

SWEETWATER COUNTY RESOURCES (January 2021)

<u>Best Beginnings Program</u>	922-5390	Support & Info for pregnant women & their families; PE & Medicaid applications ; Mom/Baby support; parenting classes .
(Community Nursing program)		Special Support for first-time moms; immunization clinics/walk-in clinics (limited hours); HIV/STI & TB testing; pregnancy tests.
<u>Community Nursing</u>	922-5390	
333 Broadway #110	(Call for an appointment.)	
Carseat Program: RSFD (Call for appt.)	362-9390	Carseats for low-income parents; assistance with installation.
Center for Families & Children (CFC)	382-3124	Many legal, family/support services; shelter for DV/SA victims; limited transportation. (2620 Commercial Way #5, RS)
(YWCA program)	Crisis line: 352-1030	
Cent\$ible Nutrition	352-6775 or 872-6310	Free cooking classes; housed by WWCC.
Child Development Center	352-6871	Early developmental screening; services for children (0-5) with disabilities; parenting education; home-based services; Preschool.
	872-3290	
Child Support Division	800-742-3098 or 875-4725	Child support enforcement services. (140 Commerce Dr #F, GR)
Climb Wyoming (4020 Dewar Dr #B)	382-0771	Job training for single mothers.
<u>Counseling/Therapy/Treatment</u> (accept Medicaid)		
<u>Access, Balance & Change Counseling</u>	382-6330	Counseling; substance abuse evaluation & IOP. (126 Elk St).
<u>Better Solutions</u>	382-3058	Counseling; psych & drug/alcohol evaluations. (4000 Dewar Dr)
<u>High Point Counseling</u> (Carey Larson)	212-8014	Counseling; play therapy/trauma therapy (2632 Foothill Blvd #101)
<u>Southwest Counseling Services</u>	352-6677	Counseling/therapy for any issue; out-patient and in-patient
	872-3205	substance abuse treatment; Psychiatric treatment; “sliding-scale” fees.
	352-6680	Multiple groups incl. Intensive Family-Based Group & DV Group.
<u>Sweetwater Counseling</u> (NO Medicaid)	307-389-4674	Renee Schroeder MS – certified family & trauma therapist.
<u>Wellness Associates</u>	307-630-3466	Counseling; weight management, fitness & nutrition.
<u>Dentists</u> Dr. Carlson (White Mtn. Dental)	362-2220	Drs. Clifford & Dr. Olguin (Mtn View exit) 307-786-2273
Dr. Jones – Pediatric (1208 Hilltop Dr #209)	362-3395	O’Farrell Family Dental Clinic (916 Dewar Dr.) 362-1720
Dr. Romney - Pediatric	362-3125	RS Community Health Center (Dental) 212-5116
Department of Family Services	352-2500	Day Care Assistance program; POWER program; SNAP;
	875-2877	Family Social Services; LIEAP & Link-up America applications.
Dept. of Vocational Rehabilitation (DVR)	362-2770	Services to assist returning to work; education and training.
Energy Share (SFRC @ 756 Pilot Butte)	362-6549	Crisis assistance for <u>past due winter</u> electric & gas bills only.
Family Planning (WW Reproductive Health)	362-6813	Pregnancy tests; pelvic exams; birth control supplies; STI testing.
Family Resource Center (SFRC)	875-3791/362-6549	Emergency services; CARES funds; family services. (756 Pilot Butte)
Food Bank	382-7332 or 875-9600	Free supplemental food (bi-monthly) to low-income families.
(Walk-in Mon/Fri 10-12 PM in RS.)		Food p/u in RS 2 nd & 4 th Thurs (10-2:45 & 4-5:45)
(Diaper Bank/United Way)		Food p/u in GR 1 st & 3 rd Thurs (10-4:45)
Head Start	352-3430 or 875-6925	Pre-kindergarten education for low-income families.
Hospice	362-1990 or 872-6315	Bereavement counseling; free library on grief issues.
Inside Connection (SWPRC)	362-5277	Unplanned pregnancy services: Tues/Wed/Thurs 10 am – 4 pm.
		Classes: Prenatal/Childbirth/Parenting 0-3/Fatherhood group
L.I.E.A.P.	800-246-4221	Low income energy asst program: help with winter heating costs.
(applications @ http://dfsweb.state.wy.us/)		Referrals to NOWCAP for weatherization services.
Lions Club (Darlene 382-2230) Bruce Thompson 350-7939		Contact for assistance with eye glasses.
Loaves & Fishes soup kitchen M-F, 12-12:45, Catholic Church on Bridger Ave. (Catholic Church 362-2611 for assistance.)		

