

Patient Informed Consent for Botox® Cosmetic Treatment RN

Patient Name (First and Last)

British Columbia Botox® Clinics, by Dr. Ward

Botox® Cosmetic is generally a safe, temporary and effective treatment for various cosmetic indications of the face. Results may take up to 14 days and last ~3 months. *Injection intervals should ideally be no more frequent than 12 weeks* with a maximum cumulative dose of 360 units during this time (6U/kg). Greater frequency could result in antibodies against Botox®, making future injections less effective. As the patient, I have read the following and agree/understand each point:

- A licensed Registered Nurse will be administering Cosmetic Botox®. A supervising and prescribing Medical Doctor or Nurse Practitioner will be on site and available to me if/as needed. Our clinic carefully follows the Practice Standards in Medical Aesthetics from the British Columbia College of Nurses & Midwives (BCCNM): <https://www.bccnm.ca/RN/learning/aesthetics/Pages/Default.aspx>
- I am over the age of 18.
- I have not had any Botox® within the past 12 weeks (please discuss with the doctor if you have).
- I am not pregnant and there is no chance that I could be pregnant at this time. I am not breast-feeding.
- I am not aware of any personal medical history of hypersensitivity or allergic reactions to Botox®.
- I do not have any active skin infections and generally feel well.
- I do not take blood thinners (e.g., warfarin, Apixaban/Eliquis, Rivaroxaban/Xarelto, Pradaxa/Dabigatran) or antiplatelet drugs (e.g., Plavix/Clopidogrel, Brilinta/Ticagrelor). Please notify the doctor if you take regular “baby aspirin” (ASA 81mg) or regular anti-inflammatory medications for pain (e.g., Advil, Aspirin, Celebrex, Motrin, Aleve, etc.).
- I do not have a known bleeding disorder. I do not have a neuromuscular condition (e.g., Myasthenia Gravis, Cerebral Palsy, ALS, previous Polio infection, Lambert-Eaton syndrome, etc.).
- Like some other pharmaceuticals, I am aware this product contains *human serum albumin* as a preservative, which is a derivative of human blood (important to know if you are a Jehovah’s Witness).
- I am aware of the more common, temporary side effects of Botox® injection(s), including:
 - Inflammation and/or bruising and/or localized pain around the injection site(s)
 - Swelling/edema, bleeding, tenderness, paresthesias (“pins and needles”)
 - Cosmetic asymmetry, not fully-improved wrinkles, need for additional treatment(s)
- I am aware of rare, but potentially serious side effects of Botox® treatment, not limited to:
 - Ptosis (drooping eyelid / brow) and/or diplopia (double vision)
 - Extremely rare: distant spread of botulinum toxin resulting in secondary problems such as swallowing or speech disorders, generalized weakness, respiratory failure or complications, cardiovascular events, immunogenic/hypersensitive reactions (e.g., anaphylaxis), deleterious neurological conditions (e.g., Creutzfeldt-Jakob Disease), and other skin reaction(s).

The cost of Botox® is \$8.00 per unit. GST (5%) is in addition. The clinic accepts **cash (no longer cheques)** after each treatment. There are no consultation fees. We are able to accept credit card or debit through **Square Reader** which costs an additional 2.65% to use their service. I am aware that the practice of medicine and surgery is not an exact science and I acknowledge that no guarantees have been given to me concerning the results of any Botox® procedure. Alternative treatment options are also available by a different clinic, including: no treatment, filler injections, chemical peels, laser resurfacing, etc. I also give my consent for photographs to be taken as needed before and after the procedure for medical documentation.

Patient Signature

Date