ACE
ADULT & COMMUNITY EDUCATION
School District of the City of St. Charles

WINTER/SPRING 2027

Bundle Up. Skill Up.

For Today's Workforce



Your journey to learning starts here!

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Mat Pilates—Pg. 10Mat Pilates—Pg. 10

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WINTER/SPRING 2027 COURSE SCHEDULE

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CLASS LOCATIONS

BH.....Blackhurst Elementary, 2000 Elm St.

JIS..... Jefferson Intermediate, 2660 Zumbehl Rd.

L&C...Lewis and Clark Career Center / ACE Office / 2400 Zumbehl Rd.

MON...Monroe Elementary, 2670 Zumbehl Rd.

SCW..St. Charles West High, 3601 Drost Rd.

Your Link to Lifelong Learning!

Thank you for being our valued customers! We are grateful for the pleasure of serving you with community wide educational solutions.

WIINTER/SPRING CALENDAR

Nov. 25-27 ..... Thanksgiving Break *(No classes)*

Dec. 21-Jan. 4 ..... Winter Break *(No classes)*

While every effort has been made to ensure the accuracy of this schedule, changes do occur. We thank you for understanding. Check our website for posted updates and changes.



ONLINE COURSES

ADVANCED CAREER TRAINING COURSES

that prepare you for **CERTIFICATION**

Begin at any time, anywhere, and learn at your own pace.

- 24-hour access
- Instructor-led
- 3-18 month format
- Industry certifications

For a FULL list of courses, dates, tuition, and to register, visit:
www.careertraining.ed2go.com/stcharlesae/

ACE OFFICE:

2400 Zumbehl Road
St. Charles, MO 63301



HOURS:

M-TH: 9:00AM-6:30PM
F: 9:00AM-4:00PM
SAT-SUN: Closed

CONTACT INFORMATION:

OFFICE: (636) 443-4043 **FAX:** (636) 443-4044
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STAFF:

Dr. Stephanie Collins *(Program Coordinator)*
Mary Ehlmann *(Marketing Specialist, CPP)*
Sarah Steinbruegge *(Secretary, CPP)*

CAREER TRAINING

EMT

EMERGENCY MEDICAL TECHNICIAN PROGRAM

Are you interested in becoming a licensed emergency medical technician? The St. Charles EMT Training Program, which also prepares participants for state and national licensing exams, provides the foundational training for emergency care providers. Through classroom instruction, practical skill development, and clinical observation in an ambulance and hospital emergency room, students will gain a foundational understanding of emergency care techniques. Students who complete this program are eligible to take the National Registry Exam (NREMT), which is necessary for Missouri certification.

(No class: 3/23, 3/25)

PLEASE NOTE: You must be 18 or older and provide proof of a high school diploma, GED/HISET, or college transcript.

A negative drug screen and Missouri criminal background check are required for all incoming students. Drug screening must be completed through an approved drug-testing or occupational health facility, and students are responsible for all associated testing fees. Information regarding the required drug screen and approved testing locations will be provided during the mandatory orientation. Background check fees are paid directly to the Missouri State Highway Patrol through the MACHS system.

All students MUST attend an orientation and pass the entrance exam before enrolling in the program. Register for the exam today. ($25) www.stcharlesae.org **(636) 443-4043**

ORIENTATION/EXAM DATES:

Orientations start at 5:00 PM. Following the orientation, you can take your entrance exam on-site immediately or complete it from home within one week. Please allow up to 2.5 hours for the exam.

12/3 (TH), 12/15 (TU), 1/5 (TU),
1/14 (TH), 2/23 (TU), 3/11 (TH),
3/30 (TU), 4/8 (TH), 4/27 (TU), 5/6 (TH)



COURSE #	DATE	DAY	TIME
H0751-01	1/19-5/13	TU/TH	9 AM-1 PM
H0751-02	1/19-5/13	TU/TH	6-10 PM

32 Classes

10-WEEK ACCELERATED

COURSE #	DATE	DAY	TIME
H0827-01	5/25-7/29	TU/TH	9 AM-4:30 PM

20 Classes | L&C 103 | CEU | ***WIOA**
Tuition: $1,349 | Textbook: $150
CPR Card: $80 | Lab Fee: $150
Clinical Fee: $20—**TOTAL: $1,749**

Lead Instructor:

Brian Beasley–NREMT-P, CP (retired), Engineer, Central County Fire & Rescue

Adjunct Instructors:

Bridget Foristal–NREMT-B, Lincoln County Ambulance

Gabrielle Kohlmann–FF/NREMT-P, Florissant Fire Protection District

Aaron Peters–FF/NREMT-P, EMPT-P, Valley Park Fire Protection & Rescue

Dave Rawlings–FF/NREMT-P, Central County Fire & Rescue

John Schneider–NREMT-B, Captain, Central County Fire & Rescue

MISSOURI DEPARTMENT OF HEALTH & SENIOR SERVICES

The St. Charles EMT Program is accredited by the State of Missouri Departmentof Health and Senior Services.

