

ACE

ADULT & COMMUNITY
EDUCATION

School District of the City of St. Charles

**SPRING/SUMMER
2025**

*Spring
Ahead*

**with
Lifelong
Learning**

*Your journey
to learning
starts here!*

Career Courses

Computer/Technology

Creative Arts

Enrichment

Dance

Health & Fitness

Life Stages

City of St. Charles School District (636) 443-4043 www.stcharlesae.org

SPRING/SUMMER 2025 COURSE SCHEDULE

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BACK

Your Link to Lifelong Learning!

Thank you for being our valued customers! We are grateful for the pleasure of serving you with community wide educational solutions.

OUR MISSION

The St. Charles Adult & Community Education (ACE) will provide affordable career training and lifelong learning opportunities for students to achieve their educational, career, and personal development goals.

SPRING/SUMMER CALENDAR

Feb. 26-28	Parent/Teacher Conferences (<i>No classes</i>)
March 24-28	Spring Break (<i>No classes</i>)
Apr. 21	Easter (<i>No classes</i>)
May 26	Memorial Day (<i>No classes</i>)
June 19	Juneteenth (<i>No classes</i>)

While every effort has been made to ensure the accuracy of this schedule, changes do occur. We thank you for understanding. Check our website for posted updates and changes.

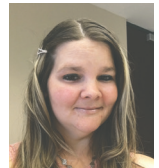
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HOURS:

M-TH: 9:00AM-6:30PM

F: 9:00AM-4:00PM

SAT-SUN: Closed



CAREER TRAINING

EMT



Emergency Medical Technician Program

Are you interested in becoming a licensed

Emergency Medical Technician? The St. Charles EMT Training Program provides the basic level of training for the emergency care provider and leads to state and national licensure examinations. Students will master basic emergency care skills through classroom training, hands-on skill training, and clinical observation in a hospital emergency

department and an ambulance. Upon completing this program, students are eligible to take the National Registry Exam (NREMT) for certification by the State of Missouri.

PLEASE NOTE: Prospective students must attend a mandatory orientation to obtain the requirements for the program and pass the entrance exam to enroll. You must be 18 or older and provide proof of a high school diploma, GED/ HISET, or college transcript. A Missouri criminal background check is required for all incoming students. (*No class: 11/27*)

*** WIOA**

10-Week Accelerated (20 Classes)

COURSE #	DATE	DAY	TIME	LOC.
HO827-01	5/27-8/5	TU/TH	9AM-4:30PM	L&C 103

Fall

HO751-01	8/19-12/11	TU/TH	9AM-1PM	L&C 103
HO751-02	8/19-12/11	TU/TH	6-10PM	L&C 103

Tuition: \$1,349 / Textbook: \$150 / CPR: \$80
Lab: \$150 / 32 Classes / CEU

Lead Instructor:

Brian Beasley—NREMT-P, CP (retired),
Engineer, Central County Fire & Rescue

Adjunct Instructors:

Bridget Foristal—NREMT-B,
Lincoln County Ambulance

Gabrielle Kohlmann—FF/NREMT-P,
Florissant Fire Protection District

Aaron Peters—FF/NREMT-P, EMPT-P,
Valley Park Fire Protection & Rescue

Dave Rawlings—FF/NREMT-P,
Central County Fire & Rescue

John Schneider—NREMT-B, Captain,
Central County Fire & Rescue

Jonah Wilson—FF/NREMT-P, New Melle
Fire Protection District

Orientation Dates:

All orientations are at 5PM
2/27, 3/11, 3/20, 4/8, 4/29, 5/8, 5/20

Entrance Exam Dates:

All exams are from 5:30-8PM
2/27, 3/11, 3/20, 4/8, 4/29, 5/8, 5/20

All students **MUST** attend an orientation and pass the entrance exam before enrolling in the program.

Register for the exam today (\$25)
www.stcharlesae.org
or (636) 443-4043



The St. Charles EMT Program is accredited by the State of Missouri Dept. of Health and Senior Services.



EMT Refresher

ACE offers 24 and 40-hour EMT Refresher courses to help you earn recertification for all state and national requirements.
8/19-12/11 (TU/TH)

Call the ACE office for more information.

636-443-4043

CPR



CPR & Stop the Bleed Training

This training will cover the following topics:

Part 1

- Identifying life-threatening emergencies and how to provide prompt care
- Adult, child, and infant CPR with AED certification



Part 2

Bleeding injuries can occur at any location. Rather than being a bystander, you can take action by becoming an immediate responder.

- Learn how to identify life-threatening bleeding and respond promptly and effectively to control it.

Participants will practice techniques on the floor. Comfortable clothing is recommended.

COURSE #	DATE	DAY	TIME	LOC.
HO844-01	3/8	SAT	9AM-3PM	L&C 103
HO844-02	5/10	SAT	9AM-3PM	L&C 103

Tuition: \$99 / 1 Class

Instructors: Brian Beasley & Jonah Wilson

*** WIOA—Funding Available. See Page 6**

Register online at www.stcharlesae.org or call (636) 443-4043

PHLEBOTOMY



Phlebotomy Technician Training Program

The St. Charles Phlebotomy Training program is designed to equip students with the fundamental skills required to become phlebotomists in diverse job opportunities. This comprehensive 8-week course includes 48 hours of lectures, hands-on skills labs, and assessments. Topics covered include anatomy and physiology, blood collection theory and handling, safety, and relevant phlebotomy laws and regulations.