Low Income Housing: 382-5596
352-1471
875-7760
Low Income (over 52 or disabled) 875-1616
Mid Income Housing: 382-7755

Bicentennial Apartments (3723 Madison Drive)
Rock Springs Housing Authority (233 C St/plus Coat Bank)
Rock Butte Apartments (1400 Bridger Dr., Green River)
Green Rock Village (for disabled persons)
Carrington Point (2475 Cascade Dr.)

Parenting Classes/Support Groups:

Inside Connection 362-5277
Love & Logic 872-3290 or 352-6871
Nurturing Program (child 0-9) **ON HOLD** 922-5390
Parents as Teachers 371-8490

Pregnancy & Parenting lessons through age 2 (35 months)
Taught by CDC Social Workers.
Taught by Best Beginnings Coordinator/Community Nursing.
Program for pregnant women and parents of children 0-36 months.

PHYSICIANS & CLINICS: (accept Medicaid)

Castle Rock Medical Clinic (GR) 872-4500 or 362-9120
Cedars Health Clinic (Plaza Mall) 382-2466
Dr. Donaldson (internist) 1577 Dewar Dr.#8 362-0707
Dr. Poyer (& PA) 362-0083
Memorial Hospital (MHSC) 362-3711 or 875-7730
MHSC Medical Clinic (3000 College Dr.) 352-8125
RS Community Health Center 212-5116
Sterling Urgent Care 382-3064

Doctors and PA's
Dr. PA & Teresa LeBlanc FNP-C (pediatrics)
Dr. Hunter Family Practice (& PA's) 382-7414
Dr. Stachon 382-8644
Childbirth & breastfeeding classes; billing/financial asst.
Doctors and PA's
2620 Commercial Way #140 (including dental & behavioral health)
2761 Commercial Way

Women's Health: MHSC OB/GYN Clinic 352-8383
RS Community Health Center 212-5116
WW Reproductive Health 362-6813

Dr. Auguiste (Lex), Dr. Kattan, Dr. Wheeler, Starla Leete CNM
Mandi Lew CNM (Prenatal in RS; delivers in Kemmerer.)
(Family Planning)

PEDIATRICS: Dr. Fauntleroy 362-9120 or 872-4500
Dr. Yeshlur (Gateway Blvd) 362-5500

MHSC- Dr. Lucy Ryan; Tammy Walker CPNP-PC 212-7717

Postpartum Support Intl. Hotline 800-944-4773

www.postpartum.net/Contact-Us.aspx

Quit Tobacco Program 800-784-8669

Free/low-cost quit program using Nicotine Replacement Therapy.

Salvation Army (SFRC @ 756 Pilot Butte) 362-6549

Low-income emergency assistance up to \$150/family/year.

Social Security Adm (Rock Springs) 855-881-0211

SSDI, SSI, Death Benefits & Retirement applications/services.

Suicide Bereavement Group 207-504-6581
(Jim Horan: Facilitator Email: jimhoran01@yahoo.com)

Meets 1st Monday of each month, 6 – 7 pm, at C Street Library, RS
Website: survivesuicidelosswy.com

Suicide Prevention Hotline 800-273-8255

www.suicidepreventionlifeline.org/

Star Bus 382-7827 or 875-7827
(RS "Fixed Route" Bus System)

Low-income transportation: 7 AM to 5 PM – Mon through Fri.
(If needed, call one day in advance to schedule pick-up time.)

Thrift Stores: **Broadway Bargains** 362-8128
Eileen's Attic 362-3834
Goodwill Industries 382-8000
St. John's (GR) 875-5955
New Life Ministries

Thrift store at 429 Broadway
Thrift store at 507 5th Street
1254 Dewar Dr.
68 E 2nd S, Green River
Corner of 5th & K Street

Western Wyo. Comm. College 875-2278 or 382-1600
(EOC for financial aid assistance-Amber 307-220-2232)

Financial Aid; career assessment; non-traditional career programs;
student housing & non-infant daycare; traditional degree programs.

WIC 352-6783

Supplemental food/nutritional info for perinatal women & children.

Workforce Services 352-2601 or 875-2300

Employment referrals; education & training services.

Wyoming Legal Aid 877-432-9955
www.lawwyoming.org www.legalhelpwy.org

Legal aid for Social Security benefit denials & landlord disputes.
Public service for legal information & divorce/custody issues.

YWCA (1035 Jackson St) 352-6635 or 872-3251

Financial Empowerment Ed; Day Care Center (5:45 AM – 6:30 PM)