

### **FALL 2025 COURSE SCHEDULE**

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### Your Link to Lifelong Learning!

Thank you for being our valued customers! We are grateful for the pleasure of serving you with community wide educational solutions.

### **OUR MISSION**

St. Charles Adult & Community Education (ACE) will provide affordable career training and lifelong learning opportunities for students to achieve their educational, career, and personal development goals.

### **FALL CALENDAR**

Sept. 1Labor Day (No classes)
Oct. 16-17 Parent/Teacher Conferences (No classes)
Nov. 26-28
Dec. 22-Ian. 1 Winter Break (No classes)

While every effort has been made to ensure the accuracy of this schedule, changes do occur. We thank you for understanding. Check our website for posted updates and changes.

### **ADULT & COMMUNITY EDUCATION STAFF**



Dr. Stephanie Collins

Program

Coordinator



Mary Ehlmann Marketing Specialist, CPP



Sarah Steinbruegge Secretary, CPP

### **ADULT & COMMUNITY EDUCATION OFFICE:**

2400 Zumbehl Road 1 St. Charles, MO 63301

### **CONTACT INFORMATION:**

OFFICE: (636) 443-4043 www.stcharlesae.org
FAX: (636) 443-4044 adulteducation@stcharlessd.org

### **HOURS:**

M-TH: 9:00AM-6:30PM F: 9:00AM-4:00PM SAT-SUN: Closed



### CAREER TRAINING



### **EMT**

### **Emergency Medical Technician Program**

Are you interested in becoming a licensed emergency medical technician? The St. Charles EMT Training Program, which also prepares participants for state and national licensing exams, provides the foundational training for emergency care providers. Through classroom instruction, practical skill development, and clinical observation in an ambulance and hospital emergency room, students will gain a foundational understanding of emergency care techniques. Students who complete this

program are eligible to take the National Registry Exam (NREMT), which is necessary for Missouri certification.

**PLEASE NOTE:** Prospective students must attend a mandatory orientation to obtain the requirements for the program and pass the entrance exam to enroll. You must be 18 or older and provide proof of a high school diploma, GED/HISET, or college transcript. A Missouri criminal background check is required for all incoming students. (*No class: 11/27*)

\* WIOA

COURSE #	DATE	DAY	TIME	LOC
HO751-01	8/19-	TU/TH	9 AM-	L&C
	12/11		1 PM	103
HO751-02	8/19-	TU/TH	6-10 PM	L&C
	12/11			103

Tuition: \$1,349 / Textbook: \$150 / CPR: \$80 Lab: \$150 / 32 Classes / CEU

#### Lead Instructor:

**Brian Beasley**–NREMT-P, CP (retired), Engineer, Central County Fire & Rescue

### Adjunct Instructors:

**Bridget Foristal**—NREMT-B, Lincoln County Ambulance

Gabrielle Kohlmann–FF/NREMT-P, Florissant Fire Protection District

**Aaron Peters**—FF/NREMT-P, EMPT-P, Valley Park Fire Protection & Rescue

**Dave Rawlings**—FF/NREMT-P, Central County Fire & Rescue

John Schneider–NREMT-B, Captain, Central County Fire & Rescue

**Jonah Wilson**–FF/NREMT-P, New Melle Fire Protection District

### **Orientation Dates:**

**All orientations are at 5 PM** 7/8, 7/24, 8/5, 8/14

### **Entrance Exam Dates:**

**All exams are from 5:30-8 PM** 7/8, 7/24, 8/5, 8/14

All students **MUST** attend an orientation and pass the entrance exam before enrolling in the program.

Register for the exam today (\$25) www.stcharlesae.org or (636) 443-4043



# The St. Charles EMT Program is accredited by the

State of Missouri Dept. of Health and Senior Services.

### CPR



### **CPR & Stop the Bleed Training**

This training will cover the following topics:

### Part 1

- Identifying life-threatening emergencies and how to provide prompt care
- Adult, child, and infant CPR with AED certification



#### Part 2

Bleeding injuries can occur at any location. Rather than being a bystander, you can take action by becoming an immediate responder.

 Learn how to identify life-threatening bleeding and respond promptly and effectively to control it.

Participants will practice techniques on the floor. Comfortable clothing is recommended.

COURSE #	DATE	DAY	TIME	LOC.
HO844-01	10/11	SAT	9 AM- 3 PM	L&C 103
HO844-02	11/1	SAT	9 AM- 3 PM	L&C 103

Tuition: \$99 / 1 Class

Instructors: Brian Beasley & Aaron Peters



#### **EMT Refresher**

ACE offers 24 and 40-hour EMT Refresher courses to help you earn recertification for all state and national requirements. **8/19-12/11 (TU/TH)** 

Call the ACE office for more information.

636-443-4043

\* WIOA—Funding Available. See Page 5

### CAREER TRAINING

### **PHLEBOTOMY**



### **Phlebotomy Technician Training Program**

The St. Charles Phlebotomy Training program is designed to equip students with the fundamental skills required to become phlebotomists in diverse job opportunities. This comprehensive 8-week course includes 48 hours of lectures, hands-on skills labs, and assessments. Topics covered include anatomy and physiology, blood collection theory and handling, safety, and relevant phlebotomy laws and regulations.