With a CPT certification, you will have the credentials to set yourself apart from other applicants as you embark on a rewarding healthcare career. A CPT will improve your marketability in a growing and rewarding field like phlebotomy.

Upon completing the course, you will take the Certified Phlebotomy Technician (CPT) exam provided by the National Healthcareer Association (NHA). *** WIOA**
(No class: 3/24, 3/26, 4/21, 6/19)

COURSE #	DATE	DAY	TIME	LOC.
HO779-03	3/3-5/5	M/W	10AM-1PM	L&C 103
HO779-04	3/3-5/5	M/W	6-9PM	L&C 103
HO779-05	6/10-8/5	TU/TH	6-9PM	L&C 103

Tuition: \$657 / Registration Fee: \$50

Online Study Guide: \$84 / NHA Test: \$129

16 Classes / CEU

Instructor (01): Ashley Burgess

Instructor (02/06): Savannah Ellis

CAREER TRAINING MEDICAL BILLING & CODING



Certified Billing & Coding Specialist

Prerequisite: Basic Computer Skills

The St. Charles Billing and Coding Specialist program will provide the information and training you need to earn a certified CBCS (Certified Billing and Coding Specialist) certificate.

This 14-week comprehensive course consists of 84 hours of classroom instruction. You will learn the foundations of medical terminology and the technical knowledge and skills to maintain aspects of the revenue cycle to ensure reimbursements are completed on time. This course will prepare you for how to gather, review, and verify essential patient information and documentation, how to prevent fraud and abuse by auditing billing, how to assign numeric codes for diagnoses and procedures, and how to coach healthcare providers to achieve optimal reimbursement when submitting claims.

Upon completing the course, you will take the CBCS exam provided by the National Healthcareer Association (NHA).

*** WIOA** (No class: 11/25, 11/27)

COURSE #	DATE	DAY	TIME	LOC.
HO843-01	8/26-12/4	TU/TH	6-9PM	ZOOM

Tuition: \$750 / Registration Fee: \$50

Textbooks: \$410 / Online Study Guide: \$84

NHA Test: \$129 / 28 Classes / CEU

Instructor: Sonya Manson

MEDICAL ASSISTANT



NEW Medical Assistant Program (CCMA)

Prepare for a rewarding career in healthcare with our comprehensive 18-week Certified Clinical Medical Assistant (CCMA) program. This course combines classroom instruction and hands-on training to develop the essential skills needed for success in clinical and administrative settings. You will prepare for the CCMA exam offered by the National Healthcareer Association (NHA) for certification.

Through this program, students will gain expertise in key areas such as:

- Assisting providers with exams and office procedures
- Patient care, including taking and recording vital signs, administering injections, and medications
- Phlebotomy, EKG administration, and Point of Care Testing
- Preparing patients for examinations and other procedures
- Front-office procedures, including patient check-in/out and medical documentation

*** WIOA** (No class: 5/26, 8/13, 9/1)

COURSE #	DATE	DAY	TIME	LOC.
HO840-01	5/19-9/29	M/W	6-10PM	L&C 103

Tuition: \$1,699 / Online Study Guide: \$164

Non-Refundable Registration Fee: \$50

Supplies: \$75 / NHA Test: \$129 / 36 Classes
CEU

Instructor: Savannah Ellis

*** WIOA—Funding Available. See Page 6**

CAREER TRAINING

HVAC



Heating and Air Conditioning Technology

Discover the principles of basic refrigeration and heat theory, read and understand basic wiring schematics, and test, diagnose, and service residential-sized air conditioning units. You will study automatic and electrical controls for heating equipment, including electric heat, gas furnaces, and heat pumps. This course includes classroom instruction and shop time.

Students will be prepared for the EPA test upon completing the course. The test covers Type I and II tests ONLY. To obtain a Universal Certification (for commercial applications), a Type III test is needed.

*** WIOA** (No class: 8/28, 9/1, 9/2, 10/15, 10/16, 10/29, 11/26, 11/27)

COURSE #	DATE	DAY	TIME	LOC.
TT288-01	8/25-12/15	M/W	6-9PM	L&C HVAC
TT288-02	8/26-12/18	TU/TH	6-9PM	L&C HVAC

Tuition: \$1,145 / Textbook: \$50
Lab Fee: \$100 / Registration Fee: \$50
EPA Test: \$55 / 29 Classes / CEU
Instructor: John Remley

**REGISTER EARLY TO
RESERVE YOUR SPOT!**

WELDING

Arc Welding I

This introductory course covers the fundamentals of arc welding utilizing the SMAW welding process to run beads and perform single and multiple-pass welds on fillet and groove joints. You will also experience basic oxy-fuel cutting. *The supply list will be provided on the invoice.*

