

Athlete Scoring Sheet

Athlete Name

Home Gym:

Coach Name:

Category	Athlete Score
Upper Body - Strength and Grip Obstacle (Mandatory)	
Upper Body - Strength and Grip Obstacle (Optional)	
Upper Body - Aerial Obstacle (Mandatory)	
Upper Body - Aerial Obstacle (Optional)	
Upper Body - Upper Body (Mandatory)	
Upper Body - Upper Body (Optional)	
Lower Body (Mandatory)	
Lower Body (Optional)	
Whole Body - Ascension (Mandatory)	
Whole Body - Ascension (Optional)	

**Must complete at least five total (5) obstacles for scoring*

Total Score:

(Line 1)

Total Number of Categories Scored:

(Line 2)

Athlete Skill Score:

*Divide Line 1 by Line 2 to
determine Athlete Skill Score*

Athlete Skill Score

Recommended Competition Level

0.0-0.5	Exploration
0.6-1.8	Beginner
1.9-3.1	Intermediate
3.2-4.4	Advanced
4.5+	Elite

If the scorer of this athlete (Coach) does not feel that this competition level is appropriate for the named athlete despite the score indication, please contact us directly to discuss further.

By signing below, I certify that I have personal knowledge of the above named individual and verify that the scores documented above reflect his/her best attempt and ability at the listed obstacles. I acknowledge that not filling this sheet out accurately is a violation of the Code of Conduct and may result in the disqualification of the above named athlete from competition.

Coach Signature:

Date: