

BELLMORE ELEMENTARY PTA

Winthrop Avenue School

HEALTH & SAFETY WEEK

October 27-October 31



FIRE SAFETY FUN

Monday, October 27

Learn about fire safety with the Bellmore Fire Department!

Wear **RED** or **YELLOW**

HALLOWEEN SAFETY

Tuesday, October 28

Learn about how to stay safe on Halloween with the
NCPD & visit the Winthrop Pumpkin Patch. 🎃

Wear **BLUE** or **ORANGE**



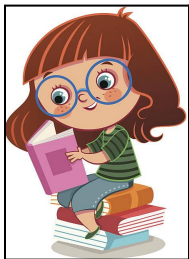
WELLNESS WEDNESDAY

Wednesday, October 29

Continuous Improvement - Body, Mind, and Heart
Bring in a picture of you eating something healthy or
participating a physical fitness activity.

Learn about Germ Prevention with Nurse Whelan.

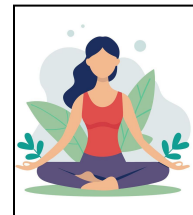
Wear a shirt with a **Positive or Inspirational Message**



JUST BREATHE

Thursday, October 30

A Stress Reduction Presentation from
Christine Davison, LMSW, School Social Worker.
Wear something **COMFY-COZY** or your **PAJAMAS**



Sk8 FOR LIFE

Friday, October 31

An interactive and exciting skateboard presentation on the
benefits of developing and maintaining a healthy lifestyle.

Wear your school appropriate **HALLOWEEN COSTUME** -
see Mrs. Curto's letter for more details on costumes.



Thank you to our Winthrop Avenue Health & Safety Week Committee!

If you have any questions regarding the weeks activities please reach out to: Mark Murray, weidnerave@yahoo.com