*** WIOA**

COURSE #	DATE	DAY	TIME	LOC.
TT242-01	9/8-11/24	M	6-9PM	L&C A102

Tuition: \$799 / Textbook: \$25 / Lab Fee: \$99
Registration Fee: \$50 / 12 Classes / CEU
Instructor: Baylor Prewitt



Arc Welding II

Prerequisite: Arc Welding I or prior welding experience

Get ready to elevate your arc welding expertise in this advanced SMAW class! You will delve deeper into the horizontal, vertical, and overhead positions and explore pipe welding processes and positions. Enhance your knowledge of material cutting and preparation for welding. *The supply list will be provided on the invoice.* *** WIOA**

COURSE #	DATE	DAY	TIME	LOC.
TT276-01	9/2-12/2	TU	6-9PM	L&C A102

Tuition: \$899 / Textbook: \$25 / Lab Fee: \$99
Registration Fee: \$50 / 14 Classes / CEU
Instructor: Baylor Prewitt

MIG and Flux-Cored Welding

For the experienced welder or the weekend warrior, this course provides training in basic and advanced techniques required to upgrade skill levels for additional career opportunities or for your personal use. Acquire techniques in the MIG (GMAW) and Flux-core (FCAW) processes, using ER70S-6 and E71T-1 filler metals on carbon steel plate. Learn to work in all fillet and grooved plate positions. *The supply list will be provided on the invoice.* *** WIOA**
(No class: 10/15, 11/26)

COURSE #	DATE	DAY	TIME	LOC.
TT245-01	8/27-12/10	W	6-9PM	L&C A102

Tuition: \$899 / Textbooks: \$50 / Lab Fee: \$99
Registration Fee: \$50 / 14 Classes / CEU
Instructor: Bryce Foster

AUTOMOTIVE



Two and Four-Cycle Engine Repair

This class teaches you to diagnose small engine problems, understand fuel and electrical systems, and troubleshoot tune-ups, valve jobs, carburetors, and engine care and maintenance.

Bring a 2-cycle (mower, string trimmer, chainsaw) or 4-cycle (tiller, riding mower) to class. *** WIOA** (No class: 11/27)

COURSE #	DATE	DAY	TIME	LOC.
TT217-01	9/2-11/18	TU	6-9PM	L&C PET
TT217-02	9/4-12/4	TH	6-9PM	L&C PET

Tuition: \$379 / 12 Classes / CEU
Instructor: Dale Smith

*** WIOA—Funding Available. See Page 6**

CAREER TRAINING

MACHINING



Precision Machining Technology–CNC Programming

Prerequisite: Must know how to run the engine lathe, and vertical mill and be proficient with shop math.

Are you a machine operator who wishes to learn to program? This CNC machinist training will provide you with the basic experience and knowledge required for a career in the machining industry. This course will teach you how to create basic G-Code programs to set up and operate both the CNC mill and lathe. You will perform machining operations such as drilling, tapping, boring, and turning using CNC machine tools. * **WIOA** (No class: 4/21, 5/26)

COURSE #	DATE	DAY	TIME	LOC.
TT340-01	4/14-6/11	M/W	5:30-9:30PM	L&C PMT

Tuition: \$849 / Textbook: \$20

Materials Fee: \$150 / Registration Fee: \$50

16 Classes / CEU

Instructor: Erich Schaefer

ELECTRICAL



Residential Wiring-Installation & Codes

Students are introduced to Residential Wiring skills, focusing on basic electrical safety, basic electrical theory, and residential wiring concepts concurrent with the 2023 National Electrical Code. Students will learn how to install electrical systems safely in residential areas, including the proper techniques for wiring and the use of common materials and equipment. Through lectures and hands-on labs, students must understand raceway and wiring installation aspects such as codes, safety, and industry practices. *The supply list will be provided on the invoice.* * **WIOA**

COURSE #	DATE	DAY	TIME	LOC.
TT284-01	6/7-6/28	SAT	8AM-4PM	L&C ET

Tuition: \$499 / Textbook: \$50 / Lab Fee: \$100

Registration Fee: \$50 / 4 Classes / CEU

Instructor: Christin Ladue

*** WIOA—Funding Available. See Above**



Do you Need Tuition Assistance?

Contact the Missouri Job Center to see if you qualify for a **WIOA (Workforce Innovation and Opportunity Act)** approved courses:

**Emergency Medical Technician (EMT) / Billing & Coding Specialist
Phlebotomy Technician / Medical Assistant Program / HVAC / Welding
Residential Wiring / Precision Machine Tool Technology/CNC**

St. Charles County (636) 255-6060 / St. Louis County (314) 615-6010
St. Louis City (314) 589-8000 / Warrenton (660) 216-4231



MISSOURI
ONE START

Do You Need Training for Your Workforce?



Through Missouri One Start, ACE offers customized training for companies in the St. Charles area with the goal of achieving higher workforce performance.

ACE's focus on training and upskilling the local workforce is invaluable to business success in the area.