Upon completing the course, you will take the Certified Phlebotomy Technician (CPT) exam provided by the National Healthcareer Association (NHA). \* WIOA

(No class: 11/17, 11/26)

# Orientation required. See page 3 for dates.

COURSE #	DATE	DAY	TIME	LOC.
HO779-01	9/6-	SAT	9 AM-	L&C
	10/25		3:30 PM	103
HO779-02	9/8-	M/W	10 AM-	L&C
	10/29		1 PM	103
HO779-03	10/20-	M/W	6-9 PM	L&C
	12/17			103

Tuition: \$657 / Registration Fee: \$50 Online Study Guide: \$84 / NHA Test: \$129

16 Classes / CEU

Instructor 01: Savannah Ellis Instructor 02: Ashley Burgess Instructor 03: Savannah Ellis

> \* WIOA—Funding Available. See Page 5

### MEDICAL BILLING & CODING



### **Certified Billing & Coding Specialist**

Prerequisite: Basic Computer Skills

The St. Charles Billing and Coding Specialist program will provide the information and training you need to earn a certified CBCS (Certified Billing and Coding Specialist) certificate.

This 14-week comprehensive course consists of 84 hours of classroom instruction. You will learn the foundations of medical terminology and the technical knowledge and skills to maintain aspects of the revenue cycle to ensure reimbursements are completed on time. This course will prepare you for how to gather, review, and verify essential patient information and documentation, how to prevent fraud and abuse by auditing billing, how to assign numeric codes for diagnoses and procedures, and how to coach healthcare providers to achieve optimal reimbursement when submitting claims.

Upon completing the course, you will take the CBCS exam provided by the National Healthcareer Association (NHA).

\* WIOA (No class: 11/25, 11/27)

COURSE #	DATE	DAY	TIME	LOC.
HO843-01	8/26-	TU/TH	6-9 PM	ZOOM
	12/4			

Tuition: \$750 / Registration Fee: \$50 Textbooks: \$410 / Online Study Guide: \$84 NHA Test: \$129 / 28 Classes / CEU

Instructor: Sonya Manson

### \* WIOA—Funding Available.

### MEDICAL ASSISTANT



### **NEW Medical Assistant Program (CCMA)**

Prepare for a rewarding career in healthcare with our comprehensive 18-week accelerated Certified Clinical Medical Assistant (CCMA) program. This course combines classroom instruction and hands-on training to develop the essential skills needed for success in clinical and administrative settings. You will prepare for the CCMA exam offered by the National Healthcareer Association (NHA) for certification.

Through this program, students will gain expertise in key areas such as:

- Assisting providers with exams and office procedures
- Patient care, including taking and recording vital signs, administering injections, and medications
- Phlebotomy, EKG administration
- Front-office procedures, including patient check-in/out and medical documentation

\* WIOA (No class: 2/16, 2/25, 3/23, 3/25, 4/20, 5/25)

Orientation & entrance exam required. See page 3 for dates.

### Winter/Spring 2026

COURSE #	DATE	DAY	TIME	LOC.
HO840-01	1/26-6/17	M/W	6-10 PM	L&C 103

Tuition: \$1,699 / Online Study Guide: \$164 Non-Refundable Registration Fee: \$50 Supplies: \$75 / NHA Test: \$129

36 Classes / CEU

Instructor: Savannah Ellis

### CAREER TRAINING

### **HVAC**



### **Heating and Air Conditioning Technology**

This course introduces the core principles of refrigeration, heat transfer, and residential HVAC systems. Students will learn how to:

- Understand and apply basic heat and refrigeration theory
- Read wiring schematics
- Test, diagnose, and service residential air conditioning units
- Work with automatic and electrical controls, including electric heat, gas furnaces, and heat pumps

Instruction combines classroom learning with hands-on shop experience to reinforce technical skills. This course prepares students for the EPA Type I and II Certification exam. Note: Type III (for commercial systems) is not included; Universal Certification requires all three types. \* WIOA (No class: 8/28, 9/1, 9/2, 10/15, 10/16, 10/29, 11/26, 11/27)

COURSE #	DATE	DAY	TIME	LOC.
TT288-01	8/25-	M/W	6-9 PM	L&C
	12/15			HVAC
TT288-02	8/26-	TU/TH	6-9 PM	L&C
	12/18			HVAC

Tuition: \$1,145 / Textbook: \$50 Lab Fee: \$100 / Registration Fee: \$50

EPA Test: \$55 29 Classes / CEU Instructor: John Remley

#### WELDI

### **Arc Welding I**

This introductory course teaches the fundamentals of arc welding using the Shielded Metal Arc Welding (SMAW) process. You'll learn to run beads and perform single- and multi-pass welds on both fillet and groove joints. The course also includes hands-on experience with basic oxy-fuel cutting. The supply list will be provided on the invoice. \* WIOA

