty - Instagram heartprogram@fcservices.org | 408-385-2400

ACS Teens – Outlet (Ages 10-25)

Peer support groups, activities, and counseling www.acs-teens.org/what-we-do/outlet outletprogram@acs-teens.org | 650-424-0852 ext. 107

Galaxy Community Circle (Ages 4-12 and Adults)

Groups and activities for gender diverse youth; Support for families, schools, and teachers www.galaxycommunitycircle.org galaxycommunitycircle@gmail.com @galaxycommunitycircle - Instagram

Trans Families of Silicon Valley (All ages)

Support for trans youth, their guardians, and their family transfamiliesca.org

TransFamiliesSV@gmail.com | 831-205-0078

Bill Wilson Center (Here4You Hotline) (Ages 18+)

Centralized shelter referral hotline and linkage to resources billwilsoncenter.org | 408-385-2400

PFLAG San Jose/ Peninsula (All ages)

Peer support groups, education, advocacy, and speakers bureau pflagsanjose.org | info@pflagsanjose.org | 408-270-8182

Young Women's Freedom Center (Ages 18+)

Young women and femme-identified trans and nonbinary youth mentorship, leadership, and empowerment youngwomenfree.org
sccreferrals@youngwomenfree.org
415-703-8800 ext. 216

Gender Sexuality Alliance (GSA) Network (Ages 13+)

Training youth leaders, supporting youth organizing, and building the GSA movement gsanetwork.org | info@gsanetwork.org | 415-552-4229

Stand Up 4 Kids (Ages 12-14)

Street outreach, mentoring, housing support for unhoused youth www.standupforkids.org/silicon-valley siliconvalley@standupforkids.org | 408-883-4135

Hope Drop-In Center - Pacific Clinics (Ages 15-25)

Personal care, supportive help, and community empowerment resources for youth www.pacificclinics.org | 408-876-4248 | 408-335-9256

Community Agency for Resources, Advocacy and Services (CARAS)

Latiné family and youth leadership development, advocacy, and cultural awareness resources infor@CARASsouthcounty.org | 408-847-4978





LGBTQ+ COMMUNITY RESOURCES FOR ALL



Billy DeFrank LGBTQ+ Community Center (Ages 18+)

Local LGBTQ+ Community Center in the South Bay defrank.org | fabulous@defrank.org | 408-293-3040

Avenidas Rainbow Collective (Ages 50+)

Serving LGBTQ+ Older Adults in the South Bay avenidas.org | info@avenidas.org | 650-289-5400

Silicon Valley Pride (All ages)

Celebrating LGBTQ+ through outreach, advocacy, and events sypride.com info@sypride.com

BAYMEC (All ages)

LGBTQ+ political action committee baymec.org | baymec@gmail.com

The Qmunity District (All ages)

A welcoming place for LGBTQ+ people in the South Bay qmunitydistrict.org | contact@domoreproject.org

Rainbow Chamber Silicon Valley (All ages)

LGBTQ+ Chamber of Commerce rainbowchamber.org | hello@rainbowchamber.org 408-998-9600

Silicon Valley Rainbow Rotary (All ages)

Dedicated people for both community service and friendship portal.clubrunner.ca/15440 | svrainbowrotary@gmail.com

TurnOut (All ages)

Mobilizing communities through volunteering turnout.org | contact@turnout.org.org | 510-213-8643

Race and Ethnicity Groups

Collectivio Ala (All ages)

Social and support group for LGBTQ+ Latiné people colectivoala.wixsite.com/colectivoala

QViet (All ages)

Creative cultural hub dedicated to Queer and Trans Việt qtvietcafe.com | qtvietcafe@gmail.com

SBQA (Ages 18+)

Queer Asian and Pacific Islanders in the South Bay sbqa.com

Lead Filipino (Ages 18+)

Organizers for Filipinx civic participation, leadership, and community action leadfilipino.org info@leadfilipino.org