Our goal is to enhance employee productivity, with a primary focus on the following key areas:

- Automation Technology Training
- Coaching
- Lean Manufacturing Tools/ Techniques
- Team Building
- Technical Writing and Services

Additionally, we offer specialized trade and technical skills training in:

- Computer Technology
- HVAC
- Precision Machining
- Welding

CALL US TODAY...

For more information on Missouri One Start and how you can get funding assistance for your company.

636-443-4207

COMPUTERS / TECHNOLOGY

EXCEL

Excel 2021 Module I

Prerequisite: Basic computer skills, or knowledge of office applications

Learn the basics of Excel. Topics include worksheet layout, entering and editing data, moving or copying a range, inserting and transposing rows and columns, merging cells, and more. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME	LOC.
CO915-02	4/3	TH	6-8:30PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU

Instructor: Scott Pickens

Excel 2021 Module II

Prerequisite: Module I or prior experience

Learn to navigate a workbook using range names, format Excel ranges, and build formulas and functions. Explore the use of a ribbon and charts. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME	LOC.
CO916-02	4/10	TH	6-8:30PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU

Instructor: Scott Pickens

Excel 2021 Module III

Prerequisite: Module I or prior experience

Continue with the series as you learn to manipulate Excel worksheets and create and format new workbooks. Learn to create relative and absolute formulas, copy formulas, insert functions, and more. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME	LOC.
CO917-02	4/17	TH	6-8:30PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU

Instructor: Scott Pickens

Excel 2021 Module IV

Prerequisite: Module I or prior experience

Learn more advanced Excel functions. Analyze data with scenarios. Get to know table features and create a Pivot Table. Examine chart elements and learn to format Excel charts, track workbook changes, and more! *Handouts will be provided.*

COURSE #	DATE	DAY	TIME	LOC.
CO918-02	4/24	TH	6-8:30PM	SCW CL-B

Tuition: \$39 / 1 Class / CEU

Instructor: Scott Pickens

**REGISTER EARLY TO
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TUTORING



One-on-One Technology Tutoring

Are you struggling to navigate your computer, smartphone, or tablet? If so, our technical expert can work with you one-on-one to help you become a more efficient user. You'll receive individualized attention.

COURSE #	DATE	DAY	TIME	LOC.
CO906-07	3/14	F	12:15-1:15PM	L&C 103
CO906-08	3/14	F	1:30-2:30PM	L&C 103
CO906-09	3/14	F	2:45-3:45PM	L&C 103
CO906-10	4/25	F	12:15-1:15PM	L&C 103
CO906-11	4/25	F	1:30-2:30PM	L&C 103
CO906-12	4/25	F	2:45-3:45PM	L&C 103

Tuition: \$55 / 1 Class / 1-Hour sessions

Instructor: Scott Pickens

SMARTPHONES

Fundamentals of iPhone Usage

Get to know your iPhone better and keep critical information safe and secure. Learn how to customize your settings, use programs like FaceTime and Siri, set reminders, surf the internet, share photos and videos with friends, use map features, and more.

COURSE #	DATE	DAY	TIME	LOC.
CO913-02	3/5-3/14	W/F	10AM-12PM	L&C CL

Tuition: \$99 / 4 Classes

Instructor: Scott Pickens



Fundamentals of Android Smartphone Usage

Are you new to smartphone technology? Apps can help you simplify your life and help you stay connected with others. Learn to text, take and share photos, customize your device, download apps, and more in this small group, hands-on workshop.

COURSE #	DATE	DAY	TIME	LOC.
CO914-02	4/16-4/25	W/F	10AM-12PM	L&C CL

Tuition: \$99 / 4 Classes

Instructor: Scott Pickens

CREATIVE ART

PAINTING



NEW Acrylic Painting I

If you've ever wanted to paint with acrylics, this class is for you! Designed with beginners in mind, you'll gain inspiration and direction to help you get started and be introduced to the unique 'forgiving' qualities of acrylic paint. We will experiment with different textures and techniques, learn basic color theory, how to mix colors, and how to start with a loose sketch or idea as a roadmap to complete the painting. *Supplies Included. (No class: 3/24, 4/21)*

COURSE #	DATE	DAY	TIME	LOC.
CA534-02	4/8-5/13	TU	6-8PM	JIS 322

Tuition: \$69 / 6 Classes / Supplies: \$45
Instructor: Virginia O'Flaherty



NEW Watercolor for Beginners

In this class, you will be introduced to the basics of watercolor by exploring materials, blending, color theory, mixing, layering, transparency, and ways to highlight and enhance your paintings. Discover what makes watercolor such a unique and compelling medium! *Supplies Included. (No class: 3/26)*

COURSE #	DATE	DAY	TIME	LOC.
CA533-02	4/10-5/22	TH	6-8PM	L&C B205

Tuition: \$69 / Supplies: \$45 / 6 Classes
Instructor: Virginia O'Flaherty

**REGISTER EARLY TO
RESERVE YOUR SPOT!**

NEW Paint-Pour Workshop

It's not just an art class, it's an experience. Join us for this guided paint-pour workshop where you will create your masterpiece with the help of an artistic instructor. This workshop will cover how to mix your paints to get the proper consistency, various paint pouring techniques as well as hands-on guided instruction. *Supplies Included.*

