

## **Spring Break Vibes Are Here!**

The Phenomenal Angels of the Community are wishing you a break filled with sunshine, smiles, and a whole lot of joy! Whether you're relaxing, exploring, or just soaking up the good vibes—have fun, stay safe, and keep being phenomenal!



This past quarter has been nothing short of extraordinary—a vibrant mosaic of creativity, personal growth, and meaningful connections.



Together, we explored powerful topics that shape our everyday lives. From mastering the art of **Effective Communication** to **Developing Resilience**, **Managing Stress and Anxiety**, and navigating the evolving landscape of **COVID-19** protocols—we've equipped ourselves with tools that empower, uplift, and unite us.

Each session was more than just a lesson—it was a step toward becoming stronger, more mindful, and more connected as a community.

We turned dreams into reality with an unforgettable journey to the Happiest Place on Earth—Disneyland!

From the moment we stepped through the gates, the air was filled with wonder, joy, and wide-eyed excitement. Laughter echoed through the streets, bonds were strengthened with every ride, and magical memories were made around every corner. It was more than just a trip—it was a celebration of community, imagination, and the pure joy of being together.



But that wasn't all we accomplished this quarter!

We showed up, stood out, and stayed connected by attending several impactful community events. From the inspiring **Youth & Health Conference** at the California Endowment Center, to the vibrant **Main Street Community Health Fair** at LA CADA, and the powerful celebration of culture and heritage at the **Black History Festival** in Pan Pacific Park—each event gave us the chance to engage, learn, and represent our mission with pride.





Being on the Executive Board of the **Southern California Cease Fire**, we actively participated in the weekly meetings, standing in solidarity for peace and progress in our communities.

As a joyful highlight, we laced up our bowling shoes and joined the "MLK Day of Celebration", where laughter echoed across the lanes and connections were made beyond the pins. It was more than just fun—it was a celebration of community resilience, shared purpose, and the joy that comes from coming

together in hope and harmony.

Additionally, our dedicated staff stayed active and engaged, deepening our knowledge and sharpening our skills through powerful trainings provided by LA CADA, Southern California Cease Fire, Crime Survivors for Safety and Justice, and The Nonprofit Corporation.

And while this quarter brought many beginnings, it also marked a heartfelt "see you later" to **Keith Baker**, Co-Lead of the Trauma Prevention Initiative within the Department of Public Health's Office of Violence Prevention. His leadership, wisdom, and unwavering commitment to healing and justice have left a lasting impact—and his legacy will continue to inspire the work we do moving forward.



Finally, witnessing the hard work and heart in our community was truly inspiring.

We had the joy of supporting **Positive Results Corporation** as they hosted a beautiful Prom Dress Giveaway at the Dollarhide Center—spreading confidence, joy, and sparkle to young ladies preparing for their big night. And to top it off, attending **2nd Call's** fundraiser dinner was an absolute blast—an evening filled with purpose, connection, and celebration of the powerful work being done to uplift lives.







We're excited for all that the next quarter holds, and the journey ahead is just getting started!

If you're inspired to be part of the movement and make a difference alongside us, we'd love to connect—visit us at <u>www.pacAngels.org</u> to learn more and get involved. Let's keep growing, healing, and rising—together.

## See you next quarter!



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