COURSE #	DATE	DAY	TIME	LOC.
TT242-01	9/8-11/24	M	6-9 PM	L&C A102

Tuition: \$799 / Registration Fee: \$50 Textbook: \$25 / Lab Fee: \$99

12 Classes / CEU

Instructor: Baylor Prewitt



### **Arc Welding II**

Prerequisite: Arc Welding I or prior welding experience

Take your arc welding skills to the next level in this advanced SMAW course. You'll focus on horizontal, vertical, and overhead welding positions and gain handson experience with pipe welding techniques and positions. The course also covers advanced material cutting and prep for welding. The supply list will be provided on the invoice. \* WIOA

COURSE #	DATE	DAY	TIME	LOC.
TT276-01	9/2-12/2	TU	6-9 PM	L&C A102

Tuition: \$899 / Registration Fee: \$50

Textbook: \$25 / Lab Fee: \$99

14 Classes / CEU

Instructor: Baylor Prewitt

### WELDING

Whether you're an experienced welder or a weekend warrior, this course builds both basic and advanced skills to boost your career or expand your projects. You'll train in MIG (GMAW) and Flux-Core (FCAW) welding using ER70S-6 and E71T-1 filler metals on carbon steel plate. Master all fillet and groove welds in every position. *The supply list will be provided on the invoice.* 

\* WIOA (No class: 10/15, 11/26)

MIG and Flux-Cored Welding

COURSE #	DATE	DAY	TIME	LOC.
TT245-01	8/27-	W	6-9 PM	L&C
	12/10			A102

Tuition: \$899 / Registration Fee: \$50 Textbooks: \$50 / Lab Fee: \$99

14 Classes / CEU
Instructor: Bryce Foster



### Do you Need Tuition Assistance?

Contact the Missouri Job Center to see if you qualify for a

**WIOA** 

(Workforce Innovation and Opportunity Act) approved course:

Billing & Coding • EMT

HVAC • Medical Assistant
Phlebotomy Technician
Precision Machining/CNC
Residential Wiring • Welding

St. Charles County (636) 255-6060 St. Louis County (314) 615-6010 St. Louis City (314) 589-8000 Troy (636) 528-1226

### \* WIOA—Funding Available.

### CAREER TRAINING / COMPUTERS / TECHNOLOGY

### MACHINING



COURSE #	DATE	DAY	TIME	LOC
TT342-01	8/25-	M/W	6-9 PM	L&C
	11/19			PMT

Tuition: \$949 / Registration Fee: \$50 Materials Fee: \$200 / 24 Classes / CEU

Instructor: John Rooneo

\* WIOA—Funding Available. See Page 5

### **NEW Machining and CNC Fundamentals**

Start your machining journey or take your skills to the next level with this hands-on course that blends manual machining fundamentals with an introduction to CNC programming and operations. This course lays the groundwork for a machining career, whether you are new to the trade or building on existing skills.

Students will gain experience using shop tools such as the drill press, band saw, surface grinder, engine lathe, and vertical mill while learning to read blueprints, take precise measurements, and create basic G-code programs to operate CNC mills and lathes. You will perform real-world machining tasks, including drilling, tapping, boring, and turning, while building technical skills and personal confidence.

At the end of the course, dents receive a Certificate of Completion for 72 instructional hours. \* **WIOA** (No class: 9/1, 10/15)

### **ELECTRICAL**



COURSE #	DATE	DAY	TIME	LOC.
TT284-01	9/20-	SAT	8 AM-	L&C ET
	10/11		4 PM	

Tuition: \$499 / Textbook: \$50 / Lab Fee: \$100 Registration Fee: \$50 / 4 Classes / CEU

Instructor: Christin Ladue

### Residential Wiring-Installation & Codes

This course introduces students to the fundamentals of residential electrical systems with a strong emphasis on safety, basic electrical theory, and compliance with the 2023 National Electrical Code (NEC). Students will learn how to safely install wiring and electrical components in residential settings using industry-standard materials and techniques. Through a mix of lectures and hands-on labs, the course covers key concepts such as:

- Electrical safety protocols
- Wiring methods and materials
- Raceway installation, code compliance, and industry best practices

The supply list will be provided on the invoice. \* WIOA

\* WIOA—Funding Available. See Page 5

### **AUTOMOTIVE**



### Two and Four-Cycle Engine Repair

Learn how to diagnose and repair common issues in small engines. This hands-on class covers fuel and electrical system basics, troubleshooting techniques, tune-ups, valve adjustments, carburetor work, and routine engine care and maintenance. To work on in class, bring your 2-cycle equipment (mower, trimmer, chainsaw) or 4-cycle engine (tiller, riding mower). \* WIOA (No class: 11/27)

COURSE # DATE DAY TIME LOC. TT217-01 9/2-11/18 TU 6-9 PM L&C PET TT217-02 9/4-12/4 TH 6-9 PM L&C PET

Tuition: \$379 / 12 Classes / CEU Instructor: Dale Smith

### **TUTORING**

### **One-on-One Technology Tutoring**

Having trouble with your computer, smartphone, or tablet? Get one-on-one help from our tech expert to improve your confidence and skills. You'll receive personalized guidance tailored to your needs.