COURSE #	DATE	DAY	TIME	LOC.
CA537-01	3/15	SAT	9AM-12PM	L&C 103
CA537-02	5/17	SAT	9AM-12PM	L&C 103

Tuition: \$49 / 1 Class / Supplies: \$20
Instructor: Virginia O'Flaherty

PEN & INK

Pen & Ink Techniques

Learn the basics of pen handling and use beginner drawing concepts of linework, hatching, composition, form, shading, etc. You will start with capturing form using contour lines, and make your work more expressive with gesture lines. *The supply list will be provided on the invoice. (No class: 4/21)*

COURSE #	DATE	DAY	TIME	LOC.
CA981-01	4/7-5/19	M	6-8PM	L&C MULTIA

Tuition: \$69 / 6 Classes

Instructor: Joe Lisciotti

DRAWING



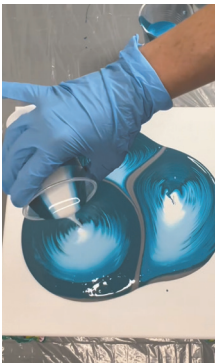
Drawing with Joe Lisciotti

Anyone can draw! This drawing class emphasizes the form and shape of static objects using a light source and shadow to define perspective and dimensions and explore line, tone, texture, and shading with pencil. Basic drawing principles of composition, form, line quality, and light and shade are also covered thoroughly. At the end of this class, you will feel confident about the basics of drawing. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
CA532-02	4/9-5/14	W	6-8PM	L&C MULTIA

Tuition: \$69 / 6 Classes

Instructor: Joe Lisciotti



CREATIVE ART CROCHET



The Art of Amigurumi Crochet

Do you love to crochet? Perhaps you have heard of amigurumi or seen the adorable crocheted stuffed toys that have become increasingly popular worldwide. Some crocheting experience is required. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
CA376-02	4/1-4/17	TU/TH	6:30-8:30PM	L&C B206

Tuition: \$69 / 6 Classes
Instructor: Sarah Lawler



NEW Crochet Basics and Beyond

If you're a beginner, you'll learn the basic stitches, how to work in rows, and read patterns in a comfortable environment. This class is an excellent opportunity to build your knowledge and skills and create a finished project. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
CA529-04	4/12-5/17	SAT	10AM-12PM	MULTI A
CA529-03	5/6-5/22	TU/TH	6:30-8:30PM	L&C B206

Tuition: \$69 / 6 Classes
Instructor: Sarah Lawler

KNITTING

NEW No Needle Knitting Workshop

In this engaging workshop, you will learn step-by-step how to knit by using your hands. You will create two stylish chunky scarfs or a chunky throw (50x60-inch) in just a few hours with no prior knitting experience! You'll be amazed at how quickly you can pick up hand knitting, and by the end of the workshop, not only will you have a stylish chunky cozy accessory to keep you warm during the colder months, but you'll also have gained a new hobby and a sense of accomplishment. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
CA536-02	4/12	SAT	9AM-12PM	L&C 103

Tuition: \$49 / 1 Class
Instructor: Virginia O'Flaherty



NEW Crochet Social

Are you passionate about crocheting and enjoy sharing the experience with others? This class is the perfect opportunity to bring your current project, troubleshoot specific techniques, exchange ideas, spark inspiration, and create lasting connections with fellow crochet enthusiasts.

***PLEASE NOTE:** This class is NOT meant to be a beginner class. It is for anyone who has already mastered the basics.

COURSE #	DATE	DAY	TIME	LOC.
CA530-02	3/15	SAT	10AM-2PM	L&C B206
CA530-03	4/22-4/29	TU	6:30-8:30PM	L&C B206

Tuition: \$49 / 2 Classes (TU) / 1 Class (SAT)
Instructor: Sarah Lawler

SEWING



You **MUST** bring a sewing machine to class.

NEW T-Shirt Quilt

Prerequisite: You must have and know how to operate your sewing machine, have a basic sewing kit, and be able to sew a straight line.

Use 24 t-shirts to make a 48x72-inch memory quilt. Using a Quilt-As-You-Go technique, you should have a finished quilt project by the end of the class. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
CA531-01	3/4-3/13	TU/TH	6-9PM	L&C MULTI A
CA531-02	5/6-5/15	TU/TH	6-9PM	L&C MULTI A

Tuition: \$69 / 4 Classes
Instructor: Dianna Kogut

CREATIVE ART / PERSONAL ENRICHMENT / LIFE STAGES

SEWING



You **MUST** bring a sewing machine to class.

Keep it thimble—Sewing for Fun

Want to learn how to sew but need help figuring out where to start? This course will teach you everything you need to know as you begin your sewing journey, including how to properly operate a sewing machine, different terms, and fabrics, what notions you need, how to hand-stitch, and more. Throughout the course, you will complete three beginner projects; a pillowcase, a tote bag, and a pincushion. So, together, let's all learn how to sew! *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
CA377-02	4/26-5/17	SAT	12:15-2:15PM	L&C MULTI A

Tuition: \$59 / 4 Classes

Instructor: Sarah Lawler

VOICE ACTING



Getting Paid to Talk: An Introduction to Voice Acting

Your instructor will take you behind the scenes in the voice-over field for a fun and realistic look at how the voice-over field works. You will gain an inside perspective on developing voice skills, leveraging your voice's strength, and more! Additionally, you will have a chance to read a script, one-on-one, with the instructor at the end of the class to receive personalized feedback and guidance.