EMT REFRESHER

636-443-4043

ACE offers 24 and 40-hour EMT Refresher courses to help you earn recertification for all state and national requirements. 1/19-5/13 (TU/TH)

PHLEBOTOMY



PHLEBOTOMY TECHNICIAN TRAINING PROGRAM

The St. Charles Phlebotomy Training program is designed to equip students with the fundamental skills required to become phlebotomists in diverse job opportunities. This comprehensive 8-week course includes 48 hours of lectures, hands-on skills labs, and assessments. Topics covered include anatomy and physiology, blood collection theory and handling, safety, and relevant phlebotomy laws and regulations.

Upon completing the course, you will take the Certified Phlebotomy Technician (CPT) exam provided by the National Healthcareer Association (NHA). *(No class: 2/25)*

COURSE #	DATE	DAY	TIME
H0779-01	1/26-3/16	TU/TH	6-9 PM

14 Classes | L&C B207 | CEU | ***WIOA**
Tuition: $657 | Deposit Fee: $50 | Supplies: $50
Online Study Guide: $89 | NHA Test Fee: $134
TOTAL: $980
Instructor: Savannah Ellis

REGISTER EARLY TO RESERVE YOUR SPOT!

CAREER TRAINING

MEDICAL BILLING



NEW MEDICAL BILLING SPECIALIST

Prerequisite: Basic Computer Skills

Launch your path into the growing healthcare field with a course designed to build practical, job-ready medical billing skills.

During this 12-week program, students explore the health insurance industry while building a strong understanding of legal and regulatory requirements, along with the reimbursement methods used in today's healthcare environment.

Students also gain practical, hands-on experience in claim form preparation, submission, payment processing, and follow-up procedures.

To further support success, the program includes complimentary access to a medical terminology curriculum that helps strengthen billing proficiency and support exam readiness. Enroll today to take the next step toward earning your Medical Billing Specialist Certificate.
(No class: 2/15, 3/22, 3/24)

COURSE #	DATE	DAY	TIME
H0945-01	1/25-4/26	M/W	6-9 PM

24 Classes | ZOOM | CEU
Tuition: $525 | Registration Fee: $50
Textbooks: $210
TOTAL: $785
Instructor: Talia Zomphier

MEDICAL ASSISTANT



MEDICAL ASSISTANT PROGRAM (CCMA)

Prepare for a rewarding career in healthcare with our comprehensive 18-week accelerated Certified Clinical Medical Assistant (CCMA) program. This course combines classroom instruction and hands-on training to develop the essential skills needed for success in clinical and administrative settings. You will prepare for the CCMA exam offered by the National Healthcareer Association (NHA) for certification.

Through this program, students will gain expertise in key areas such as:

- Assisting providers with exams and office procedures
- Patient care, including taking and recording vital signs, administering injections, and medications
- Phlebotomy, EKG administration
- Front-office procedures, including patient check-in/out and medical documentation

(No class: 2/15, 3/22, 3/24, 4/21)

COURSE #	DATE	DAY	TIME
H0840-01	1/25-6/2	M/W	6-9 PM

34 Classes | L&C 103 | CEU
Tuition: $1,699 | Registration Fee: $50
Online Study Guide: $99 | Supplies: $66
NHA Test Fee: $169—**TOTAL: $2,083**
Instructor: Savannah Ellis

HVAC



HEATING AND AIR CONDITIONING TECHNOLOGY

This course introduces the core principles of refrigeration, heat transfer, and residential HVAC systems. Students will learn how to:

- Understand and apply basic heat and refrigeration theory
- Read wiring schematics
- Test, diagnose, and service residential air conditioning units
- Work with automatic and electrical controls, including electric heat, gas furnaces, and heat pumps

Instruction combines classroom learning with hands-on shop experience to reinforce technical skills.

This course prepares students for the EPA Universal certification exam. *The invoice will include the supply list. (No class: 2/15, 2/24, 2/25, 3/22, 3/23, 3/24, 3/25, 4/21)*

COURSE #	DATE	DAY	TIME
TT288-01	1/25-5/17	M/W	6-9 PM
TT288-02	1/26-5/11	TU/TH	6-9 PM

28 Classes | L&C HVAC | CEU
Tuition: $1,145 | Registration Fee: $50
Textbook: $50 | Lab Fee: $100
EPA Test Fee: $55
TOTAL: $1,400
Instructor: Jesse Manar

Part-Time Instructors

We're Hiring Join Our Team

Are you interested in showcasing your skills? If so, ACE would like you to **Join Our Team** as a part-time instructor teaching adult evening or weekend courses to share what you know with other people!

Please visit:
stcharlesae.org/instructors-wanted for more information or call:
636-443-4018 to speak with a member of our team.

REGISTER EARLY TO RESERVE YOUR SPOT!

