



ANGEL'S PUBLIC SCHOOL

SAMPLE PAPER

PERIODIC TEST – II SESSION 2025 – 26

CLASS – IX

TIME : 1.30 HRS

SUBJECT – ENGLISH

M.M:40

General instructions

Section		Total Weightage (40)
A	Reading	10
B	Writing	05
C	Grammar	05
D	Literature	20
	Total	40

SECTION – A (READING)

[10]

1. Read the passage given below.

(a) There are various beliefs prevalent in the society as to what should be eaten and what should not be eaten to keep healthy. If one has high blood pressure, one is told to cut down on or stop consuming sodium. A new study from Boston University reveals that low sodium does not actually cause low blood pressure. A little salt is part of a healthy food plan. The study has shown that the people with the lowest intake of sodium along with the ones who have the highest intake of sodium have a greater risk of heart disease than the people in the middle.

(b) There is a theory that drinking milk post infancy is unnatural. It is true that humans are the only species to drink milk as adults. Research shows that we have genetically evolved to adapt to it. Milk products actually play an important role in keeping us healthy. Dairy products are rich in whey, protein, linoleic acid and calcium.

(c) Fat in general is not a bad thing. The scientific community is still debating the benefits of saturated fats. The other types of fats taken in moderation are good for us. Plant-based fats such as mono-saturated fats found in foods like almonds, avocado and omega-3 fatty acids found in fish offer many healthy benefits. These fats may reduce inflammation and improve the quality of blood.

(d) It may seem that diet products such as light salad dressing are healthier choices to eat but often they are really not. Healthy food like this used to be popular, but many of these products remove the fat and replace it with added sugar. Large amounts of added sugar in the diet may be even more damaging to health than excessive dietary fat.

A major study from CDC showed that people who consumed a lot of sugar were more than twice likely to die from heart disease. If you opt for a higher food, check the ingredients and food label to

make sure that the fats have not been replaced with added sugar. We must study the reports of various researches before adopting any new mode of eating or food habit otherwise the result of the food plan may be opposite of what is expected.

Based on your understanding of the passage, answer the following questions.

1. The reason why we should consume dairy products, is:
(a) they are rich in protein and calcium. (c) they are good for heart.
(b) they are tasty and tempting. (d) they are not very expensive.
2. Which type of people have a greater risk of heart disease?
(a) People with no intake of salt. (c) People with moderate intake of salt.
(b) People with the lowest intake of salt. (d) People with the highest intake of salt.
3. People who have multiple complications.
(a) 1 and 3 (b) 2 and 3 (c) 4 and 5 (d) 2 and 4
4. Plant-based fats are good because they:
(a) improve the quality of blood. (c) strengthen mind and body.
(b) improve appetite. (d) improve heart beats.
5. The word 'prevalent' in the first paragraph of the passage means:
(a) most uncommon. (b) most common. (c) unconventional. (d) important.
6. What is more damaging to health than excessive dietary fat?
(a) A lot of added sugar in diet. (c) Eating saturated fat frequently.
(b) No sugar intake. (d) No fat intake.
7. Mono-saturated fats are found in food like:
(a) milk products (b) sugar (c) almonds (d) oil
8. avocado
(a) 1 and 4 (b) 3 and 5 (c) 2 and 4 (d) 2 and 3
9. The phrase 'added sugar' in the last paragraph refers to sugars added during the:
(a) cooking of food. (b) eating of food. (c) processing of food. (d) production of sucrose.
10. The passage focuses on the importance of.....

SECTION – B (WRITING AND GRAMMAR)

[5]

B. Write a short story in 100 – 120 words, with the help of the cues given below. Give a suitable title to the story.

Going to Mumbai by train to attend the marriage of a friend got stuck in a traffic jam
reached the railway station late boarded a wrong train realized after two hours now
you

C. Change the following sentences from Direct Speech to Indirect Speech:-

(5)

- (a) The tour guide asked, "Is everybody in the bus?"
- (b) Ramya said, "I have sold off my car."
- (c) Smita asked me, "What are you doing here?"
- (d) She said, "I am going to the market."
- (e) Rahul said to his teacher, "I have completed my homework."

SECTION – D (LITERATURE)

[20]

D. Read the extract and answer the following questions :-

Remember, no men are strange, no countries foreign,

(4x1=4)

Beneath all uniforms, a single body breathes

Like ours: the land our brothers walk upon

Is earth like this, in which we all shall lie.

- (i) What message does the poet convey in these lines?
- (ii) What does the phrase "Beneath all uniforms" suggest?
- (iii) Why does the poet compare all men as "brothers"?
- (iv) Identify one poetic device used in the above lines.

OR

It takes much time to kill a tree,

Not a simple jab of the knife

Will do it. It has grown

Slowly consuming the earth,

Rising out of it, feeding

Upon its crust, absorbing

Years of sunlight, air, water,

And out of its leprous hide

Sprouting leaves.

- (a) Why does the poet say that a simple jab cannot kill a tree?
- (b) What has the tree absorbed from nature?
- (c) What quality of trees does the poem highlight?
- (d) Identify the figure of speech in "leprous hide."

E. Answer the following questions in about 40 to 50 words each:-

(5x2=10)

- (a) What brought about a change in the attitude of the science teacher's wife?
- (b) Why can't the poor woman pay attention to her ailing son?
- (c) What does the Vikram Seth compare to the quills of porcupine?
- (d) How did old Behrman die?
- (e) Describe in brief, your favourite story from "Reach for the Top".

F. Answer any one of the following two questions in about 100 to 120 words:-

(6)

What ideas do you get about the author from the chapter "My Childhood"

OR

The Happy Prince and The Last Leaf both highlight the value of sacrifice and compassion. Compare how these qualities are portrayed in both stories.