COURSE #	DATE	DAY	TIME	LOC.
PE800-02	4/8	TU	6:30-8PM	ZOOM

Tuition: \$49 / 1 Class

Instructor: Voice Coaches Staff

WRITING



NEW Secrets to Writing the Romantic Suspense Novel

This course will focus on the best way to construct a romantic suspense novel so that the romance plot and the suspense plot seamlessly combine. Focus areas include plotting, characterization, settings, timelines, and external and internal conflict. *(No class: 4/19)*

COURSE #	DATE	DAY	TIME	LOC.
PE368-01	4/5-4/26	SAT	8:30-10:30AM	L&C B206

Tuition: \$59 / 3 Classes

Instructor: Beverly Long

We're Hiring
Join Our Team

PART-TIME INSTRUCTORS

Are you interested in showcasing your skills? If so, ACE would like you to **Join Our Team** as a part-time instructor teaching adult evening or weekend courses to share what you know with other people!

Please visit:

www.stcharlesae.org/instructors-wanted

for more information or call:

636-443-4018 to speak with

a member of our team.

LIFE STAGES



Passport to Retirement

This course covers various topics important to retirement planning, including how to develop an income stream in retirement, strategies that could enhance your social security benefits, and what you need to know about IRA rollovers and Roth IRA conversions. The course includes an illustrated textbook

COURSE #	DATE	DAY	TIME	LOC.
FM900-01	4/22-4/29	TU	6:30-9:30PM	L&C B206
FM900-02	4/26-5/3	SAT	9AM-12PM	L&C 103

Tuition: \$49 / Book Fee: \$27.99 / 2 Classes

Instructor: David Kaplan

LANGUAGE



Spanish in a Day

This one-night class offers students a practical introduction to the Spanish language. You will learn the basics, including commonly used Spanish words and phrases.

COURSE #	DATE	DAY	TIME	LOC.
LA133-01	3/6	TH	6-8PM	SCH C3
LA133-02	4/29	TU	6-8PM	SCH C3

Tuition: \$39 / 1 Class

Instructor: Lori Endres

Conversational Spanish

Have you always wanted to learn Spanish? This interactive Spanish course introduces students to the basics of communicating in Spanish in personal and professional settings. Students will practice speaking and listening in a conversational setting and learn interesting facts about the varied cultures.

COURSE #	DATE	DAY	TIME	LOC.
LA415-01	3/11-4/10	TU/TH	6-8PM	SCH C3

Tuition: \$125 / Textbook: \$20 / 8 Classes

Instructor: Lori Endres

**REGISTER EARLY TO
RESERVE YOUR SPOT!**

Spanish for Travelers

If you want to travel around the Spanish-speaking world, learning Spanish in this course will be fast, fun, and manageable. Learn the essential grammar and vocabulary to communicate comfortably when ordering food, reserving a hotel room, asking for directions, exchanging money, and more!

COURSE #	DATE	DAY	TIME	LOC.
LA131-02	4/15-4/22	TU/TH	6-8PM	SCH C3

Tuition: \$59 / 3 Classes

Instructor: Lori Endres

SIGN LANGUAGE



Sign Language

Learn how to properly sign the alphabet, numbers, essential words, short phrases, and basic greetings, and engage in introductory conversation in this interactive class. You'll also enhance your language skills for expressing yourself and understanding others.

COURSE #	DATE	DAY	TIME	LOC.
LA501-02	4/28-5/14	M/W	6-8:30PM	L&C B206

Tuition: \$99 / Textbook: \$15 / 6 Classes

Instructor: Michelle O'Loughlin



ST. CHARLES SCHOOL DISTRICT EARLY CHILDHOOD CENTER



**LEARNING THROUGH
PLAY, EVERY DAY.**

**We believe in educating
the whole child.**

2025-26 School Year—Programming offered: 2/3/5 full days, 5 half days, and before/after school care. To apply, children must have turned 3 years old on or before July 31, 2025. Students who turned 5 years old by July 31, 2025 must register for Kindergarten at their home schools.

ECC is accepting district residents and current school employees due to the high demand within our school community.

The St. Charles School District Early Childhood Center is fully accredited through the Missouri Accreditation of Programs for Children and Youth.

