

PHENOMENAL ANGELS OF THE COMMUNITY

A Program Of **DETOURS**
MENTORING GROUP INC.



This is embarrassing, but
**We started 2016 off with a
bang!**

"When we do the best we can, we never know what miracle is wrought in our life, or in the life of another."

helen keller

january 2016

Our year started with a bang as we participated in the **31st Kingdom Day Parade**, we began our 2016 **Life Skills Series** AND we introduced the brand new **Teen Leadership Program**.



Honoring the Life and Legacy of Dr. Martin Luther King

Our participation was courtesy of Southern California Cease Fire & LAPD

The **Life Skills** series started with **Self-Esteem & Body Image** focusing on the fact that as young ladies go through puberty, her body changes, it is normally during this time that she begins to feel self-conscious or notice differences in her body compared to others. Young women start feeling isolated and/or shameful while relying on the number of "likes", "friends", or "followers" to define who they are.



These workshops let youth know that they are not alone. They are provided with the tools to overcome barriers that they may face. They learn to love and embrace themselves as the beautiful young women they are.

[Click Here for more Info](#)

The **Teen Leadership Program** is designed to train and empower youth (14-18) while building confidence and cultivating core leadership skills. The main goal is to enable youth to live up to their full potential and assume leadership roles. Youth have an important voice in decision making and management of this program.



The first excursion for the **Teen Leadership Program** was to **Southwestern Law School** where they had the opportunity to learn more about the university, mix with current students, and obtain answers to their questions. Additionally, they were able to meet celebrity attorney, **Shawn Holley** of Kinsella, Weitzman, Iser, Kump & Aldisert Attorneys at Law. She has represented such notable personalities as Lindsay Lohan, Nicole Richie, Shemar Moore, The Game and many more.

[Click Here for more Info](#)

february 2016

The **Life Skills** series continued moving forward continuing the **Self-Esteem & Body Image** workshops.

The topics covered help youth to be more effective in meeting challenges in life while preparing them for the future.

The youth learned to spot triggers that cause self



doubt and stop them from being confident. They were provided tools to alter and identify negative thoughts while learning the dangers and effects of low self-esteem. Additionally, the youth learned positive affirmations that would change their frame of mind and reference.

The **Teen Leadership** participants visited

Dress for Success Worldwide - West.

Erin O'niel did a fabulous job of educating the Angels on proper attire

for interviews and describing the programs available. They youth were engaged and enthusiastic.



Dress for Success is part of a global movement for change, empowering women to obtain safer and better futures. Dress for Success believes every woman has the right to realize her full potential and achieve financial independence in a more egalitarian world. Programs include: Suiting, Career Advancement, Leadership, Employment Retention and Job Training.

PAC is proud to be an affiliate of Dress for Success; therefore, If you know of any young lady (18+) that needs help getting on her feet, contact Sharon Roby or Barbara Jett.

PAC Staff had a enjoyable evening at the ***2nd Call Benefit Dinner.***

2nd Call is a community based organization designed to save lives by reducing violence and assisting in personal development of high risk individuals.

It was an honor to be invited to witness the transformation of several men and women securing *careers* in the electrical, pipefitting, plumbing, painting and construction trade.



Sharon Roby - Ben Owens - Barbara Jett

We salute you!

march 2016

The **3rd Annual Body Image Activity**, led by **Hair by Phatara** was held on March 19th. The Angels were indulged in a day of healing and pampering while learning to love and embracing themselves. Thank you so much to the professionals that gave of their time and energy to make the youth shine. The youth received professional hair by **Phatara Chavis** of Hair by Phatara, and her team, **Mrs. Julie Smith**, **Ms. Jessica**, make-up artist **Ms. Jazmine Choa** and manicurist **Ms. Christa** of Summit Nail Bar. PAC would also like to thank **Ms. Lisa Allen** of Lisa Lisa Photography, **Mrs. Shari Farmer**, the **COS Community Center** and **The Phenoms**. Thank you! YOU ROCK!





Wrapping up the **Self-Esteem & Body Image** portions of our **Life Skills** series the Angels prepared and held their own Runway Fashion Show. For some of the Angels this was the first time ever walking a runway in front of over a hundred people. The Angels lived up to our motto, "Stand Up and Stand Out!" Thank you, **Mellroz**, what a wonderful, talented and funny host. Thank you **DJ Nico** for spinning the hits that motivated the Angels to move smoothly down the runway. Finally, THANK YOU to the designers, **Shop Shai** and **Hood Certified**, without you there was no show. **Work!**



In March, PAC Staff was privileged to help celebrate **Gary "Nugget" Robinson**. Gary brought the Cali Cowboys football team to Helen Keller Park in 2008 and he started the annual Father's Day 3-on-3 Tournament. An interventionist, he saved

hundreds of youth from turning to gangs. **We thank you, Gary, for all his contributions!**



Calling Young Ladies 7 - 18

(18 must be in high school).

We are proudly accepting new Angels for our program, currently holding Life Skills workshops. Additionally, we encourage young ladies 14-18 to join our Teen Leadership program.

contact PAC Staff for more information



SAVE THE DATE

june 18, 2016



If you would like a booth, please contact

Lavina Belk

lavina.pacangels@gmail.com

where

Faith United Methodist Church

1713 West 108th Street

Los Angeles, CA 9004

time

10 a.m. - 3 p.m.

flyer coming soon!

[MAKE A DONATION](#)

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www.angelsofpeace.webs.com

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