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Tuition: \$55 / 1 Class / 1-Hour sessions Instructor: Scott Pickens

### **COMPUTERS / TECHNOLOGY**

### **EXCEL**

### Excel 2021 Module I

**Prerequisite:** Basic computer skills or knowledge of office applications

Learn the fundamentals of Microsoft Excel. Topics include worksheet layout, data entry and editing, moving and copying ranges, inserting and transposing rows and columns, merging cells, and more essential skills to get you started. *Handouts will be provided*.

COURSE #	DATE	DAY	TIME	LOC.
CO915-01	9/8	M	6-8:30 PM	SCW CL-B
CO915-02	10/30	TH	6-8:30 PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU *Instructor: Scott Pickens* 

### Excel 2021 Module II

**Prerequisite:** Module I or equivalent experience

Build on your Excel skills by learning to navigate workbooks using range names, format data ranges, and create formulas and functions. You'll also explore Excel's ribbon interface and learn to create and customize charts. *Handouts will be provided*.

COURSE #	DATE	DAY	TIME	LOC.
CO916-01	9/15	M	6-8:30 PM	SCW CL-B
CO916-02	11/6	TH	6-8:30 PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU *Instructor: Scott Pickens* 

#### Excel 2021 Module III

Prerequisite: Module I or Module II or

equivalent experience

Continue your Excel training by learning to manage worksheets and create and format new workbooks. This course covers creating and copying relative and absolute formulas, inserting functions, and other essential tools to boost your productivity. *Handouts will be provided.* 

COURSE #	DATE	DAY	TIME	LOC.
CO917-01	9/22	M	6-8:30 PM	SCW CL-B
CO917-02	11/13	TH	6-8:30 PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU *Instructor: Scott Pickens* 

### Excel 2021 Module IV

**Prerequisite:** Module I or Module II or equivalent experience

Take your Excel skills to the next level with advanced functions and data analysis tools. Learn to work with scenarios, use table features, and create pivot tables. You'll also explore chart elements, chart formatting, and how to track changes in a workbook. *Handouts will be provided*.

COURSE #	DATE	DAY	TIME	LOC.
CO918-01	9/29	M	6-8:30 PM	SCW CL-B
CO918-02	11/20	TH	6-8:30 PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU *Instructor: Scott Pickens* 

### **SMARTPHONES**

#### **Fundamentals of iPhone Usage**

Get to know your iPhone better and keep critical information safe and secure. Learn how to customize your settings, use programs like FaceTime and Siri, set reminders, surf the internet, share photos and videos with friends, and more.

COURSE #	DATE	DAY	TIME	LOC.
CO913-01	8/27-	W/F	10 AM-	L&C
	9/5		12 PM	CL
CO913-02	10/15-	W/F	10 AM-	L&C
	10/24		12 PM	CL

Tuition: \$99 / 4 Classes
Instructor: Scott Pickens

### Fundamentals of Android Smartphone Usage

Are you new to smartphone technology? Apps can help you simplify your life and help you stay connected with others. Learn to text, take and share photos, customize your device, download apps, and more.

COURSE #	DATE	DAY	TIME	LOC.
CO914-01	9/24-	W/F	10 AM-	L&C
	10/3		12 PM	CL
CO914-02	12/3-	W/F	10 AM-	L&C
	12/12		12 PM	CL

Tuition: \$99 / 4 Classes
Instructor: Scott Pickens





# Do You Need Training for Your Workforce?

Through Missouri One Start, ACE offers customized training for companies in the St. Charles area with the goal of achieving higher workforce performance.

ACE's focus on training and upskilling the local workforce is invaluable to business success in the area.

Our goal is to enhance employee productivity, with a primary focus on the following key areas:

- Automation Technology Training
- · Coaching
- Lean Manufacturing Tools/ Techniques
- Team Building
- Technical Writing and Services

Additionally, we offer specialized trade and technical skills training in:

- · Computer Technology
- HVAC
- Precision Machining
- Welding

### **CALL US TODAY...**

For more information on Missouri One Start and how you can get funding assistance for your company.

636-443-4207

### COMPUTERS / TECHNOLOGY / LANGUAGE

### **ONLINE SCAMS**



### NEW Protecting Yourself From Online Scams and Fraud

Online scams are everywhere: fake emails, phony investment offers, and suspicious messages on social media, and they're getting harder to detect. This course teaches you how to identify, avoid, and report scams that are hidden in texts, emails, and online platforms. You'll learn how to protect your personal information, recognize red flags, and respond confidently if you're targeted.

Throughout the course, we'll expose the tactics scammers use and give you practical strategies to outsmart them. Expect real-world examples, clear action steps, and guidance on what to do if you or someone you know falls victim to a scam.

COURSE #	DATE	DAY	TIME	LOC.
CO930-01	9/10-	W/F	10 AM-	L&C CL
	9/19		12 PM	

Tuition: \$99 / 4 Classes
Instructor: Daryl Sawyer

# REGISTER EARLY TO RESERVE YOUR SPOT!



### AI (ARTIFICIAL INTELLIGENCE)

# NEW Understanding Artificial Intelligence (AI)

Are you curious about Artificial Intelligence and ready to master the tools shaping the future? This course introduces you to the world of AI: what it is, how it works, and how you can use it.

