

BELLMORE ELEMENTARY PTA

Winthrop Avenue School

WINTHROP YOGA CLUB



Students have an opportunity to participate in a yoga class with a certified yoga instructor. They will participate in exercises for focus, breathing techniques, movement, connection and relaxation. Yoga Club will be held **during recess on the following date:**

FEBRUARY 25, MARCH 2, 16, & 23

SIGN UP



If your child would like to participate, please complete the sign-up at <https://tinyurl.com/wyogaclub> by **February 23rd**.

Are you interested in Volunteering? Parent volunteers will assist the instructor from **12:45-2:00pm** at Reinhard. If you are available to volunteer, please fill out that portion on the online form.

If you have any questions, please contact: Katherine Murray, 631-258-9724 & Melanie Agosto, 917-783-1671

Thank you so much for your continued support of the Bellmore Elementary PTA.

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