Parivar (All ages)

Global South Asian transgender led organization for transgender equity parivarbayarea.org parivarbayarea@gmail.com

Indian Health Center

Two-Spirit, LGBTQ+ and allied community talking circles indianhealthcenter.org/event/two-spirit-group

African American Community Service Agency

Preserving the dignity and culture of a diverse African American community www.sjaacsa.org | info@sjaacsa.org





LGBTQ+ MENTAL HEALTH AND WELLBEING



988

Crisis Prevention Lifeline bhsd.sccgov.org/get-help | 988 Local Area Codes 800-704-0900 and press 1 for all others

TRUST

24/7 365 Trusted Response Urgent Support Team momentumforhealth.org/trust-landing-page Local area codes dial 988 - ask for TRUST For others dial 800-704-0900

BeWellLine

No-cost compassionate support in difficult times bewellline.com/santaclara | bwl-sb-sc@bewllline.com 650-866-1788

LGBTQ Wellness (Ages 18+)

Peer support, activities, advocacy, and trainings
Find a therapist: directory.gaylesta.org/find-a-therapist
lgbtq-well.org | lgbtqwellness@fcservices.org | 408-841-4319

Gardner Ethnic Wellness Center (Ages 18+)

Mental health resources for the diverse communities linktr.ee/gardnerethnicwellnesscenter 408-287-6200 ext 2085 or 2036

Charlie Health (Ages 11-33)

LGBTQ+ affirming intensive mental health services www.charliehealth.com | 866-484-8218

colleQTive 2SLGBTQIA+ Wellness Center (All ages)

Wellness programs from Behavioral Health Services bhsd.sccgov.org/lgbtq

The Q Corner

- 2SLGBTQIA+ peer support, resources, and referrals
- theqcorner@hhs.sccqov.org | 408-961-4497

Harm ReduQion Project

- Affirming, trauma-centered substance use resources
- harmreduqion@hhs.sccgov.org | 408-961-4497

Gender Affirming Care Clinic (Ages 5+)

- Outpatient behavioral health services for transgender and gender diverse folx (Medi-Cal or uninsured only)
- gacc@hhs.sccgov.org | 408-961-4490

Gaylesta

LGBTQ+ mental health and well-being refferal service gaylesta.org | 415-649-0727

Trans Lifeline

Hotline offering emotional support to trans people in crisis translifeline.org | 877-565-8860

The Trevor Project

Suicide prevention hotline and resources for LGBTQ+ youth thetrevorproject.org | info@thetrevorproject.org Call 1-866-488-7386 | Text 678-678





LGBTQ+ MEDICAL AND PHYSICAL HEALTH



Gender Health Center (GHC) (All ages)

Clinic specialized in caring for transgender, nonbinary, and gender expansive people in the South Bay scvmc.scvh.org/health-care-services/gender-health-center 408-885-5000

Gender Health Clinic (Valley Homeless Healthcare Program)

A clinical safe space for transgender, nonbinary, and gender diverse people experiencing houselessness scvmc.scvh.org/hospitals-clinics/valley-homeless-health-care-program-vhhp/gender-clinic-transgender-non-binary-and 408-272-6050

Sexual Health and Harm Reduction Program – SHHRP (All ages)

STI and HIV services publichealth.sccgov.org/health-information/sexual-health-and-harm-reduction-program HarmReduction@phd.sccgov.org | 408-792-5529

Getting to Zero (All ages)

Multi-sector collaborative initiative that strives for zero HIV cases in Santa Clara County publichealth.sccgov.org/services/getting-zero-program GettingtoZeroSCC@phd.sccgov.org

Planned Parenthood Mar Monte (All ages)

Providing sexual health and gender affirming care throughout mid-California and Northern Nevada plannedparenthood.org/planned-parenthood-mar-monte 877-855-7526

