



ANGEL'S PUBLIC SCHOOL

SAMPLE PAPER

HALF YEARLY EXAMS SESSION 2025 – 26
CLASS – XII

TIME : 3 HRS.

SUBJECT – PSYCHOLOGY

M.M:70

General Instructions:

- (a) All questions are compulsory except where internal choice has been given.
- (b) Question Nos. 1-15 in section A carries 1 mark each.
- (c) Question Nos. 16-21 in Section B are very short answer type-I questions carrying 2 marks each. The answer to each question should not exceed 30 words.
- (d) Question Nos. 22-24 in section C are short answer questions type-II carrying 3 marks each. The answer to each question should not exceed 60 words.
- (e) Question Nos. 25-28 in section D are long answer type I questions carrying 4 marks each. The answer to each question should not exceed 120 words.
- (f) Question No. 29-30 in Section E is a Long Answer type II questions carrying 6 marks each, word limit for each question is 200 words.
- (g) Question No. 31-34 case based questions one marks question. word limit for each question is 20 words. Two mark question word limit for each question is 30 words.

SECTION – A

I. Choose the correct option:

1. Which among the following provides us necessary information that may be used to change, modify or strengthen certain aspects of self?
(a) Self-instruction (b) Self-reinforcement
(c) Observation of others behaviour (d) Observation of own behaviour
2. Stress is often a factor in _____ disease, the leading cause of death.
(a) heart (b) cancer (c) dementia (d) both (a) and (b)
3. Galen elaborated on the role of four humours in personal character and temperament. According to him the material world is made up of four elements.
(a) earth, air, sky, water (b) earth, fire, sky, water (c) earth, air, fire, water (d) earth, sky, air, fire
4. 'At risk' people fall into which category or model of abnormal behaviour?
(a) Psychodynamic model (b) Behavioural model
(c) Cognitive model (d) Diathesis-stress model
5. Individual's reaction to external stressors is called:_____.
(a) Strain (b) Conflict (c) Pressure (d) Frustration
6. In the following question, a statement of Assertion (A) is followed by a statement of Reason (R). Mark the correct choice.
Assertion (A): Personality characterizes individuals as they appear in most situations.
Reason (R) : Personality refers to consistency in behavior, thought, and emotion of an individual across situations.
(a) Both A & R are true and R is the correct explanation of A.
(b) Both A & R are false and R is an incorrect explanation of A.
(c) Both A & R are true but R is an incorrect explanation of A.
(d) Both A & R are false but R is the correct explanation of A.

7. Match the two lists and choose the correct match from the given options:

List A

- (i) One-factor theory
- (ii) Two-factor theory
- (iii) Structure of Intellect Model
- (iv) Theory of Primary Mental Abilities

List B

- (a) Thurstone
- (b) Binet
- (c) Spearman
- (d) Guilford Options

- A. (i)-(d), (ii)-(a), (iii)-(c), (iv)-(b)
- B. (i)-(c), (ii)-(d), (iii)-(b), (iv)-(a)
- C. (i)-(a), (ii)-(c), (iii)-(d), (iv)-(b)
- D. (i)-(b), (ii)-(c), (iii)-(d), (iv)-(a)

8. While drive to work one day, Amit debates what colour to paint his new house. when he arrives at his parking spot, he realizes that he does not remember any of the details of his drive into work. Amit has experienced _____

- (a) A panic attack
- (b) a dissociative episode
- (c) a Manic episode
- (d) a generalised anxiety episode

9. Tria is frustrated and is crying, as she has not prepared well for her examination. The coping strategy that she is using to deal with this stress is _____.

- (a) Avoidance oriented
- (b) Task oriented
- (c) Problem focused
- (d) Emotion oriented

10. When the human body is placed under physical or psychological stress, it is called _____.

- (a) Emotional effects
- (b) Physiological effects
- (c) Cognitive effects
- (d) Behavioural effects

11. A student who believes that he has the ability to excel in sports demonstrates high _____.

- (a) Self-regulation
- (b) Self-efficacy
- (c) Self-esteem
- (d) Self-confidence

12. Which among the following is not one of the attributes that are categorised on the basis of varieties of texts used in Psychological literature?