CAREER TRAINING

MACHINING



NEW CNC OPERATOR – NIMS CERTIFICATION PREP

Pursue the nationally recognized CNC Mill Operations credential, awarded by the National Institute for Metalworking Skills (NIMS). Earning this credential requires successful completion of both a knowledge examination and a hands-on performance assessment.

Through 14 weeks and 72 hours of hands-on training, you'll develop the essential skills needed to safely operate Computer Numerical Control (CNC) milling machines and produce precision-machined components used in today's manufacturing industry.

Gain practical experience in machine safety, CNC controls, machine setup, workholding, cutting tools, tool offsets, feeds and speeds, and basic G-code and M-code programming. Instruction also emphasizes blueprint interpretation, precision measurement, quality inspection, and producing parts to specified tolerances.

Put your skills to work in entry-level positions such as CNC Machine Operator, CNC Mill Operator, Machine Operator Trainee, or Manufacturing Production Technician. *The invoice will include the supply list. (No class: 2/25, 3/23, 3/25)*

COURSE #	DATE	DAY	TIME
TT351-01	1/26-5/11	TU/TH	6-9 PM

28 Classes | L&C PMT | CEU
Tuition: $1,300 | Registration Fee: $50
Lab Fee: $170 | Certification Exam Fee: $80
TOTAL: $1,600
Instructor: John Rooneo

WELDING

NEW ARC WELDING: FOUNDATIONS TO ADVANCED TECHNIQUES

Build strong, job-ready welding skills in this hands-on Shielded Metal Arc Welding (SMAW) course designed for beginners and advancing students alike. Training begins with welding safety, equipment setup, and basic bead-and-joint welding before progressing to multi-pass welds and out-of-position welding, including horizontal, vertical, and overhead techniques

Students also gain introductory experience with pipe welding, joint preparation, and oxy-fuel cutting, along with material prep skills used in real-world fabrication and construction. Emphasis is placed on proper technique, weld quality, and industry-standard practices.

This course is ideal for individuals pursuing entry-level welding employment, expanding their trade skills, or preparing for advanced welding training. *The invoice will include the supply list. (No class: 2/15, 3/22, 3/23, 3/29)*

COURSE #	DATE	DAY	TIME
TT344-01	1/25-4/27	M/TU	6-9 PM

24 Classes | L&C A102 | CEU
Tuition: $1,300 | Registration Fee: $50
Textbook: $25 | Material Fee: $200
TOTAL: $1,575
Instructor: Baylor Prewitt



MIG & FLUX-CORED WELDING

Whether you're an experienced welder or a weekend warrior, this course builds both basic and advanced skills to boost your career or expand your projects. You'll train in MIG (GMAW) and Flux-Core (FCAW) welding using ER70S-6 and E71T-1 filler metals on carbon steel plate. Master all fillet and groove welds in every position. *The invoice will include the supply list.*
(No class: 2/24, 3/24, 4/21)

COURSE #	DATE	DAY	TIME
TT245-01	1/20-5/12	W	6-9 PM

14 Classes | L&C A102 | CEU
Tuition: $899 | Registration Fee: $50
Textbook: $50 | Lab Fee: $99
TOTAL: $1,098
Instructor: Bryce Foster

ELECTRICAL



COURSE #	DATE	DAY	TIME
TT284-01	4/3-4/24	SAT	8 AM-4 PM

4 Classes | L&C ET | CEU
Tuition: $499 | Registration Fee: $50
Textbooks: $50 | Lab Fee: $100
TOTAL: $699
Instructor: Christin Ladue

RESIDENTIAL WIRING– INSTALLATION & CODES

This course introduces students to the fundamentals of residential electrical systems with a strong emphasis on safety, basic electrical theory, and compliance with the 2023 National Electrical Code (NEC). Students will learn how to safely install wiring and electrical components in residential settings using industry-standard materials and techniques. Through a mix of lectures and hands-on labs, the course covers key concepts such as:

- Electrical safety protocols
- Wiring methods and materials
- Raceway installation, code compliance, and industry best practices

The invoice will include the supply list.

REGISTER EARLY TO RESERVE YOUR SPOT!

COMPUTERS / TECHNOLOGY

TUTORING

ONE-ON-ONE TECHNOLOGY TUTORING

Having trouble with your computer, smartphone, or tablet? Get one-on-one help from our tech expert to improve your confidence and skills. You'll receive personalized guidance tailored to your needs.

REGISTER EARLY TO RESERVE YOUR SPOT!

