

RUN the WHISKEYTOWN RELAYS
A 4x4 Challenge

| 4 Men | 4 Women | Specialty (4 person) |
|-------------------------------------|-------------------------------------|---|
| <input type="checkbox"/> 79 & under | <input type="checkbox"/> 79 & under | <input type="checkbox"/> 3 Gals and 1 Guy |
| <input type="checkbox"/> 80-99 | <input type="checkbox"/> 80-99 | <input type="checkbox"/> 2 Gals and 2 Guys |
| <input type="checkbox"/> 100-119 | <input type="checkbox"/> 100-119 | <input type="checkbox"/> 1 Gal and 3 Guys |
| <input type="checkbox"/> 120-159 | <input type="checkbox"/> 120-159 | <input type="checkbox"/> Costume |
| <input type="checkbox"/> 160-199 | <input type="checkbox"/> 160-199 | <input type="checkbox"/> Police/Fire |
| <input type="checkbox"/> 200-239 | <input type="checkbox"/> 200-239 | <input type="checkbox"/> Married Couples |
| <input type="checkbox"/> 240-279 | <input type="checkbox"/> 240-279 | <input type="checkbox"/> Family |
| <input type="checkbox"/> 280 & over | <input type="checkbox"/> 280 & over | <input type="checkbox"/> Business (same employer) |



4 person Men's and Women's category add the ages of all four relay members.

WAIVER: In consideration of your acceptance of our entry, we intend to be legally bound, do hereby for ourselves, our heirs, executors and administrators, Waive and release forever, any and all rights and claims or damages we may accrue against the SWEAT Running Club, USA Track and Field, National Park Service, volunteers and any sponsors of other races, their successors, and representatives for any and all injuries suffered by our members while traveling to and from and participating in The Whiskeytown Relays.. We attest and verify the we have full knowledge of the risks involved in this event, including, but not limited to those caused by terrain, weather, condition of the athlete, vehicles, other participants, and lack of hydration, that we all assume those risks, that we all assume and pay our own medical emergency expenses in the event of an accident, illness or other incapacity, regardless of whether we have authorized such expenses, and that we are physically fit to participate in this event. We grant permission to use our likeness taken in connection with this event without compensation. We have read the entry information provided for the event and certify our compliance by our signatures. We certify that all information on this form is true and complete.

All participants must sign below. The order does not matter. Email address is mandatory!

| | |
|---------|---------|
| 1 _____ | 2 _____ |
| 3 _____ | 4 _____ |

EMAIL (mandatory) _____ Phone # _____ Team Name _____

| Name and Address (please print) | sex | gender specific | AGE |
|---------------------------------|-----|-----------------|-----|
| | M/F | S M L XL XXL | |
| | M/F | S M L XL XXL | |
| | M/F | S M L XL XXL | |
| | M/F | S M L XL XXL | |

TOTAL AMOUNT ENCLOSED \$ _____
Make checks payable to SWEAT
Drop your entry off at Fleet Feet Sports in Redding.
INFORMATION: Phone Tori Parks (race director) @ 530-515-6157

SWEAT RUNNING CLUB IS A 501C-3 TAX ID 94-3178856



Race time : 8AM SEPTEMBER 19, 2021

LOCATION: Whiskeytown National Recreation Area

4 person teams \$140.00

drop it off at Fleet Feet Sports 1376 Hilltop Drive Redding
Packet pick up and reg available Saturday September 18st

Fleet Feet Sports Redding 11am-5pm

Leg 1 ~4 miles, Leg 2~5.2 miles, Leg 3~4.6 miles Leg 4~ 6.1 miles