



Take Plantitude Home    250ml    500 ml    750 ml

Dressings

Caesar	\$7.95	N/A	N/A
Aoili	\$5.95	N/A	N/A
Green Goodness	N/A	\$8.95	N/A
Orange Date	N/A	\$8.95	N/A
Plantitude House	N/A	\$8.95	N/A

Toppers

Crispy Capers.	\$8.95	N/A	N/A
Cheezy Kale chips.	N/A	\$8.95.	\$10.95

Sauces

Basil sunflower pesto.	\$7.95	N/A.	N/A
Bolognese.	N/A	\$9.95	\$11.95
Butter Chikin (soy curls separate).	N/A	\$8.95	\$10.95
Marinara	N/A	\$8.95	\$10.95
Mushroom Gravy	N/A	\$8.95.	\$10.95

Dips

Artichoke /spinach	\$8.95	\$12.95	N/A
Tzatziki	\$7.95	\$ 10.95	N/A
Dill & Chickpea humus	\$5.95	\$ 8.95	N/A

Dry

Soy Curls	N/A	\$5.95	N/A
Sunflower Parmesan	\$7.95	N/A	N/A

All items are packaged when you order. Please call ahead and arrange for your pickup time. Thank-you for choosing Kind food !                      250-924-1201