COURSE #	DATE	DAY	TIME
C0906-01	1/29	F	9:45-10:45 AM
C0906-02	1/29	F	11 AM-12 PM
C0906-03	1/29	F	12:15-1:15 PM
C0906-04	1/29	F	1:30-2:30 PM
C0906-05	1/29	F	2:45-3:45 PM
C0906-06	3/12	F	9:45-10:45 AM
C0906-07	3/12	F	11 AM-12 PM
C0906-08	3/12	F	12:15-1:15 PM
C0906-09	3/12	F	1:30-2:30 PM
C0906-10	3/12	F	2:45-3:45 PM

1 Class | 1-hour sessions | L&C 103
Tuition: $55
Instructor: Scott Pickens

EXCEL

EXCEL 2024 MODULE I

Prerequisite: *Basic computer skills or knowledge of office applications*

Learn the fundamentals of Microsoft Excel. Topics include worksheet layout, data entry and editing, moving and copying ranges, inserting and transposing rows and columns, merging cells, and more essential skills to get you started. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME
C0939-01	2/2	TU	6-8:30 PM
C0939-02	4/5	M	6-8:30 PM

1 Class | SCW CLB | CEU
Tuition: $39
Instructor: 01: Denise Wilson / 02: Scott Pickens

EXCEL 2024 MODULE II

Prerequisite: *Module I or equivalent experience*

Build on your Excel skills by learning to navigate workbooks using range names, format data ranges, and create formulas and functions. You'll also explore Excel's ribbon interface and learn to create and customize charts. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME
C0940-01	2/9	TU	6-8:30 PM
C0940-02	4/12	M	6-8:30 PM

1 Class | SCW CLB | CEU
Tuition: $39
Instructor: 01: Denise Wilson / 02: Scott Pickens

EXCEL 2024 MODULE III

Prerequisite: *Module I, Module II or equivalent experience*

Continue your Excel training by learning to manage worksheets and create and format new workbooks. This course covers creating and copying relative and absolute formulas, inserting functions, and other essential tools to boost your productivity. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME
C0941-01	2/16	TU	6-8:30 PM
C0941-02	4/19	M	6-8:30 PM

1 Class | SCW CLB | CEU
Tuition: $39
Instructor: 01: Denise Wilson / 02: Scott Pickens

EXCEL 2024 MODULE IV

Prerequisite: *Module I through III, or equivalent experience*

Take your Excel skills to the next level with advanced functions and data analysis tools. Learn to work with scenarios, use table features, and create pivot tables. You'll also explore chart elements, chart formatting, and how to track changes in a workbook. *Handouts will be provided.*

COURSE #	DATE	DAY	TIME
C0942-01	2/23	TU	6-8:30 PM
C0942-02	4/26	M	6-8:30 PM

1 Class | SCW CLB | CEU
Tuition: $39
Instructor: 01: Denise Wilson / 02: Scott Pickens

MISSOURI ONE START



Do You Need Training for Your Workforce?

Through Missouri One Start, ACE offers customized training for companies in the St. Charles area with the goal of achieving higher workforce performance.

ACE's focus on training and upskilling the local workforce is invaluable to business success in the area.

Our goal is to enhance employee productivity, with a primary focus on the following key areas:

- Automation Technology Training
- Coaching
- Lean Manufacturing Tools/ Techniques
- Team Building
- Technical Writing and Services

Additionally, we offer specialized trade and technical skills training in:

- Computer Technology
- HVAC
- Precision Machining
- Welding

CALL US TODAY...

For more information on Missouri One Start and how you can get funding assistance for your company.

636-443-4019

COMPUTERS / HOME BUYING / PERSONAL ENRICHMENT

AI

NEW APPLIED AI ACADEMY

Discover how artificial intelligence is transforming how we work, create, and solve problems. This hands-on, four-part course takes you from beginner prompting to building custom 24/7 AI agents. Through hands-on activities, you'll learn to analyze files, automate routine work, and build real-world solutions tailored to your life or business. Complete the course, labs, capstone project, and short assessment to earn your official Applied AI Skills Certificate. *No experience required.*
(No class: 2/15, 4/21)

COURSE #	DATE	DAY	TIME
C0936-01	1/25-2/22	M/W	6-8 PM
C0936-02	4/5-5/3	M/W	6-8 PM

8 Classes | L&C CL
Tuition: $149
Instructor: Daryl Sawyer



NEW WORK SMARTER: PUT AI TO WORK FOR YOUR BUSINESS

Unlock the practical power of artificial intellgence to streamline daily operations, elevate your marketing, and improve customer communication, even without prior technical experience. In this hands-on course, you will learn to craft clear AI prompts, build a custom brand voice guide, and generate on-brand marketing content and customer responses. Using your own business or a provided case study, you will synthesize customer insights into a 30-day strategy and walk away with a complete, reusable AI toolkit—including custom prompts, response templates, and a practical action plan ready for immediate use. *No experience required.*

COURSE #	DATE	DAY	TIME
C0935-01	3/8-3/17	M/W	6-8 PM

4 Classes | L&C CL
Tuition: $99
Instructor: Daryl Sawyer

HOME BUYING

NEW LUNCH & LEARN–BUILDING THE FRAMEWORK FOR HOME OWNERSHIP

In one practical, interactive session, participants will learn how lenders evaluate mortgage readiness, how credit and debt-to-income affect affordability, what financing and down payment options may be available, and more.

