

Revision Table

Date	Revision
11/18/2025	Updated Miller's Defeat Eligibility Requirements, effective for the 2026 application year (November 2025-November 2026).

2026 SWEAT Running Club Western States Endurance Run Requirements

The SWEAT Running Club has had a long history of operating an aid station at the Western States Endurance Run (WSER). As a result of the club's consistent commitment to the race, we receive one entry into WSER each year. The club holds a lottery each November to determine the person who will be the club's representative.

The first person drawn in the lottery will be the club's representative. The second and third drawn will be alternates.

Requirements for the SWEAT Western States lottery:

1. Have an active club membership since February of the application year.
2. Have finished a qualifying race for Western States and have entered into the main Western States lottery.
3. Have not been selected as the club's representative in the previous year. An exception may be given if there are no other eligible applicants.
4. Submit an essay of at least 300 words that describes how you have contributed to the club, and how the club has been a part of your running journey.
5. Accumulate a minimum total of 8 hours of volunteer time across at least two SWEAT events (Redding Marathon, NorCal John Frank Memorial Run, Redding Turkey Trot) in the application year. Volunteer hours must be confirmed and signed off by the race directors.
 - a. We understand that some members have personal or professional obligations that may make volunteering for SWEAT events difficult. However, applicants should understand that outstanding volunteer contribution is a prerequisite for entering the club's lottery. Volunteer contributions are not limited to only the day of the event; these contributions may include hours that occur outside of race day.
6. Volunteer at least 8 hours at the Miller's Defeat aid station at least once since the last time you were selected for the club lottery. Volunteer contributions to the aid station include hours that occur outside of Western States race weekend.
 - a. Contributions include serving as crew and/or pacer for the club representative.

All applications must be received by November 9, 2026. A committee will evaluate all submissions and eligible applicants will be entered into the club lottery. Lottery tickets are awarded based on the following criteria:

1. One (1) ticket for each year of volunteering at Miller's Defeat as an active club member since February of the calendar year.
2. If not drawn as the club's representative, lottery tickets will continue to accumulate.
3. After you are drawn as the club's representative, your ticket count will reset to zero. Being drawn as an alternate will not reset your ticket count unless you run the race as the club's representative.