AACI HOPE Program

Aiming to reduce the incidence of HIV infection in the Asian and Pacific Islander in Santa Clara County aaci.org/wellness/hope | hope@aaci.org

TransVision – Bay Area Community Health

Giving support and service to transgender and gender nonconforming patients across the Bay Area bach.health/transvision TransgenderServices@bach.health | 510-252-5818

Kaiser Permanente - Gender Affirming Care

Culturally responsive care for transgender and gender nonconforming patients thrive.kaiserpermanente.org/care-near-you/northerncalifornia/santaclara/departments/transgender-care 1-800-464-4000

Stanford Healthcare - LGBTQ+ Health Program

Providing compassionate care to members of the LGBTQ+ community stanfordhealthcare.org | 650-724-8844





LGBTQ+ LEGAL RESOURCES



Legal

If You Are in Present Danger, Call 911

Victim Services Unit

Connection to prosecutors, law enforcement and other criminal justice agencies countyda.sccgov.org/victim-services/victim-services-unit victimservices@dao.sccgov.org | 408-295-2656

CA vs Hate

Hate incident and hate crime reporting hotline with free support services. Not affiliated with law enforcement www.cavshate.org

Report: stophate.calcivilrights.ca.gov/s/ or 833-8-NO-HATE

Law Foundation of Silicon Valley

Help with court documents for name and gender change www.lawfoundation.org healthintake@lawfoundation.org | 408-280-2420

Bay Area Legal Aide

Help with court documents for name and gender change baylegal.org | probono@baylegal.org | 800-551-5554

Oasis Legal Services

LGBTQ+ asylum and immigration resources oasislegalservices.org | 510-666-6687

ACLU Northern California (All ages)

Providing legal aide to underserved/marginalized communities www.aclunc.org/home | 415-621-2493

LGBTQ Asylum Project

Legal representation for LGBTQ+ asylum seekers www.lgbtasylumproject.org | info@lgbtasylumproject.org

National Center for Lesbian Rights (All ages)

Committed to advancing the civil and human rights of LGBTQ+ people and their families through litigation, legislation, policy, and public education

www.nclrights.org | info@NCLRights.org | 415-392-6257

Transgender Law Center

Organization advocating to change laws and policy for transgender and gender non-conforming people transgenderlawcenter.org | 510-587-9696

TGI Justice Project

Support for transgender, gender non-conforming, and intersex justice involved individuals tgijp.org | info@tgijp.org | 415-554-8491





LGBTQ+ GENDER BASED VIOLENCE PREVENTION



If You Are in Present Danger, Call 911.

Safe Chat SV

Confidential chat platform for people that have experienced DV or IPV to connect with an advocate for support safechatsv.org | Text Helpline 1-833-488-1236

Office of Gender Based Violence Prevention

Addressing issues related to preventing DV/IPV, sexual violence, and human trafficking in Santa Clara County desj.sccgov.org/ogbvp | GBV@ceo.sccgov.org

YWCA

LGBTQ+ supports for queer and trans survivors of sexual assault and domestic violence yourywca.org/support-services/support-counseling mhopkins@yourywca.org | 800-572-2782

ACCI - Asian Women's Home

Serving survivors of domestic violence and human trafficking aaci.org/wellness/womens-home | 408-975-2739

Next Door Solutions

Solutions to domestic violence and intimate partner violence www.nextdoorsolutions.org | 408-279-2962

Community Solutions

Providing services for those facing times of crisis communitysolutions.org | 408-842-7138

Maitri

Helping families and individuals facing DV/IPV, emotional abuse, cultural alienation, or family conflict maitri.org | maitri@maitri.org | 888-862-4874

Communities United Against Violence (CUAV)

Working to build the power of LGBTQ+ communities to transform violence and oppression www.cuav.org | info@cuav.org | 415-777-5500

HEART (Ages 18+)

Educational workshops and resource referrals for safe and healthy relationships
@heartprogramsantaclaracounty - Instagram
heartprogram@fcservices.org

