

BELLMORE ELEMENTARY PTA

C.A. Reinhard Early Childhood Center

REINHARD YOGA CLUB



Students in grades K-2 have an opportunity to participate in a yoga class with a certified yoga instructor. They will participate in exercises for focus, breathing techniques, movement, connection and relaxation. Yoga Club will be held on **Thursday's** during recess.

FEBRUARY 26, MARCH 5, 12, & 19

SIGN UP



If your child would like to participate, please complete the sign-up at <https://tinyurl.com/ryogaclub> by **February 23rd**.

Are you interested in Volunteering? Parent volunteers will assist the instructor from **12:00-2:00pm** at Reinhard. If you are available to volunteer, please fill out that portion on the online form.

If you have any questions, please contact: Jennifer LaRosa, 516-305-7889 or Dawn Guidice, 516-260-3078

Thank you so much for your continued support of the Bellmore Elementary PTA.

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