A complimentary lunch will be provided.

COURSE #	DATE	DAY	TIME
RL101-01	4/10	SAT	12-2 PM

1 Class | L&C MULTI A
Tuition: **FREE**
Instructor: Jayson Hardie

VOICE ACTING



AN INTRODUCTION TO VOICE ACTING-LIVE WEBINAR

From audiobooks to advertisements and beyond, we encounter recorded voices everywhere! In this one-night, live online class, your instructor will take you behind the scenes in the voice-over field for a fun, realistic look at how it really works. You'll gain an inside perspective on developing skills, leveraging your voice's strengths and interests, and more. Because this class is live, you can ask questions! You'll also have a chance for a one-on-one script read.

COURSE #	DATE	DAY	TIME
PE801-01	1/20	W	6:30-8 PM
PE801-02	4/7	W	6:30-8 PM

1 Class | Zoom
Tuition: $49
Instructor: Voice Coaches Staff

REGISTER EARLY TO RESERVE YOUR SPOT!

WRITING



NEW STORY WRITING: FROM IDEA TO PAGE

You don't need to come with an idea. We'll start from scratch and build your story together, one step at a time.

In this fun, interactive class, you'll be guided through a simple framework for creating a story from beginning to end. Through creative exercises and guided writing, you'll develop your idea, create characters, introduce challenges, decide what happens next, and bring it all together.

Your story can be completely fictional, inspired by real life, or somewhere in between.

By the end of class, you'll have written your own short story from beginning to end. *No writing experience is necessary.*

COURSE #	DATE	DAY	TIME
PE375-01	2/2-2/18	TU/TH	6-8 PM
PE375-02	4/6-4/22	TU/TH	6-8 PM

6 Classes | 01: L&C B206 | 02: L&C B205
Tuition: $119
Instructor: Roben Harris

FINISH THE BOOK-PART I

If you are an aspiring author with three chapters, three pages, or three paragraphs, and you're interested in finishing the book, this class is for you! You will learn how to increase your writing productivity, avoid common mistakes, improve pacing, and strengthen conflict. Also included is information on editors, agents, and paths to publication, both traditional and indie (self)-publishing.

COURSE #	DATE	DAY	TIME
PE373-01	4/3-4/17	SAT	9-11 AM

3 Classes | L&C B205
Tuition: $59
Instructor: Beverly Long

PERSONAL ENRICHMENT / LANGUAGE

GAMES



NEW GAME NIGHT SERIES

Looking for a fun way to learn something new and connect with others? Join us for Game Night! Each class features a different popular card, dice, or domino game in a relaxed, friendly atmosphere. Whether you're a beginner or just need a refresher, everyone is welcome! Feel free to bring your favorite snacks and non-alcoholic drinks to enjoy while you play. *No experience necessary. All game materials will be provided.*

REGISTER EARLY TO RESERVE YOUR SPOT!

MEXICAN TRAIN DOMINOES

Ready to roll the dice and test your luck? Join us for a fun-filled evening to learn Farkle, an exciting dice game that blends luck, strategy, and a little risk-taking! Learn the rules, scoring combinations, and when to bank your points or keep rolling for a bigger payoff. After a brief introduction, you'll put your skills to the test with hands-on gameplay in a relaxed, social setting.

COURSE #	DATE	DAY	TIME
PE948-01	1/21	TH	6-8:30 PM

1 Class | L&C MULTI A
Tuition: $39
Instructor: Adult Ed Staff

PINOCHLE: LEARN TO PLAY

Ready to learn a classic card game filled with strategy and friendly competition? Join us for a fun evening learning Pinochle! This beginner-friendly class will introduce you to the rules, bidding, creating melds, taking tricks, and scoring. After learning the basics, you'll put your new skills to the test with guided gameplay in a relaxed, social setting.

COURSE #	DATE	DAY	TIME
PE947-01	2/11	TH	6-8:30 PM

1 Class | L&C MULTI A
Tuition: $39
Instructor: Adult Ed Staff

FIVE CROWNS CARD GAME

Looking for a fun new card game to add to your game nights? Learn to play Five Crowns, a unique five-suited card game where the number of cards and wild cards change each round! This beginner-friendly class will cover the rules, creating books and runs, and scoring. After learning the basics, you'll enjoy hands-on gameplay while practicing your new skills.