National Domestic Violence Hotline

Connect with highly trained expert advocates who are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources, or questioning unhealthy aspects of their relationship www.thehotline.org/get-help | 800-799-SAFE (7233)





LGBTQ+ HOUSING AND EMPLOYMENT RESOURCES



Housing

Here4You Hotline (All ages)

Built to centralize referrals to temporary housing programs osh.sccgov.org/need-assistance/i-need-shelter 408-385-2400

Life Moves - New Haven Inn (Ages 18+)

Inclusive shelter with focused support for the LGBTQ+ community in Santa Clara County lifemoves.org/directory/new-haven-inn | 408-385-2400

Covenant House (Ages 18-25)

Youth housing support services covenanthousecalifornia.org info@covenanthousecalifornia.org | 408-703-9503

Bill Wilson Center (All ages)

Youth housing, drop in, education, mental health resources www.billwilsoncenter.org

BWCmail@billwilsoncenter.org | 408-243-0222

Employment

County of Santa Clara Jobs (Ages 16+)

Find your career fit with the County of Santa Clara esa.santaclaracounty.gov/career-seekers hr@esa.sccgov.org | 408-299-6816

Equal Opportunity Division

Providing county organizations diversity, competency trainings, and support in filing harassment and discrimination reports equalopp.santaclaracounty.gov eod@eod.sccgov.org | 408-993-4840

Office of Labor Standards and Enforcement

Free advice line for information or assistance with labor standards compliance or workplace issues desj.sccgov.org/resources-olse
OLSE@ceo.sccgov.org | 408-678-3210

South Bay Pride @ Work

Support between labor movements and LGBTQ+ community www.prideatwork.org | 202-637-5014

Work2future

County resident job seeker skill building and career coaching www.work2future.org work2future@sanjoseca.gov | 408-794-1101

Transgender Employment Program (Ages 16+)

Helping create inclusive workplaces and jobs for trans people www.sfcenter.org/transgender-employment-program-tep info@sfcenter.org | 415-865-5555

TransCanWork (Ages 16+)

Committed to advancing workplace inclusion transcanwork.org | info@transcanwork.org





STATE AND NATIONAL LGBTQ+ RESOURCES



211 (All ages)

Connect with health & human service programs in the Bay Area 211bayarea.org | 2-1-1 or 800-273-6222

San Francisco LGBT Center (All ages)

Supporting the needs of the LGBTQ+ community and allies sfcenter.org | 415-865-5555

San Mateo County Pride Center (All ages)

LGBTQ+ community center in San Mateo County, CA sanmateopride.org | 650-591-0133

Oakland LGBTQ Community Center (All ages)

LGBTQ community center in Oakland, CA oaklandlgbtqcenter.org | 510-882-2286

The Diversity Center (All ages)

LGBTQ community center in Santa Cruz, CA diversitycenter.org info@diversitycenter.org | 831-425-5422

Coast Pride (All ages)

LGBTQ community center for Coastside from Pacifica to Pescadero, CA coastpride.org | contact@coastpride.org | 650-479-1902

The Transgender District (All ages)

The first nationally recognized transgender district in the world transgenderdistrictsf.com | info@transgenderdistrictsf.com

Human Rights Campaign SF Bay Area (All ages)

Organization in advocating for equal rights for LGBTQ+ people hrc.org | takeactionhrc@gmail.com | 202-628-4160 @HRCsf - Instagram, X, Facebook

GLSEN (Ages 13-25)

Research and resources for educators and LGBTQ+ students glsen.org | 212-727-0135 Ext. 6565

Lambda Legal Defense (All ages)

American civil rights organization that focuses on LGBTQ+ communities lambdalegal.org lambdalegal.org/helpdesk | 213-382-7600

National Center for Transgender Equality (All ages)

Advocating to change policies and society to increase understanding and acceptance of transgender people transequality.org | 202-642-4542