Enroll Today:
www.stcharlessd.org/ecc
OR Scan the QR Code



HEALTH & WELLNESS / FITNESS

YOGA

Foundations of Yoga

We all have individual body structures, health issues, and injuries, and our postures should be aligned accordingly. Foundations of Yoga is a slow-paced class that will allow you to feel confident and comfortable by understanding the most common poses (asana) and proper alignment. No matter your yoga goals or what style you prefer to practice, this class will properly prepare you for your yoga journey ahead! *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
RE730-02	4/9-5/14	W	6-7PM	JIS LIB

Tuition: \$59 / 6 Classes

Instructor: Myra Bailey



Yin Yoga

This style of yoga focuses on compressing and stretching the connective tissues, ligaments, joints, deep fascial networks, and bones, which is essential to achieving optimal health and well-being. In Yin Yoga, each pose (asana) is performed while seated or lying on the floor and held for 1.5 to 5 minutes. Although it can be intense for some, Yin Yoga is a meditative practice that teaches mindfulness. This practice is suitable for all skill levels. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
RE313-02	4/9-5/14	W	7:15-8:15PM	JIS LIB

Tuition: \$59 / 6 Classes

Instructor: Myra Bailey



NEW Gentle Yoga Practices

Do you want to achieve the benefits of good health? Join us in this slower-paced class using simple yoga poses that will help you increase strength and muscle tone. While the intensity may be lower, the focus and commitment are high. You will move at a steady pace, slowly cycling through a series of mostly floor-based or seated asana poses. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME	LOC.
RE740-01	4/26-6/14	SAT	10-11AM	L&C FOYER

Tuition: \$59 / 6 Classes

Instructor: Myra Bailey

Slow Flow Yoga

Slow Flow Yoga connects breath to movement and is ideal for beginners or those wanting to slow down and quiet the mind. These slower-paced movements enable deeper breaths and encourage a mind-body connection. Each pose flows into the next, creating a moving meditation. This style of yoga is suitable for all levels. It relieves stress, develops flexibility and stability, and calms the mind. You will leave feeling refreshed and energized. *The supply list will be provided on the invoice.* (No class: 4/12, 5/17, 5/24)

COURSE #	DATE	DAY	TIME	LOC.
RE736-01	4/26-6/14	SAT	11:15AM-12:15PM	L&C FOYER

Tuition: \$59 / 6 Classes

Instructor: Myra Bailey



NEW Mindfulness & Stress Relief

Through guided breathing exercises, body scan meditations, and accessible yoga poses, participants will learn how to integrate mindfulness into their daily routines, manage stress, and enhance their overall well-being. Whether new to mindfulness or looking to refine your practice, this course will provide practical tools for fostering a more relaxed and centered life. *The supply list will be provided on the invoice.* (No class: 2/27)

COURSE #	DATE	DAY	TIME	LOC.
RE741-02	4/3-4/24	TH	6-7PM	JIS LIB

Tuition: \$49 / 4 Classes

Instructor: Savannah Ellis

FITNESS

NEW Cardio Dance by REFIT®

REFIT® is a dynamic fitness experience that pairs powerful moves with uplifting music. This cardio-driven, full-body workout focuses on toning, flexibility, strength training, and stretching. No dance or exercise experience is needed, and it's perfect for beginners, with the option to adjust the intensity to suit your needs. *The supply list will be provided on the invoice.* (No class: 3/25, 3/27)

COURSE #	DATE	DAY	TIME	LOC.
RE738-02	3/4-4/10	TU/TH	6-7PM	MON CAF
RE738-03	4/22-5/22	TU/TH	6-7PM	MON CAF

Tuition: \$79 / 10 Classes

Instructor: Jennifer Chung



DANCE

Country Line Dance II-Keep the Line Going

Are you looking to improve your line dancing skills? Join us at this session, where you will continue to build your footwork knowledge while learning improver line dances. These dances are performed regularly at line dance events throughout the region. You will have fun and get a great workout when you “Keep the Line Going”! You do not need prior experience. *No partner is required. (No class: 3/24)*

COURSE #	DATE	DAY	TIME	LOC.
RE479-01	3/10-4/28	M	6:30-7:45PM	HE GYM

Tuition: \$69 / 6 Classes

Instructor: Pam Pratt-Noltkamper



NEW Rhythm Dancing

Are you tired of dancing the back-and-forth sway to your favorite music? Throughout this session, we will enjoy dancing to a variety of music. Students will learn simple steps and turns from American Rhythm; East Coast Swing, Rumba, Salsa, and Cha Cha, while also learning how to communicate with a partner through the Lead/Follow connection. Enroll today and make your moves count on the dance floor!

COURSE #	DATE	DAY	TIME	LOC.
RE752-01	4/1-4/17	TU/TH	6-7PM	MON GYM

Tuition: \$59 / 6 Classes

Instructor: Tami Hale

**REGISTER EARLY TO
RESERVE YOUR SPOT!**



NEW Date Night Dancing

Grab a partner and learn how to move gracefully across the dance floor while emphasizing connection and coordination. Couples will be introduced to a variety of elegant dance styles including Salsa, Waltz, and Tango. You will also learn how to communicate with each other through a Lead/Follow connection, learn basic spins, and enjoy dancing through entire songs and showing off your partner with an elegant dip to finish. Enroll today and learn how to communicate and flow with one another harmoniously.