You'll explore cutting-edge tools like ChatGPT and DALL·E, which transform simple prompts into compelling content, including text, code, images, audio, video, and even simulations. These tools aren't just smart, they're changing the way we work and create.

COURSE #	DATE	DAY	TIME	LOC.
CO931-01	9/29-	M/W	6-8 PM	L&C CL
	10/8			

Tuition: \$99 / 4 Classes
Instructor: Daryl Sawyer



### **NEW Talk to Al Like a Pro**

Master the art of AI prompting and unlock ChatGPT's full potential for tasks like content creation, problem solving, research, and more. You will learn prompt engineering, which is a must-have skill in today's AI-driven world, how to create structured prompts, and how to improve accuracy.

This isn't just about asking questions, it's about getting results. Whether you're working on creative projects, business tasks, or research, you'll gain the skills to guide AI like a pro and stay ahead in an AI-first world.

COURSE #	DATE	DAY	TIME	LOC.
CO932-01	10/27- 11/5	M/W	6-8 PM	L&C CL

Tuition: \$99 / 4 Classes
Instructor: Daryl Sawyer

### LANGUAGE



### **Conversational Spanish**

Ready to start speaking Spanish? This interactive course introduces the basics of communication for both personal and professional settings. You'll build practical speaking and listening skills through real conversational practice while also exploring fun and fascinating facts about Spanish-speaking cultures.

COURSE #	DATE	DAY	TIME	LOC.
LA415-01	9/8-	M/W	6-8 PM	SCH
	10/1			C3
LA415-02	10/28-	TU/TH	6-8 PM	SCH
	11/20			C3

Tuition: \$125 / Textbook: \$20 / 8 Classes

Instructor: Lori Endres

### Spanish for Travelers

Planning a trip? This fast, fun, and practical course will give you the essential Spanish you need to navigate confidently. Learn the key grammar and vocabulary to order food, book a hotel, ask for directions, exchange money, and more—everything you need to feel comfortable while exploring the Spanish-speaking world.

COURSE #	DATE	DAY	TIME	LOC.
LA131-01	10/7-	TU/TH	6-8 PM	SCH
	10/14			C3
LA131-02	12/2-	TU/TH	6-8 PM	SCH
	12/9			C3

Tuition: \$59 / 3 Classes *Instructor: Lori Endres* 

### LANGUAGE / PERSONAL ENRICHMENT / LIFE STAGES

### SIGN LANGUAGE



### Sign Language

In this interactive class, you'll learn how to sign the alphabet, numbers, essential words, short phrases, and basic greetings. You'll also build the skills to hold simple conversations and better understand others through ASL. Whether you're just starting or looking to strengthen your foundation, this class helps you express yourself with clarity and confidence.

COURSE #	DATE	DAY	TIME	LOC.
LA501-01	9/2-	TU/TH	6-	L&C
	9/25		8:30 PM	B205
LA501-02	10/28-	TU/TH	6-	L&C
	11/20		8:30 PM	B205

Tuition: \$99 / Textbook: \$15 / 8 Classes *Instructor: Michelle O'Loughlin* 

### WRITING

### **NEW Take Your Writing to the Next Level**

What makes one novel better than most other novels? A stronger plot? More interesting characters? Or a conflict that is real enough to sustain and support a whole book? This course will take a deeper dive into these areas, offering practical tactics to improve your writing.

COURSE #	DATE	DAY	TIME	LOC.
PE371-01	9/6-	SAT	8:30-	L&C
	9/20		10:30 AM	B205

Tuition: \$59 /3 Classes

Instructor: Beverly Long



### **VOICE ACTING**



# Getting Paid to Talk: An Introduction to Voice Acting

Join your instructor for a behind-thescenes look at the voice-over field—how it really works, what it takes to succeed, and how to make your voice stand out. You'll explore the essentials of developing strong voice-over skills, using your natural voice effectively, and understanding what clients and casting directors listen for. To top it off, you'll get a chance to read a script one-on-one with the instructor and receive personalized feedback tailored to your strengths and areas for growth.

COURSE #	DATE	DAY	TIME	LOC.
PE800-01	10/27	M	6:30-8 PM	ZOOM

Tuition: \$49 / 1 Class

Instructor: Voice Coaches Staff

### LIFE STAGES



### **Passport to Retirement**

This course covers various topics important to retirement planning, including how to develop an income stream in retirement, strategies that could enhance your social security benefits, and what you need to know about IRA rollovers and Roth IRA conversions. The course includes an illustrated textbook

COURSE #	DATE	DAY	TIME	LOC.
FM900-01	9/2-	TU	6:30-	L&C
	9/9		9 PM	MULTI A
FM900-02	9/6-	SAT	9:30 AM-	L&C
	9/13		12 PM	B206

Tuition: \$49 / Book Fee: \$27.99 / 2 Classes

Instructor: David Kaplan

### **CREATIVE ART**

### CROCHET



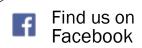
### **NEW Crochet Basics and Beyond**

If you're a beginner, you'll learn the basic stitches, how to work in rows, and read patterns in a comfortable environment. This class is an excellent opportunity to build your knowledge and skills and create a finished project. The supply list will be provided on the invoice. (No class: 11/27)