- (a) Intelligence
- (b) Aptitude
- (c) Observation
- (d) Values

13. In the following question, a statement of Assertion (A) is followed by a statement of Reason (R). Mark the correct choice.

Assertion (A): Charles Spearman Proposed the two-factor theory of intelligence in 1925.

Reason (R): He Utilized the statistical method of numerical analysis to formulate this theory.

- (a) Both A & R are true and R is the correct explanation of A.
- (b) Both A & R are false and R is an incorrect explanation of A.
- (c) Both A & R are true but R is an incorrect explanation of A.
- (d) Both A & R are false but R is the correct explanation of A.

14. Developing a fear of entering and familiar situation is known as

- (a) panic disorder
- (b) compulsive disorder
- (c) mood disorder
- (d) conversion disorder

15. For the past 6 month, Julie has been exhausted, hopeless and unable to enjoy her normal activities. she has no interest in spending time with friends and is having hard time keeping up at work. the most likely diagnosis is:

- (a) depression
- (b) shizotypal personality disorder
- (c) Seasonal affective disorder
- (d) dissociative disorder

SECTION – B

16. Differentiate between structural and information processing approach to theories of intelligence.

OR

Explain the term anorexia nervosa. With example.

17. What are source and surface traits?

18. What is the primary and secondary appraisal of stress?

19. What is Obsessive-compulsive Disorder? Explain.
20. Elaborate on the concept of social support with its types.
21. What is fixation and regression according to Freud?

SECTION - C

22. Define intelligence according to Sternberg and describe his theory.

OR

'Values and beliefs are not the same as attitudes.' Explain this statement with the help of examples.

23. What is bipolar disorder?
24. What is technological intelligence and how it is different in different cultures.

SECTION - D

25. Briefly describe various forms of delusions.
26. What are behavioural ratings? Discuss its limitations.
27. A study found that one-third of British children, at age six, are afraid of snakes even though it is rare to encounter snakes in the British Isles. The children had never come in contact with snakes in a traumatic situation, but snakes still generated anxious response. How would Carl Jung's theory of personality explain the same? Throw some light on his theory
28. What are the sources of psychological stress?

OR

What are the different dimensions of stress?

SECTION - E

29. Discuss and review any 2 projective techniques with their common features.

OR

Share your take on the big 5 model of personality in details.

30. Describe the schizophrenic disorders.

OR

Elaborate on Howard Gardner's theory of intelligence.

SECTION - F

Read the following case carefully and answer the questions given below:

When Srikanth Bolla was born, neighbours in the village suggested that his parents smother him. It was better than the pain they would have to go through their lifetime, some said. He is a "useless" baby without eyes; being born blind is a sin, others added. Twenty-three years later, Srikanth is standing tall living by his conviction that if the "world looks at me and says, 'Srikanth, you can do nothing', I look back at the world and say, I can do anything."

Srikanth is the Founder and CEO of Hyderabad-based Bollant Industries, an organisation that employs uneducated and challenged employees to manufacture eco-friendly, disposable consumer packaging solutions, which is worth `50 crore. He considers himself the luckiest man alive, not because he is now a millionaire, but because his uneducated parents, who earned `20,000 a year, did not heed any of the 'advice' they received and raised him with love and affection. "They are the richest people I know," says Srikanth.

31. We can see that Srikanth has the ability to adopt, shape and select the environment. Identify the theory of intelligence that would best support our understanding of Srikanth's intelligence. 2
32. "Srikanth is standing tall living by his conviction that if the "world looks at me and says, 'Srikanth, you can do nothing', I look back at the world and say, I can do anything." According to Gardner's multiple theory of intelligences, which kind of intelligence explains this? Discuss this intelligence in brief

Read the following case carefully and answer the questions given below:

Vishal is a corporate employee in a very high position in this organization. He is responsible for handling the safety and security of his entire organization at all places. His organization tends to produce certain bio-chemicals which are hazardous to human beings. His job involves a lot of stress as he is responsible for the well-being of not only his employees but the community as well. But he generally is extremely calm and composed. It always seems that all the situations are always under his control and he will be able to manage them. When spoken to he said that he tends to keep check on all the safety systems regularly and is committed to the safety of his people.

33. What kinds of characteristics are keeping Vishal so calm under tremendous stress?

34. Do you identify any personality pattern in Vishal? If yes, what and why?