COURSE #	DATE	DAY	TIME	LOC.
RE750-01	4/1-5/6	TU	7:15-8:15	MON GYM

Tuition: \$59 / 6 Classes

Instructor: Tami Hale



NEW Beginning Ballroom Dancing

Ballroom dancing exudes elegance, charm, and a touch of old-world glamour. Whether you’re looking to dance at a social event, take dance lessons with your partner, or explore a new hobby, these easy dance moves will set you on the path to becoming a confident ballroom dancer. With this course, you’ll learn a variety of dance styles, including; Waltz, Foxtrot, and Tango. Individuals will have an opportunity to learn the basic steps on their own and have the chance to practice with a partner by learning Lead/Follow connections.

COURSE #	DATE	DAY	TIME	LOC.
RE751-01	4/3-5/8	TH	7:15-8:15	MON GYM

Tuition: \$59 / 6 Classes

Instructor: Tami Hale



St. Charles County CAPS program?

CAPS Strands:

- Entrepreneurship and Business Management
- Healthcare and Medical Professions
- Creative Media / Engineering / Applied Technology

DO YOU...

- Have a passion for business/ entrepreneurship, healthcare, or technology?
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ARE YOU...

- Looking for real-world learning in an off-campus setting at a business site for half of your school day?
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- Going to be a junior or senior in 2025-26?

For more information, visit:

www.scccaps.org
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St. Charles School District Parents as Teachers Program

Parents as Teachers is an early childhood home visiting program designed to help you learn more about parenting, support your child's development, and help with the challenges of parenting. This program is FREE to City of St. Charles School District families.

- Home Visits
- Screenings
- Group Connections
- Resource Network

Did You Know?

- You are your child's first and most important teacher.
- Your child's brain grows more rapidly in the first three years of life than at any other time.
- Positive attachment to parents and caregivers in the first three years of life affects your child's life-long success.

Enroll Today:

www.stcharlessd.org/ecc
OR scan the QR code



REGISTRATION: We recommend registering at least 10 days before the start date of a class. Many classes fill quickly and others may be canceled due to low enrollment.

CLASS CANCELLATION: Classes are subject to cancellation if minimum enrollment is not met. If St. Charles Adult and Community Education cancels a class, you will be notified by phone and/or email. You will be given the option to receive a full refund of your registration fee, transfer to another class, or receive a credit for future use.

REFUND POLICY: For courses lasting less than eight weeks, you must notify the ACE office at least two full business days before the class start date to receive a refund. A \$10 cancellation fee will be applied. If you elect to keep your funds on account for future use, the \$10 cancellation fee will be waived. If the request is received less than two full business days before the start of class, no refunds, transfers, or credits will be issued.

For courses over eight weeks, a non-refundable registration fee applies. If you elect to cancel the course, you must notify the ACE office to receive a refund of the remaining balance. If the request is received less than two full business days before the start of class, no refunds, transfers, or credits will be issued.

CHILDREN: Youth under age 16 may attend adult classes only if accompanied by a registered adult and at the discretion of the instructor.

SUPPLIES: Textbooks and materials will be distributed on the first night of class. We cannot guarantee you will receive a textbook on the first night of class if you register less than 48 hours of the class start time. If supplies are required, a supply list will be printed on the invoice or provided by the instructor.

EOP: We are an equal-opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Students who need accommodations are encouraged to call the office for assistance.

WEATHER CLOSURES: In the case of inclement weather, the City of St. Charles R-VI School District's closing schedule is generally followed. If canceled, classes will be rescheduled and you will be notified.

PRIVACY: Adult education staff is only permitted to discuss class and student records with the registered adult student and not the parent, grandparents, spouses, or others.



CLASS LOCATIONS

BH..... Blackhurst Elementary, 2000 Elm Street
HE..... Harris Elementary, 2800 Old Muegge Road
JIS..... Jefferson Intermediate, 2660 Zumbahl Road
L&C..... Lewis and Clark Career Center / ACE Office
 2400 Zumbahl Road
MON... Monroe Elementary, 2670 Zumbahl Road
SCH..... St. Charles High, 725 Kingshighway
SCW.... St. Charles West High, 3601 Drost Road

SCHOOL DISTRICT OF THE CITY OF ST. CHARLES

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St. Charles Adult &
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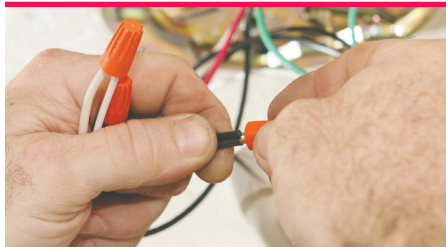
Begin your journey to saving lives! Become a licensed Emergency Medical Technician. Find out more on [page 3](#).



PAGE

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Launch your healthcare career with our Phlebotomy, Medical Assistant, or Billing and Coding programs and earn a national certification. See [page 4](#) for more details.



PAGE

6

Gain hands-on experience in this Residential Wiring course. Learn to safely install electrical systems in residential settings while developing essential wiring skills. See [page 6](#) for more information.



PAGE

12

Discover your ideal yoga class to build confidence, relieve stress, and enhance mindfulness. For more information, see [page 12](#) and enroll in one of our many yoga classes.