COURSE #	DATE	DAY	TIME
PE949-01	3/18	TH	6-8:30 PM

1 Class | L&C MULTI A
Tuition: $39
Instructor: Adult Ed Staff

SPANISH



CONVERSATIONAL SPANISH

Have you always wanted to learn Spanish? This interactive Spanish course introduces students to the basics of communicating in Spanish in personal and professional settings. Students will practice speaking and listening in a conversational setting and learn interesting facts about the varied cultures. (*No class: 2/25*)

COURSE #	DATE	DAY	TIME
LA415-01	2/2-3/2	TU/TH	6-8 PM
LA415-02	4/5-4/28	M/W	6-8 PM

8 Classes | L&C B205
Tuition: $125 | Textbook: $20—**TOTAL: $145**
Instructor: Lori Endres

SPANISH FOR TRAVELERS

Learn the key grammar and vocabulary to order food, book a hotel, ask for directions, exchange money, and more—everything you need to feel comfortable while exploring the Spanish-speaking world.

COURSE #	DATE	DAY	TIME
LA131-01	3/8-3/15	M/W	6-8 PM

3 Classes | L&C B205
Tuition: $59
Instructor: Lori Endres

REGISTER EARLY TO RESERVE YOUR SPOT!

SPANISH IN A DAY

This one-night class offers students a practical introduction to the Spanish language. You will learn the basics, including commonly used Spanish words and phrases.

COURSE #	DATE	DAY	TIME
LA133-01	3/16	TU	6-8 PM
LA133-02	5/3	M	6-8 PM

1 Class | L&C B205
Tuition: $39
Instructor: Lori Endres

SIGN LANGUAGE



In this interactive class, you'll learn how to sign the alphabet, numbers, essential words, short phrases, and basic greetings. You'll also build the skills to hold simple conversations and better understand others through ASL. Whether you're just starting or looking to strengthen your foundation, this class helps you express yourself with clarity and confidence.

COURSE #	DATE	DAY	TIME
LA501-01	1/25-2/10	M/W	6-8:30 PM
LA501-02	4/12-4/28	M/W	6-8:30 PM

6 Classes | L&C B206
Tuition: $89 | Textbook: $25—**TOTAL: $114**
Instructor: Michelle O'Loughlin

CREATIVE ART

PAINTING



PAINTING

NEW ACRYLIC PAINTING I

If you've ever wanted to paint with acrylics, this class is perfect for you! Designed for beginners, it offers inspiration and guidance to help you get started. As you experiment with various textures and techniques, you will learn about the unique, forgiving properties of acrylic paint. Additionally, you'll learn the basics of color theory, how to mix colors, and how to develop a loose sketch or idea as a roadmap for completing your painting. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME
CA534-01	4/5-4/26	M	6-8 PM

4 Classes | JIS 323
Tuition: $69
Instructor: Angela Chostner

KNITTING



NO NEEDLE KNITTING WORKSHOP

Learn step-by-step how to knit by using your hands. You will create two stylish chunky scarves or a chunky throw (50x60-inch) in just a few hours with no prior knitting experience! *The invoice will include the supply list.*

COURSE #	DATE	DAY	TIME
CA536-01	4/17	SAT	9 AM-12 PM

1 Class | L&C MULTI A
Tuition: $49
Instructor: AE Staff

CROCHET



CROCHET BASICS & BEYOND

Learn the basic stitches, how to work in rows, and read patterns in a comfortable environment. This class is an excellent opportunity to build your knowledge and skills and create a finished project. *The supply list will be provided on the invoice.*

COURSE #	DATE	DAY	TIME
CA529-01	3/2-3/18	TU/TH	6:30-8:30 PM
CA529-02	5/4-5/20	TU/TH	6:30-8:30 PM

6 Classes | L&C B206
Tuition: $69
Instructor: Sarah Lawler

REGISTER EARLY TO RESERVE YOUR SPOT!

NEW CROCHET CRASH COURSE

Ready to start your crochet journey? This crash course covers all the essential fundamentals; starting with how to properly hold your yarn (yes, there's a technique to it!) and mastering the core stitches: single, double, and half-double crochet. While this fast-paced intro focuses on building skills rather than completing a finished project, you will practice creating stitch swatches with step-by-step videos and personalized instructor support. *The invoice will include the supply list.*

COURSE #	DATE	DAY	TIME
CA772-01	2/2-2/4	TU/TH	6:30-8:30 PM
CA772-02	4/13-4/15	TU/TH	6:30-8:30 PM

2 Classes | 01: L&C MULTI A | 02: L&C B206
Tuition: $49
Instructor: Sarah Lawler

SEWING



NEW SEWING MACHINE BASICS

Ready to master your sewing machine? This hands-on beginner course covers essential machine components, bobbin winding, threading, and basic troubleshooting. After practicing your stitches on provided scrap fabric, you'll put your skills to work by creating your very own lined tote bag! *The invoice will include the supply list.*

Note: Students must bring their own sewing machine to class.

COURSE #	DATE	DAY	TIME
CA770-01	1/26	TU	6-9 PM
CA770-02	4/6	TU	6-9 PM

1 Class | L&C MULTI A
Tuition: $49
Instructor: Sarah Lawler

NEW REPURPOSE WITH STYLE: HOODIE

Transform pre-loved textiles into a custom hoodie with Sarah! In this hands-on workshop, you'll use a popular pattern from Sully's Upcycled to give vintage materials a second life. Whether you want to sew with thrifted fabric, a cherished pre-loved quilt, or a favorite blanket that has a tear or hole, this class is the perfect place to repurpose and upcycle them into a cozy piece you'll love to wear.