COURSE #	DATE	DAY	TIME	LOC.
CA529-01	9/2-	TU/TH	6:30-	L&C
	9/18		8:30 PM	B206
CA529-02	11/18-	TU/TH	6:30-	L&C
	12/9		8:30 PM	B206

Tuition: \$69 / 6 Classes
Instructor: Sarah Lawler

# REGISTER EARLY TO RESERVE YOUR SPOT!



www.facebook.com/stcharlesae



### The Art of Amigurumi Crochet

Do you love to crochet? Perhaps you have heard of amigurumi or seen the adorable crocheted stuffed toys that have become increasingly popular worldwide. Create four Fall plushies. Some crocheting experience is required. *The supply list will be provided on the invoice*.

COURSE #	DATE	DAY	TIME	LOC.
CA376-01	10/7-	TU/TH	6:30-	L&C
	10/16		8:30 PM	B206

Tuition: \$69 / 4 Classes
Instructor: Sarah Lawler

### **KNITTING**



### **NEW** No Needle Knitting Workshop

In this engaging workshop, you will learn step-by-step how to knit by using your hands. You will create two stylish chunky scarves or a chunky throw (50x60-inch) in just a few hours with no prior knitting experience! Hand knitting is surprisingly quick to learn, and this workshop will leave you with a stylish, chunky, cozy accessory, a new hobby, and a feeling of achievement. The supply list will be provided on the invoice.

COURSE #	DATE	DAY	TIME	LOC.
CA536-01	10/4	SAT	9 AM-	L&C
			12 PM	103

Tuition: \$49 / 1 Class Instructor: AE Staff

### QUILTING



Prerequisite: You must have and know how to operate your sewing machine, have a basic sewing kit, and be able to sew a straight line.

Unlock the basics of quilting in this handson course designed for absolute beginners. You'll learn essential skills—cutting, piecing, and quilting—step by step. By the end, you'll complete a small quilt using the techniques you've practiced. No experience needed, just bring your creativity. No prior experience needed. The supply list will be provided on the invoice. (No class: 10/8)

COURSE #	DATE	DAY	TIME	LOC.
CA830-01	9/22-	M/W	6-9PM	L&C
	10/13			MULTI A

Tuition: \$89 / 6 Classes
Instructor: Dianna Kogut

### **CREATIVE ART**



### Keep it thimble—Sewing for Fun

Always wanted to sew but didn't know where to start? This beginner-friendly course teaches you the essentials—from using a sewing machine to hand-stitching techniques. The supply list will be provided on the invoice.

COURSE #	DATE	DAY	TIME	LOC.
CA377-01	10/28-	TU/TH	6:30-	L&C
	11/6		8:30 PM	MULTI A

Tuition: \$59 / 4 Classes
Instructor: Sarah Lawler

REGISTER EARLY TO RESERVE YOUR SPOT!



### **NEW Acrylic Painting I**

If you've ever wanted to paint with acrylics, this class is perfect for you! Designed for beginners, it offers inspiration and guidance to help you get started. As you experiment with various textures and techniques, you will learn about the unique, forgiving properties of acrylic paint. Additionally, you'll learn the basics of color theory, how to mix colors, and how to develop a loose sketch or idea as a roadmap for completing your painting. The supply list will be provided on the invoice. (No class: 11/20)

COURSE #	DATE	DAY	TIME	LOC.
CA534-01	9/10-10/15	W	6-8 PM	JIS 322

Tuition: \$69 / 6 Classes *Instructor: Joe Lisciotti* 

### **PAINTING**



### **NEW Watercolor for Beginners**

In this class, you'll learn the basics of watercolor through exploration of materials, blending, color theory, mixing, layering, transparency, and methods to highlight and enhance your paintings. Enroll now and discover what makes watercolor such a unique and compelling medium! *The supply list will be provided on the invoice.* 

(No class: 11/26)

COURSE #	DATE	DAY	TIME	LOC.
CA533-01	10/29-	W	6-8 PM	JIS
	12/10			322

Tuition: \$69 / 6 Classes Instructor: Joe Lisciotti

### DRAWING

### **Drawing with Joe Lisciotti**

Discover your inner artist. Whether you're picking up a pencil for the first time or getting back to basics, this course is built to make drawing approachable—and fun.

What You'll Learn:

- How to see like an artist: shape, proportion, and perspective
- Using light and shadow to create depth
- Mastering line, tone, texture, and shading
- Composition tips to make your drawings stand out
- Building confidence through hands-on practice

The supply list will be provided on the invoice. (No class: 11/17)

COURSE #	DATE	DAY	TIME	LOC.
CA532-01	9/8- 10/13	M	6-8 PM	JIS 322
CA532-02	10/27- 12/8	M	6-8 PM	322 JIS

Tuition: \$69 / 6 Classes Instructor: Joe Lisciotti



# HEALTH & WELLNESS YOGA



### **Foundations of Yoga**

This slow-paced class is perfect for beginners and anyone looking to reconnect with the basics. You'll learn how to move safely and confidently through essential yoga poses while exploring the roots and philosophy behind the practice.

