

IF FIRE STRIKES

React as quickly as possible when the smoke alarm goes off.

Test Doors Before You Open Them –

- Use the back of your hand. Check the door, knob, and space between the door and frame for heat.
- If the door is cool, open it carefully and use your escape route.
- If the door is warm, do not open it. Use your alternate escape route if possible. If you cannot, stay where you are. (See next panel *If You Are Trapped During a Fire*).

Stay Under Smoke –

- Smoke inhalation is more deadly than flames from a fire.
- If smoke fills your escape route, use your alternate escape route.
- If you, have to escape through smoke, crouch or crawl low. Since heat and smoke rise, cleaner air will be closet to the ground.

Get Out and Stay Out –

- Leave the building as quickly as possible.
- Never go back into the building for any reason.

Stop, Drop, and Roll –

If your clothing catches on fire:

- Stop where you are – do not run.
- Drop to the floor or ground.
- Cover your face with your hands to protect it from flames.
- Roll over until you smother flames.
- If you cannot drop to the floor, smother flames with a blanket or towel.

IF YOU ARE TRAPPED DURING A FIRE

- Remain calm.
- Close all doors between you and the fire and smoke.
- Stuff rags, towels or clothes into cracks around doors to block smoke.
- Call 911 if possible and give them your exact location.
- Stay by a window, signal firefighters with a light-colored cloth.
- Wait to be rescued.

VALLEY HILL STATION LOCATIONS

Headquarters: 1675 Willow Road
Station 2: 458 Crab Creek Road
Station 3: 205 Gateway Drive
Station 4: 1914 Brevard Road

To schedule a
**FREE HOME FIRE
SAFETY INSPECTION**

Contact Fire & Life Safety
Officer Alan Shaver at
828.692.2581 x102

**Mailing Address: PO Box 726
Hendersonville, NC 28793**

Fire Safety & Prevention



VALLEY HILL FIRE & RESCUE

828.692.2581



www.valleyhillfire.com

FIRE PREVENTION CHECKLIST

Prevention is the best way to keep you and your home safe from fire.

Be Aware of Electrical Safety –

- Do not use appliances that smoke or have an unusual smell. Unplug them immediately and have them repaired.
- Replace electrical cords that are cracked or frayed.
- Do not overload extension cords.
- Do not run extension cords under rugs.
- Keep all cords out of traffic areas.

Space Heaters Need Space –

- Keep at least 3 feet of clear space around space heaters.
- Move carefully around space heaters – a slight brush against one could cause a clothing fire.
- Turn heaters off before going to sleep.

Be Smart in the Kitchen –

- Never leave cooking unattended.
- If food catches fire, carefully slide a lid over the pot and turn off the burner. Leave the lid in place until the pot cools.
- Set a timer to remind you to turn off burners and oven.
- Keep stove clean and free of grease.
- Avoid clutter around cooking areas.
- Use potholders to handle hot food.
- Avoid loose-fitting clothing.
- Never put foil or other metals in a microwave oven.
- Do not cook if you've recently taken medication that causes drowsiness.



Be a Careful Smoker –

- Never smoke in bed.
- Use deep ashtrays that won't tip over.
- Empty ashtrays often.
- Soak the contents of ashtrays with water before emptying into the trash.

Smoke Alarms Are Your Best Protection –

- Install smoke alarms in the following areas:
 - Every level of your home - Including the basement.
 - In hallways outside sleeping areas.
 - Inside a room, if you sleep with the doors closed
- If you are hearing-impaired, use tested and approved smoke alarms that have a louder alarm or trigger a strobe light.

Practice Proper Smoke Alarm Maintenance –

- Test your smoke alarm monthly.
- Change the batteries twice a year or when the alarm “churps” to signal low battery power.
- Replace smoke alarms every 10 years.



CLASS 4 FIRE PROTECTION

PLAN AND PRACTICE YOUR ESCAPE

- Make two escape routes from every room, especially your bedroom. If smoke or fire blocks one exit you can use the alternate exit to escape.
- If a window is your second exit, make sure you can reach the ledge to get out. Keep a stepladder and rope or chain ladder handy to reach the ground.
- Clear exits of any furniture or other obstructions.
- Hold practice emergency exit drills to familiarize all household members with exit routes.

Know How To Undo Locks –

- Make sure that windows easily open all the way for escape.
- Check security bars on windows and doors for quick-releases that every household member can use.

Know Your Building –

- Learn two ways out in case of fire.
- Count the number of doorways between your bedroom or apartment and the two nearest exits.
- If you live on an upper floor, know how many flights of stairs and the number of steps it takes to reach the ground floor.
- Never use a elevator during a fire.
- Know the location of all exits, both doors and windows, no matter what kind of building you live in.
- Use this information to escape in the dark, or if smoke clouds your way.