Note: Students must bring their own sewing machine to class.

COURSE #	DATE	DAY	TIME
CA771-01	2/16-2/18	TU/TH	6:30-8:30 PM
CA771-02	4/27-4/29	TU/TH	6:30-8:30 PM

2 Classes | L&C MULTI A
Tuition: $49
Instructor: Sarah Lawler

HEALTH & WELLNESS / DANCE

YOGA

FOUNDATIONS OF YOGA

This slow-paced class is perfect for beginners and anyone looking to reconnect with the basics. You'll learn how to move safely and confidently through essential yoga poses. With a focus on breath, alignment, and mindfulness, Foundations of Yoga sets the stage for any yoga path—whether you're building strength, seeking calm, or just getting started. *The invoice will include the supply list.*
(No class 2/23)

COURSE #	DATE	DAY	TIME
RE730-01	1/26-3/9	TU	6-7 PM
RE730-02	4/6-5/11	TU	6-7 PM

6 Classes | JIS LIB
Tuition: $59
Instructor: Myra Bailey

YIN YOGA

Yin Yoga is a gentle and relaxing practice that includes holding poses/shapes for extended periods to target soft tissues. These longer holds enhance flexibility and encourages a deeper connection between the body and breath to calm the mind. This class is suitable for all levels. *The invoice will include the supply list.*

COURSE #	DATE	DAY	TIME
RE313-01	4/6-5/11	TU	7:15-8:15 PM

6 Classes | JIS LIB
Tuition: $59
Instructor: Myra Bailey



NEW FLOW & RESTORE YOGA

Soften and unwind as your day quiets into the evening. This all-levels class opens with 15 minutes of gentle movement, then settles into supported poses with props for deeper rest.

Practice at your own pace with variations offered throughout. Please bring a yoga mat. *The invoice will include the supply list. (No class 2/23)*

COURSE #	DATE	DAY	TIME
RE715-01	1/26-3/9	TU	7:15-8:15 PM

6 Classes | JIS LIB
Tuition: $59
Instructor: Myra Bailey

PILATES



NEW MAT PILATES

Strengthen, sculpt, and restore your entire body in this energizing mat Pilates course featuring light hand weights and the Bender Ball. Elevate core activation, flexibility, and muscular endurance through controlled, low-impact movements with prop-based support. Open to all fitness levels with clear modifications provided for every student. *The invoice will include the supply list. (No class 2/24)*

COURSE #	DATE	DAY	TIME
RE759-01	1/27-3/10	W	6-7 PM
RE759-02	4/7-5/12	W	6-7 PM

6 Classes | BHE GYM
Tuition: $59
Instructor: Nicki Tetrault

COUNTRY LINE DANCE

This class teaches you the correct footwork and the most popular line dance moves seen at local events and parties. It's a fun way to get moving, boost your cardio, and connect with others. *No partner or prior experience required!*
(No Class: 2/15)

COURSE #	DATE	DAY	TIME
RE478-01	1/25-3/8	M	6:30-7:45 PM

6 Classes | MON CAFE
Tuition: $69
Instructor: Pam Pratt-Noltkamper

COUNTRY LINE DANCE II– KEEP THE LINE GOING

Prerequisite: Country Line Dance

This class is for dancers who know the basics and want to build on their skills. You'll learn popular improver-level routines that are regularly featured at regional events. *No partner or prior experience required!*

COURSE #	DATE	DAY	TIME
RE479-01	4/12-5/17	M	6:30-7:45 PM

6 Classes | MON CAFE
Tuition: $69
Instructor: Pam Pratt-Noltkamper

DANCE

NEW SHINE ON: SALSA ON1

Shine on the dance floor with Salsa On1 fundamentals and energetic solo footwork. Master essential timing, weight transfers, easy turns, and beginner shines as you boost your rhythm, musicality, and confidence. *No partner or prior experience required!*

COURSE #	DATE	DAY	TIME
RE757-01	2/2-3/9	TU	7:15-8:15 PM
RE757-02	4/6-5/11	TU	7:15-8:15 PM

6 Classes | MON GYM
Tuition: $59
Instructor: Jennell Encizo



NEW FEEL THE BEAT: BACHATA BASICS

Discover the art of bachata through its rich music, Dominican roots, and essential solo moves. You'll master rhythm, smooth weight transfers, relaxed body movement, and traditional footwork.
No partner or prior experience required!