With a focus on breath, alignment, and mindfulness, Foundations of Yoga sets the stage for any yoga path—whether you're building strength, seeking calm, or just getting started. Start where you are. Build from there. *The supply list will be provided on the invoice.* (No class: 9/27)

COURSE #	DATE	DAY	TIME	LOC.
RE730-01	9/3-	W	6-7 PM	JIS
	10/8			LIB
RE730-02	9/6-	SAT	10-11 AM	L&C
	10/18			FOYER
RE730-01	10/22-	W	6-7 PM	JIS
	12/3			LIB

Tuition: \$59 / 6 Classes Instructor: Myra Bailey



### Yin Yoga

Yin Yoga is a slow, gentle practice focused on deep stretch and stillness. Poses are held for longer periods to target the body's connective tissues, improve flexibility, and support joint health. As you settle into each shape, you'll connect more deeply with your breath, inviting calm and quiet into both body and mind. Open to all levels—no experience needed. The supply list will be provided on the invoice. (No class: 11/26)

COURSE #	DATE	DAY	TIME	LOC
RE313-01	9/3-	W	7:15-	JIS
	10/8		8:15 PM	LIB
RE313-02	10/22-	W	7:15-	JIS
	12/3		8:15 PM	LIB

Tuition: \$59 / 6 Classes *Instructor: Myra Bailey* 

REGISTER EARLY TO RESERVE YOUR SPOT!



COURSE #	DATE	DAY	TIME	LOC.
RE736-01	9/6-	SAT	11:15 AM-	L&C
	10/18		12:15 PM	FOYER

Tuition: \$59 / 6 Classes *Instructor: Myra Bailey* 

### Slow Flow Yoga

Slow Flow Yoga is a mindful, breath-driven practice that blends movement and stillness. You'll flow smoothly between poses—moving from floor to standing—building strength, flexibility, and focus along the way. Whether you're a seasoned yogi or just starting, this class offers a grounded, active experience that helps calm the mind while energizing the body. Breathe. Move. Flow. *The supply list will be provided on the invoice*.

(No class: 9/20)





# LEARNING THROUGH PLAY, EVERY DAY.

# We believe in educating the whole child.

2025-26 School Year—Programming offered: 2/3/5 full days, 5 half days, and before/after school care. To apply, children must have turned 3 years old on or before July 31, 2025. Students who turned 5 years old by July 31, 2025 must register for Kindergarten at their home schools.

ECC is accepting district residents and current school employees due to the high demand within our school community.

The St. Charles School District Early Childhood Center is fully accredited through the Missouri Accreditation of Programs for Children and Youth.

Enroll Today: www.stcharlessd.org/ecc OR Scan the OR Code



### **Country Line Dance**

Ready to hit the dance floor? This class teaches you the correct footwork and the most popular line dance moves seen at local events and parties. It's a fun way to get moving, boost your cardio, and connect with others—no partner needed! You do not need prior experience.

COURSE #	DATE	DAY	TIME	LOC.
RE478-01	9/8-10/13	M	6:30-	HE
			7:45 PM	GYM

Tuition: \$69 / 6 Classes

Instructor: Pam Pratt-Noltkamper

### DANCE



REGISTER EARLY TO RESERVE YOUR SPOT!

### Country Line Dance II–Keep the Line Going

Ready to level up your line dancing? This class is for dancers who know the basics and want to build on their skills. You'll learn popular improver-level routines that are regularly featured at regional events. It's a fun way to stay active, challenge yourself, and keep the good times (and great workouts) going. No partner needed! You do not need prior experience.

COURSE #	DATE	DAY	TIME	LOC.
RE479-01	10/27-	M	6:30-	HE
	12/1		7:45 PM	GYM

Tuition: \$69 / 6 Classes

Instructor: Pam Pratt-Noltkamper



## **NEW** Date Night Dancing: East Coast Swing & Waltz

Step into the rhythm of elegance and fun! In this beginner-friendly class, couples will explore the timeless charm of East Coast Swing and Waltz. You'll build coordination and confidence through classic steps, spins, and fluid partner movements. Emphasis is placed on musicality, connection, and leading/following in sync. Make it a weekly date to remember! (*No class: 11/25*)

COURSE #	DATE	DAY	TIME	LOC.
RE753-01	9/2-10/7	TU	6-7 PM	MON GYM
RE753-02	10/28- 12/9	TU	6-7 PM	MON GYM

Tuition: \$59 / 6 Classes Instructor: Tami Hale



### **NEW Date Night Dancing: Tango & Rumba**

Turn up the passion and flair! This dynamic session focuses on the expressive styles of Tango and Rumba, perfect for couples looking to spice up their evening. Learn how to connect through bold movements, rhythmic steps, and dramatic turns, all while strengthening your lead/follow communication. It's a date night with a heartbeat! Partner required; each person must register individually. (No class: 11/25)

COURSE #	DATE	DAY	TIME	LOC.
RE754-01	9/2-	TU	7:15-	MON
	10/7		8:15 PM	GYM
RE754-02	10/28-	TU	7:15-	MON
	12/9		8:15 PM	GYM

Tuition: \$59 / 6 Classes *Instructor: Tami Hale* 



### **PART-TIME INSTRUCTORS**

Are you interested in showcasing your skills? If so, ACE would like you to **Join Our Team** as a part-time instructor teaching adult evening or weekend courses to share what you know with other people!