COURSE #	DATE	DAY	TIME
RE756-01	2/2-3/9	TU	6-7 PM

6 Classes | MON GYM
Tuition: $59
Instructor: Jennell Encizo

NEW STEP IT UP: PROGRESSIVE BACHATA PARTNERWORK

Prerequisite: Bachata Basics or similar experience

Build your bachata partnerwork from easy foundations to more elevated combinations. Explore connection, leading and following, turns, and musicality in a progressive series that emphasizes comfort, consent, and social dance confidence. *No partner required! Students will be paired with classmates and rotate partners throughout the course. Couples are welcome.*

COURSE #	DATE	DAY	TIME
RE758-01	4/6-5/11	TU	6-7 PM

6 Classes | MON GYM
Tuition: $59
Instructor: Jennell Encizo

ST. CHARLES COUNTY CAPS
CENTER FOR ADVANCED PROFESSIONAL STUDIES

ST. CHARLES COUNTY CAPS PROGRAM

The CAPS program isn't just a class—it's a career launchpad. By bridging the gap between the classroom and the boardroom, CAPS immerses high school students in real-world professional environments. Our students don't just study; they solve authentic industry problems, collaborate with business leaders, and earn dual credit.

COLLABORATE • INNOVATE • EDUCATE

DO YOU...

- Have a passion for business/entrepreneurship, healthcare, or technology?
- Have your own transportation?

ARE YOU...

- Looking for real-world learning in an off-campus setting at a business site for half of your school day?
- Looking for an opportunity to complete an internship during high school?
- Going to be a junior or senior in 2026-27?

CAPS STRANDS:

- Entrepreneurship and Business Management
- Healthcare and Medical Professions
- AI: Emerging Technologies

For more information, visit: www.scccaps.org ***OR*** scan the QR code:

ST. CHARLES SCHOOL DISTRICT EARLY CHILDHOOD CENTER



LEARNING THROUGH PLAY, EVERY DAY.

We believe in educating the whole child.

2026-27 School Year—Programming offered: 2/3/5 full days, 5 half days, and before/after school care. To apply, children must have turned 3 years old on or before July 31, 2026. Students who turned 5 years old by July 31, 2026 must register for kindergarten at their home elementary school.

ECC is accepting district residents and current school employees due to the high demand within our school community.

The St. Charles School District Early Childhood Center is fully accredited through the Missouri Accreditation of Programs for Children and Youth.

Scan the QR Code

parents as teachers
MISSOURI CURRICULUM PARTNER

St. Charles School District Parents as Teachers Program



The Parents as Teachers program is designed for families with children prenatal through five years of age. Services include developmental screenings, home visits and group connections events for all families. These services are free to district residents.

- **Home Visits**
- **Developmental Screenings**
- **Group Connections**
- **Resource Connection**

Did You Know?

- You are your child's first and most important teacher.
- Your child's brain grows more rapidly in the first three years of life than at any other time.
- Positive attachment to parents and caregivers in the first three years of life affects your child's life-long success.

Scan the QR code

REGISTRATION: We recommend registering at least 10 days before the start date of a class. Many classes fill quickly and others may be canceled due to low enrollment.

CLASS CANCELLATION: Classes are subject to cancellation if minimum enrollment is not met. If St. Charles Adult and Community Education cancels a class, you will be notified by phone and/or email. You will be given the option to receive a full refund of your registration fee, transfer to another class, or receive a credit for future use.

REFUND POLICY:

NON-REFUNDABLE DEPOSIT—Any course with a non-refundable deposit will forfeit the deposit if canceled. The remaining balance will be refunded if the ACE office is notified at least two full business days before the class start date; otherwise, it is non-refundable. You may choose to keep your funds on credit for future use; in that case, the deposit will not be forfeited. Credits must be used within 12 months of the cancellation. All standard cancellation rules apply.

ALL OTHER COURSES—To receive a refund, you must notify the ACE office at least two full business days before the class start date. A $10 cancellation fee will apply; otherwise, the full balance is non-refundable. If you choose to keep your funds on credit for future use, the $10 fee is waived. Credits must be used within 12 months of the cancellation. All standard cancellation rules apply.

CHILDREN: Youth under age 16 may attend adult classes only if accompanied by a registered adult and at the discretion of the instructor.

SUPPLIES: Textbooks and materials will be distributed on the first night of class. We cannot guarantee you will receive a textbook on the first night of class if you register less than 48 hours of the class start time. If supplies are required, a supply list will be printed on the invoice or provided by the instructor.

EOP: We are an equal-opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Students who need accommodations are encouraged to call the office for assistance.

WEATHER CLOSURES: In the case of inclement weather, the City of St. Charles R-VI School District's closing schedule is generally followed. If canceled, classes will be rescheduled and you will be notified.

PRIVACY: Adult education staff is only permitted to discuss class and student records with the registered adult student and not the parent, grandparents, spouses, or others.

SCHOOL DISTRICT OF THE CITY OF ST. CHARLES

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Care to Learn – St. Charles meets SCSD students' immediate health, hunger, and hygiene needs, removes barriers to learning, and allows students to succeed.

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- **More than 150,000 student needs met**

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