Please visit:

www.stcharlesae.org/instructors-wanted for more information or call:

**636-443-4018** to speak with a member of our team.



# St. Charles County CAPS program?

### CAPS Strands:

- Entrepreneurship and Business Management
- Healthcare and Medical Professions
- Creative Media / Engineering / Applied Technology

### DO YOU...

- Have a passion for business/ entrepreneurship, healthcare, or technology?
- Have your own transportation?

### ARE YOU...

- Looking for real-world learning in an off-campus setting at a business site for half of your school day?
- Looking for an opportunity to complete an internship during high school?
- Going to be a junior or senior in 2025-26?

For more information, visit:

www.scccaps.org

OR scan the QR code:



## **ONLINE CLASSES**



- 24-Hour Access
- 6 Week Format
- Affordable
- Instructor-Led



# ADVANCE YOUR CAREER WITH ONLINE TRAINING

Our online, self-paced, or instructor-led training is designed to prepare you for entry or advancement in career opportunities.

For a FULL list of courses, dates, tuition, and to register, visit: www.careertraining.ed2go.com/stcharlesae/





### St. Charles School District Parents as Teachers Program

Parents as Teachers is an early childhood home visiting program designed to help you learn more about parenting, support your child's development, and help with the challenges of parenting. This program is FREE to City of St. Charles School District families.

- Home Visits
- Group Connections
- Screenings
- Resource Network

### Did You Know?

- You are your child's first and most important teacher.
- Your child's brain grows more rapidly in the first three years of life than at any other time.
- Positive attachment to parents and caregivers in the first three years of life affects your child's life-long success.

Enroll Today: www.stcharlessd.org/ecc OR scan the QR code



**REGISTRATION:** We recommend registering at least 10 days before the start date of a class. Many classes fill quickly and others may be canceled due to low enrollment.

**CLASS CANCELLATION:** Classes are subject to cancellation if minimum enrollment is not met. If St. Charles Adult and Community Education cancels a class, you will be notified by phone and/or email. You will be given the option to receive a full refund of your registration fee, transfer to another class, or receive a credit for future use.

**REFUND POLICY:** For courses lasting less than eight weeks, you must notify the ACE office at least two full business days before the class start date to receive a refund. A \$10 cancellation fee will be applied. If you elect to keep your funds on account for future use, the \$10 cancellation fee will be waived. If the request is received less than two full business days before the start of class, no refunds, transfers, or credits will be issued.

For courses over eight weeks, a non-refundable registration fee applies. If you elect to cancel the course, you must notify the ACE office to receive a refund of the remaining balance. If the request is received less than two full business days before the start of class, no refunds, transfers, or credits will be issued.

**CHILDREN:** Youth under age 16 may attend adult classes only if accompanied by a registered adult and at the discretion of the instructor.

**SUPPLIES:** Textbooks and materials will be distributed on the first night of class. We cannot guarantee you will receive a textbook on the first night of class if you register less than 48 hours of the class start time. If supplies are required, a supply list will be printed on the invoice or provided by the instructor.

**EOP:** We are an equal-opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Students who need accommodations are encouraged to call the office for assistance.

**WEATHER CLOSURES:** In the case of inclement weather, the City of St. Charles R-VI School District's closing schedule is generally followed. If canceled, classes will be rescheduled and you will be notified.

**PRIVACY:** Adult education staff is only permitted to discuss class and student records with the registered adult student and not the parent, grandparents, spouses, or others.



### **CLASS LOCATIONS**

BH...... Blackhurst Elementary, 2000 Elm Street

HE...... Harris Elementary, 2800 Old Muegge Road

JIS..... Jefferson Intermediate, 2660 Zumbehl Road

**L&C....** Lewis and Clark Career Center / ACE Office 2400 Zumbehl Road

MON... Monroe Elementary, 2670 Zumbehl Road

SCH.....St. Charles High, 725 Kingshighway

SCW.... St. Charles West High, 3601 Drost Road

### SCHOOL DISTRICT OF THE CITY OF ST. CHARLES

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### ENGAGE & CHANGE with LIFELONG LEARNING



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Begin your journey to saving lives! Become a licensed Emergency Medical Technician. Find out more on page 3.



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4

Launch your healthcare career with our Phlebotomy, Medical Assistant, or Billing and Coding programs and earn a national certification. See page 4 for more details.



**PAGE** 

6

Gain hands-on experience in this Residential Wiring course. Learn to safely install electrical systems in residential settings while developing essential wiring skills. See **page 6** for more information.



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Discover your ideal yoga class to build confidence, relieve stress, and enhance mindfulness. For more information, see <a href="page 12">page 12</a> and enroll in one of our many yoga classes.